

Suggested Reading List:

ADOPTION, FOSTER CARE AND AGING OUT

Alec, Elaine (2020) *Calling My Spirit Back*, TellWell Talent Publishing

Cardinal, Colleen (2018) *Ohpikiihaakan-ohpimhah (Raised somewhere else): A 60s Scoop Adoptee's Story of Coming Home*, Roseway Publishing.

Sinclair, Raven, Michael A. Hart and Gord Bruyere (2009) *Wicihitowin: Aboriginal Social Work in Canada*, Fernwood Publishing: Winnipeg.

Thistle, Jesse (2019) [From the Ashes: My Story of Being Métis, Homeless, and Finding My Way](#), Simon & Schuster Publishing.

INDIAN RESIDENTIAL SCHOOLS, RELOCATION AND RESERVES

Bussidor, Ila and Ustun Bilgen-Reinhart (1997) *Night Spirits: The Story of the Relocation of the Sayisi Dene*, University of Manitoba Press: Manitoba.

Dimaline, Sheri (2017) *The Marrow Thieves*, Dancing Cat Publishing.

Highway, Tomson (1998) *Kiss of the Fur Queen*, Double Day: Canada.

Jiles, Paulette (2003) *North Spirit: Travels among the Cree and Ojibway Nations and their Star Maps*, Anchor Canada.

Miller, J.R. (2006) *Shingwauk's Vision: A History of Native Residential Schools*, University of Toronto Press: Toronto.

Stannard, David E. (1992) *The Conquest of the New World: American Holocaust*, Oxford University Press.

INDIGENOUS STUDIES TEXT

Belanger, Yale (ed.) (2014) *Ways of Knowing: An Introduction to Native Studies in Canada*, Nelson Education Limited

Dickason, Oliva P. (2006) *A Concise History of Canada's First Nations*, Oxford University Press: Canada.

Williamson, Pamela and John Roberts (2004) *First Nations Peoples*, 2nd Edition, Emond Montgomery Publications Limited: Toronto.

INTERGENERATIONAL STORIES OF CHANGE AND HEALING,

Good, Michelle (2020) Five Little Indians, Harper Perennial Publishers.

Highway, Tomson (2021) Permanent Astonishment: a memoir, Doubleday Canada.

Kinew, Wab (2015) The Reason You Walk, Penguin Books.

Methot, Suzanne (2019) Legacy: Trauma, Story, and Indigenous Healing, ECW Press

Robertson, David A. (2020) Black Water family, legacy, and blood memory, HarperCollins Publisher

Ross, Rupert (2014) Indigenous Healing: Exploring Traditional Paths, Penguin Books Limited.

Tagaq, Tanya (2018) Split Tooth, Viking Publishers.

Thomas-Muller, Clayton (2021) Life in the City of Dirty Water: A memoir of healing, Allen Lane Publishers.

Whitehead, Joshua (2018) Jonny Appleseed, Arsenal Pulp Press.

Wiebe, Rudy and Yvonne Johnson (1998) Stolen Life: Journey of a Cree Woman, Alfred A. Knopf: Canada.

LAND AND WATER RIGHTS

Phare, Merrell-Ann (2009) Denying the Source: The Crisis of First Nations Water Rights, RMB: Victoria, B.C.

Sandford, Robert William and Merrell-Ann Phare (2011) Ethical Water: Learning to Value What Matters Most, RMB, Victoria, Canada.

LEGAL AND POLITICAL CHALLENGES

Friesen, Joe (2016) The Ballad of Danny Wolfe: Life of a Modern Outlaw, Signal Publications.

Razack, Sherene (2015) Dying from Improvement: Inquests and Inquiries into Indigenous Deaths in Custody, University of Toronto Press.

Reber, Susanne and Robert Renaud (2006) Starlight Tour: The Last Lonely Night of Neil Stonechild, Vintage Canada.

Ross, Rupert (2006) *Dancing with a Ghost: Exploring Indian Reality*, Penguin Canada

Ross, Rupert (2006) *Return to the Teachings: Exploring Aboriginal Justice*, Penguin Canada.

Talaga, Tanya (2018) *All My Relations*, The Massey Lectures.

Talaga, Tanya (2018) *Seven Fallen Feathers: Racism, Death and Hard Truths in a Northern City*, House of Anansi Press.

Tatz, Colin (2003) *With Intent to Destroy: Reflecting on Genocide*, Versor: New York.

Waldrum, James B. (1997) *The Way of the Pipe: Aboriginal Spirituality and Symbolic Healing in Canadian Prisons*, Broadview Press: Ontario.

Walkem, Ardith and Halie Bruce (2003) *Box of Treasures or Empty Box? Twenty Years of Section 35*, Theytus Books.

Wheatley, Margaret J. (2006) *Leadership and the New Science: Discovering Order in a Chaotic World*, Berrett-Koehler Publishers: San Francisco.

MENTAL HEALTH, HEALTH CARE, TRAUMA AND WELLNESS

Doidge, Norman M.D. (2015) *The Brain's Way of Healing: Remarkable Discoveries and Recoveries from the Frontiers of Neuroplasticity*, Penguin Books.

Harris, Naomi Burke (2018) [**The Deepest Well: Healing the Long-Term Effects of Childhood Adversity**](#), Houghton Mifflin Harcourt.

Hollow Water (Video) (2000) *The Story of Hollow Water: When an Individual confronts the spectre of abuse, we consider it an act of courage. When an entire community attempts the same thing, we call it a miracle*, National Film Board.

Hubl, Thomas (2020) *Healing Collective Trauma: a process of integrating our intergenerational and cultural wounds*, sounds true, Boulder, Colorado

Johnson, Harold (2016) *Firewater: How Alcohol is Killing my People (and yours)*, University of Regina Press.

Karr-Morse, Robin and Meredith S. Wiley (2012) *Scared Sick: The Role of Childhood Trauma in Adult Disease*, Basic Books.

Perry, Bruce D. & Maia Szalavitz (2011) *Born for Love: Why Empathy Is Essential and Endangered*, William Morrow Paperbacks; Reprint edition.

Perry, Bruce D. & Maia Szalavitz (2006) The Boy who was Raised as a Dog: And Other Stories from a Child Psychiatrist, Basic Books.

Ross, Rupert (2014) Indigenous Healing: Exploring Traditional Paths, Penguin Canada.

Solomon, Andrew (2001) The Noonday Demon: An Atlas of Depression, Simon & Schuster publishing house

Stein, Steven & Howard E. Book (2000) The EQ Edge: Emotional Intelligence and your success, Jossey-Bass, A Wiley Imprint.

Urschel, Harold C. (2009) Healing the Addicted Brain, Source Books.

van der kolk, Bessel (2015) The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma, Penguin Books.

Waldrum, James B.,D. Ann Herring and T. Kue Young (2006) Aboriginal Health in Canada: Historical, Cultural, and Epidemiological Perspectives, University of Toronto Press.

Waldram, James B. (2004) Revenge of the Windigo: The Construction of the Mind and Mental Health of North American Peoples, University of Toronto Press: Canada.

Watters, Ethan (2010) Crazy Like Us: The Globalization of the American Psyche, Free Press.

Wesley-Esquimaux, Cynthia and Magdalena Smolewski (2004) Historic Trauma and Aboriginal Healing, Aboriginal Healing Foundation, Ottawa.
www.ahf.ca

MEDICAL CARE AND INDIAN HOSPITALS

Geddes, Gary (2017) Medicine Unbundled: A Journey Through the Minefields of Indigenous Health Care, Heritage House Publishing.

Lux, Maureen Katherine (2016) Separate Beds: A History of Indian Hospitals in Canada, 1920s-1980s

Redvers, Nicole, ND (2019) The Science of the Sacred: Bridging Global Indigenous Medicine Systems and Modern Scientific Principles, North Atlantic Books, Publishers

POLITICAL HISTORY AND LEGISLATION

Cardinal, Harold (1969/1999) *The Unjust Society, The Red Paper*, Douglas & McIntyre, University of Washington Press: USA.

Coates, Ken (2015) *#IDLENOMORE: And the Remaking of Canada*, University of Regina Press.

Daschuk, James (2014) *Clearing the Plains: Disease, Politics of Starvation, and the loss of Aboriginal Life*, University of Regina Press.

Dennis, Darrell (2014) *Peace Pipe Dreams: The Truth about Lies and Indians*, Douglas & McIntyre

Derrickson, Grand Chief Ronald M. (2020) *Fight or Submit, Standing Tall in Two Worlds*, ECW Press, Toronto.

Hughes, Lotte 1st and 2nd editions (2003 & 2012) *the NO-NONSENSE guide to Indigenous Peoples*, New International Publications: Canada.

Joseph, Bob (2018) *21 Things you may not know about the Indian Act: Helping Canadians Make Reconciliation with Indigenous Peoples a Reality*, Indigenous Relations Press, BC.

King, Thomas (2013) *The Inconvenient Indian: A Curious Account of Native People in North America*, Anchor Canada; Ninth edition (Aug. 13 2013).

King, Thomas (2005) *The Truth About Stories*, Massey Lecture Series, Dead Dog Café Productions, Inc.

Kino-nda-niimi-Collective (2014) *The Winter We Danced: Voices from the Past, the Future and the Idle No More Movement*, Arp Books: Winnipeg

LaDuke, Winona (2002) *The Winona LaDuke Reader: A Collection of Essential Writings*, Theytus Books

Lear, J. (2006) *Radical Hope: Ethics in the Face of Cultural Devastation*, Cambridge Press: Massachusetts.

Mann, Charles C. (2006) *1491: New Revelations of the Americas before Columbus*, Vintage Books: New York (and 1493 is a later book he published)).

Manual, Arthur (2015) *Unsettling Canada*, Between the Lines Publishing.

Miller, J.R. (2000) *Skyscrapers Hide the Heavens: A History of Indian-White Relations in Canada*, 3rd Edition, University of Toronto Press: Canada.

Murphy, Emmett C. & Michal Snell (1993) *The Genius of Sitting Bull: 1 Heroic Strategies for Today's Business Leaders*, Prentice Hall.

Rice, Brian (2005) *Seeing the World with Aboriginal Eyes*, Aboriginal Issues Press.

Saul, John Ralston (2014) *The Comeback: How Aboriginals Are Reclaiming Power and Influence*, Viking; First Edition (Oct. 28 2014)

Spielmann, Roger (2009) *Anishnaabe World: A Survival Guide for Building Bridges between Canada and First Nations*, Your Scrivener Press: Sudbury.
ISBN: 978-1-896350-37-0

Vowel, Chelsea (2016) *Indigenous Writes: A Guide to First Nations, Metis and Inuit Issues in Canada*, Highwater Press.

Widdowson, Frances and Albert Howard (2008) *Disrobing the Aboriginal Industry: The Deception behind Indigenous Cultural Preservation*, McGill-Queen's University Press: Kingston. **(Please get this one from the library we are NOT supportive of purchasing this text and endorsing racism).**

RESOURCE EXTRACTION AND ECONOMICS

Angus, Charlie (2022) *Cobalt: Cradle of the Demon Metals Birth of a Mining Superpower*, Anansi

Gallagher, Bill (2012) *Resource Rulers: Fortune and Folly on Canada's Road to Resources*, Bill Gallagher Publishing.

Helin, Calvin (2006) *Dances with Dependency: Indigenous Success through Self-Reliance*. Orca Spirit Publishing: Vancouver.

Johnson, Harold (2015) *Corvus*, thistledown press

King, Thomas (2021) *Sufferance*, HarperCollins Publishers.

SPIRITUAL PRACTICES

Absolon, Kathleen E. (Minogiizhigokwe) (2011) *Kaandossiwin: How We Come to Know*, Fernwood Publishing.

Deloria, Vine Jr. (2006) *The World We Used to Live In: Remembering the Powers of the Medicine Men*, Fulcrum Publishing, Golden Colorado.

Fiddler, Thomas and James R. Stevens (2003) *Killing of the Shaman*, Penumbra Press: Canada.

Kaefer, Florence and Edward Gamblin (2014) *Back to the Red Road: A Story of Survival, Redemption and Love*, Caitlin Press.

Peacock, Thomas and Marlene Wisuri (2006) *The Four Hills of Life: Ojibwe Wisdom*, Minnesota Historical Press.

Peacock, Thomas and Marlene Wisuri (2002) *Ojibwe Waasa Inaabidaa: We Look in all Directions*, Afton Historical Society Press: Minnesota.

Sefa Del, George, Budd Hall and Dorothy G. Rosenberg (eds.) (2002) *Indigenous Knowledges in Global Contexts: Multiple Readings of Our World*, University of Toronto.

Wagamese, Richard (2021) *What Comes from Spirit*, Douglas & McIntyre

TRADITIONAL TEACHINGS AND KNOWLEDGE

Barreiro, Jose (2010) *Thinking in Indian: A John Mohawk Reader*, Fulcrum Press, Colorado.

Jiles, Paulette (1996) *North Spirit: Travels Among the Cree and Ojibway Nations and Their Star Maps*, Doubleday: Canada.

Kimmer, Robin Wall (2013) *Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teaching of Plants*, Milkweed Publishers.

Mishenene, Rachel and Pam Toulouse (eds.) (2011) *Strength and Struggle: Perspectives from First Nations, Inuit, and Metis peoples in Canada*, McGraw-Hill Ryerson.

Mohawk, John (2010) *Thinking in Indian: A John Mohawk Reader*, Fulcrum Publishing (October 19, 2010)

Mohawk, John C. (2000) *Utopian Legacies: A History of Conquest and Oppression in the Western World*, Clear Light Publishers: New Mexico.

Porter, Tom (2008) *And Grandma Said...Iroquois Teachings, as passed down through the oral tradition*, Xlibris Corporation: United States.

Rice, Brian (2005) *Seeing the World with Aboriginal Eyes: Ways of Doing*, Aboriginal Issues Press.

Wagamese, Richard (2009) *Indian Horse* (book and film), Anchor Canada.

Wagamese, Richard (2006) *Keeper 'n Me*, Anchor Canada.

Wagamese, Richard (2003) *Joshua*, Anchor Canada.

Warrior, Robert Allen (1995) *Tribal Secrets: Recovering American Indian Intellectual Traditions*, University of Minnesota Press, Minneapolis.

Waziyatawin and Michael Yellow Bird (2012) *For Indigenous Minds Only: A Decolonization Handbook*, School for Advanced Research Press, Sante Fe.

Weatherford, Jack (1988) *Indian Givers: How the Indians of the Americas Transformed the World*, Crown/Archetype.

TREATY RELATIONS

Angus, Charlie (2015) *Children of the Broken Treaty: Canada's Lost Promise and One Girl's Dream*, University of Regina Press.

Morris, Alexander (1880-1991) *The Treaties of Canada with the Indians of Manitoba and the North-West Territories including the Negotiations on which they were based*, Belfords, Clarke & Co, Toronto.

TRUTH AND RECONCILIATION

Maracle, Lee (2017) *My Conversations with Canadians*, BookThug, Toronto.

Niezen, Ronald (2013) *Truth & Indignation: Canada's Truth and Reconciliation Commission on Indian Residential Schools*, University of Toronto Press.

Rogers, Sheila, Mike Degagne, Glen Lowry & Sara Fryer (2014) *Reconciliation & The Way Forward: Collected Essays & Personal Relections*, Hignell Printing, Winnipeg.

Truth and Reconciliation Commission (2016) *A Knock on the Door: the Essential History of Residential Schools from the TRC*, University of Manitoba Press.

Wadden, Marie (2008) *Where the Pavement Ends: Canada's Aboriginal Recovery Movement and the urgent need for reconciliation*, Douglas & McIntyre Limited: British Columbia.

Wesley-Esquimaux, Cynthia, Ronan MacParland and David Berkal (2009) *"Shielded Minds"* a video documentary of an eight-day journey across the Canadian Shield with twenty Aboriginal and non-Aboriginal youth to explore identity, truth and reconciliation, and to discover the Aboriginal truth and reality that Canadian have been shielded from in their education. www.canadianroots.ca

Wesley-Esquimaux, Cynthia, Ronan MacParland and David Berkal (2010) *"Journey to Oz"* a video documentary of a nine-day visit to the Mishkeegogamang First Nation in Northern Ontario, Nishnaabe-Aski Nation Territory, with 12

Aboriginal and non-Aboriginal youth to explore “what is right about this community” in the face of negative media representation. www.canadianroots.ca