Rétracer l'héritage et la contribution des congrégations religieuses au Canada, leur mission en mátière de soins de santé ainsi que la fondation et l'exploitation des hôpitaux catholiques

## 4

## Estote Fideles

## St. Boniface Hospital School of Nursing 1954




Estote Pideles
1954

## Presented by

The 1954
Graduating Class
of the
St. Boniface
School of Nursing

## THE NURSES CAP

That cap the nurse on duty wears Is costlier than the bonnets gay

Worn by the wives of millionaires
Regardless of the price they pay.
'Tis something she herself can make, A bit of linen, trimmed and turned
The right to it (for mercy's sake)
Was with three years of training earned.

That uniform of spotless white
Was costlier than a lady's gown,
'Twas bought with care by day and night
For those with illness stricken down.
The royal robes show royal birth
But every nurse's simple pin
Is emblematic of her worth;
A symbol she has toiled to win.

Oh gracious spirit, love imbued,
That can such tender care accord,
Perhaps it is, that gratitude
Must always be your best reward.
Now out of gratitude appears
This tribute, done in simple verse
Unto the dedicated years
Of all who choose to be a nurse.


## PATRONS

DR. ALBI
DR. BACHYNSKI
DR. BENNET
DR. BOOK
DR. BURRELL
DR. COODIN
DR. DANDENAULT
DR. DAVIES
DR. DEVLIN
DR. DOYLE
DR. FUNK
DR. GOLFMAN
DR. GOWRON
DR. GRACE
DR. GRAF
DR. GREENBERG
DR. GUYOT
DR. HALKEOUIOZ
DR. HOWDEN
DR. HUOT
DR. JACQUES
DR. KEENBERG
DR. KOBRINSKY
DR. LAVOIE
DR. LETIENNE
DR. L'HEUREUX

DR. LITTLE
DR. LYONS
DR. MATAS
DR. MARKOVITS
DR. McDOUGALL
DR. McKENTY
DR. McKINNON
DR. McEWEN
DR. MeNULTY
DR. MINNIK
DR. NATSUK
DR. NORMANDEAU
DR. PASH
DR. PIERCE
DR. PEIKOFF
DR. PINCOCK
DR. PICKARD
DR. RABSON
DR. RANOSKY
DR. RICE
DR. RAMSAY
DR. SHEEDY
DR. SHELTON
DR. STEWART
DR. TASS
DR. WIEBE

## HONORARY ATTENDING STAFF

HONORARY STAFF:<br>Bell, L. G.<br>Black, E.<br>Black, R.<br>Burns, C. W.<br>Chown, B.<br>Clare, C. fi<br>Collin, L. D.<br>Elvin, N. L.<br>Gunn, J.<br>Howden, J. P.<br>Kobrinsky, Sol.<br>Mathers, A. T.<br>McIntyre, D. F.

CONSULTING STAFF:
Abbott, W. F.
Adamson, J. D.
Backman, K. J.
Brock, G.
Cameron, H. F.
Holland, T. E.
Hossack, J. C.
Little, G. A.
Parkinson, D.
Pickard, E. W.
Prendergast, J.
Rady, M.
Rice, C. R.
Shapera, G.
Simpson, J. W.
Sinclair, A. C.
Wheeler, D.

ACTIVE STAFF: SURGERY:

Abbott, A. C.
Burrell, R. O.
Corrigan, C. E.
Gowron, A. T.
Peikoff, S. S.
Rabson, L. R.
Richardson, R. W.

PEDIATRICS:
Book, N.
Briggs, E. J.
Davies, H. L.
Graf, J.

OBSTETRICS and GNECOLOGY:
Guyot, H.
Howden, R. L.
Kobrinsky, Sam.
McCord, W. J.
Ranosky, M. J.
Stewart, E. W.
Willows, R. L.
RADIOLOGY:
Stuart, F. G.

## MEDICINE:

Beckstead, J. L.
Coke, L. R.
Downey, L. L.
Glazebrook, A. J.
Green, P.
Hollenberg, A.
Martin, J. H.
Matas, J.
McEwen, D. S.
Pincock, J. G.
Vaisrub, S.
ORTHOPEDICS:
Funk, H.
Hollenberg, C.
MacKinnon, W. B.
McGibbon, K. C.
UROLOGY:
Bourgouin, J. J.
Stephenson, E.

## OPHTHALMOLOGY:

McKenty, J. S.
Ramsay, R. M.
OTOLARYNGOLOGY:
Pierce, M. M.

PATHOLOGY:
Burgoyne, F.
ANAESTHESIOLOGY:
Bennett, M.
Tass, D.

## RESEARCH:

Glazebrook, A. J.


## Dodication

To our Mom and Dad for their love and encouragement,
To the Sisters for their patience and guidance, We, the Graduates of 1954 - dedicate this, our Year Book.


SR. M. BERTHE DORAIS, s.g.m.
Superior and Administrator.

## Dear Graduates of the 1954 Class:

I
FIND it difficult to express my sentiments, dear Graduates, upon this occasion so full of meaning for each one of you, and for us, so deeply interested in your happiness.
"You begin to live; in a sense, you begin to live two lives when you are thoughtful about the needs of others." These words of Dr. Barrett, dear Nurses, could have been written especially for you - to the needs of others your lives are now dedicate. You are ready to work for your fellowmen in "deed and truth." There will be deep contentment in the exercise of your profession to the extent that your heart and mind will direct your hand.

With the assurance of my continued prayer for your happiness, I offer you my affectionate congratulations.

Devotedly yours,

SISTER M. BERTHE DORAIS, s.g.m. Superior and Administrator


SR. DELIA CLERMONT, S.G.M Superintendent of Nurses.

## Jo our Graduates of 1954:

THE first weeks of 1954 have slipped silently by with surprising rapidity and as I write this parting message to you, our graduates of the year, some of the senior members of your class have written the last chapter of "Student Nurse Days," have closed the book and placed it on their shelf of memories. As they bid us farewell, we realize again, how true it is that our most poignant joys are mingled with some sadness.

Your three years of training have offered you rich possibilities of development both in the professional and human fields. No doubt during these last few months in residence you look in retrospect over the experiences you have shared, the great variety of people you have met and the many joyous or tragic events you have witnessed. Iife has assumed a much deeper meaning.

Have you ever observed an air pilot before he starts on a journey? How carefully he checks the mechanisms which will ensure a safe flight. The engines are tested and the gasoline supply is replenished. These are essentials. As you prepare to begin your work as a professional nurse, it is well to examine yourself. Ideals in your life are analogous to the engines and gasoline of the aircraft. They will give you the power to do your work well. It is wise to consider them before starting on your journey.

What is an ideal? The dictionary tells us that it is "something which is taken as a standard of excellence or an ultimate object of attainment." In the days of chivalry the motto or device on the shield of the knight crystallized his ideal in words. It had the power to evoke all the well-learned, deeply revered and loved lessons of his race, all the grandeur of his heritage and of his personal responsibility for that grandeur before his world and to posterity. The personal ideal is a tremendous force which gives aid in difficulties, consistency in aim and assures steadiness in progress and achievement.

Ideals that are taught us may be of the finest but may remain ineffective because we have never really made them our own. I hope during your student days you have selected your ideals in life and in nursing with consideration and convincing reasons. Self-discovered and self-chosen ideals are dynamic. Do not be discouraged if at times you fall short of the requirements you have set for yourself. Remember, then, these words of Carl Schurz: "Ideals are like stars; you will not succeed in touching them with your hands, but like the seafaring man on the desert of waters, you choose them as your guides, and following them, you reach your destiny."

I extend to you the sincere congratulations and best wishes of myself and members of the faculty.

God be with you, now and always.

SR. DELIA CLERMONT, S.G.M., Superintendent of Nurses.



MAURICE BONNEVILLE
Chaplain.

## Dear Graduating Murse:

" ${ }^{\mathrm{E}}$
FAITHFUL." It would be difficuilt to find a more appropriate motto for a graduating class of nurses. We find these words "Estote fideles," in the Apocalypse of Saint John the Apostle. Saint John writes, what is being revealed to him by God, to the seven churches of Asia Minor, encouraging them during a cruel roman persecution. God says: "Be thou faithful unto death, and I will give thee the crown of life." (Apoc. 2, 10.)

You have accepted these words as if spoken to you by God. And in accepting them you want to live them. What is the full meaning of this word faithful? Webster's Collegiate tells us that it is first, belief in God; and second, Fidelity to one's promises, or allegiance to duty, or to a person; loyalty. The two meanings cannot be separated. You must be faithful to God in your profession.

Be faithful to your professional promises.
Be faithful to your code of ethics.
Be faithful to those in your care.
And if you are really faithful in fulfilling all your obligations as a nurse, faithful even unto death, God himself will be your reward; he will give you the true crown of life, the crown of eternal life.

> MAURICE BONNEVILLE, Chaplain.


DR. P. L'HEUREUX
Medical Director

## Dear Graduates:

I
T IS always a very pleasant task to welcome into the great medical family the new graduates of our school of nursing.

Thousands of young women have preceded you into this career of ministering to the sick, and thousands will follow in your footsteps. But for this year, you are the most important group of Nurses in the community.

Your younger companions in study will look to you with yearning to reach the goal which is yours today; high school girls will look to you with admiration and the hope that they might some day be like you; your teachers will look at you with pride of achievement; your parents and friends will look at you with joyful expectation.

Their congratulations will be as sincere as they are well deserved. You must not let down a single one of all these persons. You must uphold the traditions of your school and of your profession to a degree that will indicate the faith placed in you.

I feel certain that the nurses of this class of ' 54 will have little difficulty in doing this and I am very happy to wish them every success and happiness.

PAUL L'HEUREUX, M.D., Medical Director.

D. S. McEWEN, M.D. Chief of Staff, Head of the Department of Internal Medicine.

## Jo the Graduating Class of 54

0N BEHALF of the Medical Staff and myself I am happy to have this opportunity of wishing the graduating class happiness, health and a useful future.

Since time began woman has nursed the sick. She has not always been trained and often had to work without modern conveniences, but, I believe, she was always sincere.

The nurse, whether trained or untrained, has devoted her time, her talents and her energies to her fellowman. It is common knowledge that this work is not undertaken for gain, indeed young ladies with much less training are commanding comparable salaries in other endeavours. One can only assume then, that our nurses chose to follow the healing arts out of a sincere desire to help those less fortunate than themselves.

The present graduates can begin their graduate duties with the assurance that they are as well trained as any recent graduates in the world. They are better trained in recent medical advances than the nurses of only a few years ago. In order to keep a proper perspective however, any recent graduate should remember that anything the older nurses lacked in scientific knowledge they made up for in bedside nursing. It is also wise to be cognizant of the fact that each subsequent: class will surpass you in recent advances unless you continue your studies. You are an integral part in a living science and must advance or stagnate.

Besides the satisfaction in being of service, there are many advantages to the profession you have chosen. I will only mention two of these.

Firstly a nurse develops judgment. This pertains not only to nursing but to life in general. Decisions of vital importance must be made daily. Decision must be sound and prompt. Judgment is developed early. Secondly a nurse matures quickly. True some are more mature at age fifteen than others at twice that age. Maturity is quickly developed when one is daily face to face with death. Serious illness, severe pain and miraculous cures are all great stabilizing influences. It is little wonder then that in general, nurses exhibit better judgment, are more mature than others in their age group. Use these assets wisely and you will be amply repaid.

May I again offer every nurse my very best wishes for the future.

> D. S. McEWEN, M.D.,
> Head of the Department of Internal Medicine. Chief of Staff,
"The hurts she healed, the thousands comforted -"

NOT so long ago, just before this class of 1953 entered training, the Honourable Senator, our Doctor J. P. Howden, commented: "Let us have, as candidates for our nursing school, young ladies who are kind, conscientious, intelligent and hard-working; then we will graduate practical bedside nurses!" You are those nurses now: thus chosen: since trained in the technique of nursing: but, more important, encouraged along the paths of sympathy, understanding and human kindness. So you have been readied (at graduation) for your commencement of useful living and practical service.

The doctors of your hospital emphasize, encourage and appreciate the practical aspects of your training. Your medical staff share with your family this proud moment of your graduation.

Happiness to you all!

EARL STEPHENSON, M.D., President of Staff.


Front row, sitting, left to right: Sr. L. Veillette, Sr. M. St. Pierre, Sr. G. Jarbeau, Sr. Ste. Eugénie. Back row, standing: Sr. A. Bohémier, Sr. B. Baumann, Sr. A. Fleury, Sr. T. Roussel, Sr. M. Lord, Sr. M. L. Paquette, Sr. V. Lanoix, Sr. M. Thille, Sr. A. Marcoux, Sr. A. Miller, Sr. S. Gervais, Sr. M. Lussier, Sr. Y. Daigle, Sr. R. A. Désilets, Sr. A. Ell, Sr. T. Demas.

## Message from the Supervisors

FOR your invaluable help, your kindness to our patients, we thank you sincerely. Please accept our hearty wishes and may your nursing career be one of happiness and success.

It was a pleasure to know you and share with you the noble work.
May God bless you.
SR. A. BOHEMIER, Supervisor.

## THINGS THAT COUNT

Not as we take . . . but as we give,
Not as we pray . . but as we live-
These are the things that make for peace,
Both now and after time shall cease.

## Prayer for a Nurse

Oh my God: I am about to begin the day's work;
Teach me to receive the sick in Thy name.
Give to my efforts success sweet Jesus; for the glory of Thy holy name.
It is Thy work: Without Thee I cannot succeed.
Grant that the sick that Thou has placed in my care may be abundantly blessed, and not one of them be lost because of anything that is lacking in me.

Help Thou me to overcome every temporal weakness
And strengthen in me whatever may enable me to bring the sunshine of joy to the lives that are gathered round me day by day.
Make me beautiful within for the sake of Thy sick ones and those lives which will be influenced by them.

AMEN.


Front row, left to right: J. Seaman, J. Samson, L. Nairne, S. Simonds, C. Gilbert. Back row: M. Hikida, S. Hanson, J. Preboy, J. Preece, P. Clancy.
Missing: I. Gabriel.

## Student Council

THE year 1954 has shown several changes in our school - we have the new addition to our residence and coffee time in the morning - both of which are greatly appreciated.

We, on the Student Council wish to take this opportunity to thank you for the confidence and co-operation you have given us in the past year. It is a great honour to be representatives of such wonderful people; one that will always be remembered.

A special word of thanks to Sr. Clermont, Sr. Thille, Sr. Miller and the members of the faculty. Without your encouragement and advice our road would have been hard, indeed.

Congratulations to the Graduates - and to those behind - fear not - your hour of glory is coming.

May each and every one of us always be a credit to our school and live up to our motto, "Estote Fideles" - Always Faithful.

LOIS A. NAIRNE.


Front row, left to right: N. Gould, J. Preboy, S. Simonds.
Back row: J. Samson, J. Seaman, J. Lowry, E. Jacyk, G. Lecuyer, M. Oriss, J. Nicholas, G. Wilson.

## Year Book Staff

JEANETTE PREBOY

$\qquad$
Editor in ChiefELIZABETH SMITH ...................................................................................NORMA GOULDBusiness ManagerSADIE SIMONDSAdvertising ManagerJEAN SAMSONEILEEN JACYKJOYCE SEAMANPOAN LOWRYMADELINE GORDONGAYLENE WILSONYVETTE TOUPINNONI PEARLMANMAY ROWANGRACE LECUYER1JOYCE NICHOLASMARY ORISSCandid Shots
ANN WEILER

$\qquad$
HILDA ZIMMER \}Advertising Committee
ANN DZIAD ..... Art
PATRICIA CLANCY ..... Typist

## Sditorial


$A^{\text {S THE doors of our training slowly close, we are stepping forth prepared }}$ to meet our challenge with confidence in our ability and with appreciation for those principles of our noble profession which have been so deftly instilled in us.

As a souvenir of the many friendships we have made and to keep alive the memories and knowledge obtained we have compiled this, our Year Book.

May I take this opportunity to express my most sincere thanks to all those who have contributed so generously towards the realization of "Estote Fideles."

JEANETTE PREBOY, Editor.

## FACULTY MEMBERS



## Winners of Scholarships and Awards

MEDAL FOR GENERAL PROFICIENCY<br>Presented by Dr. D. S. McEwen<br>Awarded to: Miss Isabel Gabriel<br>CANADIAN NURSE AWARD<br>For General Proficiency<br>Awarded to: Reverend Sister Bernadette Poirier<br>MEDAL FOR EXECUTIVE ABILITY<br>Presented by Dr. P. L'Heureux<br>Awarded to: Miss Sadie Simonds<br>MEDAL FOR HIGHEST STANDING IN THEORY<br>Presented by Birks Ltd.<br>Awarded to: Miss Rose Gauronski<br>MEDAL FOR MEDSIDE NURSING<br>Presented by Dr. M. Rady<br>Awarded to: Miss Elsie Tkaczuk<br>THE ST. BONIFACE NURSES' ALUMNAE SCHOLARSHIP<br>Awarded to: Miss Isabel Gabriel



REVEREND SISTER MARY THILLE, R.N., B.Sc. in Nursing (U. of Mont.), Assistant Director.
REVEREND SISTER ANN MILLER, Resident Matron.
MISS VERNA WILLIAMS, R.N., Certificate in Teaching and Supervision (U. of Man.), Post-Graduate in Science (U. of Minn.), Instructor in Sciences.
MISS PHYLLIS KATCHINOSKI, R.N., Certificate in Teaching and Supervision (N. of Man.), Instructor in Nursing Arts.

MISS JOAN OLSTAD, R.N., B.Sc. in Nursing (U. of Sask.), Instructor in Medical Nursing.
MISS VERA PEACOCK, R.N., Certificate in Teaching and Supervision (U. of Man.), Instructor in Surgical Nursing.
MISS ALICE MERLEVEDE, R.N., Certificate in Public Health (U. of Man.), School Health Nurse.
MISS BRIDGETTE DESHAYE, R.N., Assistant Instructor in Nursing Arts.
MRS. HELEN LEMOINE, R.N., Post-Graduate in Pediatrics, Instructor in Pediatric Nursing.
Mrs. M. W. VAUGHAN, R.N., Assistant Instructor Communicable Diseases.
MISS KATHLEEN DOYLE, R.N., Post-Graduate in Obstetrics, Instructor in Obstetrical Nursing.
MISS SYLVIA MacKINNON, R.N., Post-Graduate in Surgery, Instructor in Orthopedic Nursing.
MRS. M. DAGG, B.Sc. in Home Economics (U. of McGill), Instructor in Dietetics. REVEREND FATHER R. J. DeROO, S.T.D., Professor of Ethics.
REVEREND FATHER MAURICE BONNEVILLE, Professor of Religion.


IS it possible that three years have passed since we stood on the theeshold of a new and different life? We did not realize on that momentous day when we entered this School of Nursing what was in store for us. Were we afraid? No! We did not know enough about it to be afraid-nor did we hear the door that softly closed on our girlhood with its irresponsible lightheartedness and, I suppose, we have to admit -lightheadedness! We stepped forward eagerly and expectantly toward that new hope which, for us, limned in shining letters the words "registered nurse".

These three years of striving have been filled with many memories-some pleasant, some less pleasant. As we look back, we can bring into focus those that stood out most clearly; the gay laughter of children on the ward; the whispered "thank you" from painwracked lips in the silence of the night the thrill that one feels when a newborn baby cries; the mute gratitude in eyes that speak when lips cannot; the aching pain of shared heartbreak when a loved one dies; the inexpressible satisfaction in work well done; the inexplicable joy experienced in loving God through serving man.

These far, far outweigh the vague remembrances of seemingly endless nights "on call"; of aching feet and weary brain; of drowsing through lectures, of tense examination periods. How very unimportant these seem today, and yet in a way we are grateful for them. The routine and seemingly wearisome things have a share in subtly shaping our lives

## Valedictory, 1954

Almost anyone can rise to heights of heroism under great stress, but the building of character and the development of a true sense of responsibility require years of painstaking devotion to routine duty. And for this opportunity that has been given us-the opportunity to learn how to live fully-we are gratefurl to so many!

First-to our parents-only now do we realize to some extent the sacrifices they have made for us, not only during these three years, but ever since the time we were born. In the course of our training, we have seen at close range and with enlightened perception the nobility and depth of a mother's and father's love! We pray that God will help us to repay them in some measure for this cherished affection.

We are grateful to all the Sisters for their unfailing care and watchfulness, as well as for the knowledge and many skills they have imparted to us. To the doctors and instructresses, we offer a sincere "thank you" for their patience, kindness and interest demonstrated both in formal teaching and on the hospital wards. Their conscientiousness and devotion to duty is a shining example that we shall keep before us.

To our patients, too, we owe a debt of gratitude. It has been a privilege to aid them during their sickness and to have been instrumental in helping them to regain health and happiness.

What shall we say to our friends, the students we are leaving behind, especially those who are taking our places as
(Continued on page 51)


Opportunity
There is a tide in the affairs of men, Which, taken at the flood, leads on to fortune: Omitted, all the voyage of their life Is bound in shallows and in miseries. On such a full sea we are now afloat; And we must take the current when it serves, Or lose our ventures.


ELEANOR ALLEN
Hamiota, Man.
She is steadfast as a star
And yet the maddest maiden.

## HELEN ALARIE

Ste. Agathe, Man.
With malice toward none,
With charity for all.

IRENE ILCHENA
Beausejour, Man.
She shoulders with a wing so strong,
She makes the whole flock move along.

## LORAINE BESEL

Winnipeg, Man.
She that was ever fair and never proud Had tongue at will, and yet was never loud.

## JOYCE DARLINGTON

Winnipeg, Man.
It is a good thing to possess wit,
And a good thing to be wise,
And it is a better thing to be beloved of many friends.

## THERESA DAUPHINAIS

Starbuck, Man.
And more than wisdom, more than wealth,
A merry heart that laughs at care.

HAZEL CARNEGIE
Winnipeg, Man.
The soft heart refused to discover The faults which so many could find.

VALERIE DEVINS
Souris, Man.
If to her share some female errors fell Look on her face, and you'll forget 'em all.

JOSEPHINE ENGLOT
Winnipeg, Man.
We meet thee like a pleasant thought, When such are wanted.

## FREDA FLEMING

Shoal Lake, IMan.
Haste thee, nymph, and bring with thee Jest and youthful jollity.

BARBARA HARPER
Selkirk, Man.
Blithe of heart, from week to week
Thou dost play at hide-and-seek.

## IRENE HERDA

Oakbank, Man.
One beamy smile from you
Would float like light between
My toils and me.

MYRTLE KWALUK
Mafeking, Man.
Behold, I do not give lectures or a little charity,
When I give I give myself.

## LINDA KRUEGER

Gretna, Man.
But where meanwhile
Serenest skies continually
Just o'er that one bright island smile.

## JEANNE LAMOREUX

Notre Dame de Lourdes.
For she is wise, if we can judge of her; And fair she is, if that our eyes be true And true she is, as she hath proved herself.

## GILBERTE LEROEYE

St. Boniface, Man.
Her ways are ways of pleasantness And all her paths are peace.



## CORINE LEGROS

Sioux Lookout, Ont.
That, imitating Him in what I may, I never follow an inferior way.

## DOREEN MACINNES

Portage la Prairie, Man.
A lady help wanted? Genteel and refined, Obliging and cheerful, industrious and kind.

FLORENCE McKAY
Hilton, Man.
Of Flora and the country green
Dance, and Provencal song and sumburnt mirth.

## MARGARET NICHOLSON

Portage la Prairie, Man.
Merry Margaret, as midsummer flower, Gentle as falcon, or hawk of the tower.

## SHIRLEY PETRIE

Winnipeg, Man.
Best and brightest, come away!
Fairer than this fair day.

DOROTHY POKRANT
Rosenfeld, Man.
That we may brag we hae a lass,
There's none again sae bonnie.

SUSAN POWELL
Kenora, Ont.
But to live and love each day
To reck not at all what may befall-

## EVELYN SHAW <br> Winnipeg, Man.

The shape alone let others prize, the features of the fair; I look for spirit in her eyes and meaning in her air.


## MARY WIENS

Winnipeg, Man.
Her look composed and steady eye Bespoke a matchless constancy.

CONSTANCE SUAREZ
St. Boniface, Man.
Discretion shall preserve thee,
Understanding shall keep thee.

## ELSIE TKACZUK

Reston, Man.
The Powers above will tent thee, Misfortune sha'na steer thee.

## ANNE WIELER

Niverville, Man.
A poet could not but be gay
In such a jocund company.

## HILDA ZIMMER

Angusville, Man.
Those who bring sunshine to the lives of others cannot keep it from themselves

## PHOTOS MISSING

## ALICE LAFRENIERE

And, pledging off to meet again,
We tore ourselves asunder.

## SR. POIRIER

Meeting the challenge of each new day
In the same calm, unaffected way.
SR. CASTONGUAY
All things through thee take nobler form And look beyond the earth.


ESTHER ABRAMOFF
Swan River, Man.
Hold thy lighted lamp on high,
Be a star in someone's sky.

## MARY BADRE

Winnipeg, Man.
Pessimism, when you get used to it. is just as agreeable as optimism.

## ELAINE BAUMAN

Winnipeg, Man.
For laughter, wit, and stories tall,
Here is one who ranks above us all.

## WANDA CLEE

Ashern, Man.
All that's best of dark and bright Meets in her aspect and her eyes.

SHIRLEY COOPER
Winnipeg, Man.
One of those happy souls which are the salt of the earth.

PHYLLIS CHOKAN
Winnipegosis, Man.
Oh, many a shaft at random sent
Finds the mark the archer little meant

FRANCES DeBRINCAT
St. Vital, Man.
When God had finished the stars
And the whirl of colored sun,
He turned His mind from big things
To fashion Little Ones.

## WANDA DZIVER

Brandon, Man
From the crown of her head
To the sole of her foot
She is all mirth.

## ANN DZIAD

Emerson, Man.
Silence is the best ornament of a woman.

KAY FLAVELLE
Gypsumville, Man
There was a star danced
And under that she was born

## PATRICIA FLEMING

Fort Frances, Man.
She's all my fancy painted her,
A fair maid-a nurse.

## DORIS FORTIN

Baldur, Man.
This only grant me: that my means may lie
Too low for envy, for contempt too high.

## ISABEL GABRIEL

Porcupine Plains, Sask.
The reason firm, the temperate will,
Endurance, foresight, strength and skill.

## ROSE GAURONSKI <br> Winnipeg, Man.

Ah! Madonna! thy pure beauty haunts the sacred chapels of the Renaissance.

## JEAN GILLESPIE

## Gunton, Man.

A gentle maid, with joyousness,
And a thoughtful cheer.

## NORMA GOUL.D

Melita, Man.
For she was made for happy thought,
For playful wit and laughter.



IRENE HOFFMAN Norwood, Man.

Live on! No touch of time shall cause One line upon thy smooth unwrinkled brow.

## IRIS KOHNEN

## Langenburg, Sask

Her face is like the milky way; the sky A meeting of gentle lights without name.

JOSEPHINE LENHARDT Winnipeg, Man.

Speak thy purpose out
I love not mystery or doubt.

## GRACE LECUYER

Sioux Lookout, Ont.
Serene will be our days and bright And happy will our nature be.

## LOIS NAIRNE <br> Winnipeg, Man.

Dark of hair and flashing eyes
That mischievous look she can't disguise

## JOYCE NICHOLAS

## Norwood, Man.

Child, thou art like a flower,
So sweet, and pure, and fair.

## MARY ORRIS <br> Boissevain, Man

For the good are always merry, save by evil chance,
And merry love the fiddle, and the merry love to dance.

## JEANNETTE PREBOY

Fox Valley, Sask.
Those graceful acts,
Those thousand decencies that daily flow From all her words and actions.

MAY ROWAN
St. Boniface, Man.
The hand that has made you fair hath made you good.

## JEAN SAMSON

Norwood, Man.
A heart of gold and manner sweet
With a dash of naughtiness made her complete

## SADIE SIMONDS

Brandon, Man.
The melancholy world of soul and mind Would seize us all-but for your kind.

## MARJORIE SMITH

## Gretna, Man

Let this suffice, by this conceive the rest
She should, she could, she would, she did the best

## LEONA SMITS

Fort Frances, Ont.
Today, well lived makes yesterday a dream come true
And every tomorrow a vision of hope. Look well therefore to this day.

## ANITA TOUPIN

Storthoaks, Sask.
The heavens such grace did lend her That she might admired be.

ELIZABETH VERHEUL
Selkirk, Man
Fashioned of stars and quiet summer dreaming
Brushed with laughter, sweet with carefree air.

IRENE WENDEL
Bredenburg, Sask.
Those who bring sunshine to the lives of others cannot keep it from themselves.



It takes a heap of livin' in a house to make it home A heap o' sun an' shadder, an'ye sometimes have t' roam Afore ye really 'preciate the things ye lef' behind, An hunger for 'em somehow with 'em allus on yer mind.

Who used t' love 'em long ago,
an' trained 'em jes' t' run
The way they do, so's they would get the early morning sun;
Ye've got t' love each brick and stone
from cellar up to' dome;
It takes a heap o' livin'
in a house to make it home.
-Edgar A. Guest.

## JUNIOR YELLOW BANDS



Front row, left to right: B. Little, K. Krul, G. Wilson, H. Mailhot.
Second row: P. Cole, D. Sawyer, N. Pearlman, D. Larson, M. Thorsteinson, A. Whitfield.
Third row: J. Seaman, G. Molund, E. Raymond, V. Dyck, E. Jacyk, S. Hanson, E. Peters. Fourth row: T. Prymak, J. Perault, R. Rea, D. Cross, J. Preece, A. Slavin, M. Gordon. Missing: A. Haras, P. McKenzie.

BETTY LITTLE: Her write-up didn't pass the censors.
DELLA SAWYER: Laugh and the world laughs with you-especially Della.
DORIS LARSON: Home cookin'! (So glad Ivan has a sweet tooth . . . and a small appetite!)
VALENTINE DYCK: Our foreign correspondent. St. Boniface's goodwill ambassador to Palestine.
BETTY PETERS: One gal not interested in going from Rags to Riches!
ANNE SLAVIN: Harbours an interest in the Faculty of Arts and not from a scholastic point of view!
MARLENE THORSTEINSON: In England they are called Lorrys. Marlene likes them too, but we don't mean the four-wheel varieties!
MARG URQUHART: One of the famous parlour gals. Marg is often seen but not heard. This is no detraction.

EILEEN JACYK: Petite Eileen keeps us in amazement with her extensive and varied wardrobe. Has been known to talk for forty-eight hours consecutively.
KATHY KRUL: The girl with the fascinating eyelashes!
HENRI MAILHOT: Who would ever think a hangnail could make one the centre of attraction!!!
SHEILA HANSON: She-Will you love me when my hair has turned to grey? He-Why not? I loved you when it was every other color.
MADELINE GORDON: The reason Gentlemen Prefer Blondes!
ANNE HARAS: If she hasn't read it, it hasn't been printed.
PAT COLE: When perturbed, favorite saying "Well, for Pete's sake". Her bark is worse than her bite.
(Continued on page 51)

## SENIOR BLUE BANDS



Front row, left to right: M. Fikida, C. Gilbert, I. Pickrell, M. Ramsay, J. Mowat.
Second row: B. Gajdosik, E. Smith, T. Thibideau, D. Ludgate, D. Wright, C. Bourbonniere, O. Adair, F. Stacey.

Third row: A. Nelson, R. Hyde, H. Peters, J. Gendreau, B. Lazenby, S. Rowe, C. Welin, A. Blowers, E. Hildebrand, H. Dyck, E. Perepeluk, M. Pidlisecky.

Fourth row: H. Wasilishen, E. Sawka, Y. Toupin, Y. Thevenot, R. Lear, L. Lerner. P. Madill, J. Platford, G. Brown, A. Goetz, K. West, T. Snyder, J. Neufeld.

Missing: J. Masson, Sr. Marie Therese Boulet, Sr. Irene M. E. Desbiens, H. Wasilishen.

ORLA ADAIR: Of all the names she has in her heart, Gordon plays the leading part.
ALICE BLOWERS: Teeth like pearls, eyes like "Jules", mention men and our girl drools.
CHARLOTTE BOURBONNIERE: So happy-go-lucky, so carefree and jolly -describe to a T our little Cha'lly.
HELEN DYCK: In theory she's clever, good nursing her aim; each successful endeavor predicts future fame.
BLONDINA GADJOSIK: "Blondie" sure suits her swell; she's a good kid, we all can tell.
JACQUELINE GENDREAU: Dark eyes, dark hair, and very cute too; is it true Jackie that you and Dauphin are through.
CAROL GILBERT: Of all the girls so full of fun, Carol is the jolliest one.

AGNES GOETZ: Be you ever in trouble or ever in doubt, call on Aggie and she'll help you out.
MITCH HIKIDA: Youville ward holds a soft spot in her heart for there Mitch took a noble part.
BETTY HILDEBRANDT: There goes a girl with a Cadillac blue; never mind, Betty, your turn will come too,
RUTH HYDE: No other interest! No, not one; will Donnie be the lucky one?
BETTY LAZENBY: Our Betty when six has come, we always see her home on the run (to eat?).
ROSEMARY LEAR: The sun would hide its head, the stars would leave the skies, if they but saw the friendly light that shines in Rosemary's eyes. (Wonder why.)
(Continued on page 53)

## JUNIOR BLUE BANDS



First row, left to right: T. Gosselin, T. Magne, S. Pico, J. Hunter, M. Hildebrand, T. Ohori, F. Thomaschewski

Second row: J. Lowry, V. Cameron, A. Forest, I Bose, E. Golab, L. Marchand, R. Gamble, J. Sulkers, L. Hill, M. Murray, B. Moffat.

Third row: C. Mackey, A. McMillan, K. Storozinski, F. Pace, J. Robertson, P. Clancy, O. Krivan, D. Willey

ISABELLE BOSC: Quiet until you know her. Sure looks good in that new hair style.
PAT CLANCY: Our class "pres", and Clancy sure lowers the boom. A regular pal, delights in wheedling everyone-especially internes.
VERLA CAMERON: Always seems to be on a day off and always looks so well rested. How do you do it?
ALINE FOREST: Very quiet but very lively (how can this be?), just know this gal and see.
RAMY GOLAB: Enjoys opera and all music right down to the Can-Can dance. Even manages to drive around in convertibles in her spare time.
THERESA GOSSELIN: One of the few people in residence to have a twin (almost). Rather confusing when they are roommates.
LORNETTA HILL: This gal has a secret passion for quiet birthday parties.

RHODA GAMBLE: Definitely doesn't act according to her name. First night nurse of our class and loves it.
MARION HILDEBRANDT: Good things come in small packages-that's our Marion.
JANET HUNTER: Our little bundle of joy. Delights in taking unexpected snapshots. Motive—blackmail.
BETTY MOFFAT: Following in footsteps of her mother. Pet peevenutrition. It's okay, Betty.
JOAN LOWRY: Pert English lass with a keen sense of humor and enviable knowledge in the nursing field.
ORVIE KIRVAN: The nursery kept her smiling (?) for 3 weeks. Never mind, Orvie; just 4 months of senior maternity to go.
THERESA MAGNE: Keeps second floor in an uproar. Is a favorite of all.
(Continued on page 54)

## CAP NURSES



Front row, left to right: C. Grywacheski, L. Bremaud, D. Aikenhead, J. viadaen, G. wanace, S. Ducklow, J. Haverluk.

Second row: J. Bollen, M. De Roo, P. Dodd, I. Bedard, D. Cummine, J. Bradley, D. Tessier, M. Aubrey, A. Lischynski.

Third row: D. Coughlin, G. Besel, D. Kirkwood, C. Stronski, T. Paupanekis, M. Sopko, S. Shasko, D. Zipp, E. Kluke, L. Catellier, V. Simpson.

Fourth row: E. Muir, E. Larson, E. Green, J. Boehm, F. Vergonet, H. Cummings, M. Molin, J. Pilling, F. Brew, P. Fee, L. Elmhirst.

Missing: M. Dwyer, M. Kammermayer, F. MacDonald, J. Penner.

DENISE AIKENHEAD: She's lovely, she's engaged, and this is a plug for Ponds.
MARIE AUBRY: Lucky Aubry! her name begins with an A. Miss Aubry is really going to make up for lost time during the holidays.
IRENE BEDARD: Irene has found one good use for a study night. She uses it for an excuse to one boy while going out with another.
GILDA BESEL: If she ever leaves St. B. she'll be ready to start her own little business. Haircuts, 25c.
JOAN BOEHM: Official class timekeeper till G-day-that means Graduation. She probably hates to leave after 3 years.
JOANNE BOLLEN: Joanne is almost 5 feet tall (she says) and is an enthusiastic participant in everything (except studying).

JOYCE BRADLEY: Always smiling, even to the point where her teeth are grinding together as assignments are handed out.

LAURA BREMAUD: Though we don't understand all her jokes, we are sure they are just as funny as the ones we do.

FAYE BREW: The girl we would most like to work with. Can laugh even when rubbing the 100 th back.
LEONA CATELLIER: Leona screamed the loudest at initiation night. What's a little pumpkin mash between friends?

DONNA CAUGHLIN: That perplexed look on her face means that she has settled down to the long hard years ahead.
(Continued on page 52)

## PROBATIONERS



Front row, left to right: M. Brown, D. Hector, V. Conrad, T. Timmins, E. Poulsen, Y. Aubin, E. Zarazun.

Second row: J. Anderson, M. Zorena, P. Neumann, V. Westman, M. Wawryk, C. Petrowski, R. McKee, S. Menzies, E. Carter, B. Ames, B. Murray, J. Collins.

Third row: L. Hall, H. Humenik, V. Enns, M. Brisson, E. Roberts, M. Mayfield, L. Kielback, N. Tillotson, E. Flynn, L. Herasymiuk, B. Dodds, R. Hebert.

Fourth row: R. McGregor, L. Perry, E. Rodgers, J. Belisle, D. Decker, L. Wall, D. Funk, F. Halbauer, L. Cadrain, S. Heschel, I. Lapointe, I. MacDowell.
Missing: M. Stewart, K. Verheul.

## A Letter to the Probationers

## Dear Probies:

Through the medium of our Year Book we, your fellow-students, are happy to have the opportunity to write this letter to you.

First and foremost, we would like to say again, we welcome you-Our Class of '57.

The day the Probies arrive is always a major event-you lived up to our expectations. Our hearts went out to you that first day-We suffered the pangs of strangeness with you as we reminisced back to the day of our own arrival; at the same time we admired you for taking the first step of registering in at your chosen school of nursing. I might add that with true female envy
we eyed the tiny waists and slim figures so many of you had and comforted ourselves by the thought that within six months or even less you, too, would join the ranks of the "pleasingly plump."

We have been watching your progress with an inconspicuous but keen interest-we note your ready acceptance to endless lectures, evenings of signing in and studying for interminable tests; your adjustment to discipline that may seem tedious and difficultclimbing five flights of stairs after having stood aside to let the elevator fill with chattering seniors is no fun-it will, we assure you reap many rewards _nursing is not an individualistic work
(Continued on page 54)


## A Mlosagage From the Internes

I WELCOME this opportunity to express sincere congratulations to the graduating class on benalf of the interne staff. To you, and future graduating classes, it is our wish that you will achieve success and happiness in your profession. It has been a pleasure to work with you, and your willingness to co-operate was greatly appreciated.

May I add a personal note of farewell and gratitude to the entire stafi of St. Boniface Hospital for the interest and assistance afforded me during my interneship.

J. A. MILLER,<br>Senior Resident Interne.

## SENIOR INTERNERS

DR. ROSENFIELD-Believes unconditionally in the superiority of the male -and cites himself as an examplealready.

DR. KAUFMAN-It's not letting Rube have the last word that bothers most of us-it's waiting for him to get around to it.

DR. LESACK-A lamb in wolf's cloth-ing-doesn't fool anybody.

DR. TYMCHAK-A more mature member of the senior intern staff-well liked by all.

DR. MILLER-It doesn't seem the same since he left us at Christmas. Remarkable the number of girls who want to work at Children's now.

## PHOTOS MISSING

DR. KRUGER-Very conscientious-has mastered a large English vocabulary in the past year. Congratulations!



## JUNIOR INTERNERS

DR. BERG-only trouble in his life is his landlady.

DR. BRACHMAN - gives the second best "Vocal Anaesthetic" at St. Boniface.

DR. CROOKES-a fugitive from the land of "Ooh Blah Do."

DR. CUMMINGS-"Frugal McDougall" infinitely proud of his child's vocal renditions after a meal.

DR. DUNDEE-says the nastiest things in the nicest way.

DR. FAINMAN - "Silent Sam" - gives the best imitation of mute we've seen.

DR. GRANT—"Handsome Harry"-an expert judge of ladies.

DR. GUSLITS-between calling meetings and going to see Dr. L'Heureux, he has little time for ward work.

DR. HEIMBACH—generally speaking, he is generally speaking.

DR. JACHK—has a secret passion for doing pre-ops. Has even less hair than Dr. Small-if that's possible.

DR. JACOBSON - Bjorke Bedvar proud owner of the "Workman's Cadillac."

DR. KOWALL-is not afraid of workin fact is quite capable of lying down beside it and going to sleep.

DR. KRISMAN-if exercise will reduce fat-how in the world did he get a double chin?

DR. LEVINE-the "Gay Lothario"his myopic brown eyes beam on all about him.

DR. JOSEPHINE MILLER—slim, trim, terrific-a lady interne-of course.

DR. P. J. MILLER-contrary to popular belief a swelled head never hurt anyone, it's really the shrinking that hurts.

DR. MYLREA-seems to love assisting in the O.R.-always ready-day or night.

DR. PEEVER-has only one daughter to speak of and does so constantly.

DR. PORTIGAL—must like people of Scotch-Irish ancestry-specializes in doctors.

DR. REISE-voted by the Nurses of St. Boniface as the most elegible bachelor of 53-54.

DR. SALISBURY—her beautiful braids are the envy of all the crop-haired nurses.

DR. SEARLE - the "Mighty Mite" makes up for his lack of height with his boundless enthusiasm.

DR. SHAPIRA - hard-working, loyal, noble and true-he says.

DR. SMALL—hair doesn't grow on his head for the same reason grass doesn't grow on a busy street - can't get through the concrete.

DR. STEINBERG-the internes' version of "Alec Turk."

DR. WOOD - popular with the other internes-partly due to her Mom's "Home Baked Goodies."

## Manitoba Student Nurses Association

It's time again to welcome another New Year, 1954, and to give an outline of the 1953-54 activities and success of the M.S.N.A.

In August 1953 to the end of the old year and begin our new year 1953-54 we had a wind up wiener roast held at Camp Manitou. We had a good attendandce and enjoyment was had by all.

In September a roller skating party interested many of the group.

October was a month of planning. A raffle was decided upon which was to be on a $\$ 50$ tailor-made suit.

The money raised was for our scholarship fund. By this fund I mean our main objective at present. We intend to offer six, one hundred dollar scholarships.
a) three to the winter class
b) three to the fall class to studnts who require financial aid to complete their three years training.

The regulations governing the awarding of these scholarships are:
a) Applicants must have successfully completed the preliminary period.
b) There must be verification of the student's financial need-form to be filled in by a parent or guardian.
c) A recommendation from the Director of Nursing as to the merit of the student is required.
d) The final decision regarding the choice of the recipient will rest with the Administrative Committee.
Applicants from the winter class may apply for a scholarship from June 1 to August 1. Applicants from the fall class may apply from February 1 to April 1.

Students will be informed of the existence of the scholarship through the calendar which schools of nursing send out to applicants.

In November we had two speakersone from Public Health and the other a Nursing Sister from the Army. I'm sure (Continued on page 46)

## Nurses' Alumnae Association

IT
TT IS my privilege on behalf of the St. Boniface Alumnae Nurses' Association to extend congratulations to the members of the 1954 Graduating Class.

Soon you will be going out into the nursing world-putting into practice the knowledge gained during the past three years. Many are the opportunities open to you, but remember that as Registered Nurses you will have incrased responsibilitis and how you assume these responsibilities reflects on your training and your School.

> "Each is given a book of Rules, A mass of stone, and a box of tools, And each must make 'ere life has flown A stumbling block or a stepping stone."

May all your work be "stepping stones" to a wider nursing experience that will bring pride and satisfaction to each of you.

The Alumnae extends a warm welcome to you all-join us and as active members participate in the work of St. Boniface Hospital. Our future depends upon the nurses that join our membership year by year - may we count on you - we hope so.

Sincerely,<br>MARGARET GIBSON,<br>President, St. Boniface Nurses' Association.



## The Society of the Children of Mary

ANOTHER year has passed, and, indeed, a very busy one for this Society whose active members have strived so hard to make it flourish. With the introduction of our new Director, Reverend Father Bonneville, the formation of weekly instead of monthly meetings, and the study of Sodality constitutions, it has been our aim to practice and to spread full "Catholic Action" and apostolic zeal. We fervently pray and hope that this Society shall very soon be recognized by the Pope as a true Sodality, and that its future members will continue to hold high our objective _ "To Christ through Mary."

Many sincere thanks to Reverend Father Bonneville, Director; to Reverend Sister M. Thille, Moderator; to the Executive; and to all the active members for your participation in our efforts to make this Society a true Sodality.

May God bless you all.

## J. M. LENHARDT, <br> Prefect.




## Jo the Graduates of 54

THE memories of our close association throughout your student years shall never grow dim. It is with extreme pleasure and appreciation that I pen these few words to you.

Today, you stand on the threshold of life. With a diploma in your hand you face to the beckoning future. During the past three years, you have deprived yourself of many of the niceties of life to attain within your grasp, a paper which has inscribed on it "GRADUATE," but, remember, that piece of paper means little and less than nothing, unless you put into practise the knowledge you have gained during the past years.

On your sleeve, you carry with you the blazoned banner of your Alma Mater, S.B.H. Honor YOUR school, honor YOUR instructresses, by LIVING UP TO and surpassing the ideals we have tried to instill in you during the past three years.

I wish you God's help in all your endeavours, may your fondest dreams come true and may the thoughts of past joys and pains bring us to you in time of need.

GENEVIEVE BENOIT.


## Glee Club

THE Glee Club of 1953-54 got under way with a fair representation of the student body. Under the able direction of Mrs. Poitras, the girls presented their annual "Carol Service" throughout the hospital resulting in many satisfied but voiceless nurses.

The members outdid themselves when the Christmas Concert was held in the hospital auditorium. To a solidly packed audience, the members and soloists offered age-old carols and beautiful Christmas melodies to be remembered by many.

The highlight of the year - Graduation Exercises, gives us ample opportunity to wish, with the art of words and music, much luck and happiness to our fellow students.

deanne Mance Pledge
"That I may be strengthened in my resolve to model my life of duty after that of Jeanne Mance, the first lay-nurse of my beloved Canada, I pledge myself, with the help of His Grace, to be faithful to the following ideals:
"I will be true to the practice of religion, which is the inspiration of my noble vocation, and while administering to the body I will serve the soul by observing the principles of right ethics and nursing honor.
"I will be devoted to the profession that is mine, obeying the physician within the sphere of his authority, and I will make my work a labor of love rather than of profit, whenever the service of God or country requires it of me."

## SONG HITS

Cool, Clear, Water-what the Belles on St. Mary's ask for.
You're Mine-"R.N."
I Apologize—probies attitude(?).
Too Old To Cut the Mustard—after 3 years of training.
Detour-here comes Sr. Clermont and I'm not in full uniform.
Sentimental Journey-with a stretcher up to the Fridge.
Deep Purple-quick, get some lobeline and the aspirator.
Dancing in the Dark-not at St. B. that's for sure.
Teardrops on my Pillow—night after qualifyings.
Bon Nuit - no emergencies while on Casualty Nights.
Lovliest Night of the Year-Graduation.
Smile the While - changing involuntaries.
Vanity-first time we donned our uniforms.
Around her Hair She Wore a Yellow Ribbon-seniors.
Night and Day-on call in the O.R.
Jealousy-seeing kids going out while you're on shift.
It's a Sin to Tell a Lie-but really, the car did break down.
Good Night, Sweetheart-famous last words echoing from the front steps.
I'll Walk Alone - please believe me, I have to work 2:30-11 tonight.
Too Late Now-but Miss Merlevede, I won't take a sunbath on the roof again.
Oh Promise Me-that you'll work at St. B. after graduation (Sr. Clermont).

I'll Never Change-odor of G.U. bottles. Mule Train-tailor traffic on the Mat.
My Happiness - getting off early on Youville.
The World is Waiting for the Sunrisenight shift waiting for the day shift.
I Get Ideas-to jump out of the nearest window when Dr. Law starts out with "Now Girlie."

## MANITOBA STUDENT NURSES'

 ASSOC.(Continued from page 40)
some of us were lured towards both fields of nursing.

Christmas! Yes, December was our month to have our Christmas party. It was held at Misericordia. Cards, games, bingo, dancing and food. Many took in the evening and all enjoyed themselves.

January was set aside for making plans for the future months.

February 2. Yes, our big event of the year. Our dance at the Royal Alexandra Hotel in the Crystal ballroom.

Looking ahead to March we are planning our Spring Tea to be held at General Hospital Nurses Residence.

April is again a month set aside for an educational program. There will be a lecture on the "Cobalt Bomb" and the "R.H. Factor." May-Oh! Elections-a big event to be held at the Grace Hospital.

Looking back we have had a good year and great success in everything done and I'd like to thank all those who worked so hard to keep thing together.

You've been good workers and aiming for the best - the entire year. The bulletin has improved and again "Thanks to everyone."

Pres. Adene McGill.

*     *         * 

DEFINITION OF A NURSE
A nurse is a marvellous compound of science and nature. She is trained like a doctor, registered like a Holstein cow, starched like a full-dress shirt, and salaried like a farm-hand. But can she do miracles? She can make a five-foot sheet cover a six-foot bed, and shake down a clinical thermometer without dislocating her wrist, or putting her patient's eye out.

*     *         * 

Said the halitosis microbe as he cowered in retreat,
Just before death snatched away his soul unclean:
"Though in hate I did upbraid you, By the fame that I have made you,
You're a better man than I am, Listerine." --Apologies to Kipling.

## CAN YOU IMAGINE

E. TKACTZUK—belittling George.
J. DARLINGTON - without asthmatic attacks when in presence of horses, cats, men and other animals.
S. POWELL-leaving Kenora. Now?
M. NICHOLSON-cool, calm, and collected.
H. ZIMMER-telling a joke without interruptions from Besel and Wieler.
H. CARNEGIE-running.
J. ENGLOT-losing her poise.
A. WIELER-as shy and quiet as she was 3 years ago.
F. FLEMING - without sarcasm and Devins.
J. LAMOUREUX—being anything but a little pet.
D. POKRANT—getting ready for bed at 9 P.M.
L. NAIRNE - without that Fashion Plate appearance.
S. SIMONDS—as big as her laugh.
I. GABRIEL-with untidy hair.
M. BADRE-playing "Chopsticks" with two fingers.
F. DeBRINCAT-without her doctrines of philosophy.
J. NICHOLAS-anywhere else but on the right side of the Law.

DR. HEIMBACH-"Without a song."
SR. POIRIER—her sport's team losing.
DR. P. J. MILLER - employed by Sadlers Wells Ballet Company.

DR. BRACHMAN-not being the potential friend of every nurse.

SR. DAIGLE-saying-Girls, the O.R. rooms are simply perfect today.

SR. CLERMONT-in her office when you need that overnight "quick."

Internes on the Annex-saying "Since it's after 7, we won't order anything. Would you girls like some help tonight.

DR. FUNK—speaking in a high pitched voice.

SIR RICHARD-with a toupe.
SR. GELINAS-sleeping at night.
ONKEL TONY-young, slim, and dapper.

DR. M. ROSENFIELD - in ten years hence, being Chairman of the American College of Surgeons.
SR. BELLEC'S birds getting diarrhea or pneumonia.

Quotable Quote:
DR. CUMMING-"You don't have to be crazy to study medicine, but it helps."

Mrs. X. awoke after her operation and found the blinds of the room drawn.
"Why are those blinds down, doctor?" she asked.
"Well," said Dr. McNulty, "there's a fire across the street and I didn't want you to wake up and think the operation had been a failure."

Betty (at 6:30 a.m.): "Y'up?"
Leona (yawning): "Yup!"

And then there is the probie who went to the pharmacy for Sitz wherewith to give a sitz bath!

Probie: "I suppose my roommate is studying as usual."

Roommate: "Yup."
Probie: "Then wake her up will you?"

## SOCIAL AND SPORT REVIEW

FIRST and foremost in this short resume of our year's activities we should like to convey our appreciation to those people who made it possible. To our Reverend Sisters, for their excellent supervision and co-operation, not to mention all the lovely lunches they donated whenever our treasury appeared bleak. Secondly, to Miss J. Olstad, who gave so generously of her time and energies as Committee Supervisor. Last, but by no means least, to our fellow students for their ardent support, and steadfast school spirit, all of which combined to make $53-54$ a fine success.

Wherever versatile people such as Misses Olstad, Powell, Orriss, Ludgate, Kirvan and Zipp congregate, productive ideas are certain to appear-and they did. Towards the end of October, as a conclusion to our "Probie Initiation Week," a combined Hallowe'en-Initiation party was held in the Hospital auditorium. Entertainment was provided by Mr. S. Buruk and his fellow magicians. After the program we returned to our Recreation Hall, where the Initiation, including stunts, skits and penalties ensued. This was followed by a singsong and square dancing. A tasty lunch brought a most enjoyable evening to a close.

November appeared and brought with it chill winds and snow, however, the S.B.H. students retaliated by holding a Penny Arcade, which consisted of fortune telling, bingo, a fish pond, weight guessing, and for added interest, as the prize at stake was a huge cake, donated by Miss Williams, a raffle. Each class undertook one of the games, and we had so much fun preparing them. Admission fee was 1 c and everyone tried their skill and knowledge. The end of the evening found us with at least one ornament or trinket and a pleasant time to remember.

December found everyone at St. B. deeply engrossed in the Christmas Concert preparations, which with Sr . Thille's guidance, was ready for pres-
entation on the 21 st of that month. Musical selections both vocal and instrumental, recitations, skits, and square dancing, were performed in the hospital auditorium for the sisters, relatives and friends. A beautiful pageant depicting the Birth of Christ brought this part of our evening to a grand finale. Afterward, a party was held in our Recreation Hall. Several gifts were presented by Jolly Old St. Nicholas.

One day in January, a ferocious north wind swept into Residence, and carried off 92 snow mittened students into the folds of 4 waiting Tally Ho sleighs. After an hour's scintillating excursion around and about St. Boniface we returned to the Residence and literally devoured dozens of hot dogs and gallons of coffee. I am sure everyone was happy to see their bed that night.

In February, most girls turn their thoughts to Valentines, we did toohowever, not in the usual theme. Instead, the nasty seniors plotted and contrived a Probie Initiation Weekorientation to the January class. After followed by a Valentine party-as an a gruelling 7 days of polishing shoes, opening doors, running errands, we concluded activities with a Treasure Hunt, singing and dancing. Prizes were awarded to the winners, and a big heart to our "Probie of the Week."

At present, tentative plans have been made for a weiner roast in the spring. Beware though, nurses, as this may be a plot to find out how many ex-camp fire girls we have in the ranks. However, we know you will support this adventure with as much enthusiasm as you have displayed in our previous events.

Tennis, as far as is known, will be enjoyed again this year, and the possibilities of a new volleyball court has been under consideration, so perhaps by this summer we may all be participating in inter-school games.

Joyce Seaman.

THE FAITHFUL NURSE
Like an angel, hovering near, Shielding us from doubt and fear, Face so gentle, sweet and bright, Like a moonbeam in the night. Ever constant through the day Fearlessly you go your way, Seeing that no one grows worse. Heaven bless you-faithful nurse.

A Hollywood producer who had been telling everyone about his diet was discovered in a restaurant eating a remendous steak. "What's the idea?" demanded a friend. "I thought you were on a diet!"
"I am," said the producer. "This is just to give me the strength to continue it!"

A DAy
ON THE LIFE OF A

NURSES
STOMACH


Changing Involuntaries


Pancakes for supper


Break fast

$12^{00}$ Noon Lunch


Page Forty-nine


Just saw an Intern down the hall

$2^{00}$ PM.
Examination! (Out rate last nite)


$$
7^{\circ 0} \text { PM. }
$$

Just missed that phone call

## The End of A Nurse's Day

Seven o'clock! And the nurse's work
Was done for another day!
She heaved a sort of tired sigh
And put the charts away.

Then sat for a moment and bowed her head
Over the little white desk-
"I wonder," said she to herself. "after all,
Am I really doing my best?"
"Perhaps I could have begun the day
With a brighter, cheerier smile,
And answered the bells with-'Right away'
Instead of 'After a while'."
"And I might have listened with sweeter grace,
To the story of Six's woes;
She may be suffering more, perhaps,
More than anyone knows."
"And I might have refrained from the half-way frown,
Although I was busy then,
When the frail little girl with sad blue eyes,
Kept ringing again and again."
"And I might have spoken a kindlier word,
To the heart of that restless boy,
And stopped a moment to help him find The missing part of his toy."
"Or perhaps the patient in Eighteen A,
Just needed a gentler touch;
There are lots of things I might have done
And it wouldn't have taken much."
She sighed again and brushed a tear, Then whispered,-praying low,
"My God, how can You accept this day,
When it has been lacking so?"
And God looked down-He heard the sigh,
He saw that shining tear:
Then sent His Angel Messenger, To whisper in her ear . . .
"You could have done better today, But, oh! the Omnipotent One,
Seeing your faults, does not forget, The beautiful things you have done."
"He knows, little nurse, that you love your work
In this house of pain and sorrow, So gladly forgives the lack of today,

For you will do better tomorrow."

The nurse looked up with a grateful
smile,
"Tomorrow I'll make it right;"
Then added a note in the order book,
"Be good to them tonight."

## VALEDICTORY 1954

(Continued from page 20)
senior students. How can we express in words the value of the companionship we have enjoyed? For when we think of leaving Residence life, of saying good-bye, we feel a twinge of regret. We have been so close-closer than classmates-closer than friends. Not only have we worked and studied, laughed and cried together, but we have grown up together, and that makes us sisters.

We are graduating now, a little proud and very happy. We shall never forget the years we have spent together here, and we are confident that you who follow in our footsteps will maintain the traditions dear to our own St. Boniface School of Nursing.

Finally, with humble and grateful hearts, we thank God for all the graces and benefits he has showered on us here, and we solemnly promise that our future professional work, wherever it may be, will be motivated solely by the counsel of charity which He Himself pronounced: "Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto Me."

ANNE WIELER,
Valedictorian.

## JUNIOR YELLOW BANDS

(Continued from page 31)
DOROTHY CROSS: The spark plug of the Junior Yellow's. Had her jaw xrayed last week and they found a moving picture.
ARVA WHITFIELD: If laughter was an umbrella, Arva would never get wet.
GAY WILSON: Gay by name-and Gay by nature.
JEAN PERAULT: A smile for everyone -Sacred Heart loved her.
NONI PEARLMAN: Eat, drink and be merry for tomorrow we di-et!
JO SEAMAN: Yellow Bands' answer to Elizabeth Taylor. (Minus the buck teeth.)
JOAN PREECE: Music has charms and so has our Joan-and that red hair is naturally curly.

PAT McKENZIE: Although allergic to cold air, she has a warm personality. EVELYN RAYMOND: Is "Infectious Hepatitis" really infectious? Ask Mr. Smith.
GRETA MOLUND: Favorite saying, "Has he got a friend"? Favorite song "Chicago".
TEENY PRYMAK: To Teeny, the revival of learning is the night before examination.
ROSEMARY RAE: Our Jerry Lewis with dimples. Can this sudden interest in the saxophone be strictly from a musical point of view?

God give me sympathy and sense, And help me keep my courage high, God give me calm and confidence, And-please-a twinkle in my eye.

## WHITE SHOES

Patiently waiting, you stand There by the wall, needing polish. Pitiably shabby to some, perhaps, But to me symbolic.
You are weary with the wisdom of experience,
Not tired by a long day past.
Yes, you have walked in dignity
And, at times, you have sped
Or moved reluctantly along
The myriad corridors you have trod.
You have borne witness to
Desolate sadness and consuming pain,
And there you stand, battered and worn, But how eagerly you await the early morning hour
To tread once more
Life's corridors. -Copied.

Probie: "Would you mind telling me your name, Doctor? I am a new nurse?"

Dr. Cummings ,Int.): "There it is; I wrote it on the order sheet."

Probie: "That is what made me curious."

The cow is of the bovine ilk, One end is moo-the other milk.
-Ogden Nash.

## CAP NURSES

(Continued from page 34)
HELEN CUMMINGS: Can always be seen sipping a coke at Tommy's with Gwen.
DARLENE CUMMINE: This girl is equally at home on 2nd, 3rd, 4th. She usually remembers to sign in about 10:35.
MADELEINE DE ROO: Next time she goes to a formal, this miss will wear two watches. Better late than never.
PATRICIA DODD: A fresh air fiend. Wear your overcoat if you go visiting to her room.
SHIRLEY DUCKLOW: "I think that I shall never be satisfied with being a tree". After listening to your little eulogy we wouldn't want to be one either.
MOIRA DWYER: Her aim in life is to be able to tell the difference between patient and intern.
LORRAINE ELMHURST: Often heard harmonizing with Simpson and Fee. Favorite pastime - helping Simpson with interior decoration.
PAT FEE: Always an innocent bystander (she says). Bothers Miss Williams with her intelligent questions.
EDNA GREEN: This is a girl who always has her work done, and besides that is loads of fun.
CORNELIA GRYWACHESKI: Has changed rooms so often she doesn't know whether to get off the elevator at 2nd or 3rd floor.
JUNE HAVERLOCK: As gramma in Little Red Riding Hood she was sensational. Too bad there were no talent scouts in the audience.
MILDRED KAMMERMAYER: Dashes down the block every morning and then dashes back to her seat in time for class . . . and so to sleep again.
DOROTHY KIRKWOOD: Well, I suppose I should go and study-there's no rush-we only write tomorrow.
ELSIE KLUKE: Silently on tip-toe stealing . . . where are you going with that milk jug, Elsie?
EVELYN LARSON: Her sweet angelic smile will probably save her from many a tight spot in the future.

ANGELA LISCHYNSKI: Day before the exam-No! It can't be! Why didn't somebody tell me that we write tomorrow!

FRANCES MACDONALD: Is it 6:30 already? Yes, dear; time to rise and shine again.
JUDY MADDEN: Voted-The Most Popular Girl at St. B. Reason-10 brothers.
MARIE MOLIN: First in the class to give a hypodermic. Who shook mostMiss Deshaye or Miss Molin!

ELAINE MUIR: Lost her better half, but manages to survive with the help of Miss Kirkwood.

THERESA PAUPANEKIS: How does that girl study her anatomy with 10 talking girls around her. Concentration is the answer.
JUSTINA PENNER: Staggers to roll call in the morning and then back to her room at the end of the day. Vitamin pills might help.

JOCELYN PILLING: Where does she get all her energy? Could it be the wrapped goodies she so slyly takes from the dining-room.
VELMA SIMPSON: Her flair for interior decoration didn't wholly meet with the approval of Sr . Clermont.
SHIRLEY SHASKO: Favorite saying, But don't you know any boys? Always makes sure that she occupies the only easy chair in the room after a hard day of classes.
MARIANNE SOPKO: Marianne is a girl who is class A, that I am tops is the least I can say; what a sense of humor and so much pep, this may not be true but I am the write-up rep.
CONNIE STRONSKI: Her definitions are a joy to Miss Olstad. Oh, to have a photographic memory.

DORIS TESSIER: Who can it be that gets Miss Tessier so excited? No, that isn't a flying saucer going to the phone.

## CAP NURSES

(Continued from page 52)
FRANCES VERGONET: She's beginning to believe Miss Merlevede regards us all as pin cushions for the doctors to stick their needles into.

MYRNA VERMEULIN: This girl gets more checks than a banker-too bad they can't be cashed in.
GWEN WALLACE: Provides the entertainment for our class breaks; piano player for the 10 minute glee club.
DOREEN ZIPP: Last to get her breakfast every morning. It's been rumored she's devising a way to beat the alphabetics system.

## SENIOR BLUE BANDS

(Continued from page 32)
LOIS LERNER: Sweater girl of 53 ; what is her next aim going to be?
DONNA LUDGATE: Donna, the girl so carefree and gay, if only the bed pan weren't here to stay.

PHYLLIS MADILL: She likes to work, she likes to play, put it simply-she's okay.
JEAN MASSON: An hour glass waistline, she's dark, she's tall; these girls from Flin Flon aren't bad at all.
JOYCE MOWAT: Audrey's roommate and partner in crime, she gets them both to roll call in time.

AUDREY NELSON: Eyes of blue, five foot two, no other fellow but Jim will do.

JESSIE NEUFELD: To her friends she's known as Jo, who always keeps her hair just so.
EMILY PEREPELUK: She is serene, she is kind, no better you will ever find.
HILDEGARDE PETERS: Our Hildie won't be driving a hearse; what will she be, "Sarg or nurse"?
CAROL WELIN: Always joking, always clowning, seldom find this little gal frowning.

MMARY PIDLESESKY: Sweet and gentle as she can be, oh what a nurse our "Piddle" will be.
JOAN PLATFORD: Joanie, Joanie, five foot eight, who used to wonder what career to take.
MARLENE RAMSAY: Time out for sports, let's play ball, our Marlene can out-pitch them all.
SHIRLEY ROWE: In anatomy "Shirl" has changes to make, the apex beat is on debate.
FLORENCE SAWKA: Quiet and neat, her favorite expression, "What's to eat"?
ENID SIMM: Rah, Rah, Rah, out captain of the time, she put St. B. nurses on the beam.
BETTY-JEAN SMITH: Spring has come, Bob is her, Bets has just one more year.
TILLIE SNYDER: She's like the Mounties who get their man. How does she do it? "Why, with her tan".
FLORENCE STACY: One thing in life is surely her aim; a diet in St. Boniface or wings to attain.
YVETTE THEVENOT: "There's no place like home", says our Yvette, for she's the lassy from Somerset.
THERESE THIBODEAU: Terry is a real pal you can't deny it, but when the phones rings--oh, what a riot.
HELEN WASHILISHEN: Wassie, a pert little lass. What color will her hair be in our ' 54 class?
KAY WEST: There was a young girl named Kay to St. B. came to stay. She came from the west and is one of the best. That is our girl Kay.
DENISE WRIGHT: A good little nurse is our Wright, she tucks the patients away for the night.
IRMA PICKRELL: Our little girl who is cute but not too shy. "I wish I were home" is her constant cry.
GERALDINE BROWN: Jolly Jerry with joke or two always brings us shining through.
YVETTE TOUPIN: This brown eyed Susan from St. B. loves to style all her clothes to a T.

## JUNIOR BLUE BANDS

(Continued from page 33)
ALLISON McMILLAN: Every class should have a clown. Here is ours and we all love her.
MYRNA MURRAY: Hails from Dauphin; always scheming to get hom or get forty winks.
LUCILLE MARCHAND: Sure can tickle those ivories; also is as capable of tickling the sense of humor.

AILEEN MACKRELL: Better late than never. Oh, well, we all need our sleep, don't we?
CARLYN MACKEY: Combination of brains and looks. How lucky can you get?
TAIKAKO O'HORI: Typical nursing material-has really won all our hearts.

FLORENCE PACI: The loveable type. She is the most sympathetic girl we know and sure deserves all the breaks.
SHIRLEY PICO: Always wondering how or if others curl their hair. Hails from Swan River and loses sleep figuring a way to get home for a day or so.
JACKIE ROBERTSON: This inspirator of our class is always around when help is needed. But Friday finds her absent somehow - probably "gone fishing".
CATHY STOROZINSKI: Another one of those girls who has a weakness for mounties.
JOAN SULKERS: A good friend of all, patients and students alike. Loves home-cooking (who doesn't?).
FRANCIS THOMASCHEWSKI: Another piet member of our class, with a sense of humor. Always figuring how many late passes are coming to her.
DOREEN WILLEY: Song-bird of our class. Denies saying that red-heads have a temper to match.
ISABELLE ZIMMER: Following close after sister Hilda-Keeping up tradition of "over 85 in every exam".

## A LETTER TO THE PROBATIONERS

(Continued from page 35 )
-rather it is working in union-how can we do so unless we nurses learn to live together and give and take among ourselves.

By this time you will, perhaps, have considered at least once of packing up and going home, and you will be well aware of the erroneous manner Hollywood depicts a nurse and her work-we don't stand around looking glamorous and unruffled and should an intern be in proximity and should he, by some remote chance, be handsome, his staccatto orders are a far cry from filmdom's sotto voiced male. There is, however, a happiness and glamour to be found-it is in your heart-the steady progress you make, the whispered thanks of a grateful patient.

We student nurses lead a busy life, with only limited time for personal interests and boy friends. We do, nevertheless, urge you to help us maintain a good school spirit-really endeavor to attend meetings-be they social or busi-ness-join our clubs and societies-our school motto is "Estote Fideles." Let us try to live up to it.

In closing, we wish to say we shall be along with you on most of the threeyear journey-together let us pray that with God's guidance we may fulfil our hopes and ambitions and, in so doing, reward the many sacrifices our loved ones are making for us to enable us to have this opportunity.

We wish you success.
Sincere good thanks from

## YOUR FELLOW-STUDENTS.

A psychiatrist saw another psychiatrist racing down the street with a couch on his head. "Why the couch?" he called after his colleague, and the hurrying one replied breathlessly: "House call!"

Adanca-Adata
Parchanca-Outlata
A Classa-A Quizza
No Passa-Gee Whizza.


Found on exam: Define turbinectomy: "A turbinectomy is the removal of a Hindu's turban."

Serum Rash: A rash which appears on the surface of the skin after antitoxin appears on the surfaces of the body where the rash of the disease would appear, and resembles the rash of the disease in appearance.

Patient: "This liniment makes my arm smart."

Miss Simonds: "How about rubbing some on my head?"

The pulmonary vein is not a veinbut an artery.

Certified milk is from cows that have been government tested, then put in bottles and sold.

Vaccine is obtained from the blood of a horse into which the disease germs
of a disease which will combat and overcome the disease germs of the disease which the vaccine is to prevent has been injected.

The structure of the human skull is very, very good;
It can withstand great pressure, and the same is true of wood.

## GOD MADE A NURSE

God made a nurse.
He made her heart brave, true and kind, And, like the mountain streams, her mind
As crystal clear, yet smooth and deep
As where the waters rush and sweep.
He made her hands strong, tender, skilled,
Their touch with His own pity filled.
And gave to make His nurse complete A sense of humor, wholesome, sweet.
God made a nurse-Thank God.


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Page Seventy-three

$$
\begin{aligned}
& \text { Lo all Grads } \\
& \text { my sincere Congratulations } \\
& \text { and the } \\
& \text { Very Best of Luck }
\end{aligned}
$$

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Our sincere thanks is extended to every individual advertiser who contributed so generously to our year book.

Without their response to our call the publication would not have been possible-we are grateful indeed.

We hope our patronage as nurses, and the patronage of our friends will help to show our appreciation.

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He who aims to reach a star
And struggles to attain,
Though he may fail to make the height,
Has labored not in vain.
If he has faith that falters not
With every storm that blows, Success may lie in hidden paths Upon the way he goes.

Success not measured by the heights
Which he has tried to climb, But by the efforts he has stored Within the walls of Time.

His strength of purpose lifts his soul
Far up to sunny skies;
He cannot fail who does his best.
He fails who never tries.


Autographs

