



The *Great* Canadian
Catholic Hospital History Project

Documenting the legacy and contribution of the
Congregations of Religious Women in Canada,
their mission in health care, and the founding and operation of Catholic hospitals.



Projet de la *Grande* Histoire
des hôpitaux catholiques au Canada

Retracer l'héritage et la contribution des
congrégations de religieuses au Canada,
leur mission en matière de soins de santé ainsi que la fondation et l'exploitation des hôpitaux catholiques.

**St. Michael's Hospital School of Nursing
In Charge of the Sisters of St. Joseph**

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Canadian Centre for Architecture
Montreal

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St. Michael's Hospital School of Nursing

In charge of the
SISTERS OF ST. JOSEPH



TORONTO, ONTARIO
Feast of St. Joseph

“A being breathing thoughtful breath,
A traveler between life and death;
The reason firm, the temperate will,
Endurance, foresight, strength and skill,
A perfect woman, nobly planned
To warn, to comfort, and command,
And yet a spirit, still and bright,
With something of angelic light.”

—*A Poet's Ideal.*

Very scarce 35⁰⁰

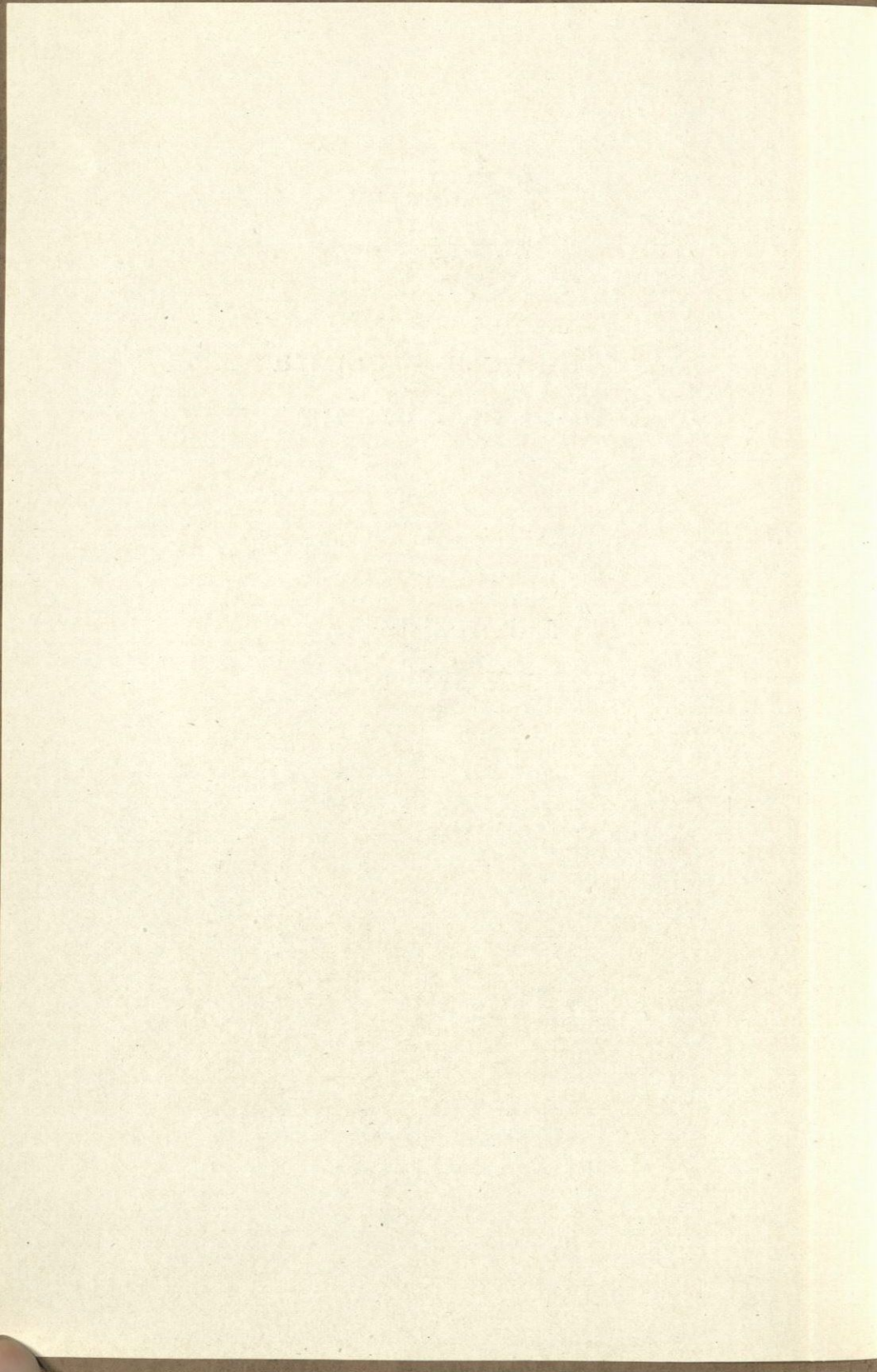


St. Michael's Hospital
School of Nursing

In charge of the
SISTERS OF ST. JOSEPH

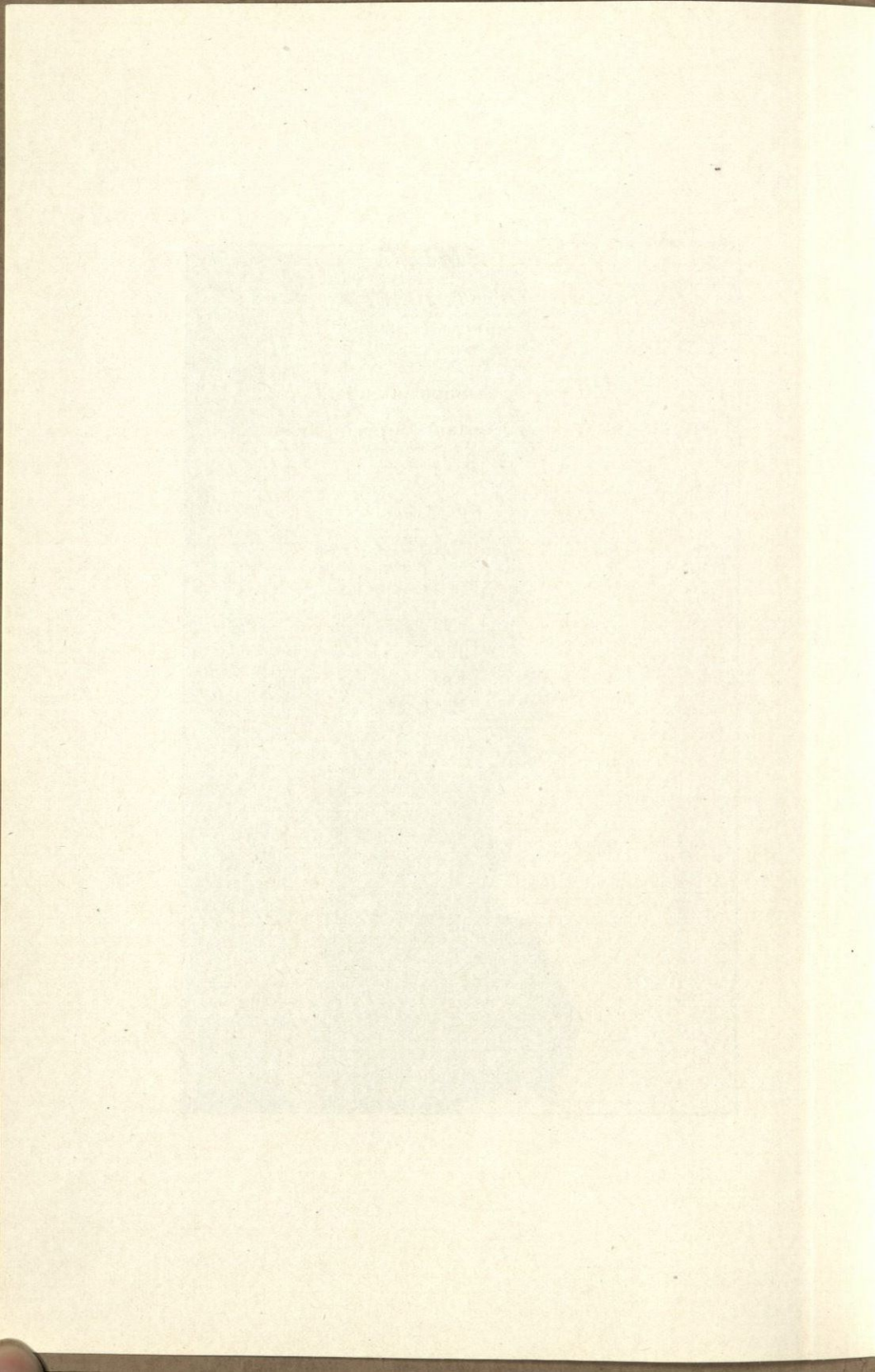


TORONTO, ONTARIO
Feast of St. Joseph



St. Michael's Hospital, Toronto





MANAGEMENT

SISTERS OF ST. JOSEPH



SISTER SUPERIOR—Superintendent.

SISTER ASSISTANT—Assistant Superintendent.



Board of Governors

MOST REV. NEIL McNEIL—Chairman.

REV. M. CLINE—Secretary.

THREE SISTERS OF ST. JOSEPH	FRANK HUGHES
F. B. HAYES	J. M. LAWLOR
J. J. SEITZ	FRANK B. O'CONNOR
SIR BERTRAM WINDLE	E. J. HAYES
A. J. GOUGH	HON. T. MCGARRY



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Medical Advisory Board

E. E. KING, Chairman.	J. GUINANE
P. W. MCKEOWN	J. D. LOUDON, Secretary.
WM. MAGNER	D. FRAWLEY.

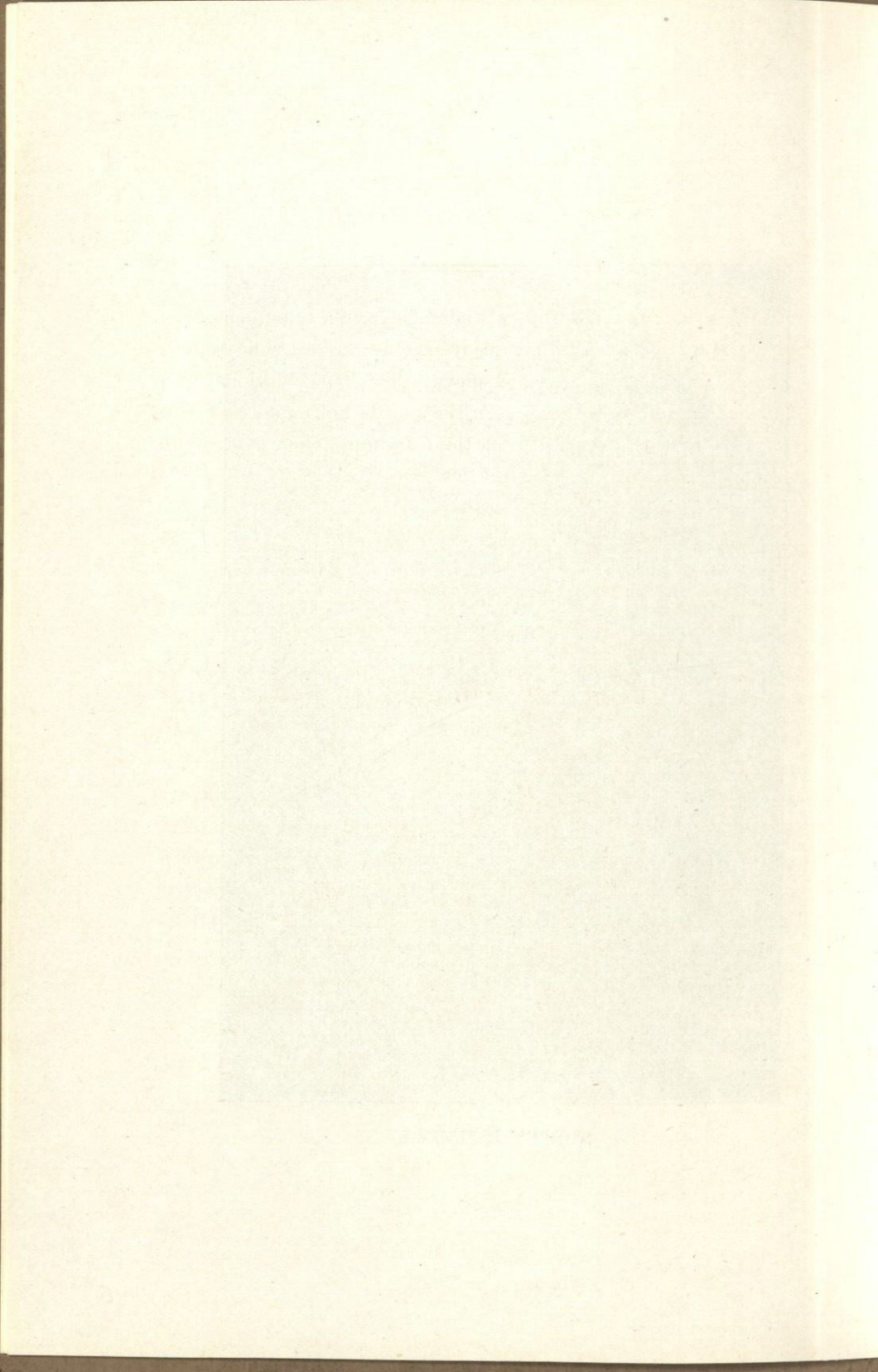
ST. MICHAEL'S HOSPITAL

St. Michael's Hospital, which is under the direction of the Sisters of St. Joseph, was opened for patients in 1892. It has a capacity of three hundred beds for the care of diseases in every branch of medicine. It also has an Out-Door Department with a daily average of one hundred and fifty patients. Situated as it is in the busiest part of the city, St. Michael's Hospital supplies a wide field for clinical study, and the Faculty of the University of Toronto gladly avails itself of the extensive variety of clinical material which the hospital affords. Because of the activity in the various services, unusual opportunities are offered for the preparation of nurses. The students will receive their practical experience in the medical, surgical, obstetrical and pediatric departments. Experience in mental and neurological diseases, hydro-therapy, X-Ray, Out-Patient and Emergency Departments will also be given.

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NURSES' RESIDENCE



TRAINING SCHOOL

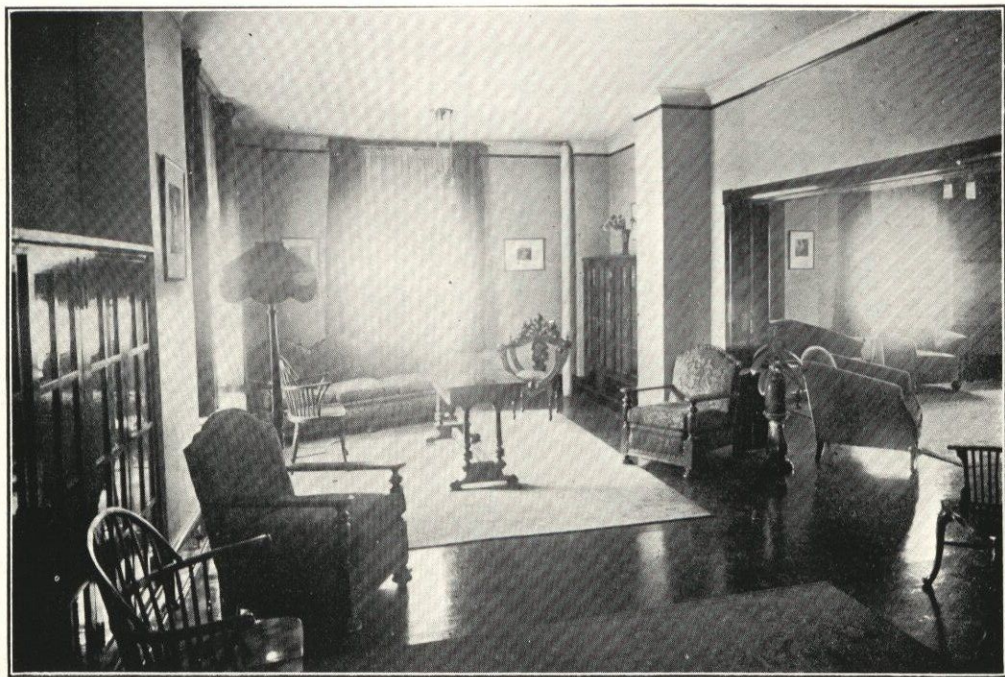
The School of Nursing is under the same management as the Hospital, and has long enjoyed a Dominion-wide reputation for high excellence and merit. The conscientious work done by the nurses, no less than the sympathetic and courteous manner in which they attend their patients, has evoked unbounded praise and commendation.

The Nurse is trained to realize her moral responsibility to the patient, and that eternal vigilance she must never lose sight of in the exercise of her duties, engaged as she is in God's service, Who has a right to expect that she will put her whole soul, heart and mind in her work. For if she acts with proper motives, she has Him ever for a patient, who pronounced the consoling doctrine, "Amen, I say to you, as long as you did it to one of these my least brethren, you did it to Me."

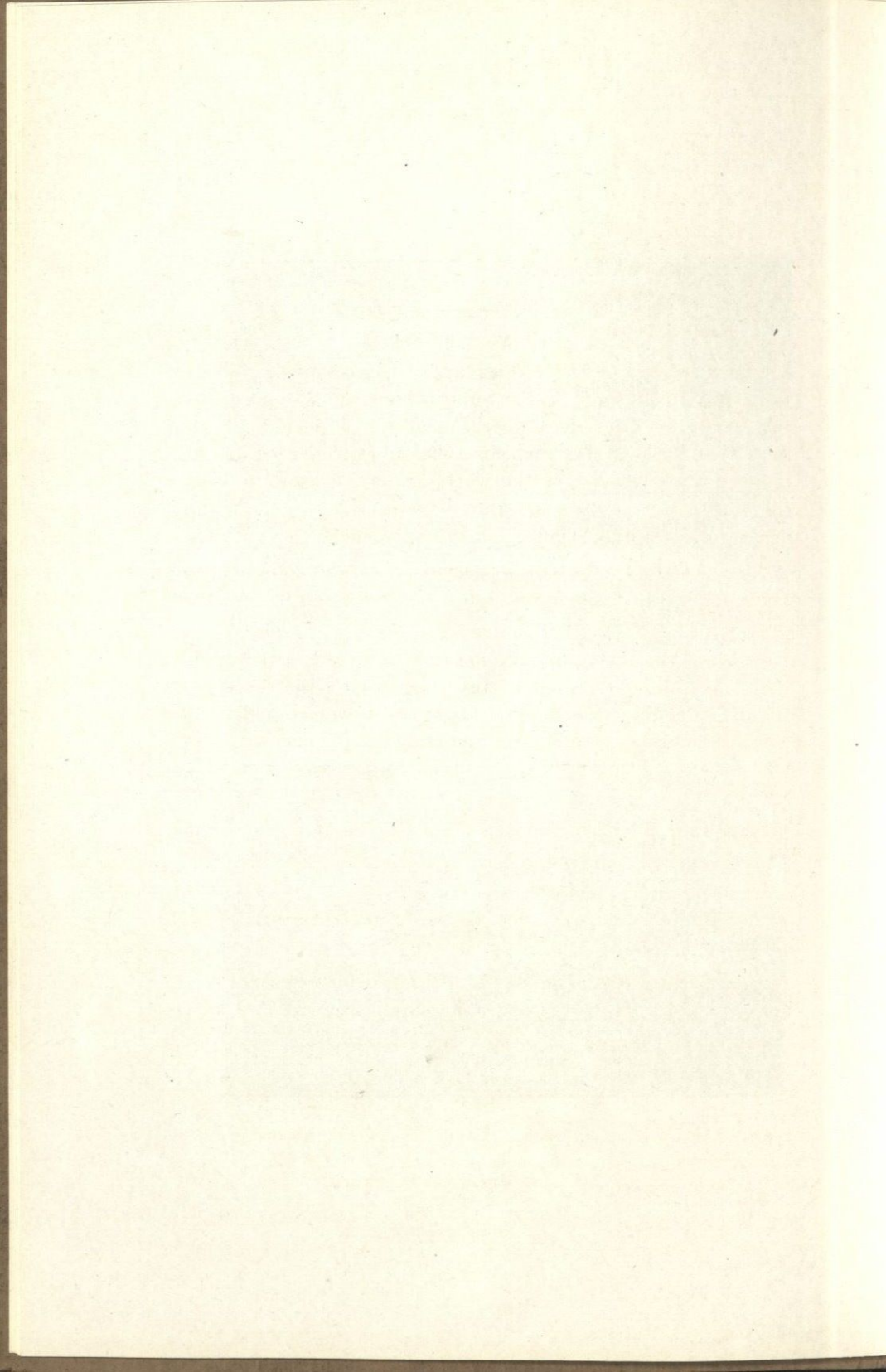
The new Nurses' Residence, which was opened in 1922, is situated on the Hospital grounds, the entrance being on Shuter street. It is an eight-storey building with fire-proof construction, with the best methods of heating, lighting, ventilation, sanitation and general safety. It provides accommodation for one hundred and fifty nurses, one hundred of whom have individual rooms, while the rest have semi-private rooms. Every nurse is provided with an individual wardrobe. It is comfortably furnished and equipped for the home life of the students. A Reference Library contains books and periodicals which supplements the class-work, and are available at all times.

OFFICERS OF TRAINING SCHOOL AND HEAD NURSES

Supt. of Nurses	Sister
Assistant Superintendent	Sister
Instructor	Sister
Assistant Instructor	Sister
Part Time Instructor	Catherine Tighe
Instructor Practical Work	Sister
Assistant Instructor of Practical Work.....	Sister
Supervisor—Night	Sister
Supervisor of the Obs. Op. Rooms..	Catherine Tighe
Supervisor of the Nurses' Home	Sister
Dietitian	Jessie Forrest
Assistant Dietitian	Sister
Head Nurse Operating Room	Sister
Assistant Head Nurse Operating Room.....	Sister
Head Nurse Out-Patients' Department	Sister
Assistant Head Nurse Out-Patients' Dept.....	Sister
Head Nurse X-Ray Department	Sister
Assistant	Margaret Collins
Second Assistant	Mary Brazil
Supervising Instructor on each floor.....	Sister
Dental Nurse	Sister
Instructor of Massage	Sister



NURSES' LIBRARY, THE RESIDENCE



REQUIREMENTS FOR ADMISSION

Those wishing to enter must apply in person or by letter (preferably in person), to the Superintendent of Nurses, upon whose approval they will be received for a period of four months' probation. During this time the authorities are able to judge of her fitness for the work, and the candidate has an opportunity of becoming familiar with her work and surroundings, and may decide whether or not she wishes to continue.

At the end of the probation period, work and conduct being satisfactory, she is accepted into the School for her three years' course of training.

It is to be distinctly understood that a student may be asked to discontinue her training at any time during the three years for misconduct, inefficiency, or failure to develop qualities befitting the nursing profession. All earnest women will recognize as fair and necessary the rules and regulations of the School.

Classes of probationers are admitted September, January and March.

The School is non-sectarian, but all pupils are required to attend morning prayers, and are always given time on Sunday to attend the place of worship they prefer.

Educational Requirements: Two years' High School or its equivalent. This is the minimum requirement.

Age: Candidates must be between nineteen and thirty years of age.

Length of Course: The Course of training covers three years from date of entrance, divided into Preliminary period, Junior, Intermediate and Senior years.

Affiliation: Through the kindness and co-operation of the Department of Public Health of the City of Toronto, a two months' course in public health nursing is arranged for students in the third year.

Health: Applicants must be in good health and sound physical condition—must send Doctor's certificate of health—certificate of vaccination against smallpox and certificate from a Dentist that teeth are in good condition. They must also be of average height and weight.

A thorough examination of applicant is made by the School Physician and an X-Ray of chest taken at the end of probation period and before she is accepted into the School.

Illness: Nurses when ill are cared for gratuitously by the School Physician. Time lost through illness or for any other reason, must be made up.

Allowance: An allowance of four dollars a month is made after the first three months. This sum is given not as salary, but to enable the student to provide text books or to defray other expenses in connection with her Course. Laundry and Maintenance are given during the three years.

Uniforms: A sample of uniform material is sent probationers with the notice of acceptance. These uniforms are furnished by the student herself. After twelve months they are expected to wear the uniforms of the school. Two caps, aprons and uniforms will be supplied yearly.

The following articles are necessary for probation outfit:

Four uniforms.

Ten aprons (hem eight inches and gathered on a band two and a half inches to meet at back).

A good supply of underclothing.

White stockings and white common-sense shoes with rubber heels.

A heavy kimona and scarf or sweater.

Two laundry bags.

One steamer rug or bed comforter.

Fountain pen, scissors, thimble, needle case and watch with second hand.

One dozen linen serviettes.

Uniform collars, cuffs and bibs to be procured from the Hospital.

All clothing to be marked with name in full.

N.B.—Applicants with bobbed hair must allow it to grow sufficiently to conceal this disqualification.

Candidates should remember that they come on trial, their acceptance as pupils depending wholly upon the developments of the preliminary term.

The decision when rendered is final. The reasons for the rejection of a probationer are not given.

Hours on Duty: During the probationary period the time spent in the wards will be four hours daily.

Pupil nurses have two hours off duty every day, one afternoon and part of Sunday each week, night nurses one night off every two weeks.

Vacation: A vacation of two weeks is given each year.

Leave of absence: Pupils will not be allowed during the three years to nurse relatives at home, or to absent themselves for any personal reason. Absence is allowed only in extreme cases and for a limited time. If for any reason an extended leave is necessary, the date of return and the class standing of the student on her return will be determined by the Superintendent of Nurses.

Examinations: Examinations are held at the end of each term or whenever necessary. The general standing of the pupil is rated by the character of her practical work in the wards, class work, general adaptability and conduct. Any pupil who in the opinion of the administrator fails to meet these standards, may be dismissed from the School.

The Training Course of three years includes examinations set by the Council of Nurse Education of the Province of Ontario, which entitles pupil nurse to register in this Province.

The School is also registered in Albany by the University of the State of New York. This entitles the graduates to take examination for Registered Nurse in New York State.

Graduation exercises are held each Spring, and the pupils who have satisfactorily completed their three years receive the pin and diploma of the School.

The Hospital gives a prize to the pupil attaining the highest standing in general proficiency.

Scholarships: A scholarship is awarded annually by St. Michael's Hospital Auxiliary for Post-Graduate work in nursing to the pupil attaining the highest standing in her final year.

The Dr. Norman Allen Memorial Scholarship is awarded annually for Post Graduate work in Nursing, to the pupil attaining the highest proficiency in Operating Room Technique.

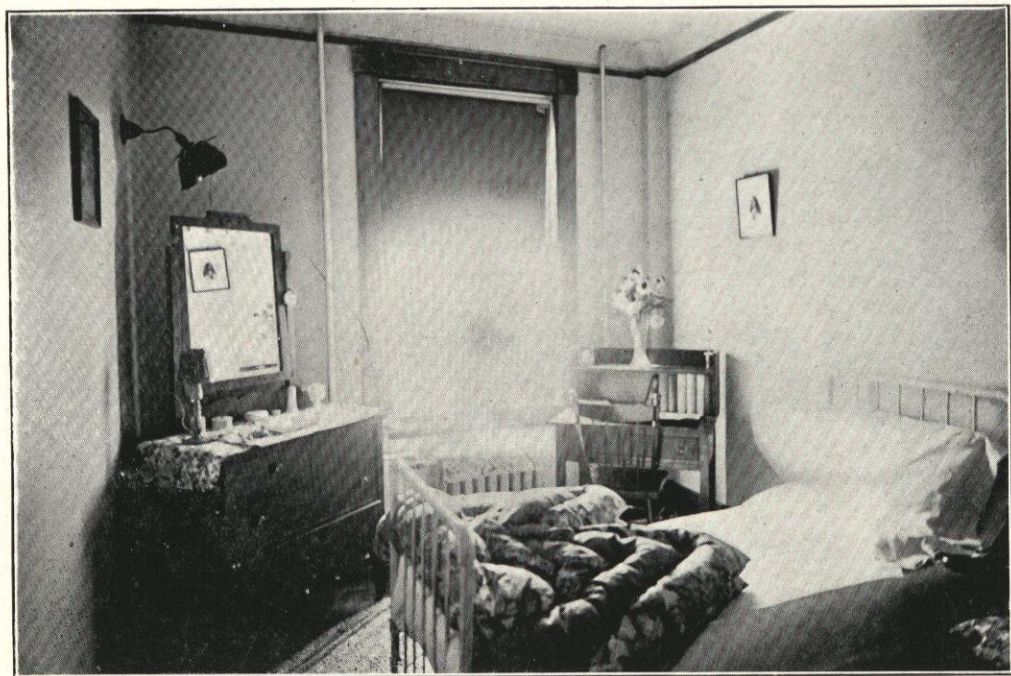
The Alumnae Association awards a prize to the Nurse in each class who has highest standing in observance of the Training School rules, at the close of each school year.

A prize is also given to the Nurse in the Graduating Class of each year who writes the best essay on "What Benefit Does a Training School Derive from its Alumnae Association."

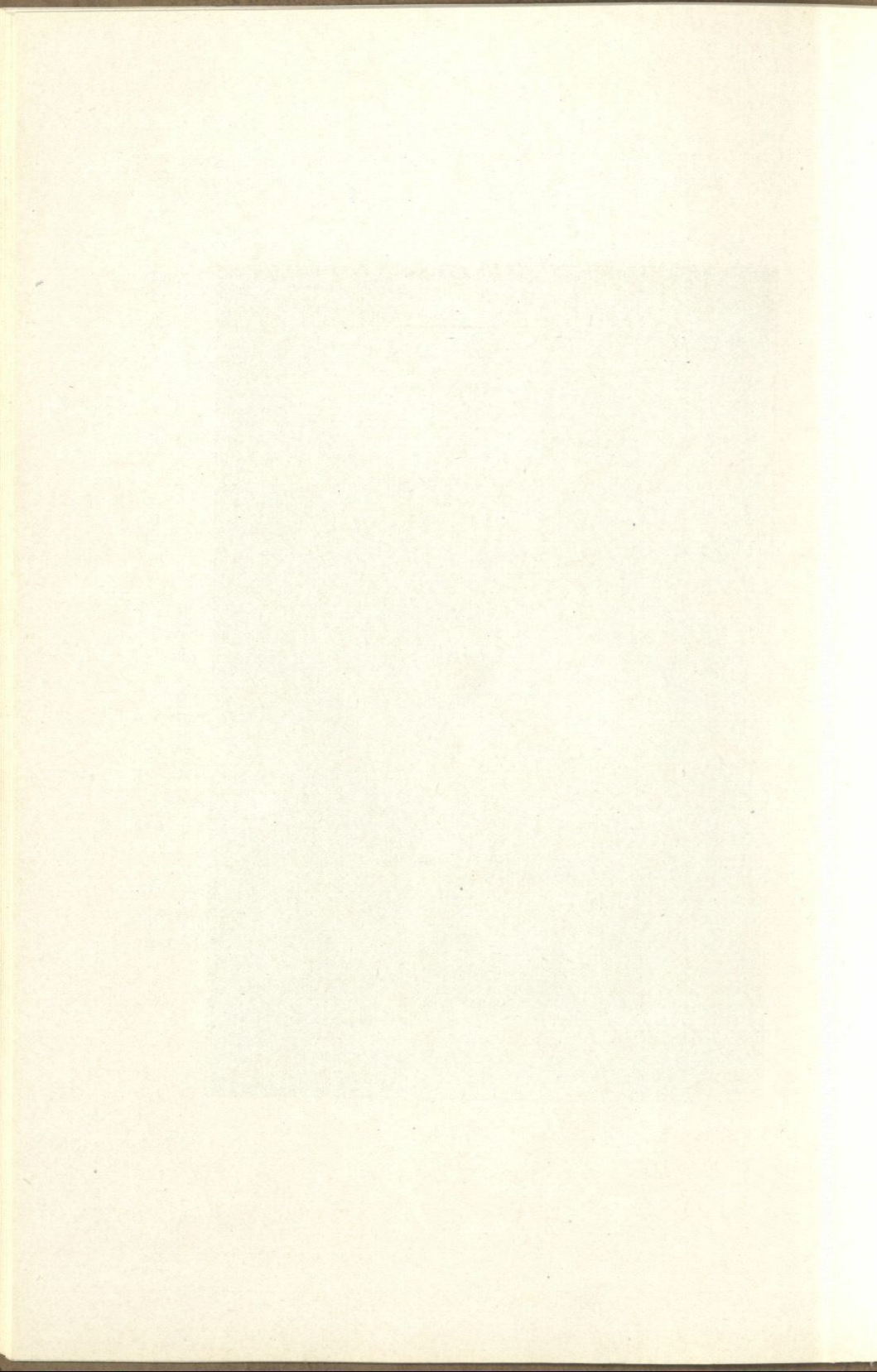
The Alumnae Association of St. Michael's Hospital Graduate Nurses was formed in 1904, its object being the promotion of unity among the graduates, the advancement of the interests of the profession of Nursing. The Alumnae Association is affiliated with the Graduate Nurses' Association, and has representation on the Board of all Canadian Nursing Organizations.

All graduates of St. Michael's Hospital in good standing are entitled to membership in the Association without formal election. Meetings are held on the first Monday of each month in the Nurses' Residence.





NURSE'S ROOM



SCHEDULE OF INSTRUCTION

Preliminary Term

Anatomy and Physiology	56 hours
Nursing Theory and Practical Methods	110 hours
Personal Hygiene	8 hours
History of Nursing and Ethics	10 hours
Drugs and Solutions	25 hours
Bacteriology	24 hours
Dietities	24 hours
Charting	10 hours
Bandaging	10 hours
Chemistry	24 hours

Junior Term

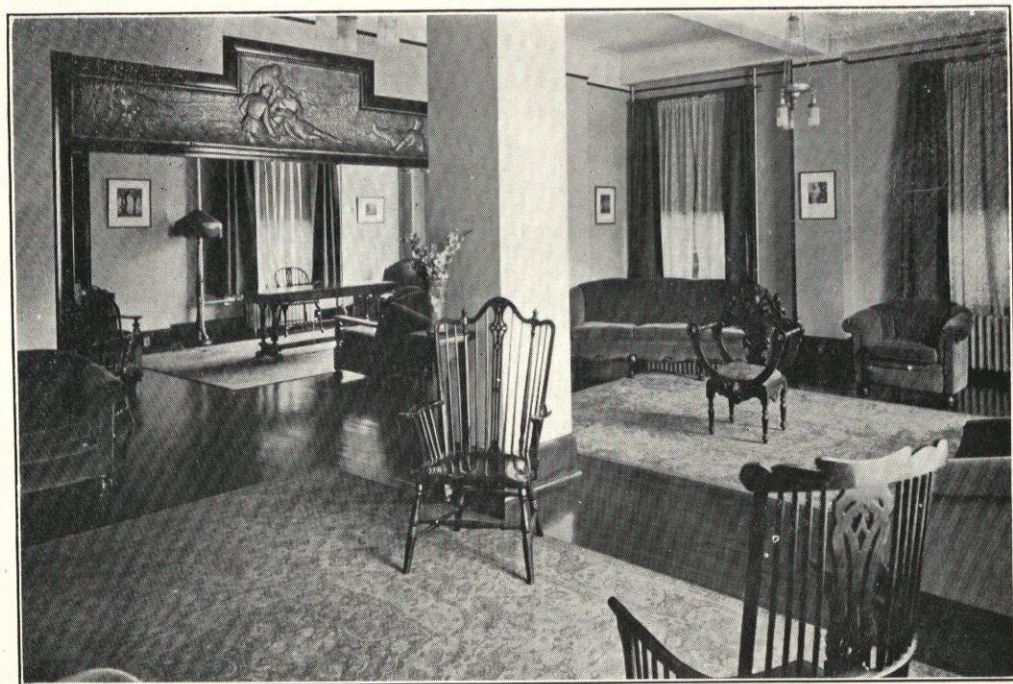
Nursing Theory and Practice	20 hours
General Medicine	18 hours
Psychology	8 hours
Hygiene and Sanitation	8 hours
Venereal Diseases	6 hours
Bacteriology	8 hours
Public Health Nursing	16 hours

Intermediate Year

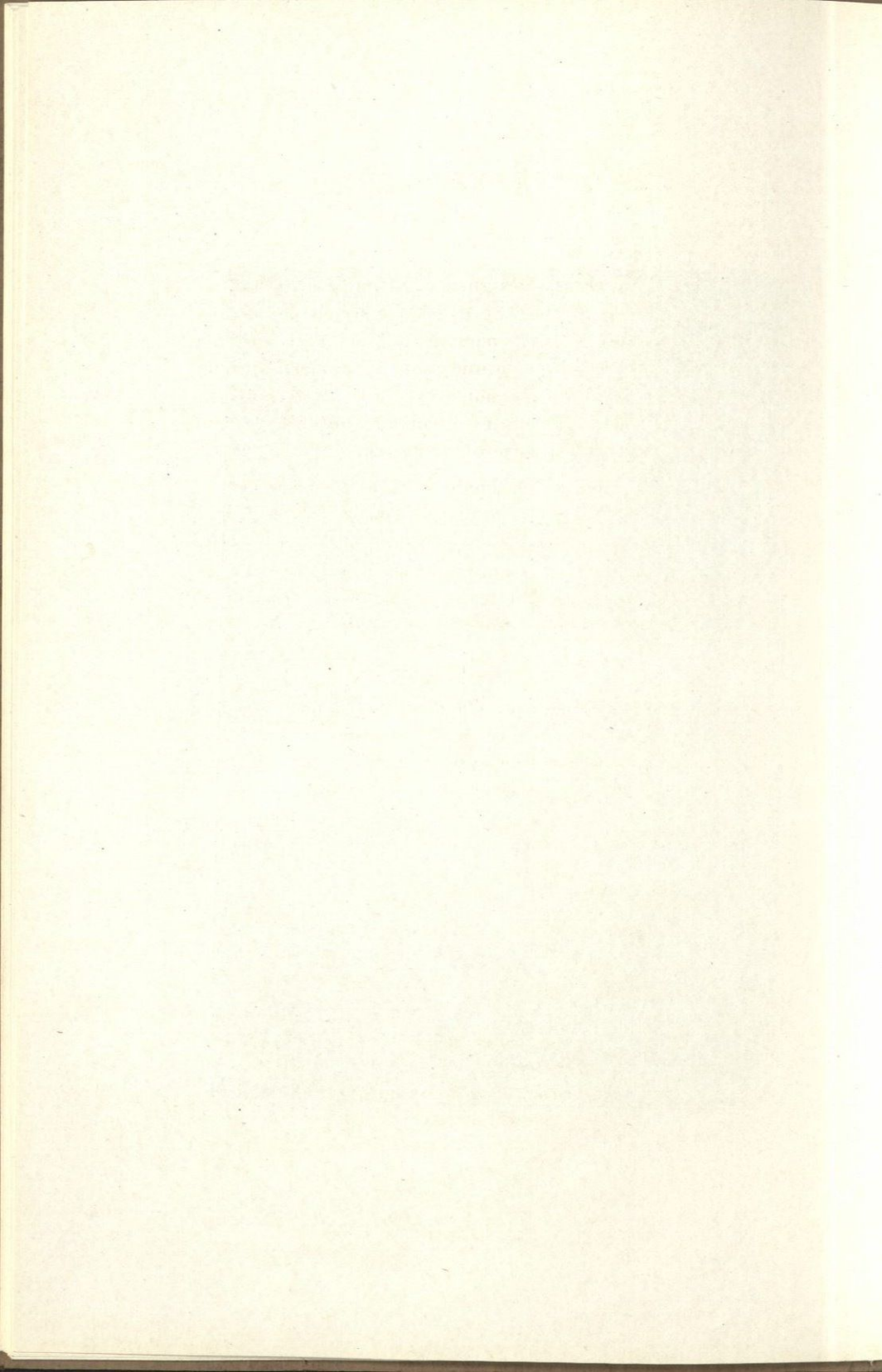
Surgery	9 hours
Orthopedic Surgery	4 hours
Mental Diseases	4 hours
Tuberculosis	3 hours
Diseases of Nervous System	4 hours
Infectious Diseases	6 hours
Urinalysis	4 hours
Operating Room Technique	12 hours
Nursing Ethics	8 hours
Materia Medica	10 hours

Senior Year

Obstetrics and Gynaecology	12 hours
Pediatrics	12 hours
Eye	3 hours
Ear, Nose and Throat	3 hours
Surgical Emergencies	4 hours
Medical Emergencies	3 hours
Massage	12 hours
Urinalysis	4 hours
Diseases of Skin	4 hours
Public Health	30 hours



RECEPTION ROOM, NURSES' RESIDENCE



PLAN OF INSTRUCTION

Preliminary Term.

HISTORICAL ETHICAL AND SOCIAL BASIS OF NURSING.

A study designed to stimulate the student to continue the great constructive work of those who by persistent effort and self-sacrifice laid the foundation of modern nursing, that she may not only study the ethical and social principles involved, but weave them into the fabric of her work.

The course enables the student to comprehend something of the scope of the profession upon which she has entered and aims to create a sympathetic understanding of the social and physical handicaps of race, environment and disease as factors in the patient's life.

10 hours.

CHEMISTRY.

Elementary Chemistry—A basic study designed to lay a foundation for intelligent work in other subjects requiring a knowledge of the fundamental laws of chemistry, properties of some of the important elements, etc. An effort is made to make the course very practical, students being required to make only such experiments as will be of value to them in pursuit of their studies and work.

24 hours.

PERSONAL AND HOSPITAL HYGIENE.

An elementary course, the object of which is to enable the student to acquire a working knowledge of the principles of hygiene, and to impress upon her the necessity of attention to details which are factors in the preservation of health and prevention of disease.

8 hours.

Preliminary Term—Continued.

*ELEMENTARY
BACTERIOLOGY
AND CLINICAL
PATHOLOGY.*

The aim of this course is to give the student a fundamental knowledge of pathogenic bacteria which shall enable her to safeguard herself, her patients and the public, also to familiarize her in some degree with the common causes of disease symptomatology, nomenclature and usual methods of diagnosis; that she may be able to co-operate intelligently with the physician and pathologist in their efforts of research and treatment of disease.

Instruction is given by the resident pathologist, technician and nurse instructor, by lectures, class discussions, demonstrations and laboratory practice.

24 hours.

*ANATOMY
AND
PHYSIOLOGY.*

This study lays the foundation for more advanced work in anatomy and physiology. In this course the student becomes familiar with the normal microscopic and macroscopic appearance of tissues and organs, and gains a fundamental knowledge of their functions.

56 hours.

*ELEMENTARY
MATERIA
MEDICA.*

This course introduces the student to the study of drugs in common use, and acquaints her with the fundamentals of materia medica.

Lectures, class discussions, demonstrations with individual practice in calculating and making of disinfectant solutions, accurate measurements, etc.

25 hours.

Preliminary Term—Continued.

*ELEMENTARY
NURSING.*

This subject deals with the principles and technique of the more simple nursing procedures.

It is taught by demonstration, informal talks and individual practice under supervision until the student is proficient.

110 hours.

*BANDAGING
AND
STRAPPING.*

A study of the fundamental principles of bandaging, combined with demonstrations and individual practice in application of the various bandages used in general and special surgery. Lessons are given in the preparatory course so that students may early acquire manual dexterity in bandaging.

24 hours.

*DIETETICS
AND
COOKERY.*

This course includes a study of the principles of cookery and their application in preparation of simple diets for the sick.

The principles of human nutrition are studied, together with the composition, nutritive value and sources of food. The student is taught to plan dietaries which will satisfy the physiologic requirements of patients under various conditions.

24 hours.

*HOUSEHOLD
ECONOMY.*

This subject serves as an introduction to more advanced study in the junior and senior years and confines itself to fundamental principles of good housekeeping and their application in the hospital and nurses' home.

Junior Term.

*ANATOMY
AND
PHYSIOLOGY.*

An advanced study in anatomy and physiology and preparatory to courses in materia medica, pathology, medical and surgical nursing.

8 hours.

*HYGIENE
SANITATION
AND
HOUSEHOLD
ECONOMY.*

In this course the student is introduced to important Board of Health methods and laws affecting the health of individuals and the community.

A study is made of factors in household economics intimately associated with hygiene, together with discussions of problems met with by the public health nurse in the household, school, industrial and community life.

8 hours.

*MEDICAL
NURSING.*

A study of medical diseases from the medical and nursing standpoint.

This subject is taught by lectures and classes together with clinics for observation of symptoms.

Lectures are followed by demonstrations of nursing methods in the treatment of various diseases and medical emergencies.

18 hours.

BACTERIOLOGY.

This course is contemporaneous with studies in medical and surgical nursing, correlating normal and pathological anatomy and physiology and methods of diagnosis.

The subject is taught by lectures and classes together with instruction and demonstrations in the pathological laboratory, museum and morgue.

Junior Term—Continued.

The course includes advanced work in bacteriology, elementary microscopic and gross pathological anatomy, considerations of morbid physiologic processes together with demonstrations and practice in ordinary laboratory methods of diagnosis.

8 hours.

*OCCUPATIONAL
SKIN AND
VENEREAL
DISEASES.*

Lectures on the origin, course, symptoms, treatment and prophylaxis of diseases specified.

Principles of social and industrial hygiene.

Consideration of social and economic conditions which are predisposing causes of the diseases in question.

Clinics following the various lectures, also demonstrations in nursing procedures.

6 hours.

*PUBLIC
HEALTH
NURSING.*

Practical experience in Out-Patient Department.

16 hours.

Intermediate Year.

*MATERIA
MEDICA AND
THERAPEUTICS.*

A continuation of the study of remedies, covering all the important drugs and the remedial agents ordinarily used in the treatment of disease.

Lectures, classes and demonstrations.

10 hours.

*SURGICAL
NURSING.*

Lectures by a surgeon, co-ordinate with demonstrations in nursing procedures and clinics for observation of symptoms. The subject deals with general surgical diseases, principles of aseptic surgery, wounds and their processes of healing, surgical emergencies, their management, etc.

9 hours.

*ORTHOPEDIC
NURSING.*

Lectures and clinics by orthopedic surgeons, classes and demonstrations by nurse instructor and chief nurse of Children's Hospital.

Studies in congenital and acquired deformities, corrective, non-operative and operative treatment.

Students have unusual opportunities in the orthopedic wards and clinics.

4 hours.

*MENTAL AND
NERVOUS
DISEASES.*

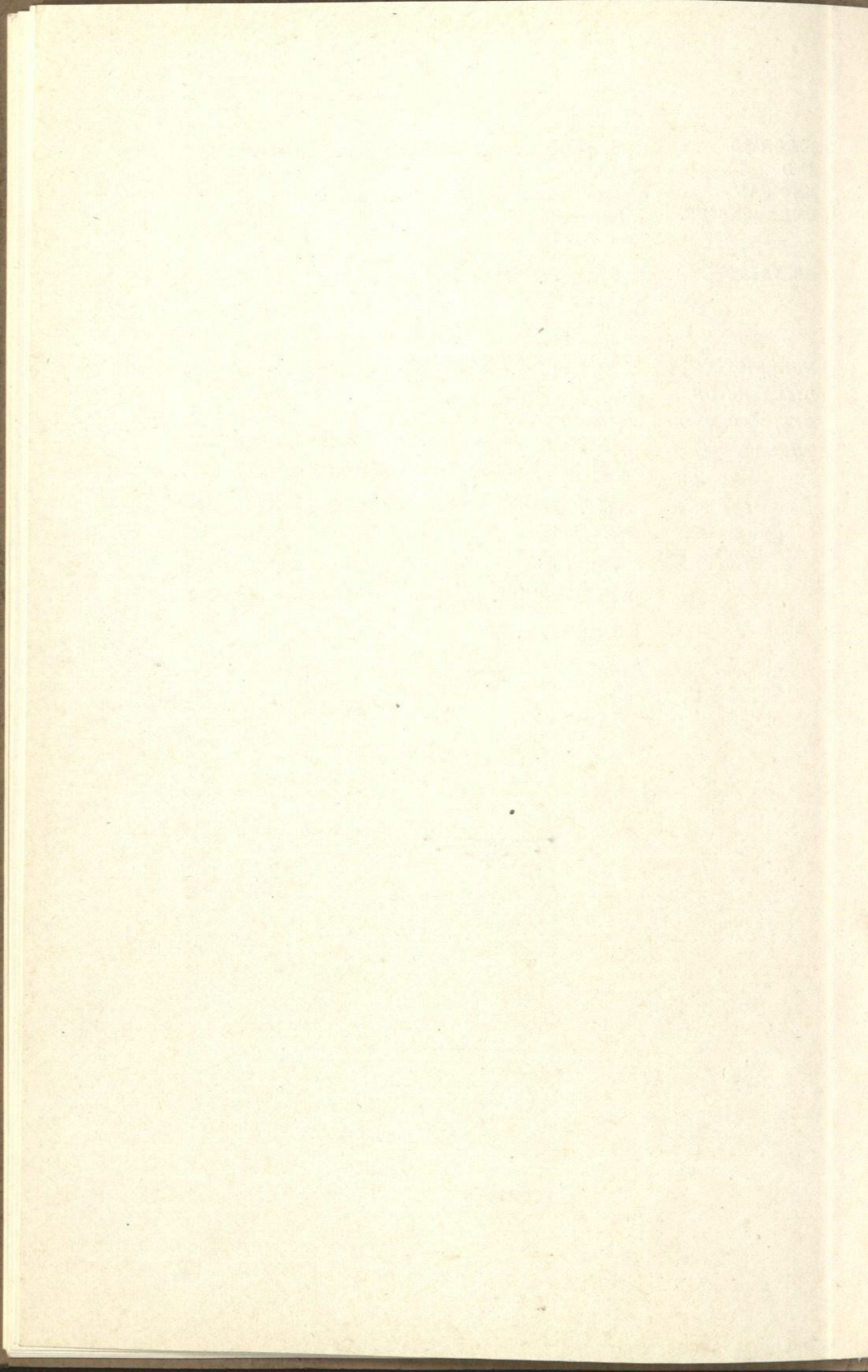
A series of lectures, classes and clinics dealing with mental and nervous disorders.

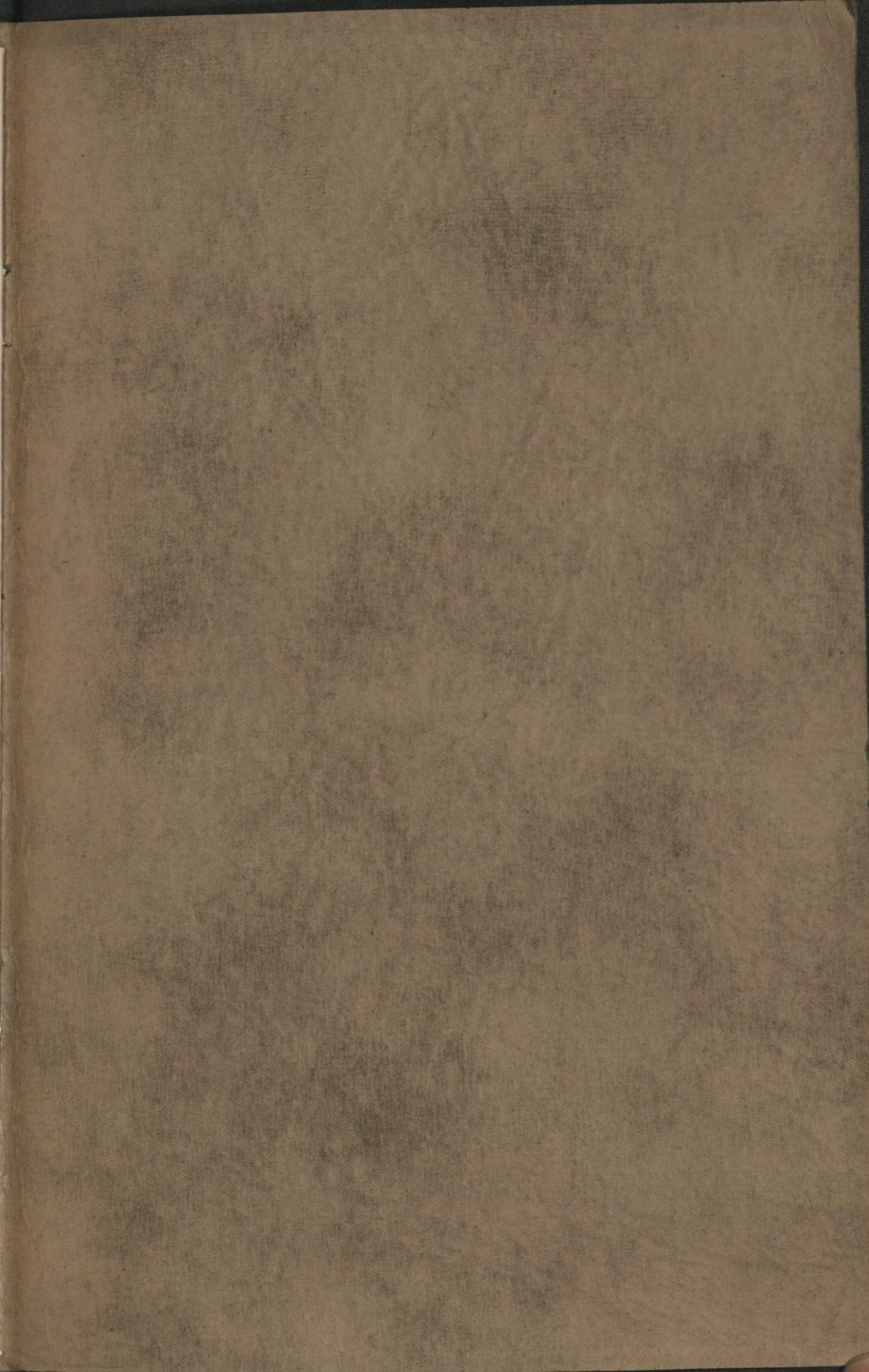
Taught by neurologist, psychiatrist and instructor of nurses.

4 hours.

Intermediate Year—Continued.

- COMMUNICABLE
AND
CONTAGIOUS
DISEASES.* Lectures by a physician who is a specialist
in communicable diseases.
Classes and demonstrations by instructor
with special training in nursing of contagious
diseases.
9 hours.
- URINALYSIS.* Practical work in laboratory.
4 hours.
- OPERATING
ROOM
TECHNIQUE.* Theoretical instruction is given to groups
of students, but demonstrations are individual,
the student being required to practice
under the supervision of her instructor until
she has become proficient.
22 hours.
- NURSING
ETHICS.* Continuation of course taken in preliminary
term.
8 hours.







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