



The *Great* Canadian Catholic Hospital History Project

Documenting the legacy and contribution of the
Congregations of Religious Women in Canada,
their mission in health care, and the founding and operation of Catholic hospitals.



Projet de la *Grande* Histoire des hôpitaux catholiques au Canada

Retracer l'héritage et la contribution des
congrégations de religieuses au Canada,
leur mission en matière de soins de santé ainsi que la fondation et l'exploitation des hôpitaux catholiques.

Out of the Blue History of St. Michael's School of Nursing, Laboratory & X-ray, 1953-1973

Source: Courtesy of Mr. Jim Riedlhuber,
Site Administrator
St. Michael's Health Centre, Lethbridge

Copyright: Public domain

Date digitized: November 2017

Out of the Blue



Out of the Blue

*History of St. Michael's School of Nursing,
Laboratory & X-ray*

1953-1973

ACKNOWLEDGEMENTS

St. Michael's Hospital Alumnae Archives

Out of the Blue Yearbooks

Sisters of St. Martha's Archives

"Historical Issues" Assignment
by Diane Mark 1983

Journals of Sisters of St. Martha's
Congregation — St. Michael's Hospital

Files, scrapbooks, albums and journals of
graduates and friends of St. Michael's

Galt Museum Archives

Lethbridge Herald Archives

St. Michael's Hospital files

New Horizons

Alberta Culture

Published by St. Michael's Hospital Nurses Alumnae

Printed by Graphcom Printers Limited
Lethbridge, Alberta, Canada

Dedication

*Out of the Blue is dedicated to
all the students who passed through
the doors of St. Michael's*

HISTORY BOOK COMMITTEE

Editor — Julia DeMaere

Co-Editor — Irene Gruninger

Secretary — Joanne Wishart

Treasurer — Mary Frances Kandel

Research, Arts and Photography

Sister Nora Sullivan

Julia DeMaere

Irene Gruninger

Mary Frances Kandel

Jackie Huisman

Board of Directors

Sylvia Andres

May Bradley

Connie Gelleny

Jeannine Hansen

Bertha Kipp

Gertrude Meech

Mildred Meheden

Mary Kay Miller

Helen Ontkean

Irene Perlich

Dorothy Shaw

Sister Marie Albert Shayler

Beryl Smith

Sister Nora Sullivan

Sandy Wilson

Joanne Wishart

Class Representatives (1956-1973)

Jeanine Hansen

Mary Kay Miller

Pat Ruston

Juanita Lingard

Bernice Zolynas

Iva Prlich

Betty Martin

Julia DeMaere

Bernice Nowicki

Helen Paulence

Connie Watmough

Marion Wright

Bonnie Sturm

Delores McMurren

Erika Izsak

Elda Barva

Linda Sudeikat

Mary Frances Kandel

Linda Tamaki

Audrey Van Leuken

Patricia Osborne

INTRODUCTION



Sister Therese LeBlanc

Message From General Superior

It is a joy for me to express in the name of all the Sisters of St. Martha our congratulations and our gratitude to the Alumnae of St. Michael's Hospital School of Nursing in their efforts to tell the story of St. Michael's Hospital, including its involvement for twenty years in the field of nursing education.

This story is marked by those characteristics we have come to recognize as part of the charism of the Sisters of St. Martha in their collaboration with other concerned and dedicated people to meet human needs in a caring way. I refer to the humble beginnings, to the faith that trusts in God, the courage that risks, the pioneering spirit that ventures forth into the unknown, the love that finds a way to serve others, all enacted with a certain joyful simplicity that strives toward quality of service.

The Sisters of St. Martha are happy and grateful to have been and to be a part of the history of St. Michael's Hospital. We rejoice that the Christian values of the dignity of the human person, respect for life from conception to the moment of death, the redemptive value of human suffering are upheld by this institution and are carried forth by those who received their professional training at St. Michael's Hospital.

It is our prayer and our firm hope that St. Michael's Hospital will continue to be a strong force for the preservation of Judeo-Christian values in the delivery of health care to the people of Southern Alberta.

Our sincere congratulations and best wishes!

Sister Therese LeBlanc
General Superior
Sisters of St. Martha

TABLE OF CONTENTS

<i>Out of the Blue</i>	9
Sisters of St. Martha of Antigonish	11
Mother General's of the Congregation	13
Sisters Missioned at St. Michael's	14
 <i>Out of the Blue</i>	17
History of St. Michael's Hospital	19
Purchase of Van Haarlam Hospital	19
Plans for new hospital	20
Description of new building	20
Depression years	25
Further hospital construction	26
East Wing addition	26
School of Nursing Residence	26
West Wing extension	28
Continuous hospital upgrading	28
Hospital Administrators	34
Board of Directors	35
Hospital Support Groups	36
Ladies Aid	36
Hospital Auxiliary	37
Hospital Floats	38
 <i>Out of the Blue</i>	39
Hospital Departments	41
 <i>Out of the Blue</i>	63
Birth of St. Michael's School of Nursing	65
Approval from University of Alberta	66
Official Opening of School	67
School objectives, philosophy and requirements	69
School Curriculum	74
Block System	74
Concurrent System	75
Semester System	75
Procedure Manual excerpts	80
Our Doctors	86
Affiliations and Specialities	90
Baker Memorial Sanitorium	90
Alberta Children's Hospital	90
Alberta Hospital Ponoka	91
Student Nurse Uniforms	93
Curtains for St. Michael's School of Nursing	96
Awards and Scholarships	98
Our School Pin	100

TABLE OF CONTENTS (Continued)

Residence	103
Housemothers and Secretaries	105
Religious Activities	106
Sodality	107
Nurses Christian Fellowship	108
Chaplains	109
Put Christ Back into Christmas	110
School Sports	111
School Activities	113
School Song	114
Colour Photos	119
 <i>Out of the Blue</i>	123
St. Michael's Hospital School of Nursing	125
Directors of Nursing Education	125
Graduate Classes 1956-1973	126
School of Medical Laboratory Technology	238
Students trained	239
School of X-ray Technology	243
Memories of X-ray Technology 1940-1946	244
Department of Radiology 1955-1969	245
Radiology Graduates	247
 <i>Out of the Blue</i>	251
Especial People	253
In Memoriam	258
St. Michael's Alumnae	259
Alumnae Presidents	261
Honorary Members	262
Graduates of St. Michael's 1956-1973	266
 <i>Into the Blue</i>	272

*OUT OF THE BLUE — the blue Atlantic waters of
Nova Scotia, that the Sisters of St.
Martha left to journey west.*

SISTERS OF ST. MARTHA OF ANTIGONISH

In the Providence of God the Sisters of St. Martha were founded by Bishop John Cameron of Antigonish, Nova Scotia. This was due to a crisis in the household management of St. Francis Xavier College in that town. The College had been founded to prepare young men for the professional field, or for admission to the seminary. Bishop Cameron decided to found an Order of Sisters who would not only take care of the household needs of the college, but who, by their life of prayer and sacrifice, would bring God's blessing on its work.

In 1894 some courageous young women answered the call of the bishop for volunteers to this new foundation whose patroness would be St. Martha who was often hostess to Jesus and His friends.

Under the direction of the Sisters of Charity of Mount St. Vincent in Halifax they completed their novitiate, and later worked in the domestic departments of educational institutions of that Congregation.

By 1897 the first seven Sisters of St. Martha were professed and came to the college, where they were under the supervision of the Sisters of Charity.

In 1900 the Sisters of St. Martha were established as a separate Congregation apart from the Sisters of Charity. The first superior was elected provisionally for one year. The election took place on St. Martha's Day, July 29, 1900, at which time Mother M. Innocentia was declared the superior of the new congregation. In 1901 the Sisters elected Mother M. Faustina for a 3-year period, and re-elected her twice more. She, therefore, relinquished the office in 1910.

Within a few years of their founding the Sisters were called upon to respond in faith to other needs

in the diocese as well as outside. They embarked on each new venture with great courage and trust in God. In 1906 they opened their first hospital. Care of homeless and neglected children was begun in 1917, to be followed by care of unmarried mothers, and later by family Social Services. Teaching was begun in 1925. In later years the Congregation extended its services to include other areas such as pastoral care in hospitals and parishes, religious education, retreat work, and various forms of social work. Activities in this last-named included: group work, summer camps, home visiting, catechetics, sodality work, libraries, handicrafts, material assistance.

The expanded university, which grew out of the college, was important to the social work of the church on a world-wide scale. Within 50 years St. F.X. began what is known as "The Antigonish Movement." Its graduates have come from, and gone out to, more than 103 countries. The spirit which produced such a result is highlighted in an address by Rev. M. M. Coady at the unveiling ceremony of a portrait of Bishop Cameron in 1950:

The Sisters of St. Martha were indeed fortunate that their first work was in connection with the college, where during their formative years they were exposed to the swirl of ideas that has carried, and is carrying, that institution to greater and greater achievement. It would be invidious for me to mention names, but I cannot pass over those of Mother Innocentia and Mother Faustina, and in a later day that of Mother M. Ignatius. The great achievements of these women are in the best traditions of the Antigonish spirit.



Bethany, Motherhouse at Antigonish, Nova Scotia, October 1985



Coat of Arms Sisters of St. Martha

The Coat of Arms consists of two shields. The first bears the Constantine monogram, the most ancient symbol of Christ. The golden field symbolizes the wealth made available for mankind through the death of Christ. The color, red, is symbolic of Christ's love for St. Martha and of Jerusalem where the actual shedding of Christ's blood took place. The Jerusalem Cross surmounting this shield is a further reminder of Jerusalem's role in the drama of our redemption.

A second shield, imposed on the first, proclaims the union between Christ and the Virgin. The colors, silver and blue, indicate the Virgin as the pure bride of Christ. Her shield is parted at the honor point to show she has fought against the enemy of Christ (the dragon), and conquered him by use of blessed water.

The sailless boat whose only identification is the Cross of Christ, symbolizes the consecrated life of a Martha, a life which can be summarized in the motto at the base of the Coat of Arms.

DEO SOLI — FOR GOD ALONE

Mother Generals of the Congregation (Sisters of St. Martha)



Mother M. Innocentia
1900 — 1901



Mother M. Faustina
1901 — 1910
1916 — 1922



Mother M. Stanislaus
1910 — 1916
1922 — 1925



Mother M. Ignatius
1925 — 1937
1943 — 1955
1955 — 1961



Mother M. Immaculata
1937 — 1943



Sister Paul at the Cross Kyle
1961 — 1967



Sister Theresa Ryan
1967 — 1973



Sister Mary MacIntosh
1973 — 1981



Sister Theresa LeBlanc
1981 —

St. Martha's Pledge

On this our Graduation Day we renew with all the power of soul, mind, and body as Christians, to know, love and serve God all the days of our lives.

In our hallowed profession of Nursing we shall always safeguard its honor and protect its secrets; we shall always respect human life as sacred, and be zealous in its care and protection; we shall always seek the good and the true in our own conduct, trusting in God that, if we seek first the Kingdom of God and His justice, all other things will be added unto us.

As graduates of Saint Michael's School of Nursing, we pledge ourselves today loyally, gratefully and dutifully to uphold always the ideals of our Alma Mater.

God grant, through the special intercession of Saint Martha, whose service found favour with His Divine Son, that I may fulfill these promises for the greater glory of God and the salvation of our immortal souls.

Sisters missioned at St. Michael's 1953 — 1973

Sr. Mary Beatrice (McMahon)	Sr. Patricia Marie (Finnegan)
Sr. M. Virginia (Laurick)	Sr. M. Josepha (Serventi)
Sr. M. Immaculata (Fraser)	Sr. Agnes Bernadette (Doucette)
Sr. Mary Consolata (MacDonald)	Sr. Patrice La Rusic
Sr. Mary Pius (Mac Gillivray)	Sr. Marguerita
Sr. Mary Lucille (Brown)	Sr. Theresa Perro
Sr. Peter Marie (Alice Gazeley)	Sr. Marie Raymond (Mac Donald)
Sr. M. Bernadine (Livingstone)	Sr. Elizabeth Ross
Sr. Mary Cordis (Medernach)	Sr. Olivia Francis
Sr. Roselina (McMahon)	Sr. M. Peter
Sr. Mary Peter (McVeigh)	Sr. Gina (Joseph)
Sr. John de la Salle (Anne Fougere)	Sr. Catherine MacEachern
Sr. Agnes Marie (Hickey)	Sr. Rosaline Tynski
Sr. Anthony Marie (Elizabeth Roth)	Sr. Marie Albert (Shayler)
Sr. Martha Michael (Broderick)	Sr. Katherine MacNeil
Sr. M. Chrysostom (Loretta Bates)	Sr. Ethel Kyte
Sr. Helene (Wadden)	Sr. Frances de Sales (Gregory)
Sr. M. Alexia (Cameron)	Sr. Ann Michael (Steele)
Sr. Cyrilla (Gillis)	Sr. Teresa Hannigan
Sr. M. Sylvester (Nora Sullivan)	Sr. Mary Clarissa (Chisholm)
Sr. Loretta Marie (Marianne Exner)	Sr. Joseph Helen (Mulvihill)
Sr. Marie Raphael (Duprey)	Sr. Ann Marie (Cummings)
Sr. Marie Monica (Shaw)	Sr. Aileen Gillis
Sr. Francis de Sales (Katherine Gregory)	Sr. Mary Rita McGillivray
Sr. Mary Redempta (MacLean)	Sr. Mary of Calvary (MacDonald)
Sr. Mary Albert (Gleeson)	Sr. Anna Mary
Sr. Hugh Teresina (MacNeil)	Sr. Josephine MacIntyre

What Is A Nursing Nun?

Nursing Nuns come in assorted sizes, wimples and customs. They are found everywhere, masked, gowned, seated in back of, kneeling on, speeding down, perspiring over, shopping for, patrolling along, hovering over, worried about, or laughing at. Little children and mothers idolize them, teenagers puzzle them, laymen reverence them, priests try their patience and St. Joseph looks after them.

A Nursing Nun is Faith with a hypo in her hand; Hope with a patched veil; Love with her hair clipped short.

A Nursing Nun has the neatness of a pin, the trust of a child, the daring of a paratrooper, the perseverance of a bill-collector, the energy of a vest-pocket bomb, the authority of an encyclopedia, the confidence of a surgeon, and the curiosity of a psychiatrist.

She loves the Mother of Jesus, likes a good meditation book, popcorn, ice cream, Benediction at 7:00 p.m., recreation uninterrupted, a letter from home and a bed at night.

She isn't keen on dull meetings, long sermons, making speeches, nurses whose hair comes down to their collars, noisy visitors, being elected to offices, unanswered lights, getting up early, or grumpy chaplains.

Nobody else is so quick to praise, so slow to censure. Nobody can anticipate the needs of her neighbor, make fudge, bake pies or squelch complaints as well. A Nursing Nun is a wonderful creature. You can dirty up her utility room, but her devotion remains unsullied. A Nursing Nun is all this and more, for she is another Mary, another Veronica, God's sweetheart, and it is no wonder that He loves her.



Sisters of St. Martha — 1956

Back Row L-R: Sister Marguerita, Sister Virginia, Sister Anna Mary, Sister Consolata, Sister Mary Beatrice, Sister Lucille, Sister Mary Pius. Middle Row L-R: Sister Mary Margaret, Sister Peter Marie, Sister M. Bernadine, Sister Mary Cordis, Sister Rosalina, Sister Mary Peter. Front Row L-R: Sister John de le Salle, Sister Agnes Marie, Sister Anthony Marie, Sister Cyrilla, Sister M. Sylvester, Sister Loretta Marie.



Sisters of St. Martha — 1973

Standing L-R: Sister Joseph Helen, Sister Evelyn LaRusic, Sister Ann Marie, Sister Marianne Exner, Sister Dionysius, Sister Katherine MacNeil, Sister Josephine MacIntyre, Sister Mary of Calvary, Sister Marie Raphael, Sister Elizabeth Roth, Sister Marguerita, Sister Marie Monica, Sister Marie Albert (absent). Seated L-R: Sister Nora Sullivan, Sister M. Alexia, Sister Teresa Hannigan, Sister Clarissa, Sister Cyrilla, Sister Ethel Kyte.



Back Row L-R: Sister Rita McLellan, Sister Aileen Gillis, Sister Anthony Marie, Sister Mary Maurice, Sister Clarissa Chisholm, Sister Peter Marie, Sister Dionysius, Sister Josepha, Sister Mary Claudia Mason. Middle Row L-R: Sister Mary Beatrice, Sister Mary Marguerita, Sister Marie Monica Shaw, Sister Stephanie, Sister Redempta. Front Row L-R: Sister Ethel Kyte, Sister Mary Raphael, Sister Mary Cordis, Sister Joseph Helen. (October 1985)



L-R: Sister Roselina McMahon, Sister Katherine McNeil, Sister Leo Agnes, Sister Geraldine Fodey, Sister Ivy Maccan. (October 1985)

*OUT OF THE BLUE — the welcoming blue skies
of Lethbridge, where the Sisters of St.
Martha captivated the hearts of Southern
Alberta.*

HISTORY OF ST. MICHAEL'S HOSPITAL

In 1928, Lethbridge, Alberta was a thriving city of approximately 12,000 people. The medical needs of the populace were attended by several institutions: the Galt Hospital, First Street and Fifth Avenue South, built in 1891 by Sir Alexander T. Galt; the Isolation Hospital on Sixth Street and Ninth Avenue South run by Miss Mildred Dobbs; the Nursing Mission at 1001 - 2 Avenue South supervised by Miss Anna M. Tilley; and the Van Haarlem Hospital at 1224 - 7 Avenue South developed by Mrs. Maria Elizabeth Van Haarlem in 1909.

After operating a private hospital for over twenty years, Mrs. Van Haarlem wished to retire. She engaged an agent to find a purchaser, an undertaking that entailed two years of searching before the Sisters of St. Martha were approached. It was only after a great deal of persuasion including an invitation from Bishop J.T. Kidd of Calgary, that the Sisters of St. Martha from Antigonish, Nova Scotia were prevailed upon to enter the Alberta field.



L-R: Sister Mary Daniel MacLellan, Sister Francis Theresa Hergott

Mother M. Ignatius Floyd, Superior General of the Congregation and Mother Faustina MacArthur travelled west in 1928 to investigate the possibility of establishing their first hospital outside their home diocese. On May 11, 1929, Sister Francis Theresa Hergott, Superior and Sister Mary Daniel MacLellan R.N. arrived to complete negotiations for the purchase with the assistance of Mr. George Rice, lawyer.

Ownership of the Van Haarlem property was assumed on June 1, 1929 for \$34,000.00. It was renamed St. Michael's General Hospital in honor of Reverend Michael Murphy, O.M.I., an early staunch supporter and first Board Chairman. Incidentally, this was the third name change for the wooden structure on 1224 - 7 Avenue South. It had been known as the Wimpole Hospital before being purchased by Mrs. Van Haarlem.



Van Haarlem Hospital

Assistance and support was received by the Sisters in many forms. Upon their arrival in Lethbridge they were accommodated by the Sisters Faithful Companions of Jesus at St. Aloysius Convent until May 31, 1929 when they acquired a small house across the street from the hospital. The Grey Nuns of the Edmonton General Hospital assisted in obtaining nurses for them, sending two of their recent graduates — Miss Brassard (who became Sister Marie Germaine) and Miss Waterhouse.



Sisters' of St. Martha's Convent on 7 Ave. S.

In the following months four more Sisters arrived from Antigonish, Nova Scotia: Sister John de la Salle Fougere, laboratory and X-ray technician; Sister M. Bernadine Livingstone, dietary manager; Sister M. Mercedes Garvin R.N. night supervisor; and Sister Dionysius Chisholm, bookkeeper and admissions officer. Received with great joy by their companions, these nuns were the pioneer six in the Canadian West.



The Pioneer Six

L-R: Sisters M. Dionysius Chisholm, M. Mercedes, M. Bernadine, John de la Salle, M. Daniel MacLellan, Francis Theresa Hergott.

It was the intent of the Sisters from the outset to build a new modern hospital and to this end, even before June 1, 1929, a meeting was arranged for the purpose of selecting a site for the proposed building. This group, Very Rev. Michael Murphy, O.M.I., A.G. Baalim, E.E. MacKay, J. Heinitz, Mart McMahon, R.V. Gibbons and N.F. Supina formed the nucleus of the first board of St. Michael's General Hospital which was constituted on August 11, 1929. At the first meeting of this board on September 6, 1929, the following were appointed as executive for 1929 and 1930: Chairman Rev. M. Murphy; Vice-Chairman A.G. Baalim; Secretary R.V. Gibbons; Treasurer Sister Francis Theresa Hergott.



Board of Directors — 1931

The search for a suitable site continued until a final choice was made of a property on 9th Avenue and 13th Street South, at that time out on the open prairie. Upon taking an option on the property, a request was presented to the city council that they sell the land for one-half its assessed value. The equivalent of eighteen city building lots was obtained from the city to be paid for at the standard rate but with the provision that fifty per cent of the purchase price would be refunded upon completion of the hospital building. In addition two adjacent lots including a building on them, were purchased from Roy Judson.

As plans for the new hospital were begun, Henry W. Meech was appointed architect, while the firm of Benzie and Bow of Vancouver acted as consultants. It is interesting to note that Mr. Meech maintained an association with St. Michael's Hospital as he served as architect on all subsequent construction projects at St. Michael's Hospital. On September 20, 1930 the turning of the sod was witnessed and excavation work commenced by McDiarmid Construction of Winnipeg. Progress was rapid and the new institution was formally opened on September 9, 1931 by the Hon. George Hoadley, Minister of Health. In the following year, 1932, St. Michael's General Hospital with a bed capacity of 100 beds plus bassinets, obtained accreditation under the Hospital Standardization Program of the American College of Surgeons, the precursor of today's Canadian Council of Hospital Accreditation.



The new structure was made of reinforced concrete encased in brick with cast stone on the outside while on the inside the walls were finished with hollow tile. For protection from the elements poplars were planted around the building with cottonwoods planted around them for protection until they were big enough to withstand the winds, then the cottonwoods were removed. For many years a tree nursery was situated on the south side of the building. Eventually it became a tennis court and then the parking lot as we know it today.

The building was four storeys high and approximately two hundred feet in length. A fifty foot projection for the entrance was on the north side while a seventy-five foot projection for the boiler room and laundry facilities was located at the east end. The front steps, facing north onto 9th Avenue led to large mahogany doors which opened into the main hall of the hospital. This hall contained a public waiting room, telephone booth, the Supervisor's office, and Administrator Sister Superior's office on one side, while the doctor's room, a central office containing the switchboard, records room, and vault were on the other side. There was one glass-doored elevator located in the central hall.

The majority of the wards had a southern aspect while the utility and service areas and the operating rooms faced north. Patients were offered six bed and three bed wards, semi-private and private rooms. The floor plan of the three floors was similar. The nurses' station was centrally located with chart racks, cupboards, a medicine sink, a signal system with a buzzer and colored lights. The halls were wide enough to allow hospital beds to turn completely around. At the east and west ends were solariums twenty-three feet long. Each floor contained a laundry chute and a diet kitchen which had access to the "dumb waiter" that went down to the main kitchen.

First floor was the medical floor but also contained the children and youth wards. One room (115) was fitted with iron bars for use as a psychiatric room.

On the second floor were four operating rooms: one major, one minor and two eye-ear-nose-throat (EENT) theatres.



Glass doored elevator



Hospital chapel on ground floor



Hospital foyer



Nursery — note prairie through south windows

Obstetrics was located on the third floor in the west end. At the east end was a "shelled-in ward" which was left uncompleted until 1944. The chapel was located in the north wing of the third floor.

On the roof was a fenced deck about 75 feet long, which was used by the patients for walking, sunning, or just taking in the beautiful view of the city and the surrounding countryside. Also on the roof were a small film storage room and a ventilating fan room for the safekeeping of X-ray films.

Emergency, located on the ground floor, contained the fifth operating room in the hospital. Used for suturing and similar procedures, the first operation in that room took place on September 11, 1931.

Adjoining Emergency in the west corridor was the X-ray department equipped with rooms for fluorographic and radiographic X-rays. A viewing room, darkroom, control room and dressing rooms completed the department. Opposite the X-ray department was Physiotherapy with a special whirlpool bath for treatment of fractured bones.

The remainder of ground floor housed a sewing room, a mattress storage room, laboratory, pharmacy, lecture room, dining rooms, staff and "help" quarters, central linen room, locker room, bathrooms, janitor's room, storage room and autopsy room. In the northern wing of ground floor was the main kitchen, a grocery storage area and a butcher's department.



Hospital laboratory on ground floor, circa 1940

The basement contained more storage areas, the boiler room with two big boilers under steam pressure of 100 pounds, a hot water tank, a heater and the main incinerator. Close by, the laundry room had a 10,000 gallon water softener, a large water extractor, flat ironers and a cabinet dry-room. A steam heated press, ironing boards, and a large porcelain washtub completed the list of equipment.

Laundry reached the area by way of dry and wet chutes, the latter lined with non-corrosive copper-bearing steel.

The new modern hospital was on its way to offering full services to the people of Lethbridge. The cost, borne by the Sisters was \$360,000.00. Then came the Depression years which crippled the financial resources of the area. Cash was scarce and bills were often paid in produce. Simon Berger, an early employee of St. Michael's Hospital remembers, "I had a small car and lots of times Sister asked me to drive out to see if I could collect some bills. I would be gone all day and come back with no money but my car would be full of chickens, butter, eggs, pork, flour, and vegetables".

The outlay for the new hospital proved to be greater than anticipated and for some years the financial position of the hospital was in jeopardy. The courage and faith of the Sisters never waned; and out of the early years of struggle, stability was finally attained and the hospital found itself in a sound financial position.

Hospital record books of 1929 show that over twenty doctors and dentists attended patients and performed surgical operations. Some of those names are:

Dr. D. A. McNally	Dr. G. Spackman
Dr. W. S. Galbraith	Dr. J. S. Wray
Dr. P. M. Campbell	Dr. D. B. Fowler
Dr. R. Shillington	Dr. J. E. Lovering
Dr. G. W. Leech	Dr. F. W. Swancesky
Dr. D. Woodcock	Dr. D. A. Taylor
Dr. G. L. Connor	Dr. Braithwaith
Dr. W. Bryans	Dr. J. K. Bigelow
Dr. L. A. Roy	Dr. A. A. Haig.

and four dentists: Dr. J. E. Stewart, Dr. L. T. Allen, Dr. A. S. Fumerton, Dr. A. M. Gibson.



*Doctors who worked at St. Michael's in 1929 and who were present at the 50 year Anniversary celebration.
Standing L-R: Drs. H. B. Hunt, J. K. Bigelow, A. Fumerton
Seated L-R: Dr. W. Haig, Dr. A. Haig*



Nurses on staff at St. Michael's 1929-31 and who were present at 50 year anniversary celebrations.

*Seated: V. Clements, Sr. Mercedes, Margaret Lightbound
Standing: Ann Clement, Florence Flavell, Louise Kimber, Mary Swan, Helen Thompkins and Lucille Lynn*

The first recorded medical staff meeting was held on April 23, 1931 with ten physicians attending. Elected officers were: President, Dr. A. McNally; Vice-President Dr. D. Woodcock; Secretary, Dr. E. V. Spackman. The medical advisory committee consisted of Dr. P. M. Campbell, and Dr. A. A. Haig; the program committee was Dr. J. E. Lovering, Dr. R. N. W. Shillington and Dr. W. S. Galbraith.

Private citizens, service clubs, and corporations rallied with donations of money and furnishings. A 3-day Carnival was organized, with a \$1000.00 Alberta government bond, a Shetland pony, a 20-lb. fruitcake among items raffled.

Wards were furnished through the generosity of Kiwanis Club, Rotary Club, Knights of Columbus, Elks Club, Dean Murphy, Ladies Auxiliary, Brock Co., Catholic Women's League Councils, Mrs. J. E. Walsh, and Mrs. B. A. Smith.

The Hudson Bay Company furnished the Reception Room while J. J. McDiarmid and the Eagles Club donated unrecorded items. The chapel received the altar from Mrs. Katie Palen, the organ from Miss Hergott and a \$500.00 donation from Miss Ellen Ingersoll.

Donations continued through the years. An electrocardiograph machine was given to St. Michael's Hospital by Dr. Hugh Arnold on January 15, 1941.

A beautiful cast iron, bronze-finished statue of St. Michael the Archangel arrived on June 28, 1950, a gift of Mr. Michael Dorchak. Blessed and originally erected on the corner of 13th Street and 9th Avenue South, it stands today on the corner of 9th Avenue A South and 13th Street.



Statue of St. Michael

Moving into the new building was done by the staff. Simon Berger, a long time employee remembers: "We moved the furniture and everything by hand. It was the Depression and we didn't have any other way."

"Some of the oxygen cylinders were left behind in the building on 7th Avenue South. One day one of the Sisters told me they needed more oxygen, so I brought one over on my back through the snow. I thought I wouldn't make it but I did."

The staff then moved into the old hospital for accommodation. Their room and board and laundry services were provided.

The contents of a locked cupboard in the basement piqued the curiosity of a couple of the men. Finally they picked the lock to discover a supply of sacramental wine. It was dutifully transferred to the chapel at the new hospital, with the exception of a few bottles, which were shared at a "house party" the next evening.

During the war years, St. Michael's not only cared for the people of Lethbridge and district but also any sick or injured men from the Prisoner-of-War camp on the north side of the city. The story is told of a time when an X-ray machine broke down. A



East Wing — 1951

German prisoner, a patient at St. Michael's offered his services as a repairman and succeeded in fixing the machine.

Another story is told of the time when four "ladies of the night" were admitted for "hot shots" on the medical floor, much to the consternation of an elderly gentleman in a room down the hall. Whenever he came out of his room, the ladies would call out and wave to him. It is not known which ones were discharged first.

As the effects of the Depression eased, the patient census increased. To ease the crowded conditions, the "shelled in" ward, which had been left unfinished in 1931, was completed. Work started on January 17, 1944 and completed on March 15, 1944, to give the hospital 13 more beds.

In the next few years, Lethbridge and Southern Alberta developed and the population increased. By 1950 the Board of Trustees felt an addition should be undertaken and commissioned architects Meech, Mitchell and Meech to prepare plans for a wing on the east end of the main hospital. The construction contract was awarded to Oland Construction Company Ltd. for the price of \$230,734.00. The formal opening of the 83 bed East Wing was officiated by Dr. M. E. McCallum, Director of Medical Services of the Department of Health on September 26, 1951. St. Michael's Hospital now provided 181 beds and 18 bassinets. Accommodated in this wing were additional semi-private rooms, a Pediatric ward, a milk formula laboratory, a spacious pharmacy, a Central Supply Room, purchasing offices, a cafeteria, a morgue and a chapel.

With the continuous growth of St. Michael's Hospital, the problem of maintaining an adequate num-



Pediatric Ward — East Wing

ber of personnel became acute. Plans for a School of Nursing were submitted to the University of Alberta. Approval was obtained on November 27, 1950 and plans for a new Nurses' Residence and the School of Nursing facility were completed. Meech, Mitchell and Associates were the architects of the 120 bed building with the \$480,000 contract awarded to Southern Alberta Construction Company Ltd. Though not fully completed, a section of the Residence was ready for occupancy by January 5, 1953 and the first class of students in Nursing — 20 in all were admitted. The five-story building was completed and officially opened on September 15, 1954.

Earlier in the year on June 29, the chapel in the new Nurses' Residence was formally blessed by His Excellency Bishop Francis Carroll of Calgary and named Our Lady of Mercy Chapel. On October 10, 1954 the chapel became a temporary home for the new parish of Our Lady of Assumption until they moved into their new Church in the Spring of 1957.



Nurses Residence foundation looking east



*Chapel in Residence
L-R: Sylvia Neufeld, Darlene Dancoisne and Marlyn Wall — Class of 1958*

Final approval of St. Michael's School of Nursing was received on March 29, 1954 from the Nursing

Education Committee of the University of Alberta under the signature of Dr. Andrew Stewart, President of the University. Also receiving final approval in 1954 was the School of Medical Laboratory Technology with Dr. R. Bainborough, F.R.C.P. (c) pathologist and Sister John de la Salle, chief laboratory technologist.

The School of X-ray Technology began accepting students in 1954 with Dr. Brian Black, F.R.C.P. (c) as chief radiologist. Sister Roselina McMahon joined the School as chief technologist in 1955. Continuously striving to offer services, St. Michael's Hospital received full approval in May of 1955 for one year of Junior (rotating) Internship for medical students and shortly after, approval of one year of General Practice Residency.

In 1960-61 further improvements to the hospital were completed with the renovation and enlargement of the original power plant, an addition to the laundry unit and a connecting passageway between

the hospital and the Nurses' Residence. At this time, on September 1, 1960, the elevator was installed in the Nurses' Residence, to the joy of all the students.

Within a relatively short space of time further expansion of the hospital again became necessary. The architectural firm of Meech, Mitchell, Robins and Watson was retained for the design of a new Services Wing. Mayor Frank Sherring officiated at ground breaking ceremonies on April 1, 1963, for construction of the "West Wing" extension. Official dedication of the new wing built by Bird Construction of Calgary at a cost of \$1,741,688.00, took place on May 15, 1965 with the Honorable J. Donovan Ross, Minister of Health and Monsignor J.Q. Killen attending.



Sod-turning L-R: Mayor F. Sherring, Judge F. T. Byrne



West Wing addition — 1965

The addition of this four-storey wing increased the total bed capacity to 207 beds and 18 bassinets.

Ground floor housed Admitting, the new Emergency department containing 2 surgical rooms and 7 rooms for patients, the X-ray department, Physiotherapy, Medical Records and the doctors' room.

First floor contained the Pharmacy, the Pathology laboratory, Respiratory, the Central Supply Unit, Board rooms and the doctors' library.

On the second floor were located 7 operating rooms and a large recovery room.

The third floor was Maternity and 4 nurseries, 2 delivery rooms, an emergency delivery room, and an Isolation delivery suite.

With the rearrangement of departments in the new wing, renovations were undertaken in the north main wing.

The original main entrance on 9th Avenue was closed and became a patient ward accommodating two private and two semi-private rooms. The former ambulance entrance on 9th Avenue A was revamped to provide a new entrance to the hospital separate from the Admitting facilities in the new wing.



Recovery Room

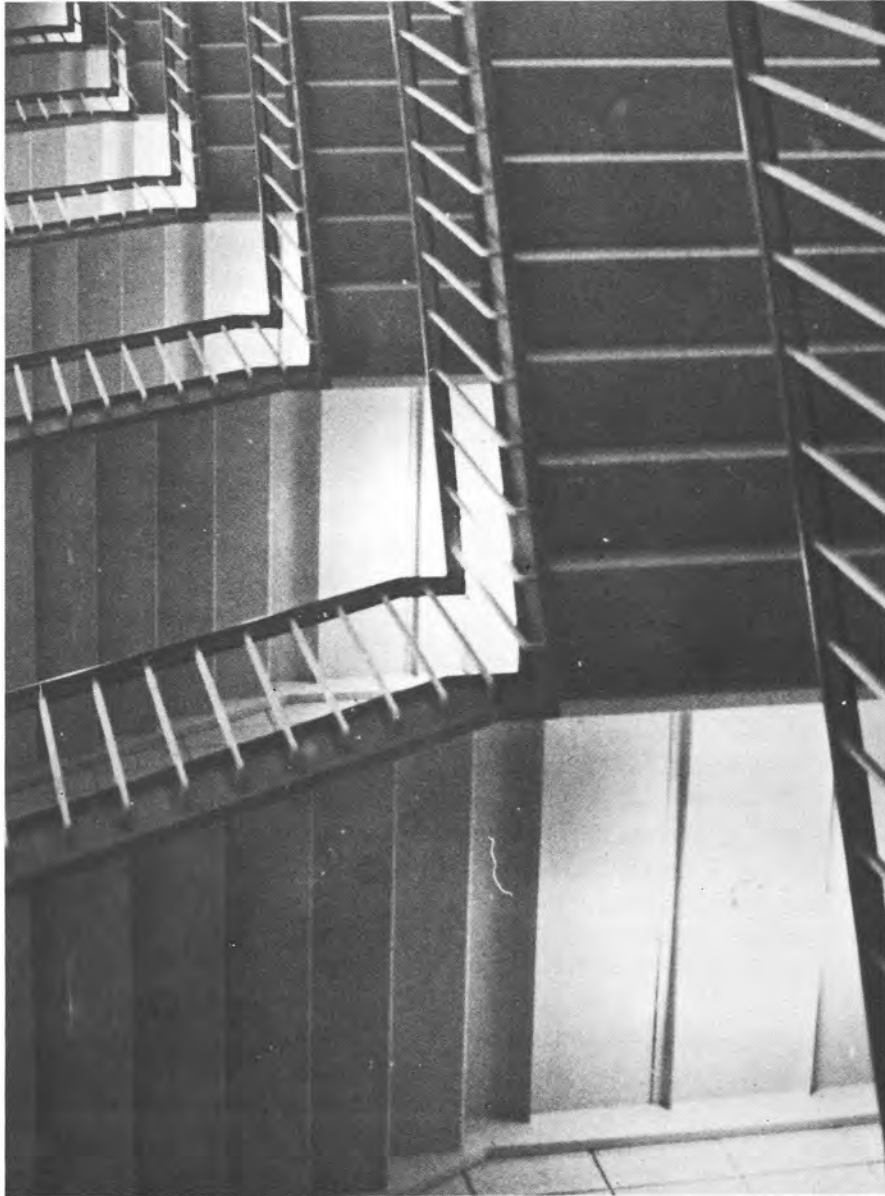


Switchboard and Business Offices

The former operating rooms became a Chapel for the use of the patients, a beautiful island for meditation and tranquility.

On Maternity floor the former delivery room became a Day Room for maternity patients while the nursery was remodelled as a room for expectant fathers.

The year of 1967 saw the completion of several projects. An addition to the Dietary department doubled the area of the dietary facility.



This was the view that greeted student nurses in the residence from 1956 to 1960. Although an elevator shaft was built in, an elevator was not installed until September, 1960.



A passageway connecting the Residence and the Hospital was completed in 1961. Now one did not have to worry about rain on starched uniform or wind on fresh curls.



*St. Michael's Hospital Chapel — 2nd floor.
Furnished by Mr. and Mrs. R.D. Gruenwald in 1965, in memory of Mr. Gruenwald's parents.*

In August 1967, a combined Medical-Surgical Intensive Care Unit was established in Room 104, until April of 1979 when a separate Surgical Intensive Care Unit was developed in Room 212.

As Lethbridge has grown and continuously changed, St. Michael's also has adapted and continued to grow to keep up with science and technology. On February 23, 1983 a modern five-bed Critical Care Unit was opened on the third floor of the west wing.

On May 2, 1985, a Birthing room was made available, in keeping with present day concepts of Obstetrics.



*Birthing Room
L-R: Oral Boychuk, Pal Baskerville*

Also following newer trends in the training of nurses, St. Michael's School of Nursing closed its doors in 1973, with the establishment of a nursing education program at the Lethbridge Community College.

On June 13, 1978, officials from the Alberta Hospitals Services Commission toured the Nurses' Residence to decide on its future use. Although the sounds of student nurses have faded the building continues to thrive with activity.

First floor accommodates a four-bed Dialysis Unit operated by the Foothills Hospital Dialysis Unit. Former classrooms and the auditorium are available for meetings of various groups.

A unique use was allotted for the second floor. Elderly ladies preferring a room or two for themselves but not wishing a Senior Citizens Lodge, eat in the hospital cafeteria or use the kitchenette, and relax in the T.V. Room which used to be the Student Nurses Library. The Sisters check and assist the ladies if necessary.

Living quarters of the Sisters of St. Martha expanded into the third floor rooms, giving the Sisters convenient sewing rooms, Library, and relaxation facilities.

The double rooms on the fourth and fifth floors were easily adapted into office space for the Hospital Administration. The Canadian Mental Health Association also rents three rooms on the fourth floor.

Ever sensitive to the many facets of patient care, St. Michael's initiated a variety of services.

"Play Ladies" were established in December of 1957 to ease the adjustment of young children to their hospital experience, often bewildering and traumatic.

On September 14, 1972 Sister Katherine McNeil initiated the first organized hospital Social Services Department in Southern Alberta.

Pastoral Care, providing religious support to patients in the Hospital was developed by Sister Geraldine Fodey in 1977. This evolved into the Lethbridge Branch of the Provincial Pastoral Care Service in April, 1982, an Ecumenical group ministering to the sick, lonely and bereaved.

In 1980 the status of St. Michael's Hospital appeared to be placed in jeopardy. The Minister of Hospitals, Mr. Dave Russell announced plans to reduce the bed capacity and rearrange services available at St. Michael's. Plans were to establish the Pediatric Unit and a trauma centre at S.M.H. with the Obstetrics department, Outpatient services and Psychiatric facilities to be at the Lethbridge Regional Hospital.

Friends and supporters rallied to the cause of S.M.H. The Committee for Two Viable Hospitals petitioned and demonstrated to the Government for two years (1980 & 1981).

The future of S.M.H remains uncertain but not static. The Sisters of St. Martha sold the operation of S.M.H. to the Alberta Catholic Hospital Foundation on June 28, 1985. Upgrading of the hospital is ongoing.

The Sisters of St. Martha continue their presence in the Hospital.

A grateful community, cognizant of the love, hard work and dedication of these women, have honored them in naming a newly formed Catholic parish, St. Martha's and a proposed Catholic Elementary School — The Children of St. Martha's.





St. Michael's Hospital prior to passageway between Hospital and Residence. Note Sisters' cottage on the right side of Hospital grounds. 13 St. S.



St. Michael's complex — 1968

Hospital Administrators



Sister Francis Theresa Hergott
1929 - 1932



Mother Immaculata
1932 - 1937 1946 - 1955



Sister M. Beatrice
1937 - 1943



Sister Marie Brassard
1943 - 1946



Sister M. Consolata
1955 - 1961



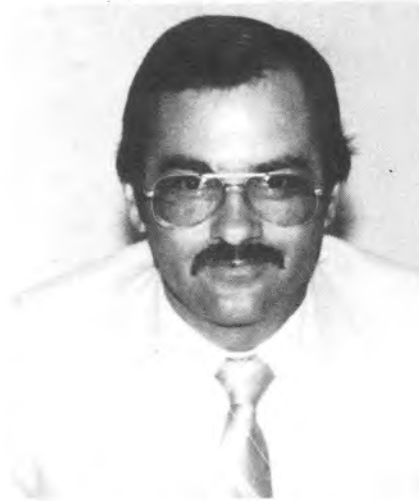
Sister Mary Albert
1961 - 1967



Sister M. Clarissa
1967 - 1980



Sister Genevieve McArthur
1980 - 1985



Mr. Larry Tokarchuk
1985

St. Michael's Board of Directors

1953



A. G. Baalim



W. Gilbert



E. Howe



J.H. Walker



F.R. Wittick



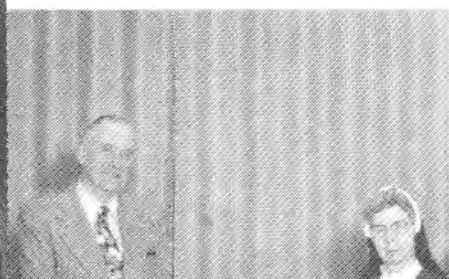
N. Supina



M. McMahon



1973



Standing L-R: W. C. Clarke, Sr. Nora Sullivan Seated L-R: Mayor A. C. Anderson, A. W. Shackleford, Judge F. T. Byrne, Sister Clarissa Chisholm, J. Moran Inserts L-R: N. F. Supina, S. J. MacDonald, F. C. Russell Missing from Photo — Sister T. Hannigan, Sister Mary of Calvary

Preceding and Subsequent Members

H. J. Flock
J. K. Smith
F. Hofer
Rev. R. Gritten O.M.I.
W. D. Baker
C. J. Andrews
F. H. Palmer
Frank Sherring
Lloyd Gerla

Sister Ivy Maccan
Sister Genevieve McArthur
Sister Helene Wadden
Sister Aileen Gillis
Sister Madeleine LeBorgne
Sister Anne MacLellan
Sister Geraldine Fodey
Sister M. Virginia
Sister Ann Marie Cummings

1986 – 1987

R. Comstock
Dr. A. F. Cassis
R. D. Gruenwald
Garry Kohn
Josephine Krokosh
Leroy Niedermier
Wayne Peterson

S. W. Sawicki
Sister Alexia Cameron
Sister Anne Cecilia MacNeil
Sister Clare MacNeil
L. J. Tokarchuk (Administrator)
L. Lacny (Assistant Administrator)

Long Standing Members

N. F. Supina
Judge F.T. Byrne
A. W. Shackelford
M. McMahon

J. H. Walker
E. S. Howe
W. C. Gilbert

Hospital Support Groups

For many hospitals, support from the non-professional segment of the population has been very important. Thus, on October 15, 1930 a Ladies Aid was organized with Mrs. Rooney as President and Mrs. Catherine Rice as Vice-President.

One week later on October 22, 1930, another La-

dies Aid was organized by the Ladies of Coalhurst.

The executive was:

President — Mrs. J.P. Thom
First Vice-President — Mrs. Joe Cash
Second Vice-President — Mrs. J. Scott
Third Vice-President — Mrs. J. Morrissey
Secretary — Mrs. Ernest McDermott
Treasurer — Miss C. Morrissey

They met monthly to organize fund raising activities for the hospital and to assist in sewing linens for the hospital.

A Junior Aid, comprised of thirty-five high school students was established on January 17, 1931. With Leona Freng as President, they performed tasks such as hemming dishtowels and dusters, wrapping bandages and folding linens.

The various organizations and societies joined in the project of a 3-day Carnival which started October 1, 1931.

The Ladies Aid worked to the benefit of St. Michael's until they disbanded in 1936.

A History of the Auxiliary to St. Michael's Hospital, 1946 - 86

Written by Mrs. Caroline Comstock

Sister Mary Albert, who was in residence here from 1942 - 46, called a meeting on February 11, 1946, and from this meeting the Auxiliary was born. Its first executive was:

President: Mrs. F.L. Lowe (the former Mrs. Eric Cranstoun)

1st Vice-President: Mrs. Eric Howe

2nd Vice-President: Mrs. W. Haig

Secretary: Mrs. S. Boyer

Treasurer: Mrs. Gertrude Gibbons

Councillor: Mrs. H. Long

The big money maker was the annual bazaar. They purchased a fracture table, which was the first to be installed in the area, at a cost of \$3,000.00, a very major item. There was no government funding at that time so that the purchase of equipment was the responsibility of the Hospital.

Mrs. Lowe, the 1st President, 1946-47, was instrumental in forming our Provincial Hospital Auxiliary Association. She also helped other ladies to form the Auxiliary to the Galt Hospital the year after St. Michael's Auxiliary had its beginning.

The early members began the custom of tray favors at Christmas, buying equipment for the Pediatric Ward, setting up the Good Samaritan Cupboard, which distributes layettes to needy mothers. All of these services are still in practise today.

Around 1958-59 government grants covered the cost of more and more hospital equipment and so there was a change in the role of the Auxiliary. Less emphasis was placed on money raising projects. Service work such as the library cart, Good Samaritan Cupboard, C.N.I.B. cart, scholarships for St.

Michael's School of Nursing and the Graduation reception was now stressed. The annual Bazaar was dropped and the annual Spring Tea in the Nurses' Residence became the highlight of the year. It was during this period that the Auxiliary's role of "Play Ladies" for the Pediatric Ward came into being.

The Charity Ball, another first for this area, was established in 1963. It was a lucrative money maker, as well as a dignified means of public relations with the community. Money from this venture was used for furnishings for the Teen Ward.

At the present time, the emphasis is on "Patient Care". Our members work diligently with the library cart, which is taken around 5 days of the week and is manned by 2 volunteers each day. We have a very active group of volunteers who knit for our Good Samaritan Cupboard. It should be noted that ladies from the Legion Arms (all senior citizens) do a tremendous amount of knitting for our Cupboard. We have a volunteer who keeps in close touch with the Pediatric Ward and monitors ways in which we can help. We give each child who is in the Hospital at Christmas a parcel which consists of a doll or teddy bear, coloring book and crayons, and a story book. Tray favors are given to each patient at Christmas and Easter. The Pathfinders volunteer to make these items for each occasion.

Once again there is a change in the role of the Auxiliary. As the Government is tightening hospital funding, we are once more looking for ways and means to raise money for equipment. We hold bake sales and dessert Bridges; but our two big projects are the vase sales and annual raffle. In February of 1982 a cheque in the amount of \$89,451.57 was turned over to St. Michael's Hospital to help in the relocation of the Intensive Care Unit. This very generous donation was a result of a bequest to the Auxiliary from Lottie Wood, a long time Lethbridge resident. More recently we have purchased a digital scale for the nursery, a TV for one of the patient lounges, a Micro Duct Sweat Collection System for the Pediatric Ward, a portable bassinet and 12 new bassinets for the nursery.

The demands on the Auxiliary may change over the years, but the members never cease in their efforts to make life for the patients in St. Michael's Hospital just that much more comfortable.

The Executive for 1986 are:

President: Mrs. Caroline Comstock

1st Vice President: Mrs. Marlene Pittman

2nd Vice President: Mrs. Joan Robinson

Secretary: Mrs. Anne Miller

Treasurer: Mrs. Irene Bartram

Hospital Floats Throughout the Years



First known hospital float, 1932



Flock-Designer-BUILDER-sitting in front. 1933. Took first prize.



1957 — "Science, Service, Sanctity"



1960 — "We Strive to Serve"



1967 — Centennial float

*OUT OF THE BLUE — the blueness of unorganized
space to the structured order of hospital
departments.*

HOSPITAL DEPARTMENTS

Admitting and Business Office



Admitting and Business Office — mid 1950's, former front entrance



Admitting, 1965 — New West Wing



Admitting, 1966 — New West Wing Front Desk



Admitting, 1985 — with computers



Front Office in 1963



Business Office, 1967 — New front entrance



Business and Discharge, 1985

Switchboard and Medical Records



Medical Records, 1956 — North Wing 1st Main



Medical Records — New West Wing — mid 60's



Medical Records Staff, 1985



Switchboard at New Front Entrance, 1967



Switchboard, 1985 — Mrs. Pisko

Emergency and ICU



Old Emergency ground floor where Nursing offices are now — Vera Clements.



Emergency, 1965 — New West Wing



Emergency, 1967



Emergency, 1985 — New Front Desk. L-R: Susan Rodominski, Judy Grant



Coronary Intensive Care Unit, 1966 — Room 104-1st Main. L-R: Bev Nagata, Sharon Gyuricza



Modern Coronary and Surgical Care Unit with 6 individual glassed in units. Third floor, previous nursery.

First Main



First Main Nursing Station located in hall, 1961



First Main, 1963 — Nurses charting area. L-R: Louise Laguna, Marion Kin-niburgh



First Main New Nurses Station, 1967



First Main Staff, 1985

First East Wing



First New Wing, 1956



First New Wing, 1961



First East Wing, 1964 — previously known as 1st New Wing



First East Wing Staff, 1985

Second Main



Second Main Staff, 1961



Second Main Staff, 1967



Second Main Staff, 1985

Second East Wing



Second New Wing Staff, 1961



Second East Wing — 1966 perviously 2nd New Wing



Second East Wing, 1968



Second East Wing Staff, 1985

Third Main



Third Main, 1966 — previously Maternity



Third Main Staff, 1967



Third Main Staff, 1985

Pediatrics



3rd Floor, East Wing Pediatric Unit



Pediatric Kitchen, Mid 1950's



Pediatric Staff, 1965



Pediatric Staff, 1985

Operating Room



OR Located on 2nd Main — Present Hospital Chapel



Vera Koppenstein, Sister Cyrilla, Jeanine Hansen — 1953



OR Staff in New West Wing, 1967

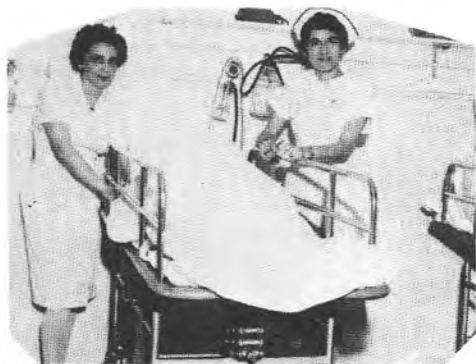


OR Autoclaving Staff — L-R: Veronica, Olga



OR Staff, 1985. Standing L-R: Lil Campbell, Roz Kranzler, Pam Mundell, Joanne Soenen. Sitting L-R: Pat Gillam, Iva Prlich

Recovery Room



Recovery Room, 1963 — Room 214 on 2nd Main. L-R: Margaret Hookenson, Vera Linders



Recovery Room, 1985 — New West Wing. L-R: Marjorie Gal, Vera Linders, Gerri Shankland

Pharmacy



Pharmacy, 1956 — ground floor



Pharmacy, 1967 — New West Wing. L-R: Harry Nagata, Sr. Marguerita, Isabell Gordon



Pharmacy Staff, 1985

Maternity



Maternity, 1956 — Location 3rd Main



Maternity Room, 1958 — L-R: Rose Gyorkos, Sister Cordis, Darlo Irvine



Case Room, 1961 — Now 3rd Main T.V. Room



Nursing Station, 1966 — New West Wing



Obs. Nursing Staff, 1985. L-R: Hazel Kananen, Gerri Dobek, Pat Baskerville, Linda Barynecki

Nursery



Nursery, 1957 — located 3rd Main — Currently Fathers Room



Premature Nursery, 1957



Case Room Desk, 1985. L-R: Gerri Dobek, Mavis Oszko



Nursery, 1962 — Mrs. Winnie Merrick



Beatrice Chemolli — Nursery New West Wing



Nursery, 1985

X-ray and Laboratory



X-ray Staff, 1966



X-ray Staff, 1985. L-R: Back Row — Derek Hanson, Evelyn Johnson. L-R: Front Row — Agnes Nyforuk, Lucie Yoshihara, Audrey Van Leuken



Laboratory Staff, 1956



Laboratory Staff — New West Wing, 1966



Reception Area, 1985 — Laboratory. L-R: Standing — Mary Hall, Peggy Kirby. Sitting — Lu-Jean Perrett



Laboratory Staff, 1985. L-R: Carliss Glover, Sr. Alexia, Helen Pennington, Mary Hall, Betty O'Sullivan, Gerry Parfitt

Physiotherapy and Respiratory



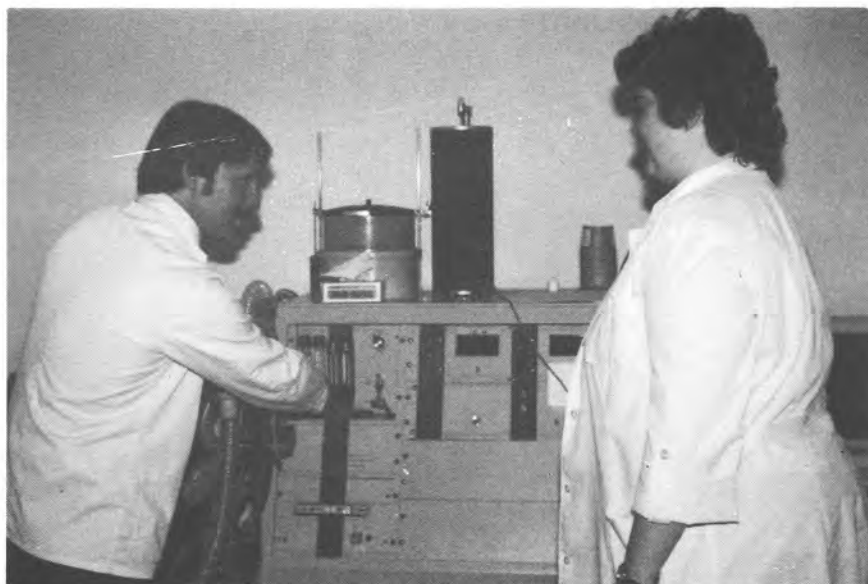
Physiotherapy Staff, 1964



Physiotherapy Department, 1967 — New West Wing



Physiotherapy Staff, 1985



New Respiratory Department, 1985

Central Supply Room



CSR, 1956 — Located in Rm. 133 1st East Wing



CSR, 1962 Mrs. Rose Alsgard



CSR — New West Wing



Mrs. Solveig Johansen —
Prep Lady



CSR, 1985

Kitchen and Cafeteria



Kitchen Staff, 1956



Kitchen Staff, 1967 — serving line



Kitchen Staff, 1967 — Bakery



Cafeteria, 1956 — ground floor East Wing



Cafeteria, 1967



Staff, 1985

Laundry, Sewing Room, Housekeeping



Laundry Staff, 1966



Laundry Ironing Room, 1968. L-R: Sr. Mary-Anne Exner, Frances Dimnik



Sewing Room, 1964. L-R: Annie Rogan, Ann Schlacter



Housekeeping Staff, 1964



Housekeeping Staff, 1968



Housekeeping Staff, 1985

Orderlies



Orderlies, 1956



1961 — Jan with Second Main Staff



1966, Orderlies



1968, Orderlies

CNIB and Gift Shop



CNIB, 1956 — Located 1st Main east end of hall



CNIB, 1966 — Located on ground floor



Gift Shop, 1985

Hospital Maintenance Departments



Gardeners, Mid Sixties



1985, Carl Ernst — Gardener



1966, Carpenters — Mike Kaufmann and Paul Kveder



*Carpenters, 1966
L-R: Ralph Byrne, Paul Kveder*



Marion Krol, 1985



Mike Kaufmann, 1985



Boiler Room Department, Mid Sixties. L-R: Ed Kochanski, Simon Berger, Jim Irwin, John Szelegowski



Boiler Room Department, 1985. L-R: Sid Morton, Lorne Ericksen, Myles McKenna



Sig Dobler, 1985



Chief Engineer, John Szelegowski — 1985



Electrician, Stan Schneider — 1985



Plant Superintendant — Dave Walker



Purchasing Department, 1965. L-R: Ruth Woolf, Bill Kelly



Purchasing Staff, 1985. L-R: Linda Borgoard, Glenys Thompson, Bryan Kranzler. Sitting: Bill Kelly



Stores, 1967. L-R: Roy Pennington, Ken Ito



Stores, 1985. L-R: George Findlay, Roy Pennington, Grant Angus

Administration and New Departments



L-R: Dianne Randall — Quality Assurance, Inez Kelly — Director of Nursing, Cathy Lewis — Discharge Planning



Brian Wright — Assistant Director of Nursing



Lech Lacny — Assistant Administrator



Tina Shank — Secretary to Administration



Pastoral Care, L-R: Sister Christine MacDonald, Sister Geraldine Fodey, Sister Marie MacNeil



Social Service: L-R: Sister Anne MacLellan, Kathy Cochrane



Inservice Coordinator — Linda Haitel



Health Nurse — Edith Perverziff



Shiela Warner and Bernadette Forrester — Nursing Office



Finance Department. L-R: Carol deGroot, Suzanne Shea, Dorothy Shaw. Sitting: Irwin Wyrostock



Payroll. L-R: Olive Gilchrist, Sister Madeleine LeBorgne



Computer Services. L-R: Julie Pecham, Julie Bowan



Personnel. L-R: Peter Quigg, Janet Byrne



Security with 1st Main Staff. L-R: Audrey Boker, Ron Fenuik, Elneith Blasco



Aims Room with volunteers, located on 1st main

*OUT OF THE BLUE — the blue haze of memories
to the tangible pages of a history book.*

BIRTH OF ST. MICHAEL'S SCHOOL OF NURSING

The most modern in training facilities greeted the first class of 20 aspiring student nurses as they moved into St. Michael's School of Nursing. The first class in the first School of Nursing in

Alberta since 1915, commenced on January 5th, 1953. (A note of interest, there were short-lived Nursing Schools at Banff, High River, and Camrose.)

TUESDAY, JANUARY 6, 1953

SECOND SECTION — PAGES 9 TO 16

The Lethbr

20 Girls in First Training Class

St. Michael's Nurses' Home Is Opened



The first class of student nurses is seen above at the first lecture held as the south wing of the new St. Michael's Hospital nurses and sisters' training home opened its doors Monday. Seen above are, seated, left to right: Miss J. Coe of Medicine Hat; Miss E. Politeski of Bow Island; Miss S. Kemp of Lethbridge; Miss A. Snell of Eniel; Miss H. Laughton of Granum; Miss P. Dahl of Edmonton. Second row, left to right: Miss J. Jessop of Raymond; Miss J. Matheson of Lethbridge; Miss E. Regier of Coaldale; Miss B. Thielen of

Allerston; Miss V. Koppenstein of Lethbridge; Miss M. Harty of Faith. Third row, left to right: Miss M. MacDonald of Hillcrest; Miss E. Fowler of Edmonton; Miss M. Cox of Iron Springs; Miss J. Kleist of Iron Springs; Miss M. Dpilak of Vauxhall. Standing are staff members. Left to right, they are: Sister Peter Marie, RN, Miss B. Tomkins, RN, Mrs. A. Oswald, RN, and Sister M. Beatrice, RN, director of the school.

—Staff Photo: Herald Engraving.

Plans for the new building were first laid in 1950 and by July, 1951, architects Meech, Mitchell and Meech had finished the plans and tenders were called. With Southern Alberta Construction Company receiving the contract, construction com-

menced in September with completion scheduled for autumn of 1952.

In November of 1950, approval for the School of Nursing was received from the University of Alberta under whose jurisdiction it was to operate.

November 28, 1950

**Mother M. Immaculata
Administrator
St. Michael's General Hospital
Lethbridge, Alberta**

Dear Mother Immaculata;

I have been instructed by President Stewart to inform you that at a meeting held yesterday, November 27, 1950, the General Faculty Council of the University of Alberta approved the recommendation of the University Committee on Nursing Education, providing for the establishment of a nurses' training school at St. Michael's Hospital, Lethbridge, contingent upon the erection of a suitable building to provide for the teaching department and a nurses' residence.

The intention of this recommendation was that the school could be assured on the one condition set forth in the recommendation and that there need be no further delay on the part of your Board of Trustees in proceeding with the erection of a suitable building for teaching and nurses' residence. No doubt you will be in touch with the Provincial Department of Health in connection with your planning this building, and it is possible that advice might be secured from Miss Penhale, Director of the School of Nursing here, or from the University of Alberta Hospital Board. A splendid new residence has recently been erected and is now being enlarged to serve the needs of the nurses at this hospital.

Yours sincerely,

Walter H. Johns

**Walter H. Johns
Assistant to the President**

WHJ/ES

Copies to: Miss Penhale
Registrar (with extra copy for Dr. Bow)

Although construction was slowed by bad weather, the outer shell of the building was completed by July of 1952 and work on the inside continued. Representatives of St. Michael's Hospital Board inspected the building on December 27th and decided that the south wing would be ready for occupancy by January 5th, 1953.

The first floor of the three-floor wing consisted of classrooms, laboratories, a temporary library and a temporary lounge.

The three laboratories on the first floor were: nursing arts, science and dietetics. They were fitted with the newest equipment available such as anatomical charts and models ordered from Chicago. The patient-model Mrs. Chase was to receive many baths from the new students.

On the second and third floors were the students living quarters. Each of the girls had a room furnished with a bed, a combination desk and chest

of drawers, chairs and a sink. Each floor had a central bathroom with bathtub and showers.

The unfinished east and west wings were sealed off from the south wing until they were completed. On Holy Thursday, April 2, 1953, the students moved to that area where they lived for the rest of their training years. The second and third floors of the south wing then became living quarters for the Sisters of St. Martha.

Final and formal approval of the School's curriculum was received on March 29th, 1954 from Dr. Andrew Stewart of the Committee on Nursing Education of the University of Alberta.

His Excellency Bishop Francis Carroll of Calgary formally blessed the completed Chapel in the Residence, naming it Our Lady of Mercy Chapel on June 29th, 1954.

With the building finally completed, the official opening ceremonies were held on September 15th, 1954.



Official Opening of St. Michael's School of Nursing — at podium Dr. J. McCutcheon



Library — 2nd floor Res.

In the west wing were the chapel, main library, a large recreation room and a sunken living room with windows overlooking 9th Avenue.

The east wing of the Residence was never thought of as "east wing" simply by floor numbers, one lived on fifth, or third, etc.

The fourth and fifth floors were always given to the newest class. Each contained nine double rooms and three private rooms, a T.V. lounge room with a shaded balcony facing south, and a general bathroom. From fourth floor one had access to the sun-deck built on the roof of the south wing. A garbage chute was located at the east end of each hall.



*A typical student's room
L-R: Joan Hanley, Gail Murray*



Tea Room in basement



Sun Deck — facing east



Shaded balcony — 4th and 5th floor, facing south

Third floor was the center of much activity as it contained a kitchen affectionately called "The Tea-room", which refueled the diets of many student nurses, a shaded balcony facing east. Seven double rooms and six private rooms were accommodated on this floor.

Second floor housed the library, a study room and seventeen private rooms and access to the chapel.

First floor contained eight private rooms, two dou-

ble rooms and three private sitting rooms and the office of the Director of the School of Nursing. In the early years the living quarters of the Director adjoined her office. Her windows were often the ones mistakenly knocked on by late-comers trying to awaken classmates.

The basement contained a washing-ironing room, a trunk room, and many storage rooms. In later years kitchen facilities and a T.V. lounge were established there.

The Objectives of the School of Nursing Were:

1. To develop in the student high ideals, good habits, and a thorough understanding of the fundamental principles of right conduct.
2. To develop in each student superior professional knowledge and skill in the field of Nursing.
3. To help the student obtain an intelligent appreciation of the place and function of the family in the welfare of society and to create in her an awareness of her own responsibility in the maintenance of high social and professional standards based on Christian principles.
4. To develop in the student an appreciation of the fact "that there is happiness in consecrated service and joy in ministering to the suffering" (Lucille Petry), and that, "it is more blessed to give than to receive."



Philosophy

The belief of the School of Nursing is to give its students an education which will prepare them to function as competent members of the nursing and as contributing members of the health team. A further belief is that student nurses be regarded as learners and that nursing service be stabilized by graduate and auxiliary nursing personnel rather than by student labor in order that both patient welfare and the students' program be safeguarded.

It is recognized, however, that while acquiring knowledge in the clinical areas, the student is making a contribution to patient care. The conditions

of this service are carefully controlled and supervised in order that it may be meaningful in terms of the education of the student, and contribute to her personal and professional development.

Perhaps the philosophy is best summed up by the School Motto: Science, Service, Sanctity. The graduates are expected to learn the scientific requirements of their profession, and to keep abreast of new discoveries. They are expected to serve the ill with kindness, compassion, and understanding, as well as knowledge, and at all times.



Requirements For Admission

Students making application for admission must make formal application in writing on the blanks furnished by the School of Nursing. The application must be accompanied by:

1. Personal letter, giving brief autobiographical sketch, with emphasis on educational advantages and special interests.
2. A photograph or snapshot.

A personal interview and a physical examination are required of all applicants prior to acceptance.

Detailed information concerning uniforms and other necessary equipment is forwarded to applicants after they are accepted for admission.

The School uniform, one pair of scissors, and books are furnished without charge. All such equipment remains the property of the School and is to

be returned should the student withdraw from the School. Upon graduation eleven books may be retained by the student.

100 High School Credits are required or High School Diploma. Preference is given to those with Senior Matriculation.

Student must have credit in any three of the following subjects: Science 10 (Physical Science); Science 20 (Physical Science); Science 30 (Chemistry); Science 31 (Physical Science); Science II (Biology); Mathematics II (Business Arithmetic); Mathematics 10 (replaces old Geometry I course); Mathematics 20 (replaces old Algebra I course); Mathematics 30 (advanced Algebra).

Students from British Columbia should have a certificate of University of Entrance or Junior Matriculation.

ST. MICHAEL'S SCHOOL OF NURSING
APPLICATION FORM

THIS APPLICATION MUST BE COMPLETED IN THE APPLICANT'S OWN HANDWRITING, AND SENT TO:
THE DIRECTOR OF NURSING, ST. MICHAEL'S SCHOOL OF NURSING, LETHBRIDGE, ALBERTA.

FULL NAME OF APPLICANT _____
Surname First Name Middle Name(s)

HOME OR PERMANENT ADDRESS AND PHONE _____

PRESENT ADDRESS (if different from above) _____

PLACE OF BIRTH _____ DATE OF BIRTH _____
Day Month Year

FULL NAME OF FATHER (mother, or guardian, if father deceased) _____

OCCUPATION OF FATHER _____ RACIAL ORIGIN OF FATHER _____

MOTHER'S MAIDEN NAME _____ RACIAL ORIGIN OF MOTHER _____

RELIGION OF APPLICANT _____ DO YOU ATTEND CHURCH? _____

NAME & ADDRESS OF CLERGYMAN FOR REFERENCE _____

WHAT HIGH-SCHOOL CREDITS DO YOU HOLD? _____ WHAT CREDITS DO YOU EXPECT IN GRADE 12 _____

OCCUPATION SINCE LEAVING SCHOOL _____

HAVE YOU EVER BEEN A STUDENT IN ANY SCHOOL OF NURSING? IF SO, NAME SCHOOL AND DATES OF
ENTRANCE AND LEAVING _____

HIGH-SCHOOL COUNSELLOR'S NAME AND ADDRESS _____

TWO OTHER TEACHERS' NAMES AND ADDRESSES _____

NAME & ADDRESS OF PERSON, OTHER THAN RELATIVE, FOR REFERENCE _____

HOW MANY BROTHERS AND SISTERS DO YOU HAVE? _____

WHAT LANGUAGES DO YOU SPEAK OR READ? _____

DO YOU PLAY A MUSICAL INSTRUMENT? _____ WHICH? _____

DO YOU SING? _____ SOPRANO _____ ALTO _____ OTHER _____

HOBBIES _____ SPORTS _____

CLUBS OR ORGANIZATIONS _____

SPECIAL SKILLS & ABILITIES _____ TYPING _____

I CERTIFY THAT THE ABOVE STATEMENTS ARE CORRECT AND ARE IN MY OWN HANDWRITING.

Please attach a business letter in writing
stating why you wish to become a nurse, and
why you wish to enter this School of Nursing.

SIGNATURE OF APPLICANT: _____

DATE _____

ST. MICHAEL'S SCHOOL OF NURSING
ST. MICHAEL'S GENERAL HOSPITAL
LETHBRIDGE, ALBERTA

AUTOBIOGRAPHY OUTLINE

To help us decide on your application, we would like you to prepare a brief "Autobiography". It may be either typed or hand-written and should be about 1 or 2 typed or 2 to 3 hand-written paged in length. If possible you should include the following topics:

- 1- Pioneering done by one or both of your parents, grandparents or ancestors further back....include names of countries and any interesting points about your family background.
2. Interesting points about yourself or your family.
3. What hobbies or special talents do you have or would you like to have? What type of recreation do you enjoy?
4. What work experience have you? What jobs (part or full-time) have you had?
5. Reasons why you would like to take the nursing course.
6. Name one or more interesting places you have visited or you would like to visit.
7. Name the place or places in which you have lived and state for how long you lived there.
8. Give the ages and any interesting facts about your brothers and/or sisters.
9. What school or extra-curricular activities have you participated in, such as sports, music, choir, clubs, gardening etc?
10. Name the schools you have attended. Where were they located and how long were you in attendance?
11. Do you like reading? If so, what type of literature or magazines? Give names of some books you have read or plan to read or mention your favourite magazines.

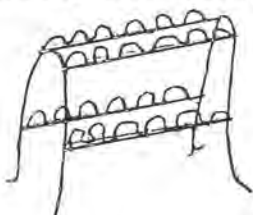
MAIL TO:

DIRECTOR OF NURSING EDUCATION
ST. MICHAEL'S SCHOOL OF NURSING
LETHBRIDGE, ALBERTA

ST. MICHAEL'S SCHOOL OF NURSING
ST. MICHAEL'S GENERAL HOSPITAL
LETHBRIDGE, ALBERTA

PERSONAL REQUIREMENT LIST

1. SHOES. Two pairs of white oxfords or clinic shoes, one pair of gymnasium shoes. White shoes should have heels with rubber tips, at least 1" high. (Wedge heels not permitted.) It is very important for the good health of the feet, especially when much time is spent walking and standing, that the shoes be well-fitted and not too small. One pair of shoes (similar to Hush-Puppies) with rubber heels are needed to wear with the blazer and skirt which is the class uniform.
2. STOCKINGS. At least six pairs of white stockings, any type, marked with student's name.
3. LAUNDRY BAGS. Two laundry bags, one for personal laundry, one for uniforms. They should be one yard square and made of unbleached cotton or similar material.
4. HAIR NETS. Three hair nets, for wear in dietetic laboratory periods and at all times on duty if hair not short.
5. DRESSING GOWN, house-coat or duster.
6. BEDROOM SLIPPERS, one pair, soft heels.
7. HAND TOWELS, BATH TOWELS, FACE CLOTHS at least four of each.
8. SOAP (toilet soap and laundry soap)
9. DEODORANT and SAFETY RAZOR
10. RUBBERS and OVERSHOES
11. COAT HANGERS ... at least one dozen
12. CLOTHES PINS ... one package
13. 1 SKIRT RACK and 1 BLOUSE RACK
14. SAFETY PINS .. a supply of medium size safety pins
15. HOT WATER BOTTLE (if desired)
16. ASH TRAYS .. two metal trays (If you smoke)
17. WATCH ... inexpensive watch with sweep second hand.
18. ALARM CLOCK
19. COFFEE MUG, DRINKING GLASS, TOOTHBRUSH GLASS (preferably of unbreakable plastic), KNIFE, FORK and TEASPOON.
20. SCHOOL SUPPLIES .. 1 loose-leaf binder and refills, 3 scribblers, scrap paper, plain white paper (at least 3 packages), 1 dozen pencils, 2 ball-point pens (1 red, 1 blue, with 1 year's supply of refills), erasers.
21. TRUNK .. with your name clearly painted on top.
22. DUST MOP .. 1 white cotton triangular dust mop with handle, for dusting your bedroom floor. May be purchased at Eaton's for about \$2.49.
23. SHOE RACK .. 1 metal standing shoe-rack, at least 2 tiers high.



SHOE
RACK

Eligibility For Acceptance

The student is required to obtain from the Department of Education in the province in which she graduated, a transcript of her High School record. This official transcript (copy not acceptable) must be sent to the Director of the School as soon as possible after application is made. This will be sent by her to the Registrar at the University of Alberta,

and an eligibility certificate will then be sent to her from the Registrar. In the case of a student who obtained her High School education in a province other than Alberta, a fee of two dollars must accompany her transcript, as a fee to the Registrar. Money order or cheque must be made payable to "The University of Alberta".



Requirements For Promotion and Graduation

The Faculty Council on Promotion shall review the records in theory and practice of students at the end of each academic year.

1. The passing grade of the School in theoretical courses is 60%; in all nursing courses and in the arithmetic part of Pharmacology, 65%.
2. A supplemental examination is granted, if a grade of 40% or over is obtained in any course except the two courses in Pharmacology. The student is required to repeat these courses in her own time, as well as any course in which she has less than 40%.
3. A "below average" student is one who obtains an average in theory below 70% in any one term (preclinical, junior, intermediate, senior).
- (a) A student who obtains an average of less than 60% in theoretical work or fails two or more

courses in any one term may not take the next block of studies.

- (b) A student who obtains an average of 70% or below will have her record reviewed by Faculty Council on Promotion. Promotion, if considered advisable, will be "on condition" during the next term of classes at which time her record will again be reviewed. While promoted "on condition" the student's extra-curricular program of activities will be reviewed and curtailed where indicated.
4. Each student must maintain a satisfactory clinical record. 75% is considered a pass grade in clinical work. Her clinical record will be reviewed at the end of each term along with her average in theory and will be used in determining her eligibility for promotion.

In 1963, Academic requirements were revised.



Academic Requirements

1. 50% is the required pass mark in all academic areas. One supplemental exam is allowed and will be posted by the instructor.
The Director of Nursing Education may give approval to retake the course with a fee being charged, otherwise, the student is dismissed for academic failure.
2. In clinical areas where practice must be considered, an evaluation will be made of the student's ability to give safe nursing care consistent with her level of training. This will be an evaluation with a "Pass-Fail" grade looking specifically for safe performance in the clinical area.
3. All assignments must be in when due in order to complete the course.
4. Attendance at classes is required. Attendance at examinations is mandatory. Leave of absence

may be granted by the Director for those reasons she deems adequate, however, these are to be made up at the end of the training time. Compassionate leave may be granted when death of the immediate family (parents, brothers, sisters, guardians) occurs. This is charged to the allowable sick time.

5. Time absent, including sick time, from classes and ward experience will be evaluated very carefully in the light of theory and experience missed and may necessarily result in the repetition of a course or part of a course.
6. "To be eligible to write the conjoint examinations, the candidate must have completed the prescribed nursing program or be within 60 days of completing the program by January 15th, if taking January examinations and by Au-

gust 15th if taking August examinations. In addition the candidate must have completed prior to the first day of examinations the minimum classroom and clinical instruction as well as the minimum clinical experience in: Obstetrics, Pediatrics, and Psychiatry as outlined in the regulations." (Regulations Governing School of Nursing in the Province of Alberta)

The first Instructors at St. Michael's School of Nursing were:

Sister M. Beatrice R.N., B.A.,
Mrs. A. Oswald R.N., B.Sc.,
Sister Peter Marie R.N.,
Miss B. Tompkins R.N.,
Mrs. R. Jones B.Sc.,
Sister M. Marguerita B.Sc.,

J. K. Gorrie B.Sc.,
Dr. A. R. Bainborough B.A., M.D., M.Sc.,
Sister John de la Salle M.T., R.T.,
Sister M. Rita R.N.,
Sister M. Peter R.N., B.Sc.,
Sister M. Chrysostom R.N., M.T., R.T.,
Mrs. N. McElroy R.N.,
Mrs. B. Saunders,
Mrs. W. Fitzpatrick R.N.,
Sister M. Cyrilla R.N.,
Sister Martha Michael R.N.,
Sister M. Cordis R.N.,
Mrs. J. Lightbound,
Sister Olivia Francis,
Miss D'Andrea R.N.

Student Nurses of St. Michael's School of Nursing had the opportunity and experience of many fine instructors, Doctors, and lecturers.



Curriculum

On completion of the five-month Pre-Clinical period, a monthly allowance or stipend of \$10.00, \$15.00, and \$20.00 was made in the three years respectively. Upon receiving the allowance each student was weighed by Sister Peter Marie, the School Health Nurse.

Curriculum of St. Michael's School of Nursing began with Block, changed to Concurrent, and ended with Revised Semester Systems, in its twenty years.

The Block System was comprised of Preclinical, Junior, Intermediate, and Senior Blocks of study.



Receiving our monthly stipend

In 1963, student nurses completing their second year were permitted to move out of the Residence. An allowance was made toward rent in addition to the stipend. The last class to receive the stipend was the Class of 1968.

In adapting to the times, St. Michael's School of Nursing allowed its first male students to enter in 1963, and its first married student to enter in 1965. Also, psychiatric student nurses from Oliver and Ponoka Mental Institutions were accepted in 1964.

Anatomy and Physiology, Microbiology, Psychology, Sociology, History of Nursing, Professional Adjustment I, Solutions and Dosages, Health Education, Physical Education, Principles and Practices of Nursing, Foods and Cookery, were taught in the first five months of Preclinical Block.

Junior Block classes consisted of Religion, Introduction to Medical Science, Pharmacology and Therapeutics, Advanced Nursing, Diet in Disease, Medical Disease Nursing, Tuberculosis Nursing,

General Surgery Nursing, Anesthesia, Operating Room Technique, Urological Nursing and Psychiatric Nursing, taught for a four month Block.

In Intermediate Block, classes for a period of four months were Religion, Ethics, Health Teaching, Communicable Disease Nursing, Neurological Nursing, Gynecological Nursing, Orthopedic Nursing, Nursing in Diseases of Eye, Ear, Nose and Throat, Pediatric Nursing, Obstetrical Nursing, and Psychiatric Nursing.

Religion, Professional Adjustment II, Community Health, Dermatology and Social Hygiene, and Emergency Nursing, were subjects in the two month Senior Block.



Pre-clinicals in classroom

The Concurrent System was utilized in the years 1963 to 1969. In this system classroom studies, ward experience, and ward classes were interspersed. The Curriculum was:

First Year	<i>Class and Lab. Hours</i>
<i>Biological and Physical Sciences</i>	
Anatomy and Physiology	100
Microbiology	30
Nutrition	20
<i>Social Sciences</i>	
Psychology	30
Sociology	25
Religion	36
Medical Ethics	20
<i>Non-Clinical Nursing</i>	
Orientation	30
Professional Adjustments	40
History of Nursing	4
Personality Development	20
<i>Humanities and Fine Arts</i>	
Singing and Drama Appreciation	72
<i>Clinical Nursing</i>	
Fundamentals of Nursing	160
Medical-Surgical Nursing	323

Second Year

Surgery (O.R.)	70
(Recovery)	5
(Emergency)	5
Obstetrics / Pediatrics	
Maternal - Child Health	83
Psychiatry	100

Third Year

The third year student receives additional experience in all areas. Clinics of 50 minutes are conducted daily.

Nursing Unit Administration	25
<i>Total Class and Lab. hours for three years</i>	<u>1,306 hrs.</u>

NURSE'S PRAYER BEFORE LECTURES

*I sit down in class to sleep,
And pray my pal my notes will keep.
If I should be called before I wake,
Poke me in the ribs, for Pity's sake.*

*You can lead a horse to water,
But you cannot make him drink,
You can lead a Nurse to the classroom,
But you cannot make her think.*

By 1969 a Semester System was in effect.

First Year

First Semester — September to December

Anatomy and Physiology, Normal Growth and Development from infancy through senility, and related topics such as marriage, family, parenthood, methods of communication, and emotions and mechanisms used by a mentally healthy individual.

Second Semester — January to May

Medical — Surgical Nursing. The method of instructions is by lecture, demonstration, laboratory and ward experience.

Second Year

Maternal-Child Health Program dealing with Maternity, Pediatrics and Teen Ward experience. Opportunities are available for field work, home visits, public health, doctors' offices, O.R. experience and psychiatric experience at Ponoka.

Third Year — Senior Block

Senior Program includes experience in clinical areas of

1. Surgery 8 weeks
2. Medicine 8 weeks
3. Maternal-Child Health 8 weeks
4. Recovery Room 2 weeks
5. Diet Therapy 2 weeks
6. Emergency 4 weeks
7. Supplemental Experience 2 weeks.

Anatomy Quiz

Bright and happy, fresh and gay.
We're now to start another day.
Anatomy — that's what it is
Guess what — another quiz.

First question — one, two, three,
Choose which answer right may be
Calcaneous — this I know
Found somewhere near my little toe.

Sartorius minor let me see
Found somewhere just above the knee.
Foramen magnum — goodness me —
A hole — that could surely be.

Circumduction — what shall I say?
I surely knew it yesterday.
Oh, the answer I have found
That's when the head turns 'round and 'round.

Types of muscles could well be
Smooth, striated, short or free.
Condylloid without a doubt
Is always to blame for an ugly pout.

The gluteus maximus I've heard to be
A big flat muscle shaped like a T,
While beneath lies the femur's head
I am sure, Miss MacCormack that's what you said.

Rigor mortis, what does it mean?
Don't think a bone like that I've seen.
Probably just another clue
To something I thought I knew.

That was really quite the test
With a hundred percent I should be blessed
Never missed a single line
The least I could get would be ninety-nine.

With much self-praise I left the room
Only to be called back too soon.
And ere another day began
The teacher told me to try again.

SENIORITY

*You can always tell a graduate
She is so whitely dressed;
You can always tell a junior
By the way she swells her chest;
You can always tell a probie
By her timid ways and such;
You can always tell a senior,
But you cannot tell her much.*

In 1970 revisions were made to the Senior Program:

Revisions in Program 1970-1973

The Senior program consists of a medical-surgical block of 16 weeks. Incorporated in this are:

- 1) 16 class days with emphasis on multiple-problem Med.-Surg. patients, plus 5 major areas of study — i.e. cancer nursing, burns, renal failure and dialysis, neurological nursing, emergency and disaster nursing.
- 2) Direct nursing care of selected Med.-Surg. patients again with emphasis on the above areas.
- 3) Three days team leading
- 4) One day with ward clerk
- 5) Physical fitness classes for one hour per week for 10 weeks.
- 6) Implementing and utilizing nursing care plans.
- 7) Two-day field trip to Calgary
 - Dept. of Nuclear Medicine at Foothills Hospital
 - Rehabilitative Unit at Calgary General Hospital
- 8) Current event questions
- 9) Three days spent with various community agencies

Eight weeks senior experience in the Maternal-Child program

Four weeks Emergency

Two weeks patient-centred Dietary Experience

Two weeks Recovery Room

Three weeks Class block including professional, legal, ethical, community and personal responsibilities.

Period of working graduate rotation in an area of the student's choice.

Voluntary participation in a student Glee Club.



Student Sharon Ekensteen with St. Michael's bone-man — alias, "Melchisedech", 1962, "Albert", 1960, "Methuselah", 1963, "Oscar", 1964 X-Ray, "Finian", 1972



"Mrs. Chase" being held by L-R: C. Zahn, Diane

Students having completed the three-year course of theory and practice receive the diploma and pin of the School at Graduation ceremonies. To meet the registration requirements of the Alberta Association of Registered Nurses, students wrote the American League of National Nursing exams.

The first Graduation ceremony of the combined classes 1956A and 1956B was held on May 13th, 1956 at the Paramount Theater. Class 1957 and Class 1958 also graduated in May ceremonies.

In 1959 the A.A.R.N. requirements stated that students must pass their State Board exams before being allowed to graduate. For the Classes 1959 to 1970 the ceremonies were held in October.

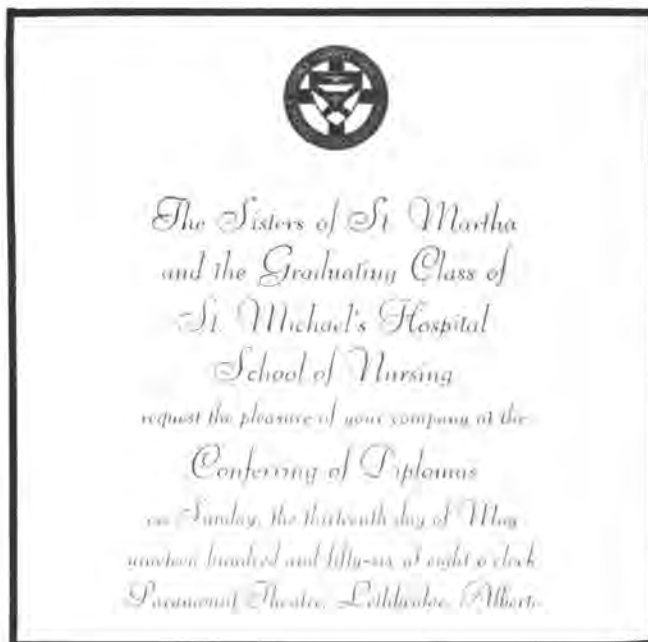
This requirement created the situation of nurses who had completed their training, written their ex-

ams but had not graduated. For those few months the similarity of a royal blue band on the nurses cap to a black band was very comforting.

The Classes of 1969 to 1973 had the distinction of writing the Canadian Nurses Association Conjoint Nursing Examinations. Thus the Class of 1971

held their Graduation ceremony in June, while the Class of 1972 held their Graduation in May.

The Class of 1973, the final class of St. Michael's School of Nursing held their Graduation ceremony on June 3rd, 1973 in conjunction with School-closing activities.



Florence Nightingale Pledge

*I solemnly pledge myself before God
and in the presence of this assembly
To pass my life in purity and to practice
my profession faithfully. I will abstain
from whatever is deleterious and mischievous,
and will not take or knowingly administer any
harmful drug.*

*I will do all in my power to elevate the
standard of my profession, and will hold in
confidence all personal matters committed
to my keeping, and all family affairs
coming to my knowledge, in the practice
of my calling.*

*With Loyalty will I endeavor to aid the
physician in his work and devote myself
to the welfare of those committed to my care.*



Graduating Class 1958 in lobby of Paramount

To instruct the student nurse and also to monitor her experience progress, a Procedure Manual was compiled. Proper procedure to be followed in categories ranging from "Atmospheric Environment

to the Patient" to "Bedmaking" to "Catherization" to "Enemas" to "Wangenstein Suction" to "X-ray Preparation" to "Zephiran Chloride Preparations", was detailed.

Example: Section 1, Page 3
ESTHETIC FACTORS IN ENVIRONMENT

- A. *Subdued and harmonious* colors used skillfully, can make almost any room attractive and give a home-like appearance, and atmosphere.
- B. *Arrangement of furniture*
 - 1. Symmetry — which is necessary for a harmonious effect, can be produced by having tables and chairs straight with the beds.
 - 2. An attractive arrangement of furniture need not be impractical, for instance, the bedside table may be in position and still be conveniently placed for the patient.
- C. *Neatness and order of the surroundings*
 - 1. Having the bedside table clear of all unnecessary articles.
 - 2. Keeping window sills and radiators free of objects, and well dusted.
 - 3. Folding all blankets not in use and putting them away.
 - 4. Using a paper bag, made of newspaper, to collect the patient's rubbish; pin to the side of the bed.
 - 5. Remove old papers and magazines and placing the recent issues neatly on the chair or table.
 - 6. Folding dressing gown neatly over chair and placing bedroom slippers neatly under table.
 - 7. Keeping cookies, candy, etc. in table and placing fruit which have been labelled in the refrigerator.
 - 8. Having the window blinds evenly adjusted and wall pictures, if there are any, straight.
 - 9. Fanfold cubicle curtains around bed, screens should be returned to its proper place in the room.
 - 10. Beds are to be in line and castors of beds turned in at 45 degrees angle.
 - 11. Flowers arranged neatly.

Today, the word "terminal" has a different meaning to a nurse but in the days of a S.M.H. student it meant cleaning the bed, mattress, bed pan, basin and other articles contained in a unit.

Example: Section 1, Page 10
CARE OF THE BEDSIDE UNIT — TERMINAL CLEANING

General Instructions

- 1. This is known as terminal care of a unit and is done any time a patient is discharged from the hospital, expires or is transferred to another bed.
- 2. All requisites should be assembled before beginning the procedure.
- 3. All equipment that is present in the unit should be examined and inspected for defects.
- 4. The furnished unit for the patient should be restful, orderly and attractive in appearance.

Necessary Articles

Terminal cleaning tray with:

- 1. Newspaper
- 2. Dutch Cleanser
- 3. Two cloths
- 4. Basin with warm soap and water
- 5. Bottle brush for cleaning coils of bedsprings.

Procedure

- A. Preparing the Unit
 - 1. Screen unit.
 - 2. Strip the bed and remove all soiled linen and discard into linen chute.
 - 3. Any linen that belonged to a patient in Isolation must receive special attention as is outlined in the Isolation Technique.
 - 4. If the blankets are soiled, check with the supervisor as to the usual procedure on that ward.
 - 5. All refuse should be collected and disposed of in the garbage can in the utility room.
 - 6. Open windows in order to air room well unless another patient is present.

B. Care of Enamelware and Glassware

1. Drinking glasses, should be washed in hot soapy water, rinsed in clear water, dried and returned to cupboard in kitchenette. Glasses, tray, and jugs are returned to the clean unit on Obstetrical floor.
2. Soak enamel wash basins, kidney basin and soap dish together in basin of Lysol sol. 5% for at least half an hour or while cleaning the room.
3. Soak bed pan separately in 5% Lysol for half an hour: because of the nature of the container: or flush pan and sterilize for 3 minutes.
4. After soaking in disinfectant solution, scour enamelware with Dutch Cleanser, wash well in soap and water, rinse well, dry and return to unit after it is cleaned.
5. Mouth wash cups are to be boiled in sterilizer on the Main wings.

Cleaning the Room and Unit

1. Prepare all the necessary articles in the utility room after taking care of the enamelware, and carry to unit. Place the basin of water and soap on newspaper to prevent damage to the furniture.
2. Spread the newspaper under the bed to protect the floor.
3. Place the pillow and rubber draw sheet on the foot of the mattress. Damp dust upper part of mattress, pillows and rubber draw sheet. Turn clean side of pillows to upper clean side of mattress and damp dust lower part of mattress, pillows and rubber draw sheets.
4. Brush any "fluff" which may be present on the edges of the mattress, or, in the stitched portions. Watch for vermin.
5. Wash the upper side of the mattress, then remove from bed and stand it on its side on the floor. This eliminates the bending of the mattress. Clean the bed frame and springs.
6. Insert moistened brush in each coiled spring to remove "fluff" as necessary.
7. Return mattress to proper position.
8. Wash the bedside table inside and out thoroughly with soap and water, using Dutch Cleanser when necessary.
9. Damp dust any furniture such as metal dresser, stool overbed table, etc., but use furniture polish for wooden furniture.
10. Check bathroom in the private rooms and clean bathtub, sink and toilet.
11. Make a closed bed, turn castors in at a 45 degree angle. Place towels and face cloths down in bedside table.
12. Return to utility room with equipment, empty and cleanse same, and put away.
13. Clean all enamelware as is explained and return to room. The completed unit should contain: bed pan and cover; urinal and cover (on male ward); wash basin; mouth wash cup; kidney basin; soap dish with soap; ash tray; drinking glass and jug with tray; (on Obstetrical only) two towels; two face cloths; toilet tissue.



Terminal Cleaning

L-R: Audrey Ericksen, 56B, Joanne Halko, 57

What student nurse, for that matter, what patient, can forget the experience of an enema. Enema — a word originating from the Greek word “to inject” or “to send”. It was a procedure devised to stimulate the colon to expel its contents.

Various types included:

1. S.S. enema or Soap Suds enema
Dissolve a mild soap in water by means of the soap shaker and remove froth from the top. Usually about 3 pints of water at 105 degrees F. (This was also an economical way of using up small bars of soap.)
2. One, Two Three Enema (Sometimes Two, Four, Six)
Magnesium Sulphate — one ounce dissolved in warm water
Glycerine — two ounces
Warm water — three ounces
To be retained for 15 - 20 minutes.
3. Milk and Molasses Enema
Milk — eight ounces
Molasses — eight ounces which is stirred slowly into heated milk. Allow the solution to cool to 105 degrees F. To be retained for 15 - 30 minutes if possible, frequently followed by a warm water enema.

CHARTING

Charting is a very important part of hospital life. (Charts allow doctors to practice writing orders, nurses to practice deciphering, and patients to donate temperatures, pulse rate and respirations to be charted.) Charts are the main communication between patients, nurses and doctors.

General Rules

1. Put down what you see, not what you *think*.
2. Make complete and accurate statements; legible, brief and neat.
3. *Print* at all times, very plain, neat and small, except the nurses' signature which must be written (using initial of Christian name and her surname only).
4. Use only abbreviations allowed.
5. Do not use chemical symbols in charting.
6. Use *correct* English and spelling.
7. Avoid all vague statements, e.g. “at times” or “at intervals”.
8. Begin each sentence with a capital.
9. Be exact and truthful, never falsify a chart.
10. Leave nothing to be guessed.
11. Chart often — do not delay or depend upon your memory.
12. Leave sufficient space between words, so that the chart may be read easily.
13. Draw all lines with *rulers*.
14. Avoid repetition and unnecessary words and phrasing.
15. Do *not* erase errors. Bracket same and write error above in red ink.
16. Do not chart medications before they have been given.
17. Avoid all attempts at diagnosing.
18. Always use ink.
19. Only blue or black ink should be used for recording from 7 a.m. to 11 p.m.; red ink from 11 p.m. to 7 a.m.
20. All headings to be filled in with blue ink.
21. Do not use ditto marks.
22. Do not allow patients or visitors to read charts.

Section 9 of the Procedure Book dealt with Applications of Heat and Cold.

Patients frequently complained that the “hot water bottle” was cold. Most of the time the student nurse was simply following proper procedure.

Section 9, Page 1

A. Local Applications of Heat

1. Hot Water Bottle

Necessary Articles:

Hot water bottle and cover (extra hot water bottles are available in C.S.R.)

Pitcher containing water at 120 degrees F.

Bath thermometer.

Procedure

1. Unless ordered, the Supervisor must be consulted before a hot water bottle is given to a patient.
2. Assemble the equipment in the service room.
3. Pitcher and hot water bottle should be rinsed with hot water before filling the bottle.
4. The bottle should be filled to one third or one half of its capacity. Temperature of the water must be tested before the bottle is filled.
5. Air should be expressed from the bottle by folding it over, so that the water rises and displaces the air.
6. The stopper should be inserted without allowing the air to re-enter the bottle and is tested for leakage by holding it upside down.
7. The bottle is dried carefully and the cover applied.

2. Flaxseed or Linseed Poultices

Purposes

1. To relieve pain and congestion.
2. To stimulate absorption of inflammatory products.
3. To hasten suppuration in infections.
4. To relieve distention.

Necessary Articles

1. Saucepan with boiling water — 2 cups.
2. Flaxseed meal — 1 cup.
3. Sodium bicarbonate, approximately 1 teaspoon.
4. Spoon.
5. Olive oil and cotton pledgets.

Procedure

1. When the water is boiling, the meal is added slowly, while stirring constantly with a spoon until the mixture is thick enough to drop from a spoon.
2. The saucepan is removed from the hot plate and sodium bicarbonate added. The mixture is beaten till light.
3. Newspaper (2½ times the size of the required poultice) is placed on the tray and the poultice spread on one half of it leaving a margin of one inch on the three sides. The poultice should be large enough to cover the desired area. It should be approximately ¼ inch thick, when applied to the chest or abdomen. In other areas, where weight will not cause discomfort it may be ½ inch thick. Fold over the other half of the newspaper and tuck in the edges. Fill linseed pot to soak with cold water.
4. The poultice is placed in the cover on the tray and carried to the bedside.

Woe to the nurse who allowed the "linseed kettle" to boil dry!

3. Sinapism — Mustard Plaster

Section 9, Page 6

Purposes

1. To relieve deep-seated pain and congestion.
2. To allay irritation and inflammation.

Necessary Articles — Tray (prepared on the floor) with:

1. Mustard
2. Flour
3. Bowl and tablespoon
4. Binder and pins
5. Mineral oil in a medicine glass
6. Cotton pledgets
7. Hot water bottle at a temperature of 120 degrees
8. Paper Towelling.

Procedure

1. The proportions generally used are:
 - (a) for men — one part of mustard to four parts of flour.
 - (b) for women — one part of mustard to six parts of flour.
 - (c) children — (2 - 12) one part of mustard to eight parts of flour.
 - (d) infants (birth - 2 years) — one part of mustard to twelve parts of flour.
2. Test temperature of water, fill hot water bottle and place on the tray. The purpose of the water bottle is to keep the plaster warm.
3. The mustard and flour are thoroughly mixed, the amount depending on the size of the plaster required, and tepid water added to make a thick paste.
4. The mustard paste is spread over one half of the towelling leaving a one inch margin on the three sides. The other half of the towelling is folded over the paste and the edges are folded in.
5. After the plaster has been in place for five minutes, the skin should be watched closely.
6. The plaster is removed and discarded when the skin has become a rosy pink in color, usually in about 15-20 minutes.

4. Thermofuge Poultice or Antiphlogistine

Section 9, Page 8

Necessary Articles

1. Gauze squares
2. Tin of thermofuge
3. Saucepan or basin of hot water
4. Hot plate
5. Tongue depressor
6. Binder and pins
7. Tray to carry poultice
8. Paper towelling

Procedure

1. Place tin of thermofuge in container of water on hot plate.
2. Assemble equipment and open gauze squares to required size, removing the cotton filler. Place gauze squares on paper towelling.
3. When the thermofuge is warmed, remove the can from the water.
4. Using tongue depressor, spread thermofuge to desired size. The poultice should be about $\frac{1}{4}$ inch thick.
5. Cover with a gauze square. Place poultice on tray with binder and pins, carry to the bedside.
6. Screen the patient if necessary, explain the procedure.
7. Apply the poultice directly to the affected area and secure with binder.
8. Return all equipment to its proper place.

PREPARATION OF THE FIELD FOR OPERATION

Prepping the patient was a term used when shaving the area that was to be the location of surgery the next day. Equipment and procedure was given on: Section 11, Page 3

General Instructions

The nurse doing the preparation should check the patient's chart carefully so that the correct type of preparation is made. There are preferences among surgeons which should be considered when preparing one of their patients for operation.

Necessary Articles — Found in C.S.R.

- On Tray — Bottle of Tr. of Merthiolate
- Bottle each of ether and alcohol — 70%
 - Tincture of Zephiran
 - Bottle of Green Soap
 - Sterile forceps in jar of Bactericide
 - Container of cotton wool swabs
 - Container of cotton tipped applicators
 - Razor and razor blades
 - Basin for green soap solution
 - Basin for water for cleansing razor
 - Kidney Basin

- Sterile towels and safety pins — if ordered (state on requisition if towels are ordered)
— Rubber Macintosh
Add — Toilet tissue
— Bandage or binder if necessary
— Extension light
— Nail file

Procedure

1. The patient should be permitted to assume a comfortable position which will not hinder the performance of the procedure and the area to be prepared is exposed. Drape the patient carefully, care should be taken not to embarrass the patient by unnecessary exposure.
2. The tray is prepared and carried to the bedside, the patient is well screened and the procedure is explained to the patient.
3. Using the forceps, take a swab, saturated with green soap solution and cleanse the area thoroughly, and discard the swab.
4. Beginning at the top of the part to be prepared, shave with a short even stroke, holding the razor at a 45 degree angle. Long hair may be clipped with scissors.
5. The toilet tissue is to retract the skin and gather up the hair. As the procedure is continued, the razor should be rinsed in the basin of water.
6. Special attention is given to folds of skin, especially the umbilicus, by cleansing with the cotton tipped applicators.
7. The area is examined carefully by the extension light to ensure all hair being removed. The shaving is continued until it is certain no hair remains.
8. With the forceps, a cotton swab is saturated with alcohol and the shaved part is cleansed, using long strokes from the top to the bottom, from one side to the other. The cotton swabs should be changed frequently and a special one used for the umbilicus.

RECIPE FOR A STUDENT NURSE

Begin with a fresh high school graduate;

Mix well with a good, firm instructor.

Add a little ambition, curiosity, and a sincere love for all mankind.

Flavor with a large spoonful of constructive criticism and responsibility

Add some experience — a few drops at a time — alternating with understanding and a good sense of humor.

Blend in a lot of knowledge, stirring until you have a good firm base.

Bake in a hospital for three years.

This recipe serves the entire human race.

Our Doctors

DOCTOR in CONTEMPLATION

Here . . . in the soft evening light,
I sit . . . gazing . . .
Gazing at two hands . . .
By Your divine life pulsing . . .
Pulsing within my very soul . . .
Two hands reaching out
To the poor, sick and wretched ones . . .
Your people . . .
And mine . . .
Mine . . . because they have been lent to me
For a time . . .
My God!
Can it be that these are my hands?

Sister Mary Fidelia, I.H.M.



Dr. J. H. Noble



Dr. J. D.
McCutcheon



Dr. F. L.
Johnson



Dr. Q. R.
Schindler



Dr. E. R.
Poulsen



Dr. A. R.
Bainborough



Dr. J. W.
Sarkies



Dr. D.
Woodcock



Dr. T. H.
Bassett



Dr. R. G.
Hepworth



Dr. E. V.
Spackman



Dr. F. C.
Emberton



Dr. E. Cairns



Dr. W. E.
Strome



Dr. R.
King-Brown



Dr. G. S.
Ballfour



Dr. N. Baster



Dr. K. Lowings



Dr. T. E. Brown



Dr. D. B. Fowler



Dr. G. Palmer



*Dr. J. E.
McTavish*



*Dr. J. E.
Morgan*



*Dr. J. K.
Bigelow*



*Dr. S. J.
Gregory*



Dr. N. R. Davies



Dr. A. A. Haig



Dr. W. R. Haig



Dr. M. A. Albert



*Dr. A. G.
Livingstone*



*Dr. W. Y.
Cornock*



Dr. D. Charles



*Dr. T. J.
Parkinson*



*Dr. G. A.
Ainscough*



Dr. H. B. Hunt



Dr. N. D. Royle



Dr. R. Bennett



Dr. J. S. Ruddell



*Dr. F. G.
Gore-Hickman*



*Dr. B.
Martin-Smith*



Dr. J. Bower



*Dr. F. M.
Christie*



Dr. S. Misak



Dr. L. Kikinday



*Dr. R. L.
Johnson*



Dr. L. A. Rog



Dr. J. W. Hunt



Dr. G. S. Gray



Dr. H. A. Arnold



Dr. D. A. Rice



*Dr. L. W.
Johnston*



*Dr. G. W.
Wright*



Dr. I. Wilson



Dr. G. Driedger



Dr. J. Cottrell



Dr. F. McLean



Dr. S. Hase



*Dr. E.
Etherington*



Dr. H. S. Seitz



*Dr. D.
McPherson*



Dr. D. Roy



Dr. W. Cranley



Dr. R. Ferguson



Dr. V. Crapnell



Dr. A. Pomahac



Dr. K. Backman



Dr. A. McGregor



Dr. T. Myers



Dr. O. Bell



Dr. J. Oshiro



Dr. B. Haig



Dr. H. Prokopishyn



Dr. H. E. Afaganis



Dr. L. J. Kotkas



Dr. J. Noble



Dr. B. Black



Dr. J. McNally



Dr. M. T. Melling



Dr. R. Del Valle and Dr. T. Richards



Dr. G. Piasecki



Dr. M. Searby



Dr. D. L. Dunlop



Dr. W. Gray



Dr. R. G. Hall



Dr. E. P. Penner



Dr. B. Searby



Dr. J. B. Stillwell



Dr. J. Nicas



Dr. D. Stewart



Dr. N. A. Hovan



Dr. J. S. Etherington



Dr. B. Craddock



Dr. S. Craddock



L-R: Dr. A. Dyer, Dr. F. Preston, and Dr. Y. Okamura

Affiliations and Specialities

In 1953, at the time of the establishment of the training school, experience opportunities in the fields of psychiatry, orthopedics and tuberculosis nursing were limited in Lethbridge. Thus opportunities to affiliate at institutions offering these experiences were made available to the student nurses of St. Michael's School of Nursing.

At Baker Memorial Sanatorium, west of Calgary, student nurses spent six weeks learning about T.B. By 1955 the time spent was reduced to four weeks. The Class of 1963 was the last class to affiliate before the "Baker San" closed its doors as a tuberculosis hospital. A student remembers:

"At Baker Memorial Sanatorium we learned about infection, isolation and the evils tuberculosis could wreak on the human body. We nursed people who had been here for months and years, seeing in their eyes and faces resigned patience and acceptance to fight this disease the best way known at this time.

Baker was a beautiful peaceful center, with trees, lawns, flowers, and large buildings. The instructors, staff, patients and other affiliates were all instrumental in shedding some light on understanding tuberculosis, the disease and treatment. We will be always grateful for this experience which added another dimension to our nursing knowledge and experience."



Nurses Residence — Baker Memorial Sanatorium



Student room at Bakers



*Transportation to Baker Memorial Sanatorium
L-R: Joyce Matheson, Pat Dahl, Joan Jessop*

The Classes of 1956 and 1957 knew it as the Red Cross Crippled Children's Hospital, from 1958 to 1960 it was known as the Alberta Crippled Children's Hospital, after which it was known as Alberta Children's Hospital. Whatever its name, the red brick building on 17th Avenue and Richmond Road, S.W., provided student nurses with four weeks of instruction in orthopedic nursing until 1969.

Again a student nurse remembers: "The usual morning sight at A.C.H. was talkative, energetic children on beds, in wheelchairs, on crutches, wearing braces or prosthesis, cluttering the corridors, waiting for someone to give them a push so they would glide right into their classrooms. Each and every child of school age had the opportunity to attend school right in the hospital. It was not unusual to see a classroom full of beds.

At A.C.H., we student nurses grasped the real meaning of a congenital deformity and were able to see abnormalities resulting from numerous diseases and accidents. We saw handicapped youngsters often go through extensive surgery, rigorous physiotherapy and superb nursing care to hopefully become productive members of our society."



Nurses Residence — Alberta Children's Hospital



Alberta Children's Hospital (note Red Cross symbol)



Bunk beds — Alberta Children's Hospital - Cecile Wehlage

The affiliation farthest away from Lethbridge, was also the longest. Eight weeks of psychiatric nursing was received by every class from 1956 to 1973, at the Ponoka Mental Hospital, now known as Alberta Hospital Ponoka. Occurring usually in the second year of training, this affiliation afforded a stern test of one's desire to be a nurse. It was also a long way for a boyfriend to travel.

Impressions of one nurse:

"Remember our feelings of apprehension, and curiosity as we arrived at P.M.H. for our eight weeks psychiatric nursing experience. Yet others had sur-

vived and many had said it had been an enjoyable and valuable experience. We met student nurses from other hospitals to exchange stories and forge friendships.

We learned much at P.M.H. — about people, relationships, staff, but mostly about ourselves. We learned there were other ways to nurse patients — through talking and listening, playing sports and games, occupational therapy, and social activities. We learned that wounds inside were as important to heal as wounds outside.

We will always remember the kindness and acceptance given to us during this affiliation by instructors and staff members at P.M.H."



New Nurses' Residence at Ponoka Mental Hospital



Administration Building — Ponoka Mental Hospital

The three affiliations introduced the girls from St. Michael's to girls from Medicine Hat General Hospital, Lamont Hospital, Ponoka Mental Hospital, Holy Cross Hospital, Calgary General Hospital and the Galt (Lethbridge) Hospital schools of nursing.

St. Michael's Hospital provided opportunity and experience in a wide range of specialities. Eight weeks in the Operating Room taught a student to prepare and assist in a great range of surgery with among the best in anaesthetists and surgeons. Related experience in the Recovery Room, Emergency and Central Supply Room was closely associated with O.R. experience. Until 1961, it was the privilege of the student nurse in the C.S.R. to "prep" or shave the patients scheduled for surgery in the

morning. Although fresh razor blades were used for each patient, many patients wondered if the students deliberately used dull blades.

In 1967, when the Intensive Care Unit was established, students were able to receive experience in that area.

Diet Kitchen experience enabled a student nurse to develop specialized diets, assist in menu planning and assist patients in their meal selection during their stay in the hospital. It also afforded the student opportunities for judicious and selective transfer of foodstuffs to the tea-room at the Residence.

Pediatrics offered eight weeks of learning not only about medical and surgical nursing of children but also the knowledge of the normal growth and development of a child. Students of the 1956, 1957, 1958, 1959 and 1960 classes had the opportunity of meeting a young boy by the name of Gerry Trechka, a young paraplegic boy who came to St. Michael's at the age of 12 and was admitted intermittently to Pediatrics until he was an adult. For many, the patient-nurse relationship solidified into deep friendship.



Gerry Trechka

Obstetrical experience on Maternity floor produced nurses who were able to deal with the joy of normal birth, the excitement of Cesaerian delivery, the sadness of abnormal births, the complications of pregnancy both physical and mental, and the delicate care of premature infants. Time was also spent in the Formula Room preparing the required formulas for those mothers not breast feeding their babies.

While on Maternity during the years that Sister M. Cordis was Supervisor, students learned about St. Gerard, the patron saint of pregnant mothers. A story is told of times when business was slow on Maternity, the statue of St. Gerard was turned to the wall so as to concentrate on his specialty. Soon

the delivery room would be busy.



Formula Room — Susie Kanashiro

An enema often given on Maternity was the so-called 3-H enema (high, hot, and hold it) also referred to as a 5-H enema (high, hot, hell-of-a-lot, and hold it till she hiccups!)

In their desire to provide a well-rounded experience for their students, St. Michael's School of Nursing arranged for the student nurses to participate or observe with the Victorian Order of Nurses, the Dorothy Gooder School, day care centers, doctors' offices and the Public Health nurse.



Gloria Obrigewitch — Rehab. Workshop

From the inception of the School of Nursing, student nurses were allowed one day off per week. In 1963 this was increased to two days.



Six Months



First Year



Second Year



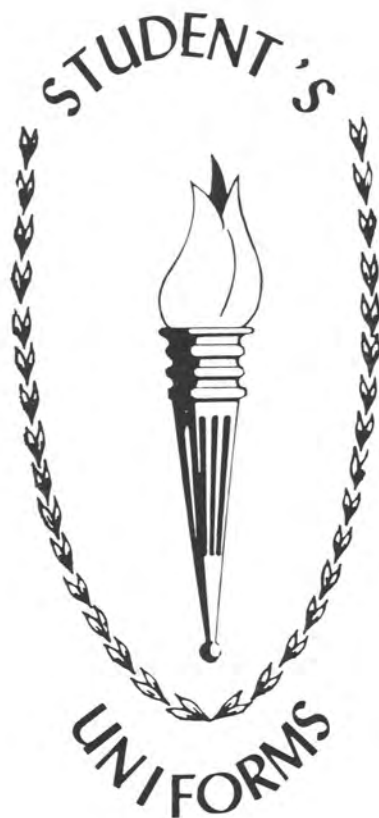
Third Year



Formula Room



Operating Room



Diet Kitchen



Recovery Room



V. O. N.

Student Uniforms

When planning the School of Nursing, the Sisters of St. Martha decided that the requirement of wearing black shoes and black stockings, as many other schools required, was an unnecessary expense. Therefore, student nurses of St. Michael's wore white stockings and white shoes from the beginning.

A royal blue basic dress to which was added a starched collar, a very stiffly starched bib, a full-skirted apron, and a waist band constituted the student nurses uniform.

The blue basic was buttoned with removable buttons while the "white" accessories were safety pinned — 2 for the collar tabs, 2 for the front of the bib, 2 for the back of the bib, 2 for the apron. The waist band which concealed these pins, was fitted with removable buttons.

The brown starch ring around the neck identified a student nurse through her training days. A bar of soap was vital in allowing pins to penetrate the starched uniform.

Among the various schools of nursing in Southern Alberta, St. Michael's Hospital had the reputation of having the stiffest bibs.

One girl remembers the day her bib hooked the fire alarm. The fire department answered promptly.

Although there was a School stipulation that a student must not appear in part-uniform the definition of complete uniform varied with each class.

Some classes began ward experience in a uniform minus the bib while other classes did not appear on wards until after receiving their caps.

Receiving the cap was one of the very proud moments in a new student's life. The dismay was greater if one had the misfortune of dropping it into the laundry chute or into a used bedpan! One quickly acquired the knack of a pincurl at the top and several bobbypins to anchor it at the back of the head.

Capping ceremonies varied with each class, with some receiving them prior to going on wards whereas some were received at the completion of their Preclinical Block.

Receiving the golden yellow band at the beginning of the second year and the royal blue band at the start of the third were significant milestones.

A standard class uniform of navy blazer and grey skirt was adopted in 1964. Full-length navy blue capes lined in red were compulsory in the early years but the policy then changed to allow for individual choice.

A final change in uniforms occurred in September 1969 when the student uniform became a one piece dress of pastel blue perma-press Arnel with white trim. (The Galt School of Nursing changed to a one-piece uniform in the following year.)

St. Michael's Capping Song

*We pledge tonight our loyalty
Our caps we have received
Performing with ability
We promise thee this deed.*

Chorus

*St. Michael's School, St. Michael's School,
We hold above the rest,
In Science, Service, Sanctity,
For thee, we'll do our best.*

*Our sister is kind in whom we find
A constant guide and friend
Will lead us on the heights sublime
Our courage will not end.*

(Sung to the tune of "America The Beautiful")

Description "Students Uniform"

The typical student nurse during 1953-69 wore a simply stunning ensemble of blue and white heavy cotton. This outfit was guaranteed to last one thousand students or one hundred years, whichever came first. To add to its beauty every inch of it was starched. If the student didn't feel like standing up that day the uniform could do the job for her.

The attractive Peter Pan collar was attached to the back of the blue by the use of a pin and secured firmly in the front to our brassiere with 2 more pins. Various methods were devised to reduce the pain and irritation this caused the neck but most of us ended up with brown rings that took years to disappear.

Please notice the smart stiff bib. It is very simply attached to the skirt by the use of four more large pins after being pulled tightly against the throat. Its only purpose as far as we could gather was to cover some mysterious body developments we eventually learned were called mammary glands and could be quite sinful if given half a chance. Actually it also covered a small pocket in which must always be 2 pens. One with blue ink to do the endless charting and one with red ink. Pulses must be charted in red you know.

The beautiful gathered skirt of the apron, with the very discreet slit up the back, was overlapped and held at the waist with 2 more large pins — now bringing the total pin count to 9. Notice how it flows so modestly past the knees. There were some of us who attempted to shorten this beautiful skirt and were immediately noticed and spoken to by Sister B. I think it has something to do with sin again.



One piece nurses' uniform — Noel Dickson



Student uniform, 1953-1969

Curtains For St. Michael's School of Nursing

Nursing is an ever-changing field. The definition of a nurse in the days of Florence Nightingale differs greatly with the description of a nurse in the late 1960's.

Looking to the future, the directors of St. Michael's School of Nursing conceded that the training of a nurse of the future would be better accomplished as a component of the advanced education system.



School Instructresses of last class — 1973

L-R: Mrs. Bertha Kipp, Miss Vera Koppenstein, Mrs. Myrna Greene, Mrs. Iris Mossey, Sister Mary of Calvary, Mrs. Pal Kenealy, Miss Roberta Rich, Miss B. Tada, Miss M. Butler

By the time of the publication of the Fast Report (1971-1972), which advocated the rapid phase-out of hospital schools of nursing, St. Michael's School of Nursing had already noted the admission of its last class in 1970.

It was with sadness and tears that the Class of 1973 became the last class to graduate from St. Michael's School of Nursing.

This composition, author unknown, records the event.

Sunday, June 3, 1973 marked a milestone in the history of St. Michael's General Hospital. On that day the School of Nursing after twenty years of operation, graduated its 18th and last class of students.

Mother M. Immaculata, who initiated, followed through and completed the building of the school and arranged for its operation was invited and came from Nova Scotia for the occasion. Sister Mary Beatrice, first Director, came from Lowell, Massachusetts, as well as other Sisters from nearer Lethbridge.

Activities began on Friday, June 1 at 7:30 p.m. with a banquet in Sven Ericksen's Restaurant. Two hundred and fifty guests spent a pleasant evening lasting until 10:00 p.m. At the request of the graduating class, Dr. John Hunt was chosen as guest speaker. He gave a speech that moved the hearts of all present and received a standing ovation. Judy Korth, Class '73, responded to Dr. Hunt's remarks in a simple, touching manner.

On Saturday, June 2, there were three functions — 9:30 to 11:30 a.m. — A "Koffee Klatch" sponsored by the Calgary Division of St. Michael's School of Nursing Alumni. All faculty members and graduates of the School who were present used this opportunity to renew acquaintances and to meet others who were mutual "fans".

2:30 to 4:30 p.m. — A wine and cheese party in the School Auditorium for the Alumni and members of the graduating class sponsored by the Honorary Members of the Alumni. One hundred and sixty-eight former graduates of the School of Nursing from all classes were able to be present, seven from the School of Medical Laboratory Technology and two from the School of Radiological Technology which closed in 1969.

9:00 p.m. — Graduation Dance at the Exhibition Pavilion. Approximately 750 people took part in this gala event. At the request of the graduating class, Dr. Stillwell was asked to introduce the graduates and their escorts.

On Sunday, June 3, three functions brought the ceremonies to a close.

The "Big Day" began with a Mass at 10:00 a.m. celebrated in the residence chapel by Bishop O'Byrne. The bishop was assisted by Reverend J. N. Lebel, chaplain to the early graduates.

At 1:30 p.m. the Graduation Exercises proper took place in the Paramount Theatre. The capacity of the theatre was strained to the utmost. These exercises marked the culmination of a 20-year period during which five hundred and fourteen young ladies benefited from the Christian, educational, cultural and social environment provided by the school. Eight graduates of the '71 and '72 classes were selected to act as ushers. Alumni officers, Mrs. Eileen Filthaut (Sees) and Mrs. Erika Izsak (Krol) lead the graduates in the processional and recessional.

The International Pledge voiced by the graduates in unison, was received by Miss Vera Koppenstein, a graduate of the first class (1956 A) and employed by St. Michael's since her graduation except for a period devoted to post-graduate study.

The Internationally famous "Anne Campbell

Singers", 40 in number, delighted the audience with their superb rendition of five appropriate selections.

Dr. James Oshiro, President of the Alberta Medical Association and Chancellor of the University of Lethbridge, was the guest speaker.

In the valedictory address, Miss Niane Nason captured the hearts of her listeners. The warmth of her personality came through and she received tremendous applause.

Immediately following the Graduation Exercises, Sister Mary of Calvary, Director of St. Michael's School of Nursing since 1968, Sister Mary Clarissa, Administrator, and Sister M. Alexia, Laboratory Supervisor, welcomed the graduates, their parents and guests and also former graduates of St. Michael's to a reception at Sven Ericksen's. Members of the Ladies' Auxiliary of St. Michael's Hospital graciously poured.

Although the graduation exercises are completed, the Class of '73 will be in the school until mid-August when they write their R.N. examinations after which the school as such will be completely phased out.



St. Michael's last graduating class



Mrs. May Bradley — Master of Ceremonies



Dr. J. Hunt — Guest Speaker

Awards and Scholarships

Every student of S.M.H. received the treasured degree of RN or RT, and also the distinguished pin of St. Michael's School. The design of this pin is the same as the design of the pins worn by all schools run by the congregation of Sisters of St. Martha. There were also those students who earned special recognition each year through awards and scholarships.

Award for General Proficiency in Nursing was awarded each year to the student(s) who showed the best all round nursing skills. This award of a gold pin was sponsored by the Haig Clinic.

Award for General Proficiency in Laboratory Technology was presented to the student who showed best all round skills in the Laboratory. This award, sponsored by Dr. Bainborough, was awarded each year.

Award for General Proficiency in X-ray Technology was sponsored by Dr. Brian Black and was awarded to the student that excelled in X-ray Technology. This award was given until 1970.

Additional awards were presented annually. Some differed from year to year. Listed below are the other awards and scholarships as they were presented.

1956

Highest Standing in Theory donated by the Friends of St. Michael's School of Nursing

The V. F. Swancesky Award for the member of the graduating class who did most for the welfare of the students

The F. Ray Whittick Award for Bedside Nursing

The Ladies' Auxiliary Scholarship for further study in Pediatrics

1957

The F. Ray Whittick Award for Bedside Nursing

High Standing In Theory: V. F. Swancesky Award

Highest Standing in Psychiatric Nursing: Elizabeth Ann Bower Award

The Ladies' Auxiliary Scholarship for further study in Pediatrics

1958

Highest Standing in Theory: V. F. Swancesky Award

Highest Standing in Psychiatric Nursing: Elizabeth Ann Bower Award

Ladies Auxiliary Scholarship for further study in Pediatrics

1959

Highest Standing in Theory: V. F. Swancesky Award

Proficiency in Tuberculosis Nursing

Highest Standing in Psychiatric Nursing: Elizabeth Ann Bower Award

Ladies' Auxiliary Scholarship for further study in Pediatrics

1960

Mr. Ray Whittick Scholarship for further studies in University

St. Michael's Ladies' Auxiliary Scholarship for further studies in University

The Late Cecil Fleming Award for Consistently Good Effort in Study

Elizabeth Ann Bower Award for the Highest Standing in Psychiatric Nursing

The Dr. V. F. Swancesky Award for Highest Standing in Theory

Award for Theoretical Knowledge in Laboratory Technology

Award for Practical Application of Knowledge in Laboratory Technology

1961

The Dr. V. F. Swancesky Award for Highest Standing in Theory

The Elizabeth Ann Bower Award for Highest Standing in Psychiatric Nursing

Mr. F. Ray Whittick Scholarship for Bedside Nursing

Scholarship for Further Study in University donated by:

- St. Michael's Ladies' Auxiliary
- St. Michael's School of Nursing Alumnae
- Mrs. Marjorie Fleming in Memory of the Late Mr. Cecil Fleming

1962

Award for Highest Standing in the R.N. examinations

Highest Standing in Psychiatric Nursing: Elizabeth Ann Bower Award

Scholarships for further study were:

- Ladies' Auxiliary Scholarship
- St. Michael's Hospital Alumnae Scholarship
- The Dr. V. F. Swancesky Scholarship
- The Late Cecil Fleming Scholarship
- The Ray Whittick Scholarship
- The Haig Clinic Scholarship

1963

Highest Standing in Psychiatric Nursing: Elizabeth Ann Bower Award

Award for Highest Standing in Theory

Scholarships to Further Studies in University donated by:

- St. Michael's Ladies' Auxiliary
- St. Michael's Hospital Alumnae
- The Dr. V. F. Swancesky
- The Late Cecil Fleming
- The Haig Clinic
- The Bigelow-Fowler Clinic

1964

The Elizabeth Ann Bower Award for Highest Standing in Psychiatric Nursing

Award for Highest Standing in Theory

The Medal in Pediatrics for Highest Marks donated by St. Michael's Ladies' Auxiliary

Scholarships for Further Studies in University were:

- St. Michael's Ladies' Auxiliary Scholarship
- The Bigelow-Fowler Clinic Scholarship
- The Haig Clinic Scholarship
- St. Michael's Alumnae Scholarship
- The Dr. V. F. Swancesky Scholarship
- The Late Cecil Fleming Scholarship
- The Mr. and Mrs. J. Paskuski Scholarship

1965

The Award for Proficiency in Pediatrics donated by St. Michael's Ladies' Auxiliary

The Elizabeth Ann Bower Award for the Highest Standing in Psychiatric Nursing

The Award for Highest Standing in Final Examinations

Scholarships for Further Studies in University included:

- The Haig Clinic Scholarship
- The Bigelow-Fowler Clinic Scholarship
- The Mrs. V. F. Swancesky Scholarship
- The Late Cecil Fleming Scholarship
- St. Michael's Ladies' Auxiliary Scholarship
- The Mr. and Mrs. J. Paskuski Scholarship
- St. Michael's Alumnae Scholarship

1966

The Proficiency Award for Laboratory Technology donated by both Dr. S. H. Watson and Dr. Bainborough

Elizabeth Ann Bower Award for the Highest Standing in Psychiatric Nursing

Scholarships for Further Studies in University were:

- The Late Cecil Fleming Scholarship
- The Bigelow-Fowler Clinic Scholarship

- The Mr. and Mrs. Paskuski Scholarship
- The St. Michael's Ladies' Auxiliary Scholarship
- The St. Michael's Nurses Alumnae Scholarship

1967

The Highest Standing in Psychiatric Nursing: The Elizabeth Ann Bower Award

The Award for the Highest Standing in Theory

The Award for Proficiency in Pediatrics donated by St. Michael's Ladies' Auxiliary

Scholarships for Further Studies in University donated by:

- The Edith Cavell Nursing Home Scholarship
- The Haig Clinic Scholarship
- St. Michael's Ladies' Auxiliary Scholarship
- The Late Cecil Fleming Scholarship
- The Bigelow-Fowler Clinic Scholarship
- The Sr. Mary Beatrice Scholarship donated by St. Michael's Alumnae

1968

The Elizabeth Ann Bower Award for Highest Standing in Psychiatric Nursing

The Award for General Proficiency in Pediatrics donated by St. Michael's Ladies' Auxiliary

Scholarships for Further Studies in University included:

- The Edith Cavell Nursing Home Scholarship
- The Bigelow-Fowler Clinic Scholarship
- The Haig Clinic Scholarship
- St. Michael's Ladies' Auxiliary Scholarship
- St. Michael's Alumnae Scholarship

1969

Elizabeth Ann Bower Award for Highest Standing in Psychiatric Nursing

Award for Proficiency in Pediatrics donated by the Ladies' Auxiliary

The Luker Award for Proficiency in Bedside Nursing

The Award for High Standing in Theory in X-ray Technology donated by the Lethbridge Society of X-ray Technology

Scholarships for further studies in University were:

- The Edith Cavell Nursing Home Scholarship
- The Haig Clinic Scholarship
- The Bigelow-Fowler Clinic Scholarship
- St. Michael's Alumnae Scholarship
- St. Michael's Ladies' Auxiliary Scholarship

1970

Award for General Proficiency in Pediatrics donated by St. Michael's Ladies' Auxiliary

The Luker Award for Proficiency in Bedside Nursing

Scholarships for further studies in University donated by:

- The Bigelow-Fowler Clinic
- The Haig Clinic
- The Edith Cavell Nursing Home
- St. Michael's Alumnae
- St. Michael's Ladies' Auxiliary

1971

Award for Proficiency in Pediatrics donated by the Ladies' Auxiliary of St. Michael's

The Luker Award for Proficiency in Bedside Nursing

The Award for Highest Standing in Theory

Scholarships for further studies in University donated by:

- The Bigelow-Fowler Clinic
- The Haig Clinic
- The Edith Cavell Nursing Home
- St. Michael's Alumnae
- Ladies' Auxiliary to St. Michael's

1972

Award for General Proficiency in Pediatrics

The Luker Award for Proficiency in Bedside Nursing

Scholarships for Further Studies in University donated by:

- The Bigelow-Fowler Clinic
- The Haig Clinic
- The Ladies' Auxiliary to St. Michael's
- St. Michael's Alumnae

1973

The Luker Award for Proficiency in Bedside Nursing

The Award for Highest Standing in the Theory of Medical-Surgical Nursing donated by St. Michael's School of Nursing

Award for Proficiency in Pediatric Nursing donated by St. Michael's Hospital Ladies' Auxiliary

Scholarships for Further Studies in University donated by:

- The Haig Clinic
- St. Michael's Hospital Ladies' Auxiliary
- The Bigelow-Fowler Clinic
- The Sister Mary Beatrice Scholarship donated by St. Michael's Alumnae

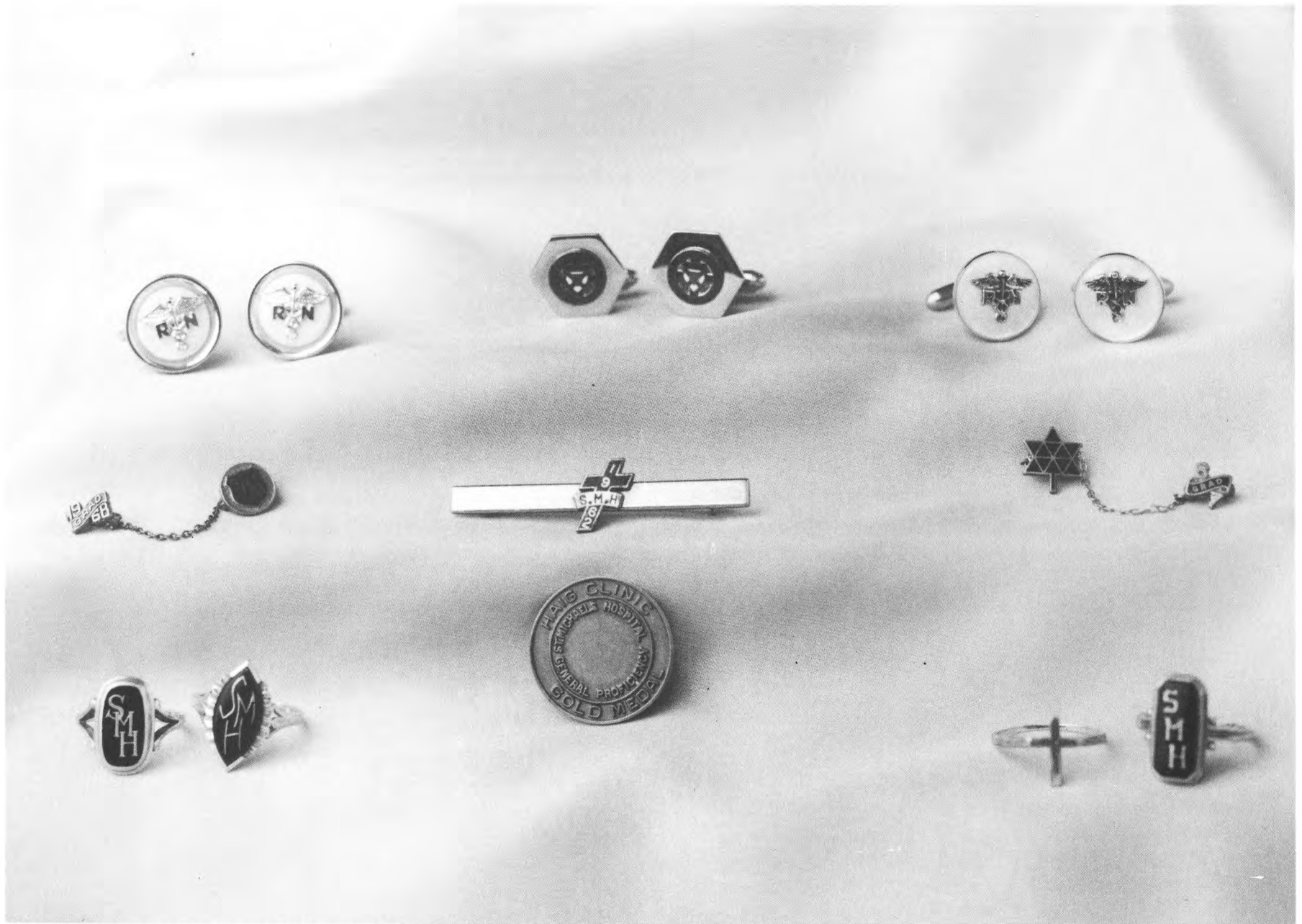
Our School Pin

The St. Andrew's Cross in azure is placed on a silver background. This cross is taken from the Provincial Coat of Arms of Nova Scotia, where the Sisters of St. Martha were founded. On a small escutcheon center, another symbolic cross is represented, the Crosslet Fitchey, which is placed on still another cross, the Jerusalem Cross in gold. This cross is in honor of our Lord and it represents St. Martha's loving ministrations to Him at Bethany, outside of Jerusalem. The whole design is superimposed upon a blue cross representing the Blue Cross Plan. On the top section there is a lamp symbolizing Knowledge.

The motto engraved on the pin — which reads — "SCIENCE - SERVICE - SANCTITY" is very applicable to the Graduate Nurse for it expresses a philosophy of life. It conveys that she is now thoroughly equipped with the knowledge of SCIENCE which will guide her along the pathway of SERVICE. But these two will not suffice unless they are welded together with the burning ardor of SANCTITY. She best serves mankind who serves God, and the service of God is Sanctity.

This is your pin - wear it with honor.

Pin designed by Sister Mary Remegius, C.S.M., N.S.C.A.



Top Row: Three varieties of graduate cuff links. Middle Row: Cap Pin — 1968, Half-Way Bar Pin, Cap Pin — 1967.
Front Row: Four class ring designs, Haig Clinic Gold Medal.



Front lobby of Residence

The "Res"

St. Michael's Nurses Residence which became known simply as "The Res", was a three year home for over 500 girls aspiring to become nurses, Laboratory and X-ray technicians. It housed the dreams, the fears, the problems, the joys and the sadnesses of students.

As in any organization involving numbers, rules and regulations are vital. To enforce these rules and regulations an Arbitration Board existed. Punishment was usually in the form of "being housebound". This meant that the student could not leave the Residence after 4:30 p.m. for a designated period of days.

ARBITRATION BOARD RULES

Penalty of: Three consecutive nights to be in residence by 8:00 p.m. for violation of the following rules:

- 1) Missing roll call and prayers at 6:30 a.m.
- 2) Incomplete uniform at roll call.
- 3) Failure to attend Mass meetings - except when on 3-11 duty or day off or with permission from Senior Member of the Arbitration Board.
- 4) Failure to observe study period while in block. Must be quiet at all times during study hour. No sleeping during study hour unless with permission of Senior Member of Arbitration Board. No one is to leave residence during study hour unless with permission.
- 5) Violation of Library Rules.

Penalty: Loss of one Late Leave.

- 1) Excess noise after 10:30 p.m.
- 2) Electrical appliances in room.
- 3) Being late after appointed time at night.
- 4) Failure to report illness.

Anyone seen outside the residence in uniform or part of a uniform will be brought before the board.

Care must be taken in signing in and out.

Re the lawn; good citizenship is expected. Walking on lawns will be reported to the Arbitration Board.

Slacks are not allowed in the Students' Dining Room.

Anyone caught in the corridors in under-garments without a housecoat will be penalized.

Any further changes will be announced at Mass Meetings.

March 25, 1959.

Study period was compulsory during the hours of 4:30 to 6:30 p.m.

Monday night was Residence Night when all were required to stay in Residence. This was usually the time for General meetings, etc.

When leaving the Residence, students were to mark the In-Out section of the Name Boards. Late Leave cards were punched when returning to the Residence. Alcoholic beverages were not permitted in the Residence.

C	7/11-7/11	L	Jan	S
C	ST. MICHAEL'S STUDENT NURSES			S
C	NAME <i>Miss Polich</i>			S
C	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	L S

Late Leave Card

Nurses were required to keep their rooms neat and clean. To assure this, periodic room checks were done. There then ensued a mad scramble to clean all hair out of the sink, dust webs out of corners and straighten the stuffed animals on the bed.



Ten minutes before room check

Miss *Polich & Koskovich* 403

You may not go out until you clean this room up and put it in order. Then have someone check it.

Signed

SMB

In adapting to newer trends, the regulations of residence life were revised. In 1963 the Honor System came into effect.

RESIDENCE LIVING

1. As a student you will take the responsibility of returning to residence at a reasonable hour.
2. A student returning to residence after 11:00 p.m. must sign time of return.
3. A board is located at the main desk on which you are to signify whether you are in or out of residence. You take the responsibility of informing the receptionist or housemother of your whereabouts if you are expecting calls, etc.
4. If you intend to stay out overnight or longer, you must signify your intent prior to leaving residence by signing designated form.
5. Alcoholic beverages are not permitted in residence.
6. There are tea rooms, laundry room, pop machine, and T.V. room, located in the residence.
7. A residence committee which is composed of students will ensure that the rights of others are respected.
8. Visitors may be received in the lounge or sitting rooms. Special permission is needed for relatives to visit in your room.
9. Bed linen is changed weekly. Linen may be obtained at the laundry wicket at designated times.
10. Smoking is permitted except when in bed, corridors, classrooms, and library.

Regulations governing residence life have been modified during the past few years. The honour system has been adopted. Elected representatives from the student body have met and discussed at length the duties, responsibilities and behaviour of the students attending St. Michael's School of Nursing. They have drawn up some general rules of behaviour which were accepted by the students. The following is a quote from this code:

tee and the majority of the students of St. Michael's "It is the fondest hope of the discipline committee that we will never have to impose any restrictions on our peers. This is our institution and we are greatly concerned with the image and reputation that the school has among people of Alberta. Anytime this image is degraded, a significant part of our professional heritage suffers also. It is up to us to maintain our school in its traditional role as an educational institution of very high calibre, turning out competent, professional, nursing personnel. January 1970"

Our Housemothers and Secretaries



Mrs. M. Nyhoff



Mrs. S. Poulette



Mrs. T. Sava



Mrs. J. Wieber



Mrs. V. Johnston



Mrs. I. Gyuricza



Mrs. D. Shaw



Mrs. S. Turman



Jean Galbraith



Mrs. Manning



Mrs. Parker



*Secretary-Receptionists
L-R: Mrs. E. Winchester,
Miss M. O'Connell, and Mrs. C. Paschal*



Mrs. Aoki

Religious Activities

St. Michael's School of Nursing is dedicated to the philosophy that nursing education must be built on religious principles. Spiritual development is promoted by the following:

1. Morning prayer said in assembly by all students.
2. All students are expected to attend the church of their affiliation.
3. All students are welcome to pray in the hospital or Residence chapel at any time.
4. A Retreat is given annually. All students attend this Retreat. A Catholic and a Protestant minister is available.
5. Courses in spiritual development are conducted for all students.
6. Medical Ethics is taught as a correlated subject throughout the course.
7. Membership in the Nurses Christian Fellowship or the Sodality of Our Lady is promoted.

As noted in the article on Religious Activities, students in classes or on Day shift were required to participate in Morning Prayer held in the Recreation Room or to attend Mass in the chapel. The prayers recited were the Lord's Prayer and the Peace Prayer of St. Francis of Assisi. The latter remains a favorite of many St. Mike's alumni.

During the years that Sister M. Beatrice was Director of the School, many students became acquainted with another saint — St. Jude, the patron of difficult cases, especially at Exam time. For many, he became a favorite saint even when exams and training school were finished.

The girls who trained at St. Michael's maintained not only a busy study and work schedule but also a varied extra-curricular program.

An active Student Council functioned through the years of the School's existence. It provided inter-class spirit, good will and encouraged a sense of responsibility among the students.



Morning Prayers and Roll Call, nurses rec. room

Peace Prayer of Saint Francis of Assisi

Lord Make Me An Instrument Of Thy Peace

*Where there is hatred,
... let me sow love;
where there is injury, pardon;
where there is doubt, faith,
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy.*

*O DIVINE MASTER, grant that I may not so much seek to be
consoled as to console; to be understood as to understand; to
be loved as to love; for it is in giving that we receive, it is in
pardoning that we are pardoned, and it is in dying that we are
born to eternal life.*

Saint Francis of Assisi



St. Jude

Sodality

On August 10, 1953, the Sodality of the Blessed Virgin Mary was organized at St. Michael's School of Nursing. Dedicated to the Blessed Virgin Mary the Sodality encourages members to imitate her virtues and to spread devotion to her. In growing spiritually, our professional growth as nurses was enriched.

Under the titles of apostolic, spiritual, educational and social, the Sodality was involved in many activities through the years.

Many feast days particularly those honoring the Blessed Virgin Mary were celebrated, especially December 8. On this date, new members were received into the Sodality. In some years this was the time for a Crowning ceremony, in other years it was done during the month of May. Daily Mass attendance by Sodality members was encouraged. Recitation of the rosary during the months of May and October was a daily event. Each year the Sodality members made a three-day retreat directed by Oblate Fathers, and the Franciscans.

Candy sales, raffles, and socials enabled members to donate to needy families, purchase hymn books

for the chapel, and send delegates each summer to the Dandelion College at the Banff School of Fine Arts.

The Sodality sponsored films and slide presentations. Among titles shown: "Don Bosco" and "Dr. Tom Dooley". Slides were shown of various pilgrimages to shrines of Europe, and the work of the Blue Army. During the centenary year (1958) of the apparitions of Our Lady at Lourdes, the Sodality petitioned and was successful in having the reshewing of the film "Song of Bernadette". It was shown in theaters in Lethbridge during the month of July, 1958.

Heartily supporting the "Put Christ Back Into Christmas" campaign, the Sodality raffled an outdoor Nativity scene, produced a radio play on CJOC in collaboration with St. Francis Boys' School, and promoted the custom of the Advent Wreath.

In continued spiritual growth members enrolled in the Scapular, and participated in dedication to the Sacred Heart.

The original Sodality Executive were:

Pres.....	Martina Harty
Vice-Pres.	Millie Hagel
Secretary	Barbra Thielen
Treasurer	Jean Coderre
Chaplain	Rev. J. N. Lebel
Moderator	Sister Mary Beatrice

The Class of 1963 was the last class to have a Sodality although annual retreats continued to be held.

The spiritual values of the Sodality continue to this day.



Coronation of our Lady

Nurses Christian Fellowship

Nurses Christian Fellowship was part of an Inter-Varsity Christian Fellowship designed to witness to Jesus Christ, to strengthen and deepen Christian life and to emphasize essential duties and privileges of every Christian. This interdenominational organization was formed in 1962 at St. Michael's School of Nursing under the sponsorship of Miss Fran Reed. Miss Reed was a Nursing Arts instructor at the time. This group was formed to further the study of the Christian's basic foundation, the Bible, thus equipping the students with better spiritual insights both for individual and patient needs. NCF taught students to recognize the importance of spiritual values as well as acquired knowledge and skills, teaching the student nurse to care for the whole person, both physical and spiritual.

Meetings were held every second week and included various activities, informal discussions, talks by visiting ministers, Hootenannies, projects and tours such as the Dorothy Gooder School for retarded children and a Hutterite Colony.

Nurses Christian Fellowship continued until 1970 at which time the formal meetings were discontinued.

For the final three years, the students of St. Michael's School of Nursing enjoyed Retreats at Mount St. Francis in Cochrane.

The first installation of officers were:

President — Amelia Pavlovich
Vice-President — Joyce Granberg
Secretary — Delores Erickson
Bible Study Group — Carol Barber
Donna McNamar

Retreat Activities

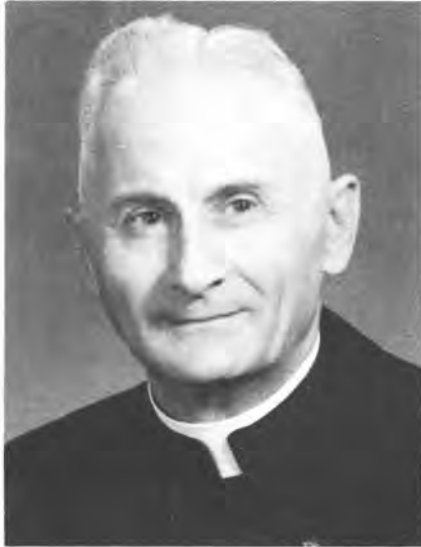


Miss Fran Reed



Retreat Activity

Our Chaplains



*Father J. N. Lebel
(1950-1958) (1967-1970)*



*Father M. Campbell
(1958-1961)*



*Father R. MacLellan
(1961-1965)*



*Father J. Healy
(1965-1967)*



*Father B. Field
(1970-1977)*

FATHER JOSEPH NAPOLEON LEBEL

Joseph Napoleon Lebel was born in Riviere de Loup, Quebec on December 7th, 1901.

Ordained to the priesthood on June 8th, 1930, Father Lebel came to Calgary, Alberta on July 18th, 1930. He worked in the parishes of Wayne, Munson, Canmore and Gleichen until 1950 when he came to Lethbridge, working not only in the mission parishes of Coalhurst, Barons and Carmangay but also as the Chaplain at St. Michael's Hospital.

Perhaps because he came from a family of twenty-one brothers and sisters, Father Lebel liked working with young people. Thus when St. Michael's

School of Nursing opened in 1953 Father Lebel became the School Chaplain, a role he filled until 1958 when he left to do parish work. Father Lebel returned to St. Michael's from 1967 to 1970.

In the early years of his retirement Father Lebel lived at St. Basil's rectory until 1975 when he moved to Halmrast Manor, where he died on May 28th, 1985.

Father Joseph Napoleon Lebel will be remembered by many of the nurses for his understanding of a student nurse's needs, his attendance and hosting of many Graduation and reunion dinners, and his concern and interest in the lives of "his girls".

"Put Christ Back Into Christmas" Campaign

In October, 1956, Student Nurses at St. Michael's Hospital introduced the "Put Christ Back Into Christmas" campaign to Lethbridge. Activities began early in October when various students, of many faiths, volunteered for the planned phases of the campaign.

The "Bring Christ Back Into Christmas" originated at Mount Saint Vincent College in Halifax, Nova Scotia, in 1950. It was born of the realization of a truth written in an American newspaper. This short article simply stated that Christ was no longer in Christmas.

Local postal authorities were approached and arrangements made for the purchase of a die slug for the cancelling machine which would stamp the slogan "Let's Put Christ Back Into Christmas", on out-going mail from the Lethbridge post office. Utmost co-operation and interest was shown by all concerned and the stamped slogan was used from Dec. 1 - Dec. 24. Classrooms became workshops as students designed posters for display in Lethbridge stores. Life-sized figures were painted and displayed in an outdoor Nativity scene situated on the hospital grounds.

Business firms were encouraged to use a Christian motif in their Christmas decorations and florists distributed leaflets containing "The Legend of the Christmas Rose" with each Christmas flower order. Each year new ideas were introduced into the campaign. New projects included house to house distribution of pamphlets telling "How to Bring Christ to Christmas". A local sign company donated a beautiful inspiring sign for the Junior Chamber of Commerce float which paraded through the City during the weeks before Christmas. The sign read, "Remember — Christmas is Christ's Birthday". One of the students painted an equally meaningful reminder for the front of the City Hall.

An outdoor Nativity scene, complete with spotlights and amplified carols, was located in front of Residence. Within the Res. the nurses observed the time-honored customs of the Advent Wreath.

In 1959, beginning in November, a series of four weekly articles sponsored by the students of St. Michael's appeared in the "Women's World" section of the Lethbridge Herald reminding the readers that during the hustle and bustle of pre-Christmas shopping, wrapping, cooking, and cleaning, Christmas had a deeper meaning. These articles gave suggestions on how this meaning could be introduced into every household.

Television, radio and press gave generous publicity in word and picture to our campaign activities.

This international, inter-denominational campaign judging by co-operation and commendation from the public made our efforts a worthwhile project.

Although the campaign was "community" active for approximately six years the spirit of putting Christ back into Christmas remained visible in Residence and Hospital and imprinted in the heart of every student nurse.



*Students designing posters
L-R: Sylvia Neufeld, Darlene Dancoisne, Juanita Zasadny, Sylvia Vernon, Marilyn MacNeil*



Advent Wreath



Nativity scene in front of Res.

School Sports

The majority of students enrolled at S.M.H. participated in one or more of the sports available.

Basketball, organized in the fall of 1953, became the most popular school sport. St. Michael's joined the Ladies Commercial League and within three seasons became well known as a competitive opponent. Enthusiasm for basketball was shared by all classes.



*Back Row - Beverley Deglow, Constance Yoshida, Ken Kotkas (Coach), Shirley Parkinson, Irene Jozsa
Front Row - Marlene Rollag, Greta Carlson, Agnes Hansen, Helen Bachlet*



Students from 1954-1957 recall many fun-filled nights displaying their accuracy in league play at the Bowladrome. It was a challenge to knock down the left corner pin or "blow" the frame. Too, it was the era of the hand pin setters. One student (Class of 1956) recalls, "And when those pinboys went on strike did that daunt us? Never! We all are now qualified as pro pin setters."

St. Mike's volleyball team, "Sparks and Flashes", boasted an active team during the 60's. Many out of town tournaments were entered.



*Volleyball Team — 1962
Back Row - E. Laqua - 1964, E. Stoochnoff, Pat Gerun, Maria Boh - 1963
Front Row - Lylena Scharf - 1962, Helen Smith - 1964, Gail Murray - 1962*

Several sport facilities were available in the city and they offered reduced rates for the students. Many enjoyable Sunday nights were spent skating at the Civic Ice Center. Margaret Jozsa (Class of 1958) related her class memories of this sporting event. "Several hours and many miles later, we would head for "Yips" for a cup of coffee. Then home-ward bound — skates "in hand" and "aches in legs".

Fort Whoop-up Pavilion offered roller skating. For the students interested in swimming, the Civic Center, Y.W.C.A., or Park Lake became favorite outlets. The Residence facilitated various sports such as ping pong, darts, and gymnastics.

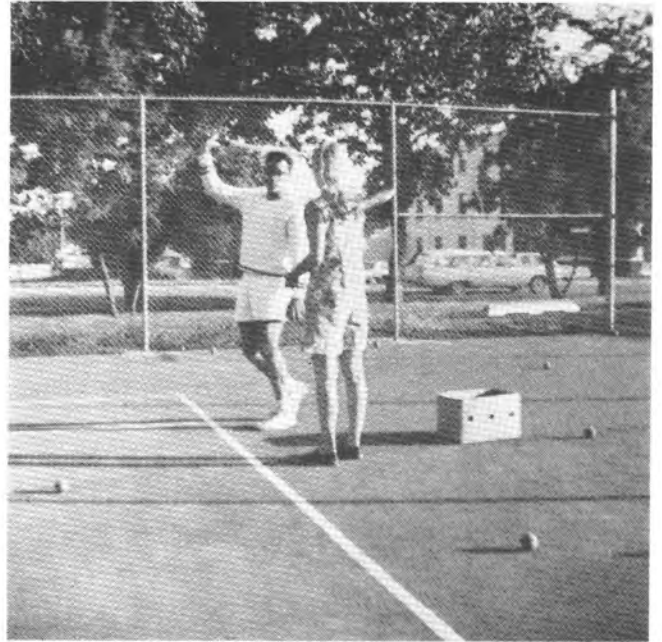
In 1958 a Ladies Commercial Softball League was formed in Lethbridge. The original six teams — Eatons, Bank of Montreal, Galt School, Monarch, Sputniks, and St. Mike's remained active in the League for many years. The first coaching staff for St. Mikes was Rev. Father R. MacLellan and Mr. Glen Murray. In 1961 our team finished in first place. Student interest and participation in this sport continued into the late 60's.

In August, 1960, for the first time, an Inter-Hospital sports day was held. The Galt School organized a swim meet and St. Michael's sponsored the track and field.



School Gymnastics

Provisions for tennis became available on Hospital property in 1968. Both students and hospital staff had access to the facility.



St. Michaels Hospital Tennis Court

Sports Activities in Residence



School Activities

The Student Nurses Association of Alberta (S.N.A.A.) was an organization formed province-wide in 1954. The purpose of this group was to provide an introduction to professional responsibility through its activities and relationships with the A.A.R.N. and to promote a spirit of unity among the 12 Schools of Nursing in Alberta. St. Michael's student nurses were active and enthusiastic members, attending conventions and activities. In 1958, two elected representatives from S.M.H. along with representatives from each of the other Schools of Nursing journeyed to Ottawa to the first National meeting of the Student Nurses Association.



On route to S.N.A.A. Convention

The Sisters of St. Martha encouraged and fostered the appreciation of fine arts in the student nurses. For many years a choir composed of the newest class appeared on CJLH TV (which later became CJOC TV and subsequently became CFAC TV) at Christmas time under the guidance and direction of Remo Baceda. The student nurses benefitted from his musical knowledge until 1961. When Sister M. Helene (Wadden) arrived in 1960, she became affiliated with the music program.



Sister M. Helene

St. Michael's School of Nursing could now boast its very own School song written and composed in 1961 by Sister M. Helene. The choir and Glee Club continued to the closing of the School.

Inter-school drama competitions provided opportunities for the development of the thespian talents of the students. A few of the entries through the years were called, "The Beauty Box" (1959), "Shine On Harvest Moon" (1960), "Twelve Good Men and True" (1964), "Flos' Follies" (1972).

With the departure of Sister Helene in 1967, the music program was guided by Bruce Barrow, Sister Helen Louise, and Mrs. Myrna Green, until the closing of the School.

St. Michael's School Song

Words and music by
Sister Mary Helene, B. Mus.
Arr. by John Lee, F.R.C.O.

Maestoso - Nobilmente

We're students of St. Michael's, we come from near and far. But here we are proud of us as we wear the white and blue. Here to serve God's sick ones with And as we pass the threshold of

expert care and strive to sanctify our selves as well and keep our faith alive. Graduation Day, St. Michael's School we'll nobly strive to bear the torch always.

St. Michael's, St. Michael's, the school we call our own. Our Alma Mater

most beloved, your merits are well known. Science, Service, Sanctity, our

motto we uphold. So Hail to dear St. Michael's, the blue and white unfold.



Initiation



Halloween



Waterton Weekend

STUDENT ACTIVITIES



Sock Hop at Res



Halloween



Mardi Gras 1967



Skit



Choir



Christmas Caroling with Galt School of Nursing

The Student Pilots of 3 F.T.S.

R.C.A.F. Station Claresholm

request the pleasure of the company of

Miss Iva Polich

at a **FOrmal** | Dance

to be held at the FIC. Mess on

Sat. 14th December at 9 pm

Edward G. Wood
FOR Secretary:

RSVP



Halloween — Class of '72



Sweathart Ball



Sun bathing on 4th floor



Mrs. Chase



Dressed version of Skeleton



Lethbridge's 60th Birthday





HMS





ST. MICHAEL'S HOSPITAL
LETHBRIDGE, ALBERTA

SCHOOL CRESTS



The microscope represents the era when Medical Technology made its greatest contribution to the care of the sick.

The X-ray tube represents the vital organ of this department; a vital contribution to total patient care.



The lamp is a symbol of knowledge; it also represents nursing. It became associated with the nurse because it dispersed the loneliness of long nights of suffering as she approached the patient.

*OUT OF THE BLUE — the basic blue of the student
nurse to the white of a Graduate Nurse of
St. Michael's School of Nursing.*

ST. MICHAEL'S HOSPITAL SCHOOL OF NURSING

St. Michael's General Hospital, owned and operated by the Sisters of St. Martha, opened its School of Nursing on January 5th, 1953. Approval for the establishment of the School of Nursing had been received from the University of Alberta in November 1950. On March 31st, 1954 the School received final and formal approval of its curriculum from the Committee on Nursing Education, University of Alberta.

Upon the opening of St. Michael's School of Nursing in January a class of 20 students was admitted followed in September by another class of 32 students. After this year, one class annually was accepted, with the last enrollment being in 1970.

The philosophy of St. Michael's School of Nursing supported, and was in accord with that of St. Michael's Hospital, which emphasized the dignity of the human person.

The purpose of the School of Nursing was to give its students an education which would prepare them to function as competent members of the nursing team and as contributing members of the health team. It was the belief of the faculty of the school that student nurses be regarded as learners, and that nursing service be stabilized by graduate and auxillary personnel rather than by student labour in order that both patient welfare and the students' program be safeguarded.

It was recognized, however, that while acquiring knowledge in the clinical areas, the student would be making a contribution to patient care. The conditions of this service were carefully controlled and supervised in order that they would be meaningful in terms of the education of the student, and contribute to her personal and professional development.

St. Michael's School of Nursing offered a three year diploma program in Nursing Education. Upon satisfactory completion of the course, students of the school were eligible to write the examinations as recommended by the Board of Examiners, University of Alberta. Those successfully passing the examinations, received a diploma from the School and were qualified to become active members of the Alberta Association of Registered Nurses and to use the initials R.N. after their names.

The first Graduation Exercises for the two classes which had entered in 1953, were held on May 13th, 1956 in the Paramount Theatre. The address to the 46 Graduates on this occasion was given by Bishop F.P. Carroll of Calgary. Board Chairman F. Ray Whittick presided and Dr. J. McNally, President of the Medical Staff, presented the awards.

Each successive year saw another group of young nurses receive their nursing diplomas until the last Graduation Exercises on June 3rd, 1973. Judge F.T. Byrne presided, with Mr. A.W. Shackleford, Board of Trustees presenting awards. On this occasion, Dr. James Oshiro, President of the Alberta Medical Association was the Guest Speaker.

In 1973, in line with newer trends in nursing education, it was decided to close the hospital based school and to provide clinical experience to students in Nursing in the Lethbridge Community College's newly instituted program. 514 Graduate Nurses, 33 X-ray Technicians and 52 Laboratory Technicians, went forth to minister to the sick.

The Sisters who served as Directors of Nursing Education during the School's existence were: Sister M. Beatrice McMahon, Sister Anne Marie Cummings, and Sister Mary of Calvary MacDonald.



Sister Mary Beatrice McMahon — 1953-1967. It was from her resourceful genius as an artist that this School had its origin.



Sister Ann Marie Cummings — 1967-1968



Sister Mary of Calvary MacDonald — 1968-1973



~ MARJORIE BULLOCK ~



~ JEAN CODERRE ~



~ MILDRED COX ~



~ PATRICIA DAHL ~



~ MILLIE HABEL ~



~ MARTINA HARTY ~



~ JOAN JESSOP ~



~ JEANINE KLEIST ~



~ VERA KOPPENSTEIN ~



~ MARY MCDONALD ~



~ JOYCE MATHESON ~



~ ELAINE POLITESKI ~



~ EMILY REGIER ~



~ ALBERTA SNELL ~



~ MARY SPILAK ~



~ GRACE SWIHART ~



~ MARY JANE ERICKSEN ~
~ Lab Technician ~



~ DOLORES KOSTELNIK ~
~ X-Ray ~



~ KATHLEEN ROBINSON ~
~ Lab Technician ~



~ BARBARA THIELEN ~

ST. MICHAEL'S SCHOOL OF NURSING ~ 1956 ~

GRADUATING

CLASS

PHOTOS BY LLOYD KNIGHT.

Awards — General Proficiency — Grace Swihart; Proficiency in Laboratory Technology — Mary J. Erickson and Kathleen Robinson; Proficiency in X-Ray Technology — Dolores Kostelnik; Graduating Class member who did most for the Welfare of the Students — Vera Koppenstein; Bedside Nursing — Martina Harty

CLASS - 1956 A

St. Michael's School of Nursing opened its doors on January 5th, 1953, to 20 eager young ladies, known as class 1956 - A, to begin their three years of "in training".

The remark, "I'm going in training when I finish High School" was common and further details were unnecessary.

Society had a mental image of what a Registered Nurse does. There was a profile surrounding this profession that was self explanatory.

Academic entrance requirements for an R.N. were pretty well universal in the province. Other things like uniform style and residence rules were unique to each school. For example, we were thrilled to be able to begin our training in a nursing school that allowed white shoes and stockings to be worn from the very beginning. The marital status acceptable of course was definitely single. The age requirement was minimum, eighteen years.

It was somewhat unique to be part of the first class. We perhaps didn't realize it at the time just how much we were under the scrutiny of an all graduate nursing staff. To begin with, in many ways, we were an inconvenience. To repeatedly explain who, where, what, when and why to brand new "Probies", was to the "Grads" on the ward, a constant interruption of their busy schedules.

Yes, we were called "The Probies" for the first six months of our training. The abbreviation described a probationer in training. It was a very important time for the instructresses to evaluate our theory level and observe the development of our nursing skills.

The summer of 1953 involved a transfer to our permanent rooms in the brand new nurse's residence. We had been previously occupying the quarters designated for the Sisters of St. Martha order. In August, a new class of student nurses arrived. Initially, this created some negative attitudes toward our new peers.

- Arrogance, because we had experience now, of course.
- Defensive, because there were twice as many of them.
- Resentful, because now for the first time a House Mother was employed to supervise the rules imposed upon the now four dozen young ladies occupying the residence.

St. Michael's School of Nursing now had three floors of their lovely residence filled with nurses "in training".

REMEMBER

- when we stole Jessop's clothes while she was in the shower and she came up the hall wrapped in the shower curtain?
- the good times we had at Kope's place?
- our favorite prayer "St. Francis of Assissi"?
- Father LeBel and his many beautiful Christmas cards and Prayers?
- putting a wedge in the Residence exit doors for late night arriving students?
- when Marj cut her hair only to find a regular brush-cut as the result?
- when Millie was working in the diet kitchen and when told to order 30 pork chops instead ordered 30 pounds, with the result the students were able to enjoy pork chops along with the patients.
- when Marj found herself locked out of residence, but was able to awaken Joanne Clennell and then climb in through Joanne's window?
- Joan's engagement party?
- streaking in Residence at 6 a.m.?
- dinner at the Shanghai?
- Elaine and Martina pouring water from their residence room window and squarely hitting John Dunlop standing at the front door saying good-night to girlfriend Marj?
- sleeping after the 7-3 shift in any bedroom with 8 or 9 giggling girls in the same room?
- the closeness of our class because of its small number of students?



Instructresses—Mrs. Jones, Betty Ann Tompkins, Zetta Oswald



1956A—probies in classroom



Joan Jessop braving the Lethbridge wind



Party for first students finished—Clennell and Hunter



St. Michael's baseball team. Back Row: Grace Swihart, Mildred Cox, Mary MacDonald, Jean Coderre. Front Row: Millie Hagel, Barb Thielen, Martina Harty



Riverbottom weiner roast. L-R: Jeanine Kleist, Mary MacDonald, Jean Coderre, Marj Bullock, Barb Thielen, Grace Swihart, Mary Spilak, Mildred Cox



Halloween in Residence



Graduates dressed for Mother-Daughter Tea May 1956. L-R: Grace Swihart, Mildred Cox, Jeanine Kleist, Mary MacDonald



Affiliation at Ponoka Mental Hospital. L-R: Millie Hagel, Martene Rollag, Vera Koppenstein, Barbara Price



1956A graduating class with Father LeBel



St. Michael's nurses first car wash—classes 1956A and 1956B



15 year reunion—class members 1956A & 1956B



~ HELEN BAGGETT ~



~ MARY KAY CANTWELL ~



~ GRETTA CARLSON ~



~ JOANNE CLENNELL ~



~ BEVERLY DEGLOW ~



~ AUDREY ERICKSON ~



~ AGNES HANSEN ~



~ DARLENE HINES ~



~ MARION HODGDON ~



~ HAZEL HUNTER ~



~ IRENE JOSZA ~



~ IRENE LAROCQUE ~



~ BARBARA MCCARTHY ~



~ LOIS MCKAY ~



~ GERTRUDE MCMAHON ~



~ PAULINE MUDDYMAN ~



~ SHIRLEY PARKINSON ~



~ MARY PALUSNIUK ~



~ BARBARA PRICE ~

ST. MICHAEL'S
SCHOOL of NURSING
~ 1956 ~
GRADUATING CLASS - B -



~ MARLENE ROLLAG ~



~ MARILYN SNIDER ~



~ VIVIAN SPENCE ~



~ JANETTE TRAIN ~



~ MARION WILCOX ~



~ CONSTANCE YOSHIDA ~



~ MARION ZUBACH ~

Photograph by *John Knight*

Awards — General Proficiency — Mary Kay Cantwell; Highest Standing in Theory — Marlene Rollag and Marilyn Snider

CLASS - 1956 B

During our three years of residence life, we shared hilarity, frivolity as well as heartbreak and tears. We adjusted to life with assigned roommates, ten o'clock curfew and few late leaves. We endured Monday house nights, enforced study hours, and many periods of being house-bound for a variety of offenses. The monthly stipend of \$10, then \$15 and finally \$20 per month eased our existence.



The trio birthday party Darlo Hines, Joanne Clennell, Pauline Muddyman



Any excuse for a party—this one is Irene Joszas' birthday

Any excuse was occasion for a party, sometimes complete with "back porch punch". Remember Zubie doing the leg of mutton rag around Irene Josza's birthday cake then stepping in it when surprised by Sister Beatrice? Darlo, Pauline and Joanne had a triple birthday every year.

Prior to our first ward duty, we received our caps from our own "Big Sisters" of the 1956-A class. In a memorable candle lighting ceremony, we promised "In Science, Service, and Sanctity, I accept this cap and challenge, to go forth, neither praise nor thanks, but in love and gratitude, that I am able to serve is my reward."



Banding ceremony—classes 1956A & 1956B

Ward duty provided a lot of memories:

REMEMBER

- Joanne removing the stool just as Dr. John Hunt sat down to do a T & A?
- Roquie clipping towel clips to the doctor's back as well as his gown?
- Spence wheeling a stretcher into St. Xavier?
- Deglow and Darlo confusing patients and staff by looking alike?
- The length of our aprons and the noise they made flapping on our heels influenced Sister Mary Peter to insist on their removal while making rounds on night duty?
- Who will ever forget working on OBS. while the old Galt Hospital moved to its new building - the L.M.H. — 40 babies in the nursery, both case rooms and occasionally the circ. room used for deliveries and no one to get the patients ready for communion?
- Diet kitchen duty had its own special rewards. Doctors dinners always provided some delectables, who could forget Miss D's brandied cherries in melon? Being called out at night to the O.R. usually ended with a raid on the diet kitchen.

After one particularly heavy snowfall, we produced a prize winning Florence Nightingale snow person. We entered floats in the Exhibition parades, participated in the Ladies Commercial Basketball League, had a Thursday night bowling team and competed with our rivals—the Galt girls in volleyball.



St. Michael's School of Nursing's first float—1954

There were always dances to arrange late leaves for—the Henderson Pavillion, the special trips to the Claresholm airbase dances. Some pretty intense relationships developed with some of the airmen, one became a lifetime commitment, a few others came close!

REMEMBER

- “celubrious” Father Malo teaching us Sociology, leading sing songs and joining in on organizing the fun?
- Father Le Bel always willing to listen to a problem or provide a loan?
- Sister Beatrice teaching us Psychiatry and Sister Peter Marie and her birds checking our weight and paying us our allowance? Too bad we weren't paid by the pound.
- Surgery taught by Dr. McNally — his lollipop rewards and commonest abdominal tumor?
- The addition of Physical Education to our curriculum and the lengths we would go to, to avoid it?

Our Student's Council grew as the School grew and money making projects were a necessity—the main drain being our Year Book. The Car Wash was always a success—we held them in the doctors' parking lot. Sodality also needed funds—Remember the Sodality Teas? We had some marvellous Halloween parties with terrifying horror houses. A lot of our entertainment was original — Herbert the Pet Mountain Lion, always a favorite. We had Christmas parties and sing songs; we held capping ceremonies, Gold and Blue band ceremonies and a half way party — the receiving of our bar pins.

Affiliations provided a variety of new experiences. Eight weeks at P.M.H. assisting with treatments and therapy, participating in patients activities, the socials and the meals. Six weeks at Baker Memorial Sanatorium where we learned about Huber tubercle and how to avoid him. The patients were interesting and usually sociable. Again the food was wonderful—all part of the treatment. Four weeks at the Red Cross Crippled Childrens' Hospital gave us experience in orthopedic nursing and all its attending therapy. We were probably among the last affiliates to use hot packs on the few remaining Polio patients. We saw volunteer organizations at work, and love surrounding this place and the children.

For three years we were intimately involved in each others lives. We shared our studies and our work, our joys and sorrows, our clothes, food, families and boyfriends. The bonds formed are solid, the memories precious.

There is a kind of release that comes directly to those who have undergone an ordeal and who know, having survived it, that they are equal to all life's occasions.

Lewis Mumford

Five Year Reunion

Weekend activities began with a cocktail party at Don & Mary Kay Millers prior to the graduation dance. Saturday afternoon, we attended the Reunion Tea and later the Alumnae banquet. A gathering at Dr. & Mrs. Cairns followed the banquet. A luncheon hosted by Mary Barton on Sunday was thoroughly enjoyed. Our festivities ended with a coffee party at Jeanette Petersons.



Coffee party at Peterson's

Attending this reunion were:

Mary Kay Miller, Mary Barton, Darlene Irvine, Marion McCambly, Irene Josza, Barbara McNabb, Marion Payne, Jeanette Peterson, Agnes Mitchell, Greta Jensen, Connie Gelleny, Joanne Wishart, Marilyn Francis, Helen Bachlet, Vivian Christopherson.

Ten Year Reunion

Seventeen classmates returned for our ten year reunion. A party was held before the dance at Don & Mary Kay Millers, followed by the reunion team and Alumnae Banquet. Mary and Richard Barton were hosts to a party Saturday evening. Sunday brunch was enjoyed by all at Marion and Bill McCamblys followed by a sherry party at Joanne and Bill Wisharts.



10 year reunion

Attending were:

Marilyn Francis, Barbara Beddome, Vivian Christopherson, Marion Tutt, Irene Perlich,

Gretta Jensen, Marion Payne, Marlene Peterson, Jeanette Peterson, Darlene Irvine, Connie Gelleny, Mary Barton, Joanne Wishart, Marion McCambly, Mary Kay Miller.

Fifteen Year Reunion

Our reunion was held in mid June in conjunction with the graduation of 1971. Activities began Friday, June 18 with a cocktail party at the home of Dale and Kay (Salmon) Martin. We then attended the Grad Ball, an exceptionally memorable dance and buffet supper.

Saturday afternoon, tea was served at the Wisharts with Marion Tutt assisting Joanne. Class correspondence was shared.

The Alumnae Honorary Members hosted a wine and cheese party at the residence honoring the reunion classes. From there, we proceeded to the Park Plaza for the graduation banquet. Joe and Irene Perlich then provided the setting for the swingiest party any of us have attended.

Sunday, the events came to a close with an all day brunch at the Miller house with Connie Gelleny as co-hostess.

Those attending:

Marion Payne, Agnes Mitchell, Marilyn Francis, Marion McCambly, Irene Runge, Jeanette Peterson, Mary Barton, Barbara McNabb, Connie Gelleny, Mary Kay Miller, Irene Perlich, Marion Tutt, Joanne Wishart.



L-R: Greta Carlson, Joanne Wishart, May Bradley, Margaret Filchak



Dr. John Hunt, Barney Beddome, Mary Barton, Cliff Irvine



15 year reunion

Twenty Year Reunion

Our reunion was attended by seventeen girls:

- From Ottawa - Audrey Walker and Marlene Peterson
- From Toronto - Shirley Blain attending for the first time
- From Winnipeg - Barb McNabb
- From Edmonton - Jeanette Peterson
- From Calgary - Barb Beddome, Lynn Francis, Gretta Jensen
- From Vulcan - Agnes Mitchell
- From Cardston - Marion Payne
- From Lethbridge - Joanne Wishart, Mary Kay Miller, Darlene Irvine, Irene Perlich, Mary Barton, Marion Nielson, Connie Gelleny

A small luncheon was held on Thursday, for the early arrivals. Friday night, a get-together was held at the Millers. Saturday all the scheduled events were enjoyed plus a gathering at the Wisharts prior to the dance. We concluded our marvelous reunion with a brunch at the Wisharts.

Twenty-five Year Reunion

Reunion started Friday evening with a cocktail party at Joanne Wisharts. We attended a reunion coffee party at the residence, then, we attended a wine and cheese party sponsored by the Alumnae Honorary members. On Saturday evening, we enjoyed a banquet and dance (Bagpipes and all; A Grand March) master of ceremonies - Mo Martin. On Sunday we gathered at Mary Barton's for a quiche brunch co-hosted with Mary Kay Miller.

Those attending were:

Hazel Hoole, Barb McNabb, Barb Beddome, Greta Jensen, Audrey Walker, Pauline De Pasquali, Mary Kay Miller, Marilyn Francis, Jeanette

Peterson, Mary Barton, Agnes Mitchell, Betty Lou Bustard, Connie Gelleny, Marion Nielson, Irene Perlich



Reunion—25 years

1985-86 Update - Class of 1956 "A"

Marj (Bullock) Dunlop
Medicine Hat, AB

—Marj is a Community Health Nurse with the Medicine Hat Health Unit. She is also working towards her B.Sc. degree in Nursing. One Daughter.

Jean (Coderre) MacLellan
Buckhorn, Ont.

—Jean is doing part-time nursing at Peterborough Civic Hospital on the Surgical Unit. Two daughters and one son.

Mildred (Cox) Perry
High River

—Mildred is doing part-time nursing on the Maternity and Surgical ward at the High River General Hospital.

Pat (Dahl) Holland
Parksville, B.C.

—Pat is working as a Clinic Nurse.
Four sons.

Millie (Hagel) Lynch
Medicine Hat

—Millie describes herself as being Jack of all trades and master of none. She is presently looking after her invalid sister.

Martina (Harty) Kozak
Red Deer

—Martina is working at Extendicare in Innisfail.
One daughter and one son.

Joan (Jessop) Ruckman
Black Eagle, Montana

—Joan is the Assistant Director of Nursing at the Columbus Hospital in Great Falls. Five children.

Jeanine (Kleist) Hansen
Lethbridge

—Jeanine is working part-time with the Lethbridge Senior Centre Organization. One daughter and two sons.

Vera Koppenstein
Lethbridge

—Vera is kept busy with farming. She has many other interests, the prominent two being photography and horticulture.

Mary (Macdonald) Luini
Blairmore

—Mary is doing part-time Nursing at the Crownsnest Pass Hospital.
One son.

Joyce (Matheson) Dziedzic
Bellevue

—Joyce is a community health nurse with the Chinook Health Unit.
Two sons.

Elaine (Politeski) Petkau
Kelowna, B.C.

—Elaine keeps in touch with Nursing by doing casual and holiday relief work at Kelowna General Hospital usually on Neurology or Orthopedic Unit.
Two sons and one daughter.

Emily (Blazer) Regier
Seattle, Washington

—Emily is nursing at the Swedish Hospital Medical Centre.
Two daughters and two sons.

Alberta (Snell) McKinstry
Oyen, Alberta

—Alberta is a homemaker and does volunteer work on social problems.
One daughter and two sons.

Mary (Spilak) Sander
Kelowna, B.C.

—Mary is nursing at the Kelowna General Hospital.
Two daughters.

Grace (Swihart) Manley
Regina, Sask.

—Having recently moved from Consul, Sask., Grace says that she hasn't looked for a new job yet. Contemplating an R.N. refresher course.
Three sons.

Barb (Thielen) Giroux
Edmonton

—Barb is an operating room desk clerk at the Edmonton General. One daughter and three sons.

1985-86 Update - Class of 1956 "B"

Helen Bachlet

—Head Nurse Medical & Pediatric Units Fernie Hospital

Mary Kay (Cantwell) Miller
—Volunteer Worker

Gretta (Carlson) Jensen
—Health Nurse Sears, North Hill, Calgary part-time

Joanne (Clennell) Wishart
—Retired from active nursing
Volunteer Worker

Beverly (Deglow) Nelson
—Head Nurse O.R. Kimberley & District Hospital

Audrey (Erickson) Walker
—Volunteer Worker - Willowdale, Ontario

Agnes (Hansen) Mitchell
—Teaching C.P.R.
Teaching First Aid (St. Johns Ambulance)
Teaching "Healthy Aging" to seniors

Marion (Hodgdon) McCambly
—Foothills Hospital - O.R. Calgary

Hazel (Hunter) Hoole
—Working private medical clinic Southern California after Tour of Duty - U.S. Navy

Irene (LaRoeque) Perlich
—Farming and managing livestock Auction Business in Lethbridge District Farm Credit Corporation of Canada — Policy Board Member

Barbara (McCarthy) Beddome
—Homemaker — Part-time Business Secretary

Lois (McKay) Matters
—Full time Nursing - Winnipeg
Completed course Gerontology

Gertrude (McMahon) Brown

—B.Sc. Nursing - Ottawa University
MS. Education in Teaching
Gonzaga University, Seattle May 1984
Presently Coordinator Human Sexuality
Education District #22 Vernon, B.C.

Pauline (Muddymann) Di Pasquale

—B.Sc. Nursing Administration December 1984
City University, Portland, Oregon, USA

Shirley (Parkinson) Blain

—Secondment - Nurse Practitioner,
McMaster University 1983
Coordinator of Health & Fitness Centre
Seneca College
Teaching Master Nursing

Mary (Paulisine) Barton

—Head Nurse Campbell Clinic, Lethbridge

Barbara (Price) McNabb

—Active Parent Support Association of Calgary

Marlene (Rollag) Peterson

—University of Alberta, Diploma
Teaching and Supervision Nursing, 1957

Marilyn (Snider) Francis

—Relief Nursing - D.O.N. & Relief
Supervision Adult Staff Nurse Emergency &
Recovery & Long Term Care Unit
Courtenay, British Columbia

Vivian (Spence) Nelson

—Cut Bank Hospital, Cutbank, Montana

Jeanette (Train) Peterson

—Occupational Health Nurse, Woodwards
Edmonton

Marion (Wilcox) Payne

—University of Alberta Diploma Teaching and
Supervision Nursing, 1957
University of Lethbridge Bachelor of Nursing,
1982
Present Position - Quality Assurance & Staff
Development Coordinator
Cardston Municipal Hospital

Constance (Yoshida) Gelleny

—Secretary-Treasurer Family Business

Marion (Zuback) Nielsen

—Works for Family Business in Calgary



QUARREL IN THE C.S.R.

Usually things are orderly and peaceful around here in the C.S.R., but let me tell you of a little incident I once witnessed from my high seat on a shelf. It seems that this certain afternoon the nursing staff, accompanied by **Cast Cutters** and **Dressing Tray** were busy elsewhere.

The atmosphere was as still as could be until one bandage, namely **Tensor**, rolled his way into **Spinal Puncture's** sterile field. "On, oh, trouble ahead," says I to myself. No sooner had the words passed my lips, when the neighbors were all out and the war was on. There were the **Compress Flask** twins — Hold and Cold — bubbling by, and blowing off their tops. Then **I. V. Stand** and **Plasma** got in a clinch and **I. V.** won by hanging Plasma by her heels. Then **Alyce Forceps** tied up **Foley Catheter** but **Mayo Scissors** cut him loose. Then I was shocked near off the shelf to see **Miss Trinidex** running wild and **Mr. Autoclave** whistling at her. But then, you should have seen **Undene**

washing out **Twenty-Two's** black eye, which was given to her by **Reflex Hammer**. It was really funny to watch, but the next thing I knew, **Green Soap** was coming along and would have cleaned out the whole **Surgical Family**, if **Mr. Clamp** hadn't put a stop to the whole thing. All this time **Tongue Depressor** was saying never a word!

An attempt to stop the fight was made by **Sweet Little Glucose**, but before she knew it, **Insulin** was close on her heels, putting a stop to it. All this time **Wangenstein** stood by taking in everything, and old gossip **Stethoscope** missing never a word. Seeing this, **O. R. Socks** took cold feet and walked away. **Zephiran** turned pale and literally dripped out of the way. **Rubber Gloves** washed her hands of the whole affair, and **Elastoplast** stretched herself back into place. Everything was under control when **Dressing Cartridge** rolled up to the door and the staff came in to announce another day's work was over.



ELEANOR SHANNON



HELEN ROHOVIC



GRACE SELMAN

MAUREEN IRETON
LAB. TECHNICIANMARIA VAN ROON
X-RAY TECHNICIAN

MARGARET WESKO



EILEEN WATSON



ROCHELLE MOODY



ROSE GYORKOS



ANNETTE BOURASSA



MARIE DRONIUK



CAROL ASKEW



ROSE BARTLETT



WANDA YAGOS



MARLENE CHARLTON



ELAINE ASKEW



PATRICIA CONNAUGHTY



ANNETTE BLAS



LILLIAN BARTLETT



BERYLDAINE BLY



CORINNE GARNEAU



MARLENE JONES



LORRAINE DIRK



CATHERINE BRENNEN



ANNETTE BLAS



LILLIAN BARTLETT



BERYLDAINE BLY



JOANNE HALKO



JUNE KILGANNON

ST. MICHAEL'S SCHOOL OF NURSING GRADUATING CLASS 1957

A.E. Cross Studio
LETHBRIDGE

Awards — General Proficiency — Corinne Garneau; Bedside Nursing — Lillian Bartlett; Proficiency in Laboratory Technology — Maureen Ireton; Proficiency in X-Ray Technology — Riet Van Roon; Highest Standing in Theory — Rose Gyorkos and June Kilgannon; Highest Standing in Psychiatric Nursing — Eleanor Shannon

CLASS OF 1957

In August 1954 this class of 35 students entered the hallowed halls of St. Michael's, anxious, bewildered and facing a totally new and different life ahead. Would we make it?

So many memories of those three years are contained in this book. School songs, morning prayers, study hours, and long days of duty.

Make it we did and we all keep a special place in our hearts for our Alma Mater.

Early days of our 3 years.



September 1954. L-R: R. Bartlett, P. Connaughtly, L. Bartlett, L. Dirk



Car Wash



First Christmas in Residence, A. Blas, L. Bartlett, P. Connaughtly



Float in Parade 1956

One of our most treasured memories was the tea room on 3rd floor of the Residence. We gathered there to laugh, to cry, to reassure each other and generally to have a good time.

One of the special features of the day would be Beryl's hot chocolate — commonly known as (Blep's Better Blended).

During these sessions we hashed over all the days work, the good and the bad. A little music and dance at times, hair curling, hand work all went on in this room.



Tea Room — 3rd Floor

Bread and peanut butter and jam, fried egg sandwiches and coffee plus any care parcels from home, were shared many times over.

A few times we may have lingered there into study hour which was regularly patrolled by our dear Sister Peter Marie and at times Sister Mary Beatrice.

On these occasions a small peace offering was in order. As in these pictures — "Waffles."



L-R: Sister Peter Marie, L. Bartlett



L-R: Sister Beatrice, B. Bly

One very daring escapade involved the hiding of one girl's gentleman caller's bike in the Chapel on 2nd floor while they were at the show.



Bike enroute to 2nd floor with Rose Bartlett at the wheel and Marg Wesko helping out.



Chinese food supper at Shanghai Restaurant to mark halfway. 1955



Blue Bands Sept. 1956



Corinne Garneau's 21st birthday party to remember



Cathy Brennen's 21st birthday celebration



Dressed for Graduation Tea

There is no doubt, a satisfying privilege is to be able to ease human suffering and aid in the task of healing. But these rewards are won by hard work, exposure to physical and mental strain, and the maintenance of high professional standards.

But we can at least pay tribute to the selflessness, the high sense of responsibility and the compassion which is characteristic of its members.



10 year Reunion



15 year Reunion

25 Year Reunion



L-R — June (Kilgannon) Sandgathe, Lil (Bartlett) Colwill, Cathy (Brennen) Hostin, Pat (Connaughtly) Ruston, Carol (Askew) Mentanko



L-R — Eileen (Watson) Haddas, Eleanor (Shannon) Murphy, Rose (Bartlett) Rothwell, Corinne (Garneau) Backman, June (Kilgannon) Sandgathe



A LETTER TO THE CLASS OF '57

Dear '57 Class:

Now I ASK-EW what's new and WATS-ON your mind lately, and you tell me that you're all graduating. Well BLY me down! I know I SEL-MAN see you these days, BART-LETT me tell you this; I CON-NAUGHTY cold and BREN-EN the hospital. May I ASK-EW how come YA-GOS could all stand being nurses with all that GYOR-KOS I sure could not!

Did I tell you my Dad and I went hunting last week and BLAS me down if he didn't get a HALK-O and what a big one! But my father got real MOODY with me as I kept saying WES-KO as I can't stand to see animals KIL-AN-ON Sunday especially.

I haven't got my old GAR-NEAU more. I went around a corner too fast and she RO-HOVIE DIRK-teen times and got all smashed up. My new CHAR-L-TON pretty soon though.

My Grandma JONES came to visit me last week and can she ever talk! She has a real southern DRO-N-IUK can't get a word in edgewise — sure a BOUR-AS-SA speaker.

Well I must go, but before I BART-LETT me wish you a lovely gradua-SHANN-ON on the 13th of May.

ULB. R. ENSOON

ST. MICHAEL'S SCHOOL OF NURSING

1958 GRADUATING CLASS



MARLENE BUTLER



THERESA ZORATTI



ARLENE TODD



MARLYN WALL



MARGARET JOZSA



MARILYN MACNEILL



SYLVIA VERNON



KATHERINE TARASOFF



ADELENE STANK



MARJORIE MCILVEEN



LILLIAN GIACCHETTA



MARY ORBAN



CONSTANCE BOLOKOSKI



SYLVIA NEUFELD



MARGARET SPILAK



ROSE MARY HRUSKA



DARLENE DANCOISNE



MARY EWACH



JUANITA ZASADNY



FAYE MORGAN



HELEN DYCK



VIOLET BURKHOLDER

Awards — General Proficiency — Violet Burkholder; Proficiency in X-Ray Technology — Mrs. Ivy Livingstone; Highest Standing in Theory — Rose Mary Hruska; Highest Standing in Psychiatric Nursing — Adeline Stank; Bedside Nursing — Margaret Spilak; Pediatric Scholarship Award — Lillian Giacchetta

CLASS OF 1958

August 29, 1955 — The class of 1958 made their way to St. Michael's and they were welcomed by the Sisters and our Seniors. We were a timid, quiet bunch of kids, but soon changed.



1958 Beauties, Front Steps of Res

A week later, classes began in earnest and what problems lay ahead. We hadn't realized that beds were so difficult to make, mercury so hard to find in thermometers and that people did have a pulse, if we could find it. These seemed like big problems to us, but we soon mastered them — only to realize that bigger ones were ahead.

The Car-Wash, an annual event, initiated us into the social life of S.M.H. and also the importance of finances.

October 10, 1955 — Capping — a highlight that led to an eventful day indeed, our first day of duty. What fears and doubts hovered over us, yet what a wonderful feeling to be in those stiff, starched uniforms and a part of the rush and the hush of hospital life.



Capping Ceremony

December 20, 1955 — The Christmas Season — and plans for the annual Sno-Ball were in full swing. To us the joyous festivities meant a break from studies and home again for a while.

March 1956 — Classes again, after two months of 8 hour duty. Junior Block with its problems and joys: These were the days of Nursing Arts Lab. with Mrs. Tardif; Doctors lectures, often beyond our scope of comprehension; Sociology with Father Malo — those 5 minute joke periods often stretched into 10 minutes depending upon our "wits".

Exams as always, completed our Blocks and as always the thought, "will I be here next year?" crept into our minds.



Nursing Arts with Gert Tardif



Class Room Senior Block

May 1956 — summer holidays — days of work, fun and freedom. Weiner roasts at Henderson, corn roasts at St. Mary's Dam, hiking, golfing, and partying. Swimming and tanning at the Civic Centre swimming pool during days off and split shifts, made life seem worthwhile.



Garden Party

September 1956 — Refreshed by holidays, it was time to tackle books again. More than that, we were Intermediates. Our class had become smaller in number, for some had closed the doors of S.M.H. behind them to find happiness in other fields — friends missed, but not forgotten. The rest of us continued to pack and unpack hoping tomorrow would be better than today.



Bandaging made easy

October 1956 — Banding — a very impressive candlelight ceremony in the Chapel. Gold bands now adorned our caps and our first Milestone was passed.

November 1956 — A belated Half-way Party at Connie's was enjoyed by all. The food was delicious and the homemade choke-cherry "juice" lightened our spirits.

This was also the beginning of our first separation — Affiliations at Ponoka and Calgary were in store for us. Friends found at Ponoka made the social life interesting.

December 1956 — Christmas — for some it was the first away from home. However, thanks to classmates, the edge of loneliness was taken off and the season enjoyed. Hospital corridors shone with sparkling stars and gaily-trimmed evergreens brightened the hearts of patients and visitors alike. Midnight mass for some was a consolation and inspiration.



Residence Chapel

January 1957 — New Year's Eve — Parties, horns and gaiety — many resolutions made, well begun but soon forgotten in the hustle and bustle of residence life.

Finally our Bar-Pins arrived and found their destination — on the collar of each one's uniform.

February — March 1957 — Winter months filled with work on wards and noisy evenings in Residence. Some ventured out to theatres, others skating, basketball or bowling, but for most of us shop-talk and gab-sessions relieved our tensions on those cold lonely nights. The gags pulled off lightened our spirits and endowed us with lectures at Mass Meetings. On the list were — frenching beds, stealing clothes from the showers and leaving only one's imagination; tubbings for the guilty ones and also the innocent if the need arose.

The parties held in certain rooms after 10:00 p.m. room checks were scary but fun. The clothes closet was a handy, but crowded place of refuge if a lingering foot-step was heard in the corridor. Perhaps it was the House Mother!



1956 Basketball Team

May 1957 — Graduation for class 1957 and our thoughts raced ahead to the day we'd claim our pins, diplomas and black bands.

June — August 1957 — Summer time — Swimming, strolling and suntanning on 4th floor filled leisure moments. Remember the lectures concerning blankets we used for sunbathing? We never did learn to keep within limits, did we? If it wasn't blankets, it was leaving the toaster and hot-plate plugged in, breaking cups, or neglecting to shelter the veranda chairs from the sun and rain or leaving the Tea-room untidy. Poor Sister Peter Marie!



Bathing Beauties

Much time was spent decorating a float for the annual parade. We were well rewarded with a 1st prize ribbon.



1st Prize Float — July 1957

October 1957 — Seniors — and the wonderful feeling of accomplishment as we received our blue bands. More mature, yes, but we still possessed the vim, vigor and vitality of our Probie days for practical jokes were still in order.

Remember when Syl's melodious voice sang out about 12:30 a.m. and someone ably assisted her into the cold shower and in answer to her piercing screams, 1st floor kids hurried up the back stairs and the House Mother up the front.

Who switched on the lights in everyone's room around 4:00 o'clock one morning?

Who quietly crept around the corner of the residence one starry eve with full intentions of frightening Del, was gently raised onto Neuf's shoulders and proceeded to stick a hand thru an open window and rattle the Venetian blinds? Wait!! Guess whose room? Great Scott, S.M.B.'s!

December 1957 — Christmas — The annual Sno-Ball was tops. A cocktail party at Kay's and the experience of some at the "M" held the rest of us in stitches as the stories were revealed.

A beautiful Hi-Fi, a gift from an appreciative patient, now adorned our recreation hall and set the girls to dancing — also provided the musical background for our Soc-Hops.

November 1957 — Another belated party — which marked our 2nd anniversary. This time at Del's. This had memories that will last, such as the very tasty Vino smuggled in by Lil.

January 1958 — A new year and our last as students. Senior Block and the sudden reality we've a lot to learn and fast. Yet, conversation centered around graduation; exams were written, passed and still preparations ensued — clothes, parties and dates.

May 8-17, 1958 — Graduation Week — filled with teas, parties and barbeques for the "bestest" kids.



Happy Grads in their finest



Graduation Breakfast



Grad Dance

May 11, 1958 — Graduation Day. What feelings of joy and happiness were ours as we donned the uniform of a graduate nurse and with pride carried our red roses down the carpeted aisle. Amidst all the glory our hearts were touched with sadness because it meant we, the Class of 1958, had come to the parting of ways. Yet, we will each remember and proclaim by deed the Motto: Science, Service and Sanctity — it is a tie that binds.

May 17, 1958 — The hall at Kenyon Field gaily bedecked with multicolored streamers overhead and silhouettes of 1958 class bordering the walls welcomed each to as joyous occasion. The pace set by the Grads stimulated all to join in the fun. The following day at Riverside Ranch spent pic-necking, horseback riding and trekking added the last touch to our celebrations — and tomorrow, back to reality.

May 11, 1958 — Finally. Graduation, the attainment of a long-cherished dream. After 3 years of

training, our feeling was one of elation, yet, sadness, as we closed the last chapter of our nursing days at S.M.H. There were many memories to review to this long awaited event. Let us turn back the pages of time to:

The white flowing streamers adorning Spilak's and But's room on Marg's 18th birthday were cheap, practical and original.

Remember Marlyn scrubbing her walls frantically until the wee morning hours to remove evidence of the canned orange juice which had exploded and spattered.

The tea-room held many moments of conspiracy, jokes and sing-songs over "cups" of coffee. A smile shall always cross our faces as we drink coffee from a cup or pour cream from a "china" pitcher. The chatter was interrupted only by the telephone and the question — "Is it for me?"

Winter passed and Spring burst forth.



Coffee Clach



REMEMBER

- Stacking linen to perfection.
- Running up and down stairs because we were not allowed to use the elevator,
- Jumping to attention when a Doctor entered the area.
- Going to Mass prayers with our nurses capes over our P.J.'s!
- The dances at Henderson and Trianon, borrow-

ing each others clothes for these special occasions. Another highlight that passed time was the Big "M".

- How the slack fence at the Fair Grounds enticed us and saved us fifty-cents; how "free transportation" paid off with souvenirs?
- Being weighed before getting paid.
- Borrowing food from the kitchen — to feed the hungry "ones" back at the Residence.

Here we close a golden chapter in our book of memories. Gone but not forgotten.

The years from 1958 to 1985, have scattered our Class. We have had 5, 10, 15, 20 and 25 year reunions, with good attendance for some. The last

reunion was the 25th, and the most significant, as only 4 people did not attend. The years have reflected on our faces but not in our hearts as we still have many fond and vivid memories of each other.



25 Years Later

PRAYER FOR A NURSE

OH, my God: I am about to begin
the day's work.

Teach me to receive the sick in Thy
name.

Give to my efforts success, sweet
Jesus, for the glory of Thy
Holy Name.

It is Thy work: Without Thee I cannot
succeed.

Grant that the sick Thou hast placed
in my care may be abundantly
blessed, and not one of them
be lost because of anything
that is lacking in me.

Help Thou me to overcome every
temporal weakness and
strengthen in me whatever
may enable me to bring the
sunshine of joy to the lives
that are gathered round me
day by day.

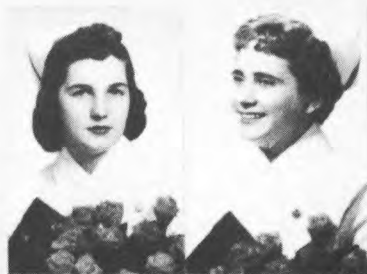
Make me beautiful within for the sake
of Thy sick ones and those
lives which will be influenced
by them. Amen.



M. BLEILLUK NORMA COATES K. GIESINGER L. FISCHER D. PATTERSON K. MIKLOS C. WUKUSICH I. TRAUTWEIN E. WALL



C. TSUKISHIMA E. ROTH P. NAGEL D. SAVA M. THORBURN G. BLAKEY PAT WELLS TRUDY JOHNSON D. GOSSELL



D. SISKI P. KUNTZ

ST MICHAEL'S SCHOOL OF NURSING GRADUATING CLASS 1959



A. VAN LEUKEN GAIL CARLSON



I. TERAMURA JEAN WALSH E. AYRIS D. HOREJSI B. THELIN H. ARNDT B. BRUZGA L. ANDERSON P. KAUPP

Awards — General Proficiency — Bernice Bruzga; Highest Standing in Theory — Valerie Ayris; Bedside Nursing — Irene Teramura; Proficiency in Tuberculosis Nursing — Klela Giesinger; Highest Standing in Psychiatric Nursing — Valerie Ayris; Proficiency in X-Ray Technology — Gail Carlson; Proficiency in Laboratory Technology — Doreen Siska

CLASS OF 1959

Story of Three Years

August 27, 1956 will always be in our book of memories for this was the day our class of "59" entered St. Michael's School of Nursing. Different as we were then, we were united from the start by a common goal to become nurses. In those three years we shared our joys and discouragements, worked, studied and prayed together like a big family, stuck together when one of us was down and out, yes we even fought a little, but all the while we were forming some of the closest friendships and fondest memories of our lives.

Looking back to our first year we recall long hard hours of study trying to learn new terms, theory and complicated procedures, a task which often seemed impossible. Above all, stands out our recollections of our first day on wards. How we admired those seniors and intermediates who seemed so confident and knowing as they went about their work while we huddled in service rooms. Each one of us can laugh now as we think of such "terrifying" experiences as our first bed bath, our first needle, our first visit with a doctor, our first sterile procedure under the watchful eye of the clinical instructress. Most of us have certain incidences we will never forget. Val and her first encounter with false teeth . . . the fate of Gerry's first cap . . . Jean helpfully putting sugar on a patient's egg . . . Donna's first lessons in collecting specimens. All the while we fought the ever present urge to quit. Before we knew it, it was spring and with it the graduation of the "57" class. How beautiful those roses looked against the crisp white uniforms! Wistfully watching them, we were filled with a new determination and will to "Keep Right On to the End of the Road." Suddenly one whole year had passed and a new class entered our school making us no longer the pre-clinicals. Now we had "little sisters" to encourage and examples to set. In the past year we had lost some of our new friends and our patient adviser, Miss Riediger, had left us that summer, but we hopefully looked forward to our second year of training.

Receiving our yellow bands marked the embarkment into our second year and the status of intermediates. Now stories of our affiliations at the Crippled Children's Hospital, Ponoka and the San. filled our conversation. New problems were encountered as some of us started our specialties here at home . . . the O.R. and our first scrubs. Remember the time Marg scrubbed so hard the sink fell down or the day Gerry upset the routine by mix-

ing the eye and dental instruments . . . Peds and those mischievous cherubs . . . Maternity and our first scrubs . . . The Formula room was a place for minor disasters where Pat Nagel blew the top off the water sterilizer and Trudy was instrumental in blowing up all the formula bottles in the autoclave. Problems arose for Eleanor in the Diet Kitchen when orders came in for steaks and pancakes after the cook had gone home.

All the while residence life went on. The tea room became our headquarters where we spent a great deal of our time drinking Klela's coffee and discussing fashions, hairdos, religion and personal problems. The green thumbs of our class Pat W., Chiyako, Erika and Darlene tried to prove that plants had a place in residence life by living amongst the green. Most of us acquired a passion for stuffed animals which soon over-ran the rooms much to the Sister's dismay. Some common sights were Cecilia styling someone's hair . . . Trudy cleaning her room . . . Kathy stacking up with provisions from home . . . Donna catching up on her sleep . . . Norma and Darlene playing their records . . . Leona eating boiled eggs and ice cream smuggled from the dining room.

This was a good year for cupid, Darlene captured John, Marg won Bill, Helen became a Mountie fan, and Jean continued her correspondence with an ambitious varsity man.

With February came our half way party at Kathy's house. Almost everyone was there to enjoy the fun and Gerry's especially prepared dish. During the jive session Jean's dress burst unexpectedly to produce an unforgettable moment among many others on that occasion.

In May the "bestest kids", class of "58" graduated. As we said goodbye to them that fall and welcomed another class into the residence we experienced another step forward in our career.

Without realizing it two years had passed. That October we exchanged our yellow bands for blue ones making us seniors, something we had regarded with respect and awe two short years ago. With a feeling of pride and happiness and a little fright, we assumed the responsibilities of senior students.

We thought our class unusual in that cupid failed to affect us, but suddenly between October and January Marg, Jean, Trudy, Darlene, Ione, Cecilia and Mable were sporting diamonds, third finger left hand.

In February we were all together for the last time as a class in our senior block.

Now in the tea room the trend had changed to "tea as it should be". We dreamed about graduation and the future, while thinking with apprehension about the inevitable R.N. examinations.

With sadness we knew that soon we would go our separate ways and thus close a wonderful chapter of our lives. But wherever we go we shall always remember our student days at St. Michael's. Although we may not keep in touch in actuality, we will always be united in our hearts and minds remembering we are the class of "59" trying to uphold our school motto "Science-Service-Sanctity."

After graduation there were several weddings. A few stayed on to nurse in Lethbridge but the majority scattered — some to the west coast, some to eastern Canada, a few to the U.S. and one to Germany.

The Five Year Reunion brought 9 members together. Talk, then, was of young families and the job situations. Attending the Graduation Ceremonies brought back fond memories.

The Ten year Reunion saw fifteen classmates reunited for a weekend of remembering. At that time a few were continuing their education, children were growing and some had dropped out of the work force. Visiting with Sister Beatrice was a highlight.

The 15th anniversary passed without a get together.

1979 marked the 20th years and 18 "came home". Now children were young adults or 'terrible' teens and everyone seemed quite contented with their lives. We decided that we were "aging well", as everyone was easily recognized — everyone but Jeannie, that is! Touring the hospital and nurses residence was a highlight.

At the 25th Reunion 19 gathered together. Now we heard of childrens' weddings and of grandchildren. Everyone had changed very little and looked terrific. Most of the class continue to nurse full time or part-time; some continue to study; a few have attained Degrees and Positions. One has distinguished herself in service with the A.A.R.N.

There are two members at the west coast, one in Ottawa, one in Winnipeg and one in U.S.A. The rest have returned to or remain in Alberta.

The past has been rewarding and productive for the Class of 1959 and hopefully the future will be challenging and full of success and contentment.



1st Day of Training — Aug. 1956



Room Party



Peds — 1958



Blue Banding Ceremony Sept. 1958



Yearbook Staff

GOD MADE A NURSE

*God made a nurse
He made her heart, brave, true and
kind.
And like the mountain streams her
mind
As crystal clear, yet swift and deep
As where its waters, rush and sweep.
He made her hands strong, tender,
skilled
Their touch with His own pity filled,
And gave to make His nurse complete,
A sense of humor, wholesome, sweet
God made a nurse. — Thank God.*



Graduation Class Picture



10 Year Reunion



20 Year Reunion



25 Year Reunion



Awards — Scholarship for Further Studies in University — Doreen Nordli; General Proficiency — Jeannette Stetar; Scholarship for Further Studies in University — Iva Prlich; Consistently Good Effort in Study — Clara Fraser; Highest Standing in Psychiatric Nursing — Julia Klovansky; Highest Standing in Theory — Julia Klovansky; Highest Standing in Theory in Radiography — Darlene Blas; Proficiency in the Practice of Radiography — Elaine Heppler; General Proficiency in Laboratory Technology — Patricia Harris; Theoretical Knowledge in Laboratory Technology — Elvira Schmidt; Practical Application of Knowledge in Laboratory Technology — Anne Nikkel

CLASS OF 1960

On August 26, 1957, the future eager Class of 1960 entered St. Michael's School of Nursing. Thirty hopeful aspirants unpacked trunks, became acquainted with roommates and began St. Mike's own version of "participaction" — climbing stairs to the fourth and fifth floors. One of our first prayers was for an elevator in the Residence, but it was not to be in our time. Morning roll call was sleepily attended but the Peace Prayer of St. Francis came to be loved by all.

Car washes, soc-hops, weiner and corn roasts combined with studying brought us to our first plateau — Capping Night on October 3, 1957. The raging blizzard outside was matched by the joyful white caps in the chapel.

Although the Asian Flu decimated our numbers on our first day on Wards, we quickly gained experience and indelible memories —

"forgetting to close the bedpan flusher door"
"giving a soapsuds enema with a glass connector"
"letting the Linseed Poultrice Kettle run dry"
"losing a patient's Heirloom watch in the incinerator"

No student nurse's feet were ever too tired to refuse a dance. Dances were sponsored by S.M.H. student nurses at the Henderson Lake pavillion, and "Soc-Hops" at the Residence. Formal dances complete with corsages and escorts in the uniform of N.A.T.O. Airmen were enjoyed at Claresholm N.A.T.O. Training Base on November 9, 1957, December 15, 1957, and January 18, 1958. The Air Force at Maelstrom Air Base at Great Falls, Montana were just as gallant when we were their guests on May 7, 1959. December Sno-Balls were an annual event.

Athletics were not ignored as Iva Prlich, Celeste Koskowich, and Margaret Puczko represented us on the 1958 Basketball Team. The Baseball Team of 1958 had Celeste Koskowich — Captain, Margaret Puczko — shortstop, Clara Fraser — Pitcher, Sheila Penney — First Base, Doreen Nordli and Agnes Wall — Second Base, Iva Prlich — Third Base, and Emma Nemeth as Fielder. Long distance walking was a favorite form of exercise practiced by hitch-hiking home from Affiliations, (to save on bus fares). A class project was hitch-hiking to Coleman for a weekend at Wavrecan's and Penney's.

Music and the Fine Arts were ever present. The Class of 1960 Choir performed on CJLH-TV at Christmas of 1957. Our presentation of the play "The Beauty Box" represented S.M.H. in the Drama Competition between the Schools of Nursing.

It was during this play that Zelda uttered those memorable lines, "Black? Black is for dead people". The singing talents were constantly displayed during Physical Education Classes, or accompanying our guitarist Julie Klovansky.

The girls of 1960 were very fashion concious. Although free hair-stylings offered by local beauty schools were eagerly accepted, they did not preclude our own unforgettable experiments — Shirley McRae's "square pin-curls", Sheila Penney's French braids, Martha King's black dye job. Models from the class participated in a Fashion Show Presentation on March 20, 1959. We practiced our own cosmetic demonstrations with many sales of freckle creams to Punky and Brooke, and night creams to Peters.

Civic pride and participation were displayed through a variety of activities: decorating a prize-winning float for the Stampede Parade; manning a food booth at the Fair; acting as Hostesses for the Open House of the new radio station C H E C.

Several mysteries were solved by the sharp minds of '60. Among the questions — "Who broke the cabin window in Waterton Lakes Park on the Victoria weekend?", "Who knocked on Sister Beatrice's bedroom window in the wee hours of the morning?"

Housekeeping skills were well developed. We quickly learned that Sister Peter Marie wanted clean sinks with no hair in the drain! The food supply in the Tea Room was constantly monitored by Marilyn. Any towels, housecoats, and slippers found on shower doors were dutifully removed.

The addition of Golden bands to our caps on September 29, 1958 elevated us to Intermediates, introducing us to Affiliations and Specialties. On Maternity Jackie learned the value of changing clean drawsheets; while in the O.R. Clara discovered exactly how delicate Dr. Bassett's optical instruments were when dropped on the floor; and at Ponoka, Evelyn learned just how attached some patients become, when one followed her home to Lethbridge.

The insignia of our half-way point, the Bar Pin, was received on August 26, 1959 and properly celebrated with cigars and Chinese food supper at the Shanghai Restaurant.

Our personal health and welfare was monitored by Sister Peter Marie as we reported for our monthly weigh-in before receiving our allowance. Svelte Linda and Ann were never chided about gaining too much weight.

With the addition of the Royal Blue bands to our caps we entered our Senior year of training for our R.N. exams. Having paid our \$15 fee, we wrote the dreaded exams at the Junior College on August 15 to 17, 1960.

After two months of waiting for the results, we received the good news and proceeded to celebrate: Graduation Ball in white gowns at the Marquis Ballroom; an all-night party at Prlich's place

after which we drove to Mountain View for breakfast at Molcak's home. A day of rehearsal, teas, then the awaited day — October 16, 1960. Graduation breakfast at St. Michael's Hospital with our beloved Father LeBel as guest speaker.

Then on to the Paramount Theater, new white uniforms, stiff bibs, bright red roses and the march to the stage to receive our black bands and our Graduate Pin.



Christmas Choir 1957



Car Wash



Tobogganing in Coleman



Parade Float



5 Year Reunion



Victoria Weekend — Waterton



5 Year Reunion

When asked what they remember the most about training, many replied without hesitation, the comradery of the class. Therefore it was not too difficult to have a good turnout for Class Reunions. The 5 Year Reunion saw sixteen attend dinner with Father LeBel at the Marquis Hotel; the 10 Year Reunion had 17 including one X-Ray Technician at Father LeBel's dinner. By 1975 we were busily involved in families and careers and did not have a 15 Year Reunion but fifteen returned for the 20 Year Reunion and for the 25 Year Reunion. It was with sadness that we learned that Father LeBel had died on May 28, 1985, just a few days before our 25 Year Reunion.

The Class of 1960 has 46 children, 2 grandchildren (so far), 3 University degrees, and 18 who have current Active Registration.

Memories are golden and selective. Any errors in events, facts, names, or dates were unintentional.



10 Year Reunion



20 Year Reunion



20 Year Reunion



25 Year Reunion

1985-86 Update - Class of 1960

Sheila (Brooke) Odenvald

—Moved to Richmond, B.C. in 1969. Completed Unit Management Course. Currently working in O.R. at Richmond Hospital. Son — Brooke, Daughter — Pamela

Jackie (Evans) Huisman

—Remained on staff at St. Michael's Hospital, currently Unit Supervisor First East. Received Bachelor of Nursing degree from University of Lethbridge 1985. Sons — Ken, Randy, Terry.

Clara (Fraser) Crabb

—Currently working in Day Care in Edmonton. Sons — Rick, Robbie, Daughter — Cheryl.

Martha (King) Fester

—Worked full time after graduation in Edmonton, now reducing hours.

Julia (Klovansky) McIntee

—Underwent heart surgery, took Refresher Course, currently working part time in a Clinic in Pincher Creek. Son — Wayne, Daughters — Shannon, Cheryl. Died on February 7, 1986.

Celeste (Koskewich) Maufoed

—Bachelor of Science degree. Currently retired in Rhode Island.

Anne (Leggett) Travis

—Continued nursing, presently working in Geriatrics at Calgary General Hospital. Sons — Robbie, and a new baby, Daughter — Cheryl.

Marilyn (Mathers) McDonald

—Is Infection Control Nurse at Red Deer Regional Hospital. Son — John, Daughter — Allison.

Shirley (McRae) Hinds

—Currently Health Care Coordinator at the Calgary Remand Center. Was selected "Nurse of the Month". Son — Patrick, Daughters — Debbie, Suzanne Maria.

Irene (Molcak) Gruninger

—Completed a Refresher Course in 1979, now working with the Lethbridge VON and the Chi-

nook Health Unit in Magrath. Sons — Michael, Andrew, Paul, Daughter — Catherine.

Emma (Nemeth) Vander Kooi

—Completed a Refresher Course in 1978, now working with the Mentally Handicapped in Edmonton. Daughters — Helene, Yenita.

Doreen (Nordli) Barber

—Supervisor in the O.R. in New Westminster and a Consultant with Convertors Medical Supply. Son — Baron.

Sheila (Penney) Tymchyna

—Completed a Refresher Course in Cranbrook, now working Casual Relief. Son — Shane, Daughters — Tamara, Janelle, Heather, and One Granddaughter.

Linda (Perry) Berthalette

—Working in Stouton, Saskatchewan. One Son.

Ruth (Peters) Balisky

—Full time farmer's wife. Son — Wade, Daughters — Lois, Celeste, Susan.

Iva Prlich

—Completed a Post-Grad in O.R., currently O.R. Supervisor at St. Michael's Hospital.

Evelyn Reimer

—Earned Public Health Nurse Degree and B.Sc. N. from the University of Alberta. Currently in Community Health in Grande Prairie.

Janice (Selman) Stix

—Currently Recovery Room Nurse at Lethbridge Regional Hospital. Son — Danny, Daughter — Susy.

Jeanette (Stetar) Strobbe

—Currently Emergency Room Nurse at Campbell River. One Son, Two Daughters.

Agnes (Wall) Janzen

—Worked as part time nurse for 10 years before becoming full time farmer's wife. Sons — Lauren, Dale, Keith, Daughter — Linette, and One Grandson.

Helen (Wavrecan) Peake

—Full time housewife. Daughters — Jodi Ann, and Debbie Marie.

ST. MICHAEL'S SCHOOL OF NURSING

1961 GRADUATING CLASS



JEAN GAETZ



SHEILA D. ARROWSMITH



MAUREEN J. PESZAT



LENORA H. SCHLACHTER



KATHERINE E. KROEKER



ARLENE M. BAUMBACH



ELAINE SCHILE



ROSE MARIE CASWELL



BONNIE BELLE TILLEY



MAGDALENE F. HAMMEL



DONNA O. TUDOR



MARLENE L. COURT



SHARON WURZER



SUSIE M. KANASHIRO



ELIZABETH M. HAY



MARJORIE K. HIRSCH



BERNICE S. MEIER



EILEEN M. LYON



BEVERLEY J. O'NEIL



KAY KAMITAKAHARA



MARIE D. PERCHINSKY



MELBA L. WRIGHT



SHARON M. ROBERTSON



SHEILA D. HINES



MARLENE C. McLEOD



MARGUERITE REIMER



MARY E. SLOAT



MARIE T. HAGEL



MARJORIE A. NIWA

Awards — General Proficiency — Deanne Perchinsky; Highest Standing in Theory — Arlene Baumbach; Highest Standing in Psychiatric Nursing — Eileen Sloat; Proficiency in X-Ray Technology — Elaine Schile; Proficiency in Laboratory Technology — Kay Kamitakahara; Bedside Nursing — Marjorie Hirsche and Susie Kanashiro

CLASS OF 1961

It was on September 1, 1958 that the Class of '61 entered the hallowed doors of St. Michael's — never to be quite the same again. Thirty-two frightened Pre-clinicals hunted for rooms and roommates — but were made welcome by our Big Sisters, and later that night by all our seniors at a welcome party.

By the end of the first week we were right at home. We had a weiner roast, tea and dance, and our initiation. It was the last of the initiations of the school, and we looked — oh — so professional as we scrubbed the Post Office steps with toothbrushes.



Our first months of training, Marjorie Hirsche



Capping

We started working on the wards almost immediately, wearing our Blues and aprons, feeding patients and giving backrubs. On October 22, 1958, we donned our bibs for the first time, and carrying lighted candles we entered the Chapel, where our Seniors placed our coveted Caps on our heads. Finally we felt like nurses.

That first year went by very quickly with both Pre-clinical and Junior blocks. At last we were receiving our yellow bands and celebrating the end of our first year at the Shanghai eating Chinese Food.



Receiving our yellow bands



Celebration time — one year of nursing completed!

Affiliations separated us for much of the second year, but we had such fun at the Alberta Children's Hospital, the Baker Memorial Sanatorium, and at Ponoka. We made many good friends from other hospitals and renewed acquaintances at Inter-Hospital Talent Nights. Remember "Shine on Harvest Moon" and "The Luck of the Irish." Then there was the Christmas Choir and the radio play "The Unknown" where we had our theme "Put Christ Back Into Christmas."

Midway through that second year we received our Bar Pins and celebrated at the El Rancho.



Halfway party. Back Row, L-R: Betty Kroeker, Eileen Sloat, Louise Wright, Maureen Peszat. Front Row, L-R: Lenora Schlacter, Bev O'Neil, Betty Hay

At the end of the year we received our Blue bands in an informal ceremony in the Rec. Room. President Betty Kroeker placed them on our hats amid much hilarity and entertainment from the rest of the class. Then to the Shanghai for more Chinese Food. We were always hungry.

The third year was when we did most of our specialties. How frightened we were to walk through the doors of the OR, and how we tried to hide from Sr. Cordis on Mat. Doing "Preps" in the CSR was a chore to be avoided, and anyone working in the Diet Kitchen in the summer was really popular — mmm milkshakes. Peds was always hot, but fun, and going with the VON was like having a day off. Friday nights saw us at the Lake Dances, usually trying to get back to the Residence on time. This class spent a fair amount of time Housebound for failing to do so.



Residence Life

All good things must come to an end, and our three years were up too quickly. In October of 1961 we were together as a group for the last time. Graduation had arrived. We had our Grad Dance in one of the biggest snowstorms of the year. Sr. Beatrice presented us with our Pins at the Grad Breakfast, along with scrolls containing our prophecies. That evening at the Paramount Theatre our dreams came true. Twenty-nine of us, dressed in white and carrying red roses came down the aisle and onto the stage. How proud we were and how happy our parents.



Colleen's Shower



Happy "21", Marlene McLeod



Graduation Dance



Graduation Exercises

Twenty-four years have passed since then and we have had four great reunions. Some of us have made them all, and some have been unable to attend any. We haven't changed that much, a few extra pounds and gray hair, but the devilry is still there. From information I have received there are 3 working full time, 8 part time, 3 with degrees, 1 out of nursing, and 2 who took refreshers. No one seems to be grandparents yet, but our Medical miracle is Eileen (Sloat) Woods, who has had one unsuccessful and one successful kidney transplant.

Oh what fun those three years were. Don't you wish we could do it all again??



15 Year Reunion



25 Year Reunion

A NURSE is MANY WOMEN

*Dedicated, disciplined — the highly trained
professional*

With Skill in Her Hands

And Compassion in Her Heart.

She is comfort for a frightened child,

Reassurance for a restless patient . . .

A strong right arm to the disabled

And a valued colleague to the doctor.

She is a quick step in a dim corridor at night;

*A crisp silhouette of hope, as the ambulance
sirens wail;*

*The quiet competence that dispels panic in the
sickroom;*

The watchful sentinel through the long vigil

When the spark of life is low.

A Nurse is efficiency in a starched cap . . .

Consolation in a crisp white uniform.



J. CURRIE



V. LEE



B. BOYLE



M. KADO



K. DUFF



J. BLAKEY



G. HOUSENGA

ST MICHAEL'S
GRADUATING
CLASS
1962



G. MURRAY



J. KAMBIETZ



J. HANLEY



A. HOLROYD



C. CASWELL



M. JOHNSTON



A. LIPKA



S. KILGANNON



J. GRANBERG



J. HUNWICK



P. RASMUSSEN



L. SCHAARF



S. HEEMERYK



A. PAVLOVICH

Awards — General Proficiency — Julia Kambeitz; Highest Standing in Psychiatric Nursing — Julia Kambeitz; Highest Standing in R.N. Exams — Sharon Kilgannon; General Proficiency in X-Ray Technology — Mary Kado; General Proficiency in Laboratory Technology — Vivian Lee

CLASS OF 1962

Three years! How endless they seemed as we first entered the doors of St. Michael's School of Nursing.

It all started back on September 8, 1959, when twenty eight starry-eyed girls took their first step in becoming a nurse.

On our first night in residence we were entertained by our senior and intermediate students with a "Welcome" party. Here we each received our first nurses cap — a paper one. The rest of the week was filled with teas, a weiner roast, scavenger hunt, initiation and a dance at Henderson Lake. Although most of us were homesick we had little free time to think about family and friends.

A week later we became settled into our first block semester. Studying and examinations took priority. Compulsory study periods were enforced five days a week 4:30 — 6:30 p.m. Getting housebound for breaking school rules was not uncommon.

Within six weeks we experienced our first patient contact. This consisted of two hours on wards. At times our Nursing Arts labs became a blur. Removing a bed pan without leaving tattle tale signs on the drawsheet was almost impossible — feeding a patient without having food coughed in our face was considered a victory and giving our first injection without jabbing our finger — the ultimate. Yes, how frightened and inadequate we felt. How we envied those competent and organized senior and intermediate students.

In December we started working eight hour shifts. Determination and guidance from our head nurses and fellow workers enabled us to survive those first trying weeks.

On February 14, 1960 we each received our "real" cap. No longer would the stigma "probie" enter our thoughts. We were proud to be junior students.

Then came our second year. In September we were happy to welcome Alice Holroyd to our class — a previous Holy Cross student. Yellow bands were added to our caps. No official banding ceremony was held. Instead a ceremony was celebrated in the basement tea room and auditorium. We now had students junior to us and we each gained a "little sister". This was an exciting year — a year full of challenges and new experiences. For the first time we left Residence and became knowledgeable in other hospital settings. We spent four weeks at both Alberta Children's Hospital and Baker Memorial Sanatorium and eight weeks at Provincial Mental Hospital. Remember the countless number of

masks we made at the San? Had you ever heard of, or tasted pumpernickel bread until you affiliated there? What about the morning confusion at the Childrens Hospital in order to get the youngsters off to school on time? Oh — so many memories relating to P.M.H. How about those long walks to the ever popular "Buds" restaurant, the corn and weiner roasts, the dances at Penhold and Gull Lake? Our specialties — just to mention a few; who can ever forget witnessing their first delivery on Obstetrics or scrubbing for their first operating experience? The children on Pediatrics — how ill on admission yet how quickly they recuperated.



Banding Celebration in Auditorium

In February we acquired our halfway Bar Pins. These we wore proudly as another major accomplishment.

By the end of our second year we were all sporting the traditional ring around the neck.

Sports and school activities offered diversion from study and work. Students with musical talents joined the Choral-Drama Club. Basketball, volleyball, and softball cannot be left unmentioned. Although we were never a threat to other teams we enjoyed participating. Our most successful sport achievement was recorded in our last year. Our softball team, under the keen coaching of Mr. Glen Murray, took first place in the Ladies Commercial League.

Seniors at last. Blue bands adorned our caps. Our class of twenty-eight had dwindled to sixteen. Many of our former classmates pursued different careers while others chose marriage. Three left because of illness.



Volleyball Team

Our third year was short and busy. We moved from our original rooms on fourth and fifth floors to first and second. Student late cards still existed. Now it was our turn to open the back door for those who broke curfew.

Innumerable hours were being spent by our year-book committee in the publication of the seventh edition of "Out of the Blue". Other class members had been busy designing a new school ring. A few changes were proposed. We were permitted to shorten our aprons and students acquired two days off in lieu of one and a half. Construction of a new wing was being considered. This would enable new and more comprehensive experience for future students of S.M.H.

May weekend at Waterton provided a gathering for many of our classmates. With Graval in purse we were almost guaranteed a successful time.

On August 6th., 7th., and 8th, sixteen nervous girls wrote their long awaited R.N. examinations at L.C.I. The three years which seemed like a lifetime on September 8, 1959 turned out to be only yesterday.



August 6, 1962, prior to writing our first R.N. exam.

On October 14, 1962 sixteen ecstatic nurses received their diplomas along with four Laboratory Technicians and one X-ray Technician.



Graduation L-R: Sharon Heemeryck, June Blakey, Phyllis Rasmussen, Mary Johnston, Caroline Caswell

We loved our training. We loved our training school. Thanks, St. Michael's, for three wonderful and glorious years.

Three years of residence life and training holds many fond memories. Class of 1962 do you remember?

- Playing with the Ouija Board?
- Going to Church in P.J.'s?
- Motoring to the Monarch Pub?
- Taking lids off the pop bottles (in the basement tea room) while still in the pop machine and using a straw to sip the contents?
- Lylena turning on the fire alarm with her starched uniform bib?
- Dance lessons in the basement tea room?
- Taking names for strike action?
- Locking up various books in Alice's trunk?
- Sunday night skating at the Civic Centre? — providing many spills and thrills.
- Sharon H. discharging her first patient on maternity?
- Amy signing her name "A. Pavlovich, St. Michael's School of Nursing"?
- Sister Peter Marie's voice at midnight telling us to be quiet or she would kill us?
- Joyce swallowing Peppins pen top?
- Sister B's sex lecture "Keep your feet on the floor, your hand on the door and keep talking"?
- Mrs. Kipp saying "We'll go over it and over it until you learn it".
- June limiting Sister B's comments to two hours at a mass meeting?

- Answering to a sleeping classmate's name at 6:30 a.m. roll call?
- Where Joan found her 21st birthday fragments?
- Working on Second Main Rm. 215 — Mrs. Filchak's Specialty ward?
- When the mop flopped and Sr. Peter Marie happened to be in the way?



Student Days — Car Wash



Antics in the Tea Room — 3rd Floor



March 14 — Smorgasbord — Yearbook Project



Studying for R.N. exams L-R: Adeline Lippa, Alice Holroyd, Sharon Heemeryck

True friendships were molded during our three years of training. Class reunions have allowed this fixed bondage to thrive. Our 20th. reunion brought home 14 classmates. Missing from this reunion were Adeline Stewart and Glennys Fisher.



The Way We Were — August 1962



The Way We Are 20 years later — June 1982

1985-86 Update · Class of 1962

June (Blakey) Kiely

- one daughter — two sons
- Currently working full time with the V.O.N. — Lethbridge Branch
- Taking night courses at U. of L. toward her Bachelor of Nursing degree.

Carolyn (Caswell) Benson

- three sons
- Presently employed as Home Care Co-ordinator - Cranbrook B.C.

Joyce (Granberg) Manning

- one stepdaughter — one stepson
- Joyce is Head Nurse in I.C.U. at Foothills Hospital, Calgary

Joan (Hanley) Ascroft

- one daughter — one son
- Employed at S.M.H. in O.R.

Sharon (Heemeryck) Ramstad

- two daughters
- Acquired her degree in Public Health from Dalhousie University in 1967. Continued working in the Public Health field until recently.
- Presently attending Grant MacEwan College in Edmonton, Occupational Health program.

Alice (Holroyd) Cook

- three daughters
- Currently employed full time at the Chinook Health Unit, Pincher Creek.

Glennys (Housenga) Fisher

- two sons
- Residing in Trenton, Ontario
- Glennys recently completed her refresher course

Jennie (Hunwick) Kambeitz

- One married daughter — two sons

- Jennie is working relief at Lethbridge Regional Hospital

Mary (Johnston) Fletcher

- two daughters — two sons
- Mary is the Director of Nursing at St. Joseph's Hospital Whitelaw, Alberta

Julia (Kambeitz) DeMaere

- two daughters
- Currently working half time with the V.O.N. — Lethbridge Branch

Sharon (Kilgannon) Turner

- two daughters — three sons
- Completed a refresher course in 1982. Currently employed at High River General Hospital

Adeline (Lippa) Stewart

- one daughter — one son
- Keeping busy both Nursing and owner of a glass business in Vancouver

Gail (Murray) McFadden

- two daughters — one son
- Gail has been working at the Treasury Bank for the past seven years at Grimshaw. Contemplating a refresher course in nursing.

Amelia (Pavlovich) Kramer

- one daughter — one son
- Worked for M.S.I. until 1967. Presently involved with community volunteer work

Phyllis (Rasmussen) Kambeitz

- one daughter - two sons
- Phyllis lives at Grassy Lake and works part time at Taber General Hospital

Lylena (Scharf) Blythe

- one son
- Employed at Cranbrook General Hospital full time.



Awards — General Proficiency — Marilynn Kambeitz; Highest Standing in Psychiatric Nursing — Dorothy Evans; Highest Standing in Theory — Cecile Wehlage; General Proficiency Award in Laboratory Technology — Sandra Manning; General Proficiency Award in X-Ray Technology — Norma Callaghan

CLASS OF 1963

Our Three Years:

On September 6th, 1960, we hesitated before the doors of St. Michael's; behind us the happy days of childhood and adolescence, before us the lure and challenge of adulthood. How often we glanced back over our shoulders and yearned for the careless years, gone now forever, and then we turned once more to be caught up in the surge of hospital life, "our hospital".

The first months left us confused, bewildered, lonely and homesick. How could we fit into this life? Where would we get the courage to go on?

Little there seemed to encourage us, certainly praise was scarce and criticism seemed so harsh and so frequent. But always we remained and tried, became once more discouraged and tried again. When spirits reached the lowest ebb, there always seemed something to encourage us — a letter from Mom and Dad, an encouraging word from a new friend or teacher, or the gratitude of a patient. How could we leave now?

Long hours in classrooms, at study, and on duty were softened by the warmth of comradeship. Together we learned to work, play, and talk about our problems, each gaining strength and understanding from the other.

And now a year was behind us — yellow bands spread like happy smiles across our crisp white caps. Probies looked up to us!

Soon we found that nursing is not just medicine and surgery but a multitude of specialties as well. Maternity, Pediatrics, Operating Room, Diet Kitchen, Recovery Room, Emergency, and Affiliations. How quickly time passes and we linger as we leave each special department. One more peek at the babies in the nursery, or an extra good-bye to the little boy at the end of the hall.

Ceaselessly the hands of time move onward and each of us begins to truly understand the full significance of our motto — Science-Service-Sanctity. With each passing day, another paragraph in our book of life was written and fond memories were produced.

For two years we had worked and played together and now we had earned our blue bands. How beautiful the banding ceremony and how glad the hearts of twenty-two student nurses!

Changes had also been occurring during our two years in training. Beginning with our second year we now had the luxury of two full days off a week, instead of just one and one-half days. Another significant event marked the beginning of our third year. We were the first class to move out of residence into private accommodation to allow for the admission of a larger number of first year students into the school of nursing. With this sudden independence came some problems, however, these were overcome to see us complete our senior year. With moving out of residence and specialties behind us, we found ourselves once again on Medicine and Surgery. Now we had a chance to put into practice what we had learned and to prepare for all important Registered Nurse examinations. As the months passed, we were caught up in the flurry of preparing a yearbook and studying for final exams.

In the mind of each student was the ultimate goal — Graduation.

Soon we would be leaving St. Michael's and saying good-bye to friends as we parted at the junction of life's road. We were grateful to all those who helped and cared so much — our families, classmates, Sisters, instructors and friends. We were all perhaps a little sadder, certainly a little wiser, and above all, full of hope for a promising, gratifying life as a Registered Nurse.

Nursing Education Days At St. Michael's School of Nursing



Practicing Injections on each other L-R: Dorothy Nihill and Cecile Wehlage



Nursing Arts Lab — Bandaging



Diane Roe, Jean Szasz and Betty Giles sharing the days experiences after work



Mrs. G. Manley's Farewell — 1961. Assisting her L-R: are I. Kelly, R. Conrad, D. Spackman

Fun Times in Residence



Play Pen for Barb Heggie and Pat Gerun



Top Row — Mary Cano & Fran Walsh. Middle Row — Marj. Davies, Marija Boh & Jean Szasz. Bottom Row — Elena Stoochnoff — "Balancing Act"



Bernice Harty "Fit to be Tied" by Marija Boh



Marija Boh and Carole Hancock become a Two-Headed Monster



"Shamrock Minstrels" SMH Talent Show Winners — March 17, 1961 under the direction of Sister Helene



"Oh, You Beautiful Girls" Jean McNabb and Gerri Fanlin

Reunions

Five Year - 1968

The dance on Friday evening at the El Rancho Convention Center was attended by eight "re-unioners", it was very much enjoyed by all.

Saturday afternoon tea at the hospital cafeteria saw twelve 1963 grads; the same number attended the dance that evening. Gerri Shankland was hostess for a reunion party following the banquet and there was much reminiscing and gaiety until the wee hours Sunday morning.

On Sunday, Father LeBel hosted a dinner at the Marquis Hotel which was attended by eight classmates. In all, fourteen classmates returned to attend one or more of our weekend activities.

Ten Year - 1973

Reunion weekend began on Friday evening with cocktails at Marj Gals. The banquet following was held at Sven Ericksen's. Dr. John Hunt was guest

speaker. Saturday was a very full day beginning with a coffee party and tour of the hospital. The wine and cheese party, in the afternoon, sponsored by the honorary members was marvelous. The dance, held at the pavilion was a smashing success. On Sunday there was a mid-day barbecue at Marj and Chester's hosted by the Shanklands. In attendance at this reunion were: Fran, Cecile, Diane, Naidene, Dorothy, Gerri, Barb, Marj, Jean, and Bernice.

Fifteen Year - 1978

We gathered at Dorothy and Clyde's on Friday night for a short while and everyone had much to talk about. Those present were: Mary and Larry, Marija, Jean and Norm, Naidene and Wayne, Gerri and Merv, Marj and Chester.

On Saturday there was the usual coffee party in the morning. Diane had arrived as well, and there were many other alumni to visit which we had not seen in ages. The luncheon was held in the auditorium at the office building and was lovely as usual. Following the luncheon, a wine and cheese party was again hosted by the honorary members. The dance was held at the Labor Club with music by Tom and Curt and was well attended.

On Sunday we had brunch in Gal's backyard. It was especially nice to see everyone's families and the kids seemed to enjoy themselves as much as the adults.

Twenty Year - 1983

So here we are twenty years later — who would have believed it? It was so good to see everyone as we had a good turn out of fourteen classmates attending.

Betty and Bart hosted a get-together on Friday evening, at which many memories were shared and up-dates on what was happening were obtained. The luncheon at the Lethbridge Lodge was an opportunity to renew acquaintances of all alumni, and the dance at the German-Canadian Club was good fun. Norm and Jean made a video film at the dance which we enjoyed viewing the next day. The weekend culminated in a barbecue at Marija's at which family pictures of our classmates were taken as momentos to treasure. Present at this reunion were: Gerri, Marj, Dorothy, Bernice, Betty, Marija, Cecile, Naidene, Diane, Fran, Elena, Marilyn, Barb, and Jean.



Twenty Years Later — June, 1983 luncheon — Lethbridge Lodge

1985-86 Update - Class of 1963

Marija Boh

- One son
- Graduated with a Bachelor of Nursing degree (with great distinction) from the University of Lethbridge in 1983.
- Currently employed at the University of Lethbridge as Co-ordinator of the Health Center. Marija also is a part-time administrative supervisor at St. Michael's Hospital.

Mary (Cano) Koshney

- Three daughters, one son
- Mary has been working at the Claresholm General Hospital for 20 years and is currently working a permanent part-time shift.

Marjorie (Davies) Gal

- Two sons
- Presently working as a casual nurse at St. Michael's Hospital in the recovery room and in emergency at the Taber General Hospital.

- Dolores (Erickson) French
- Two daughters, one son
 - Dolores is a full time extended care unit nurse at Prince George Regional Hospital, B.C.
- Dorothy (Evans) Matheson
- One daughter and son
 - Presently working at Lethbridge Community College as a clinical instructor in the registered nurse program.
 - Dorothy is completing her Bachelor of Nursing degree from the University of Lethbridge.
- Geraldine (Fantin) Shankland
- Two sons
 - Gerri has worked as a supervisor, head nurse, and casual relief nurse at St. Michael's Hospital since graduation. Presently Gerri is working in Pharmacy - pilot project.
- Patricia (Gerun) Lindman
- Two daughters, four sons
 - Pat is working with the Red Cross in Salt Lake City, Utah
- Betty (Giles) Hribar
- One daughter, two sons
 - Currently employed as Assistant Home Care Manager at Barons-Eureka-Warner Health Unit.
- Carole (Hancock) Sanford
- Carole has been busy taking management, computer, and accounting courses. She is a business manager for a Radiation Oncology Centre.
- Bernice (Harty) Nowicki
- Two sons, two daughters
 - Completed her Bachelor of Science degree in 1973 from the University of Alberta
 - Currently employed as a Community Health Nurse at the City of Lethbridge Health Unit.
- Barbara (Heggie) Holt
- Two sons, three daughters
 - Employed as an Operating Room nurse at Raymond General Hospital
- Margaret (Hereford) Whittacher
- One son, one daughter
 - Working full time at Vancouver General Hospital
- Marilyn (Kambeitz) Bell
- Two sons
 - Presently working full time on the psychiatric unit at Penticton Hospital, B.C.
- Naidene (McCulloch) Thompson
- One daughter
 - Naidene is located in Regina and has been working in Occupational Health since 1969.
- Merle (Monkman) Nielsen
- Two daughters, one son
 - Merle is living at Abbotsford, B.C. and working in a hospital at Mission, B.C.
- Diane (Roe) Gunn
- Two sons
 - Diane has been working in an elementary school in St. Albert as a special needs aide for the past eleven years.
- Sharon (Short) Derrick
- One daughter and son
 - Retired from nursing, Sharon is involved in breeding and showing dogs.
- Elena (Stoochnoff) Nickel
- Two daughters
 - Elena is the Director of Nursing at the Empress Hospital, Alberta
- Jean (Szasz) Kanngiesser
- Four daughters
 - Jean is very busy with farming, as well as working part-time at the Auxiliary Hospital and Nursing Home in Lacombe.
- Melita Threinen
- Melita joined the Armed Forces in 1968 and has been promoted to captain. She is stationed at Comox, B.C. in the Armed Services — Nursing.
- Fran (Walshe) MacLellan
- Two sons, two daughters
 - Fran is living in Drayton Valley, Alberta and is working full time on maternity — surgery.
- Cecile (Wehlage) Poelzer
- Two daughters
 - Completed her Bachelor of Science degree in 1969 from the University of Alberta.
 - Taught nursing students at St. Michael's, Galt and the Lethbridge Community College for many years. She is now retired from nursing and is farming in the Milk River area.



Awards — General Proficiency — Linda Aneca; Highest Standing in Psychiatric Nursing — Carol Magnuson; Highest Standing in Theory — Roselynn Boehme; Pediatrics for Highest Marks — Carole Evans; Proficiency in X-Ray Technology — Elizabeth Fedoruk

CLASS OF 1964

It was September 5th, 1961 when 33 Nursing Students and eight X-Ray Lab Students gathered to begin our chosen profession. We came from near and far to begin our new life together.

Dressed in a compulsory class uniform of blue blazer, grey skirt and white blouse our three years together began.



Class Room Uniform

There were many happenings and many "firsts" throughout that first year. Entering residence life and being welcomed by our "Big Sisters", and a welcoming party were a few of the social events most of us remember as well as the annual car wash.



Car Wash

Our first sessions in the Nursing Arts lab with Miss Frances Reed brought our dreams to reality and that "First Needle" brought second thoughts to most of our minds.



First Needle

St. Michael's School Choir and Choral Group were open for all of us to join and indeed quickly became part of every first-year Nursing student's life. Our first appearance on Television came at Christmas 1961 when, under the direction of Sister Mary Helene we were able to display our singing talents.

The first few months left us confused, bewildered, lonely and homesick. Long hours in Classroom, at study and on duty were softened by the warmth of comradeship. Together we learned to work, play and talk about our problems, each gaining strength and understanding from the other. Remember study periods in each others rooms, food in the tea room, gathering at Park Lake and our monthly \$10.00 allowance?



T.V. Appearance



Park Lake Picnic

With one year behind us we approached our Second Year and Yellow bands spread like happy smiles across our crisp white caps. September 1962 — Banding Ceremony as we entered our Intermediate Year.



Banding Ceremony

On entering our Intermediate year, we soon found that Nursing was not just Medicine and Surgery but a multitude of Specialties as well — Operating Room, Pediatrics, Obstetrics and Affiliation to Outlying Specialty Institutions. What excitement this next 12 — 18 months held for us!



Operating Room



Pediatrics



Pediatrics

March 1963 saw the half-way point in our chosen profession. The arrival of the date gave new hope and inspiration to struggle onwards toward our goal. Our Bar-Pin was proudly added to our uniform to show our accomplishment and it was reason to celebrate again.



Half Way Party



SMH Float

Each year a float was undertaken and with hours of fun and hard work our efforts paid off as our float usually received a "prize".

Ceaselessly the hands of time move onward and each of us began to truly understand the full significance of our motto Science-Service-Sanctity. For two years we had worked and played together and now we had earned our blue bands. We were approaching our Senior and final year. Our specialties were over and we now were preparing for that final step — Exams and Graduation Day.



Banding

Changes were occurring in our Institution during our final year. Construction of the West Wing was well under way, and with the increase in numbers into the Nursing program each year our Residence was simply not able to handle us all. Thus, in our final year, we, the Senior Nursing Students, moved into basement suites. There were certainly mixed feelings over this great change in our student life. We experienced more freedom and responsibility but definitely less "togetherness" that residence life had given us.



Entertaining on a limited income

Other Activities

Our goal was realized. Graduation Day had finally arrived. We were all wiser, and above all full of hope for a gratifying life as a Graduate Nurse.



Our Skit — Kangaroo Court



Crowning of St. Michael's Queen



Grad Party



Finally out of the blue

Reunions

Five, Ten, Fifteen and Twenty Year Reunions have come and gone. Many of us are still involved in our chosen profession. Some have gone on to further their education, while some have changed to other professions. Some of these friendships have been forgotten, some have stood the test of time, but each will always be a part of us. Our friends wrote their names in our albums, but they did more, they helped to make us what we are.



Twenty Year Reunion

1985-86 Update · Class 1964

- Linda (Aneca) Johnson
—Two children, boy and girl
—Works part-time with College Nursing Program in Lethbridge
- Karen (Beazer) Lacey
—Three Children
—Present activity unknown
- Roselyn (Boehme) Easter
—Five children and also foster children
—Works part-time in Brooks
—Very involved in Community work
- Carol (Barber) Reiter
—Three children
—Part-time with Health Unit in Coaldale
- Maureen (Dunphy) Rouse
—Two children
—Involved in Materiel Management at Hospital in Prince George
- Agnes (Dierker) Zuback
—Three children
—Living in Lethbridge
—Part-time work in Coaldale and St. Michael's
- Hazel (Doan) Reeh
—Two children
—Presently in Billings, Montana
—Working in Obstetrics/Gynecology — Nurse Practitioner
—Going back to school
- Carol (Evans) McDonald
—Working in O.R., Royal Columbia Hospital, Vancouver
- Jeannine (Ferre) Thompson
—Three children
—I believe is working in Bow Island
- Sharon (Hirsche) Smith
—Four children
—Living in Calgary
- Fran (Kotkas) Foster
—I believe is presently in Calgary
- Shona (McDonald) Baier
—Two children
—Living in Medicine Hat
- Carol (Magnuson) Prochaska
—Two children
—Studying Theology in the States
- Donna (McNamar) Flintoff
—Two children
—Actively involved in Nursing in Oliver, B.C.
- Irene (Merkle) Fuzey
—Two children
—Living in Lethbridge
- Sharon Molcak
—Last heard from was living in Edmonton
—Took Refresher Course in 1985. Working I.C.U. Edmonton General
- Barb (Nicol) Fekete
—Two children
—Living in Lethbridge
- Sherry (Palmer) Paul
—Two children
—Residing in Calgary
- Carol (Preece) McGinty
—Two children
—Presently in Germany for two years
—Taking University courses with the hope of Law
- Pat (Rakos) Baumstark
—Two children
—Working part-time with Public Health in Taber
- Doreen (Saunders) Hendrigan
—No data
- Pat (Schinnour) Wang
—Two children
—Living in St. Albert
- Marilyn (Sinclair) Rudelich
—Three children
—Working part-time in Picture Butte
- Cecile (Spilak) Bulva
—Two children
—Working in hospital in St. Albert — Patient Services Manager
- Helen (Smith) Paulence
—Three children
—Full-time Unit Supervisor, 2nd. East Wing, St. Michael's

ST. MICHAEL'S HOSPITAL SCHOOL OF NURSING

GRADUATING CLASS 1965



CAROL FRANK



HELEN NEWTON



IRMA RYLL



MARION KINNIBURGH



TILLY SCHIPPER



SHARON GEORGESON



TILLIE DORK



CONNIE MICHAELIS



DONNA MELDRUM



ELFRIEDE FRITZ



JEANNE CASWELL



FAYE WOOLDRIDGE



VERA MAY KUBIK



RUTH MEYER



LOIS STEARNS



PEGGY JEAN FREDERICKS



MARY ANN PAWLOWSKI



MARILYN MORROW



MARGARET DAHL



VIVIAN MAKEL



ELAINE ALLEN



PATRICIA FARWELL



CORINNE FINCH



SHARON MAE EVES



LORENE MAGUIRE



ANITA BONKATZ



SUSAN DUNNE



GLORIA O'BRIEN



MARY CURRIE



EVELYN MORROW



AUDREY SESTRAP



GORDON RIGGS

Awards — Proficiency in Studies — Faye Wooldridge; Proficiency in Pediatrics — Marion Kinniburgh; Highest Standing in Psychiatric Nursing — Peggy Fredericks; Highest Standing in Final Examinations — Margaret Dahl; General Proficiency in X-Ray Technology — Corinne Finch

CLASS OF 1965

As we reflect back on our three years of training, it seems like yesterday that we were struggling through our ups and downs — good times and bad. After our first block we were allowed on wards. By Christmas we were doing shift work and taking as many as fifteen patients with a grad supervising. It was a new experience, frightening at times, but also exciting.

Having completed one year we were awarded our yellow bands and Bar Pins. We then proceeded to our specialties in the Operating Room, Obstetrics, Pediatrics, Emergency and Affiliations at both Ponoka and Alberta Children's Hospital. It was during this year that our class was split, not seeing some classmates for three to four months at a time.



Sept. 1963 — Banding Ceremony



Helen Newton and Connie Michaelis standing next to the Florence Nightingale lamp

During our specialty year we gained much knowledge, learning many new techniques and procedures. The doctors continued with their many pranks in the O.R. (such as sending a poor innocent student for some unknown object). This put some fun and laughter into training and kept us on our toes.

Obstetrics was a most enjoyable ward. The patients were healthy and it was a time of celebrating new life. Remember one of our first patients being our instructor, Mrs. Inez Kelly, having her first baby?

Many days were hectic, but we still had time for fun. Remember dressing up in gowns, conning one of our classmates onto the delivery table, and then doing a mock delivery?

Pediatrics was where we, as students, appreciated life when we saw the sick children. We enjoyed all the babies.

Remember the days of folding diapers? Remember going Halloweening for the children on Peds?



Pediatrics — folding diapers

Our month's stay at Alberta Children's Hospital, was again a very different type of Nursing as most of the children there had spent months in the hospital in hip spicas or frames of some sort.

While in Ponoka, to keep ourselves entertained, it was off with the boys from Jubilee Hall to the "Cave", to Wetaskiwin to drive-ins, or Penhold Air Force Base. It was punishment time for some of our classmates for staying out too late!

Halfway through our training, our class held a roller skating party which proved disastrous for a few of our classmates with head and wrist injuries.



Alberta Childrens Nursing Residence — top bunk Mary Ann Pawlowski. — bottom bunk Gloria Obrigewich



Half-way party — February 1964.

Our third year saw us moving out of residence into apartments to accomodate the great influx of students. This was a year of maturing. We were given more responsibility on the wards, especially when we became team leaders.



L-R: Louise Wollersheim, Jeannie Caswell, Mary Ann Pawlowski, and Irma Ryll.



Our last fling together as a class was the Waterton weekend. The Sisters supplied the food, but it seems that certain groups ended up with all of some items (such as all the bacon and eggs). As many as fifteen girls crammed into one cabin. We slept in shifts if we slept at all.

It was back to serious studying when we returned, for exams were in August. We still had time for the occasional party (for those of us turning twenty-one). After exams, to celebrate three years of comradie and studies, we gathered at our favorite pubs for a few drinks then on to Sharon George-son's for a party. Some of us never got there, I wonder why?

One of the more popular activities during training, was the Friday night dance at Henderson Lake. When it was time to return to residence inevitably the student nurse having a ride got stuck with six other nurses, poor unsuspecting guy! Several memorable dances were held in residence with a DJ entertainer.



Tillie Schipper getting ready for Friday night "prep".



Friday Night Sock-Hop

A yearly float was entered in the Lethbridge Parade, usually winning an award. As sport activities were popular our class entered volleyball — going on to play in the city championship.



S.M.H. on Parade — 1963 "The Light that Heals" — L-R: Laurie Macguire, Helen Smith, Bernice Harty, Gloria Obrigewich



Classes 1964 and 1965 S.M.H. Choir at T.V. Station

The Drama and Music club entered a talent night in Calgary with a play called "Carnival Fiesta". We also sang on T.V.

One other special event was the annual Queen of Hearts Dance. In our second year Jeannie Caswell was crowned Miss Queen of Hearts.

REMEMBER

- when we used to lie down at the open window in the library and listen to our classmates say good night to their dates — unaware that the housemother was just below and could hear all the scurrying feet.
- Sharon Georgeson sleeping in half of her bed until she learned how to make one. Was that someone Frenching your bed again?
- when someone was sent from the O.R. looking for a Fallopian Tube?
- when several girls attended a riverbottom party and returned to Residence to find the door locked? They managed to awaken Lorene Maguire by throwing rocks at her window. She came to their rescue in her shortie P.J.'s, locked herself out, and then had to awaken Sr. Peter Marie to let her in!
- when Elaine Schill fell at a roller skating party and suffered a head injury — resulting in a short lapse of memory.
- cramming for exams until 4:00 a.m. and writing at 8:00 a.m.
- Sister Beatrice coming to a General Meeting and holding up a True Confessions Magazine.
- Sister Beatrice's lecture for self defense — feet on the floor — hands on the door and keep talking.
- St. Beatrice lecturing at a certain General Meeting when a towel from Ponoka was found in someone's room (E.A.)
- throwing the girls in the shower then taking their towels and Sister Beatrice coming to the floor to find these girls in the nude.
- taking Gravol along to Waterton in case we got sick.
- Miss Reed (Nursing Arts Instructor) inspecting all our trays for saucers under cups, second desserts, and clean fingernails.
- when Sister Peter Marie caught us with honey on our seats (toilet and our own).
- when six "rebels" piled into Susan Dunn's volkswagen during Retreat to watch "Hud" at the drive-in — love Paul Newman!

Our 20 year reunion had many memorable moments with much laughter and reminiscing.

On Friday night a social at Elaine and Eric Schill's, was held with thirteen classmates present. Lots of story telling, looking at albums, and jokes were exchanged until the wee hours of the morning.

Saturday morning sixteen of us attended a luncheon at the El Rancho with the guest speaker Mrs. Inez Kelly reminiscing.

Following the luncheon we went to Norm and Connie Watmough's for a barbeque where our husbands worked diligently to barbeque the roast. Fifteen of the class attended staying to the early morning hours. We'll always remember such things as the Brown Bag Lady and passing the beads. Some great videos of our Saturday Night Activities were taken. We all decided we didn't look any older and enjoyed a good time.

1985-86 Update - Class 1965

This is our Class as we are today:

Elaine (Allen) Schill

- working casual at S.M.H. and busy with two boys and one girl.

Jeannie (Caswell) Sluiter

- Jeannie received her Public Health Diploma in 1967. Two boys and a girl.

Mary (Currie) Hyder

- doing part-time at Southland Nursing Home. Two boys and one girl.

Cheryl (Dahl) Hirsche

- presently taking a refresher course in Calgary, worked in Utah as Head Nurse on Pediatrics. Three boys and one girl.

Tillie (Dorok) Krueger

- working full time on 3 Main, St. Michael's. Two boys.

Susan (Dunne) Dunne-Smith

- doing volunteer work with the Red Cross Blood Mobiles — was head nurse supervisor and interim Director of Nursing until 1976, retiring to get married. Two girls.

Sharon (Eves) Erickson

- assists with family business and presently taking an R.N. refresher course. Two boys.

Pat Farwell

- working full time on a Urology, EENT, oral and maxillary surgical ward at Queen's Medical Center in Honolulu.

Carol (Frank) Moody

- working as Head Nurse in Ponoka. One girl.



20 Year Reunion

Peggy (Fredricks) Maduke

- is a homemaker in Ontario. Three girls and one boy.

Elfrieda (Fritz) Streu

- assisting her husband in construction business in Victoria. One boy and one girl.

Sharon (Georgeson) Kimery

- received her post grad in the Operating Room in Montreal, working part-time in the O.R. at S.M.H. One girl and one boy.

Marion (Kinniburgh) Williams

- Did post grad studies — O.R. in Montreal 1967. Worked in Edmonton and Calgary. Deceased in April 1982. Three boys and one girl.

Vera (Kubik) Mokowski

- presently working full time on Pediatrics at Lethbridge Regional Hospital.

Laurie (Maguire) Todd

- fulltime at Medicine Hat General and District Hospital. Two boys.

Vivian (Makel) Westwood

- busy on their acreage in Langley, B.C. Two boys.

Donna (Meldrum) Clarke

- doing casual nursing in Ashland, Oregon. Four boys and two girls.

Ruth (Meyer) Marsden

- presently doing part-time at Charles Camsell in Edmonton. Two girls and one boy.

Connie (Michaelis) Watmough

- working 3/5ths. time at S.M.H. Administrative Supervisor. One boy and one girl.

Evelyn (Morrow) Okamura

- taking a refresher course in Regina. Two girls and one boy.

Marilyn Morrow

- Head Nurse on Peds at the Edmonton General Hospital.

Helen (Newton) Borthwick

- Worked in Dawson Creek, Calgary, Edmonton, Victoria, Brooks, Yellowknife, and Yukon doing search and rescue. Deceased — December 26, 1982

Gloria (Obrigewitch) Vair

- Central Placement Officer and Supervisor of Admitting at Medicine Hat General and District Hospital. Two boys and one girl.

Mary Ann (Pawlowski) Unrau

- at present is a homemaker at Taber. Two girls and one boy.

Gordon Riggins

Irma (Ryll) Kalau

- working 4/5 time at Southland Nursing Home. Two girls.

Audrey (Sestrap) Job

- homemaker. Busy on the farm at Eckville. One son and one daughter.

Tillie (Schipper) Roberts

- working at Rockyview Hospital in Calgary, lives in Okotoks. Two boys.

Faye (Woolridge) McMillan

- Office nurse half days, four days per week, and doing some relief work at Seton General Hospital in Jasper. One girl and one boy.

*Graduation Day
S.M.H.*

Dear Mom and Dad,

*Today I'm a nurse — it seems only a dream,
I can hardly believe that it's true. My training is done
— I have come to the end and my first grateful
thought is you.*

*The stretch of the years is now long past, since
I was your baby girl; the years when you mended
a broken doll, or smoothed down a straying curl. I've
come since then to a woman's place, to my gradu-
ation day. I'm a nurse — and the dream of my child-
hood hours stands achieved — and my heart is gay.
But Mom and Dad, I know I could never have won
if your love hadn't helped me along; I who was al-
ways so weak on the way — You who were ever
so strong. Your love and your help and your kindly
praise, these followed me through the years; a mil-
lion thanks well up from my heart, God bless you
— your joy and your tears.*

*You are my models — you are my ideals, yours
— ever the love that was true. God couldn't be with
me all of the time, so he gave me parents like you.
I know that you're proud today as you see Your
Nurse — just so late a wee tot, but my pride in you,
Mom and Dad, rings as strong in my heart — God
love you and bless you alot.*

YOUR GRADUATE

—ST. MICHAEL'S HOSPITAL SCHOOL OF NURSING—

• GRADUATING CLASS 1966 •



NERA MARTIN



MARLENE BACHMEIER



DIANE FOMEREAU



VALDIE KONECZ



IVIE WALLEN



CHERYL GREENO



MARION FLETT



IVY SPRAY



DEANNA ERISEN



MARY ANN DEKA



CRYSTAL PEARSON



MARGARET ANNE GODFREY



JANET KRYSTOF



MARION DESSA



NOREEN COULTRY



PATRICIA ANN LYALL



JOANNE BONECH



MERELDINE SCHRAMM



SARA J. ZAKI



DIANE MCGRATH



JUDITH KRAMER



JOANNE COLEMAN



SYLVIA PUTICI



LOUISE THIEL



LARRAINE GAY SETTER



EILEEN SAMESHIMA



NOEL DICKSON



LORNA ROTT



JILLEN TAMMERT



DEANNE KAMRITZ



MURRAY SMITH



ELEANOR W. KAY



GRIEKEY STADTER



GREG MCANALLY



DEELEN DEES



MARGARET PEDDIE



MARLA DRESE

Awards — Proficiency in Nursing — Mereldine Schramm; Proficiency in Pediatrics — Sylvia Putici; Highest Standing in Psychiatric Nursing — Noel Dickson; Graduating Class Member who did the most for the Welfare of the Students — Diane McGrath; Theory and Practice in X-Ray Technology — Louise Thielen; Proficiency in Medical Laboratory Technology — Margaret Anne Godfrey; Highest Marks in Psychiatric Supplementary Program — Murray Smith

CLASS OF 1966

REMEMBER WHEN

- Marici was first to do prep duty and was exposed to "Male" anatomy.
- We lived in housecoats when not wearing our "blues".
- Mrs. J. very kindly failed to notice students coming into residence.
- Mary Ann returned from the farm with pans of delicious cake and breaded pork chops.
- V. Koppenstein left notes in our rooms.
- Sister Peter Marie would be so angry over a little water fight!



Toilet paper made excellent decorations.



Togetherness

- We went on affiliation.
- We were so homesick.
- Crystal thought liquid soap was mouthwash.
- We went to Waterton for the long weekend.
- Joanne McNeely was the first student allowed to marry.
- Fried egg sandwiches and cheese were dietary staples.
- We had weigh day.
- Gaye searched the hospital looking for fallopian tubes.
- Waterfights were regular occurrences and so much fun.
- The Ouija board told our futures.
- We paid fifty cents each to replace the dinner plate Sharon dropped in the garbage.
- We really cared for and supported one another.



Fun at the Lake



We Graduated

January the 4th, 1965, four psychiatric nurses came to St. Michael's — Mr. M. Smith, Miss S. Stauffer, Miss J. Pettigrew, Mr. G. McCaughey — these students affiliated at S.M.H. to complete the requirements for Alberta Association of Registered Nurses. They were trained Psychiatric Nurses having passed a three year course at Ponoka and Oliver. After sixteen months of surgical, medical, pediatric and obstetrical nursing, they wrote their R.N. examinations with the class of 1966

Class of 1966 — Reunions

Reunion celebrations are a time for renewing friendships, reminiscing and bringing each other up to date on what has happened in the intervening years. A time of laughter, joy and perhaps a few tears. Our five, ten, and fifteen year reunions were well attended and very enjoyable occasions. We look forward to our twentieth reunion.



10 year Reunion



15 year Reunion

1985-86 Update • Class of 1966

Marlene (Bachmeier) Praskach
 — One Son and One Daughter
 — Working part time in Home Care Area with Barons-Eureka-Warner Health Unit

Valerie (Bonertz) Archibald
 — Two Daughters
 — Working full time Magrath General Hospital.

Gaye (Coultry) Coulos
 — Four Children

Noel (Dickson) Maughan
 — Two Daughters
 — Manager Hallmark Card and Gift Shop
 — Studying toward a Psychology Degree

Marie (Dieser) Zalaski
 — One Son and One Daughter
 — Working as a teachers aide in a Kindergarten

Marion (Flett) Wright
 — 1982 — B.N. at the U. of L.
 — Permanent part time nurse co-ordinator Lethbridge Home Care

Deanna (Friesen) Van Eldith
 — B.Sc.N. at the U. of L.
 — Teaching Nephrology at the U. of L.

Cheryl (Greeno) Groves
 — Two Sons and One Daughter
 — Working towards her degree in Nursing through the University of Victoria Extension B.N. Program
 — Working full time as the Executive Director of the Kitimat Child Development Centre and also finds time to teach Pre-natal classes at the local Health Unit

Sharon (Grisak) Fritz
 — Four Children
 — 1985 — B.N. at the U. of L.
 — Nursing Care Co-ordinator at the Lethbridge Auxiliary Hospital

Deanna (Kambeitz) Christie
 — Two Sons and One Daughter
 — Day Care Director in Morinville

Judy (Kramer) Jackson
 — One Son and One Daughter
 — Working with Home Care in the Pediatric Care Area

Janet (Krystoff) Bonertz
 — Three Sons and Two Daughters
 — Helping husband Hugh manage their dairy farm

Neila (Martin) Horejsi
 — One Son
 — Studying Accounting

Dianne McGrath
 — 1980 B.N. from U. of C.
 — Working at the Foothills Hospital

Joanne (McNeely) Coulombe
 — One Son and One Daughter
 — Working full time I.C.U. at Sturgeon Hospital in St. Albert

Diane (Morrison) Fomradas
 — One Son and Two Daughters
 — 1985 B.N. at the U. of L.
 — Working full time on Maternity at St. Michael's Hospital

Crystal (Pearson) Chesire
 — One Son
 — Working at a Medical Clinic in Campbell River

Margaret (Peddie) Swedish
 — One Son and Two Daughters
 — 1967 — Certificate in Teaching and Supervision in Nursing at the U. of A.
 — 1969 — B.Sc.N. at the U. of A.
 — Teaching Year 11 in the Health Sciences Centre School of Nursing

Joanne (Ponech) Jackson
 — One Son and One Daughter
 — Working part time at a Medical Centre

Sylvia (Putici) Plesko
 — Two Sons
 — Working as a Home Care Nurse

Eileen (Sameshima) McKinley
 — One Son
 — 1975 B.N. from Dalhousie
 — Working as a Community Health Nurse at the City of Lethbridge Health Unit

Eileen (Sees) Filthaut
 — Two Sons and One Daughter
 — 1983 — B.N. at the U. of L.
 — 1985 — B.Mgt. at the U. of L.
 — Working permanent part time as Administrative Supervisor at St. Michael's Hospital

Mary Ann (Sera) Praskach
 — One Son and One Daughter
 — Working with husband Paul on their farm

Ivy (Spray) Farkas
 — Residing at Penticton, B.C.

Helen (Tamaki) Rosenthal
 — One Daughter
 — Working full time at the Lethbridge Regional Hospital

Ivie (Walden) Wheeler
 — One Daughter
 — Working at a Doctor's office

ST. MICHAEL'S HOSPITAL SCHOOL OF NURSING

GRADUATING CLASS . . . 1967



BERNADETTE MATER



CAROL ANN TEDDEN



PATRICIA KATANKA



RUTH WRIGHT



EVELYN ZARAPA



JEANNINE COLLING



JOAN TATEBE



HAZEL MAKI



PRISCILLA BOWEN



CECILE KEAN



YVONNE MORDIS



DONNA HEIDMANN



MARGARET SIMPSON



SOPHIE BARUTA



GLORIA RICE



CAROL BONIETZ



BERNICE MAE NICOLAY



JOANNE WYROSTOK



MARION HUMMEL



DEANNA NEISHAN



SANDRA MILLER



IRENE YAMAGISHI



ELENE EKEMEYER



ELENE MURAKAMI



ELIZABETH STRICKLAND



BARBARA DE WEERT



MARLENE HOMULOS



JEANNINE VAHER



BEVERLY THELEN



JOAN SOUTHGATE



HELEN COOK



ELIZABETH NEMCEK



OLGA JARZABEK



BERNTHA HILLSTRAND



CARLOS CORDEIRO



MARILYN KANE



DONNA ROWNTREE



AGNES JANZ



CHERYL JARVIS



BERNADETTE MATER

Awards — General Proficiency — Jeannine Colling; Highest Standing in Psychiatric Nursing — Joanne Wyrostok; Highest Standing in Theory — Priscilla Bowen; Proficiency in Pediatrics — Joan Tatebe; Theory & Practice in X-Ray Technology — Bernadette Mater; Proficiency in Medical Laboratory Technology — Marilyn Kane

CLASS OF 1967

We recall our years of Training.

We arrived in September 1964 and were greeted by our big sisters, the Class of 1966. Remember wondering what your room mate would be like?

Remember residence nights? Who can forget those opportunities to let off steam?



Residence Night

Remember Sr. Helene and choir practice? Voice or no voice, you sang! We sang at the opening of the west wing.

Remember the Christmas television choir debut when Donna and Bonnie had to be angels?

Remember raising money for social activities at the residence and making flowers for the annual Lethbridge parade?



Shoe Shine Girls



Flower Making

Remember the talent competition at the Holy Cross Hospital when Donna was a queen in our play Hamlet?

Curfews were a shock. Remember 10 p.m. weekdays, midnights Fridays, and one 1 a.m. per month? There was the threat of arbitration for those daring enough to come in late through the emergency entrance. Maybe that is why we became electricians and silenced the bell on the first floor emergency exit.

The recreation room provided an opportunity for socializing with the fellas. We always had a full house.

After our 6 month probation, which included our class block, we went on wards. Remember being fitted for uniforms? They always allowed growing room. If it hadn't been for our big sisters and a package of safety pins we would never have gotten those uniforms on.

Remember Mrs. McNaughton putting a pencil in your mitred corners to check for loose ends? Sharon made one bed four times!

Remember your first bed bath? Barb gave her patient a shower when the basin slipped. The early bird gets the linen, and also the Fire Department, Bev learned when she bumped the Fire Alarm.

SECOND YEAR Out of the Blue and into the Specialties was a treat to be rid of those starched collars.



2nd Year Banding

MATERNITY: Remember being on call for Maternity and sleeping half dressed so you'd get there before the baby?

Remember observing your first delivery and twenty babies crying in the Nursery at the same time?

Remember Yvonne knocking herself out, and Bev delivering a baby with Dr. Lowings assisting?

Who can forget the soggy send off from the staff when your maternity experience was finished?

OPERATING ROOM: Remember the pranks played on us as the rookies.

Remember bruised ankles from Mrs. McCambley's cues?

Remember Barb looking for hemorrhoids in the garbage pail?

ALBERTA HOSPITAL PONOKA: Who can forget the two mile walk to town, the blue coats, finally fitting into unpinned blue uniforms, thanks to home made bread, the big ring of keys on your belt, shock therapy (Who was more shocked, we or they?), Carol and Priscilla nearly drowning a patient in the beauty parlor, Dea losing her teeth in the "lake"?

ALBERTA CHILDRENS HOSPITAL, CALGARY. Remember rushing to the linen room to pick the cutest clothes for your patients?

Remember learning all there was to know about cast care and turning Stryker frames?

THIRD YEAR: Independence Day — moving out of Residence! Imagine a furnished, one bedroom, utilities included, apartment for \$50.00.

Remember someone leaving the landlord's deep freeze unplugged?

Remember "The Someone" in Ev's bedroom turning out to be her own hand that had fallen asleep?

Remember the party at Hunwicks' house?

Remember senior experience — choosing the specialty that was your favorite as the one you needed extra practice in?

Remember being in charge, a task of the future? How many were ready to quit at that point?

Remember the May long week-end in Waterton and Irene policing the party for minors?

Remember examination day and the celebration at the El Rancho after?

Remember Margie laughing and losing her smile on the floor and Irene retrieving it.



Celebrating at the El Rancho



Celebrating following our last R.N. exam

GRADUATION DAY — OCT. 15th 1967: We made it!

Remember how late our exam results were?

Remember Valedictorian Margie Simpson and her address including a verse from the song "Climb Every Mountain"?



Graduation Exercises at Paramount Theatre

We as a Class are still very much involved in Nursing, twenty-two of us are still working in the profession, one in a related profession, and the rest utilizing their nursing and management skills in the rewarding and challenging profession of homemakers. We have added eighty children to the world. These children will no doubt follow in our footsteps and "Climb Every Mountain."

REUNIONS

Five Year:

The Class of '67 marked its 5 year reunion May 12,13,14, 1972. Festivities commenced with a cocktail party at Sharon Van Den Hengel's Friday night followed by the Graduation Dance. Saturday afternoon we attended a wine and cheese party at the residence hosted by the Honorary Members of the Alumni, followed by a banquet. Later we did some "merry making" at the home of Bonnie

Sturm. Remember the tractor in the hallway? As a finale to our wonderful weekend, Father Lebel treated us to a dinner at the Marquis.

Ten Year:

Saturday June 4, 1977 marked our ten year reunion. It commenced at 10 a.m. with a coffee party in the residence auditorium. Sixteen out of thirty-two attended. Following coffee we toured the Residence and hospital bringing back many memories.

At 1 p.m. we were served a lovely luncheon, given by the Sisters of St. Martha. Later we attended a Wine and Cheese party back at the residence.

In the evening we danced to Pete Fiorino and his band in the 702 wing at the Airport.

To climax our weekend, we had a family B.B.Q. at Sturm's.

Fifteen Year June 1982:

On Saturday our Fifteen Year reunion commenced with luncheon at Sven Ericksens. Nineteen of thirty-two members attended.

Saturday evening cocktails were at Sharon and Ted Van Den Hengel's followed by a dance at the Italian Club. We had such a good time reminiscing we nearly forgot about the dance.

Sunday morning Sharon and Ted hosted breakfast for all who were able to make it.



June 1967 — 15 year reunion

1985-85 Update - Class of 1967

Sophie (Baruta) Sedgewick

- R.N. Active Care Unit, Innisfail Health Centre.
- Son Sahun Frances, Daughter Mandy Lynn.
- Sophie is the bookkeeper for Husband Les.

Carol (Bonertz) Weisburger

- Occupational Health Nurse, City of Calgary.
- Husband Jim, Son Grant, Daughter Christine.
- Received OHNC for CMCC 1981. Presently management certificate U. of C.

Helen (Bourne) Cook

- Professional Mother.
- Husband Floyd, Sons Jason and Vance, Daughters Juli and Jana.

Priscilla (Bowen) Morrical

- Professional Mother, and involved in volunteer work.
- Has two Sons, and one Daughter.

Barbara (Deweert) Koopmans

- Professional Mother.
- Husband Andy, two Sons Jonathan and Christopher, three Daughters Jodie, Becky and Tammy.

Sharon (Ekensteen) Van Den Hengel

- Working permanent part time Maternity at S.M.H.
- Husband Ted, one Son Kevin, and two Daughters Pam and Julie.

Jeannine (Harker) Colling

- Unit Supervisor 1st. Main S.M.H.
- Has two Sons, eldest is married.
- Working on Bachelor of Nursing, U. of L. Completion 1986.

Pat (Hatanaka) Yoshioka

- Professional Mother.
- Has three Sons, Jason, Chris, and Tyler.

Donna (Herman) Martin

- Working Casual Medicine Hat and District Hospital — Emergency and Gynaecology.
- Husband Larry, Son Chad and Daughter Melodie.

Marlene (Homulus) Rowles

- Working permanent part time Rockyview Hospital, Calgary.
- Husband Len, Daughter Michelle.

Marion (Hunwick) Rodzinyak

- Permanent part time I.V. Therpay at Calgary General Hospital.
- Relief Occupational Health Service, Foothills Hospital.
- Husband John, two Sons Brad and Chris.
- Presently enrolled in Occupational Certificate Program.

Candy (Jarczak) Willis

- Unit Supervisor, Emergency C.C.U. at S.M.H.
- Husband Allen, Sons Callen and Chad.

Carole (Kean) Poll

- Seeking employment in Nursing — previously in Extended Care.
- Husband David, Daughters Kirsten and Mae-ghan, Sons Graeme and Even.

Hazel (Maki) McGladdery

- Professional Mother.
- Has a Son Derek and Daughter Tina.
- Busy managing family's farm.

Sandra (Miller) Staples

- Relief Nursing at Foothills Hospital.
- Has a Son Michael and Daughter Julie.

Yvonne (Morris) McNeely

- Casual Nursing at Milk River Hospital.
- Has two daughters.

Maxine (Murakami) Bruce

- Permanent part time Surgical Unit at Holy Cross Hospital.
- Husband Pat, Son Axel and Daughter Sarah Jane.

Betty (Nemecek) Nicol

- Part time Occupational Health Nurse at Woodward's Store, Lethbridge.
- Husband Russell, one Son and one Daughter.

Deanna (Nessman) Johnson

- Casual Nursing at Kamloops Regional Hospital.
- Husband Ron, Daughters Kerri Lynn and Tara Lee.

Bonnie (Nicolay) Sturm

- Permanent part time on Pediatrics, S.M.H.
- Husband Dwayne, Son Tate and Daughters Jolie and Janay.
- Involved in School politics as Trustee of School Board.

Evelyn (Parama) Mazutinec

- Permanent part time at Rockyview Hospital — Surg. Pediatric Ward.
- Husband Pete, and two Sons.

Gloria (Rice) Baker

- Part time at Raymond General Hospital.
- Husband Robert and two Daughters Alysa and Jennifer.

Bonnilynn (Shologan) Coppieters

- Deceased 1981.
- Two Daughters and one Son.

Margaret (Simpson) Miller

- Professional Mother — Office work in Family Fertilizer Dealership.
- Husband Gerald, three Daughters Lee, Bobby-Jo and Petrea, one Son Michael.

Jean (Southgate) Evans
 — Professional Mother.
 — Husband Doug, one Son Sean and Daughter Jennifer.
 — In Psychiatric Nursing until 1981.

Elizabeth (Szucs) Brietkriecz
 — Working full time as R.N. at Abbotsford, B.C.
 — Husband Heinz and two Sons.

Jean (Tatebe) Bielum
 — Head Nurse C.C.U. at Penticton Regional Hospital.
 — Husband Ted and two Daughters.

Beverly (Thielen) Matisz
 — Audio Technician Part time — Barons Eureka Health Unit, Coaldale.
 — Husband Jim and one Son Michael, and two Daughters Barbara and Roberta.
 — Deaconess in Full Gospel Church.

Carol Ann (Trodden) Bedster
 — Part time Occupational Health Nurse, Woodward's Store, Lethbridge.

— Two Daughters Michelle and Arlene, one Son Michael.

Hermina (Vandervalk) Vanee
 — Professional Mother.
 — Husband Edward, Daughters Brenda and Jody, Sons Randy and Doug.

Ruth (Wright) Morgan
 — Professional Mother.
 — Husband Bill — four children.

Joanne (Wyrostop) Nash
 — Working full time in O.R., Comox Valley Hospital as Staff Nurse.
 — Husband Doug, Sons Ryan, Reid and Ryley.

Irene (Yamagishi) Rehrer
 — Full time R.N. in emergency Lion's Gate Hospital.
 — Husband Paul.
 — Working on Bachelor of Nursing Degree.

*A Student Nurse is a
 magical creature — no one
 complains more about the food,
 but can gain so much weight and although
 you never hear from her during the week, you
 can always find her in your kitchen at regular
 intervals on her day off.*

*As your friend no one could act more superior
 when she learns a new word, be more sympathetic
 when you feel blue, get you more dates when you
 want to stay home, or can be counted on
 to turn up regularly twice a month with
 these magic words:*

"LEND ME A DOLLAR"

Awards — General Proficiency — Joyce Chalmers; Highest Standing in Psychiatric Nursing — Donna Rypien; Highest Standing in Theory — Joyce Chalmers; Proficiency in Pediatrics — Mary O'Connor; Proficiency in X-Ray Technology — Elizabeth Hand; Highest Average in Theory of X-Ray Technicians — Sherril Rambo; Proficiency in Laboratory Technology — Elizabeth Orosz

CLASS OF 1968

In September of 1965, 40 nervous girls entered St. Michael's School of Nursing to embark on a new life. Many of us had never been away from home before, and looked upon the experience as frightening but also exciting. Instant friendships were formed and these were reinforced throughout the three years with shared tears of joy and sadness. Precious memories were accumulated — never to be forgotten. Class schedules were very rigorous but we managed many recreational outlets. Remember Residence Night and mixed dances at the Res?



Residence Night



Remember skating on the homemade rink outside on the residence lawn?

Remember sitting on the front steps contemplating life and how we were going to survive anatomy with Mrs. Kelly?



And remember the wonderful things the hospital made you do — like dress up in an archaic nursing uniform and escort the public around the hospital?



L. R: Sandy Brown, Susan Kanten, Delores Johnson, Darlene Winter, Sandy Koleser

At Christmas, we spent countless hours with Sister Helene huddled around the piano trying to get our songs just right. (Remember Cheryl Litz turning the pages?) Remember performing for the unprepared public via an appearance on CJLH TV? How proud we were to tell our parents to tune in that Sunday night!

In July 1966, St. Michael's School of Nursing once again entered a float in the Lethbridge parade.

Remember how many hours we spent making Kleenex flowers and attaching them to the flatdeck? Our efforts paid off when we were awarded first prize.



Parade Float

Before we knew it, we discovered we had survived the first year and were wearing yellow bands.



Banding Ceremony — Sept. 1966



Please God, help me to get through another one of Mrs. Kipp's maternity classes!

From there we embarked on a busy second year filled with affiliations to other hospitals plus specialties in our own hospital. We felt much more

a part of the hospital, working all shifts and looking as bleary-eyed as the rest of them after 3 night calls on Mat.

Remember morning roll call at 6:30 a.m.?

To release tension several pyjama parties were held in the Res. and the party of the year was celebrated — our halfway party. We realized, despite life threatening comments in the OR, we might just get through those 3 years.



"P.J." party room 407



Half Way Party

Remember the mock-disaster staged at the hospital — with all the blood and gore?



Mock disaster

The year wound down with written examinations in Aug. of '68. Remember waiting for the results? (It was said two students even phoned the post office to try and spirit the envelope from the postman's bag.) Our graduation ceremonies in October

were breath-taking and our parents and family were so proud. We had a formal dance at the El Rancho and a party at Linda Kish's for the rest of the night. What a celebration! Remember the dinner party with Father Lebel at the Marquis restaurant?



Graduation Cake

Most of us went separate ways following graduation, but we will never forget the marvellous life we shared with each other during those 3 years. Good health and life to all of those in the Class of 1968.

10 Year Reunion — 1978

On the Friday night, we held a steak barbecue at the RCMP shooting range at the riverbottom. We attended a luncheon put on by the Sisters at the Nurse's Residence on Saturday. After a late afternoon Wine and Cheese party, we met at Joyce D'Andrea's prior to the dance for another get-together. The dance was held at the Labor Club. It was great to see everyone again.



10 year reunion

15 Year Reunion

A family barbecue was held at the Elk's Picnic Center on Friday night. It was a great opportunity to see how our families had grown and how many more gray hairs we had accumulated. Most of us attended the luncheon at the Lodge Hotel Saturday afternoon and were pleased to see all of the other reunion classes also. We opted out of the dance for a "hen session" at Katy's that night. What a wonderful evening of reminiscing!



OUR FOSTER CHILD



Leroy Joseph

In 1964, Millie Hagel, Class of 56, and her sister Marie, working as lay missionaries in Newtown, Dominica, British West Indies became acquainted with a young orphan boy.

As a result, Leroy Joseph, six years old, from a family of four, became the foster-child of the student nurses of St. Michael's School of Nursing from 1964 - 1968. They supported him in the form of funds and individual correspondence.

Leroy Joseph proudly reported his school progress, the purchase of school clothes, and his First Communion.

1985-86 Update - Class of 1968

Christine (Angyal) Barnhart

- Two girls
- Stony Plain, Alta.

Beverly (Berg) Carroll

- Three sons
- Lethbridge, Alta.
- working at a drugstore

Dixie Lee (Burr) Bohnet

- One boy and one girl
- Many Berries, Alta.

Joyce (Chalmers) D'Andrea

- One son and one daughter
- MA in Nursing
- working full time at Lethbridge Community College Nursing Program

Sharon (Congdon) Wright

- Three children
- New Jersey, U.S.A.

Toshi (Furukawa) Mitchell

- One son and one daughter
- working casual and Calgary General Hospital

June (Good) Elliott

- One son and one daughter
- Working full time in Cranbrook, B.C.

Lorraine (Grudecki) Neiman

- deceased 1971

Sharon Herman

- acquired BN
- working at Lethbridge Health Unit

Delores (Johnson) McMurren

- Two sons
- Lethbridge, Alberta
- working half days at Campbell Clinic

Susan (Kanten) Penner

- Two daughters
- casual relief at St. Michael's Hospital

Charlotte (Kimmitt) de Rudder

- One son
- Edmonton, Alta.
- working permanent part-time at Miseracordia Hospital

Sandra (Kolesar) Wilson

- One daughter
- Lethbridge, Alta.
- working in family photography shop

Catherine (Kucera) Edmundson

- One son and two daughters
- Lethbridge, Alta.
- working permanent part-time at St. Michael's Hospital

Barbara (LeValley) Moore

- One son
- Medicine Hat, Alberta

Cheryl Litz

- Hanna, Alberta

Ken Lord

- Three sons
- Vancouver, B.C.
- has a MA in Psychology
- working as a Psychologist with Mental Health Services in Greater Vancouver area

Patricia (Matsumiya) Hales

- Two children
- Winnipeg, Manitoba

Linda (McCleary) McElgum

- Two children
- Edmonton, Alberta

Elizabeth (Meier) Dye

- Two girls
- Whitehorse, NWT
- working full time in hospital

Linda (Nagy) Kish

- Three sons
- Lethbridge, Alberta
- working at Bigelow-Fowler Clinic

Mary O'Conner

- Three children
- Calgary, Alta.
- working in Grace Hospital in Calgary

Gloria (Pulvermacher) Hoeght

- Three children
- Baysville, Ontario
- works in family "Gift Shop" and "Home for the Aged"

Donna (Rypien) Stelmachovich

- Two sons
- Coleman, B.C.
- works as homecare RN for Chinook Health Unit

Sandra (Sanderson) Kolysher

- One girl and one boy
- acquired BN from U of L
- working as a supervisor for Barons Eureka Health Unit

Sharon (Scott) Terrill

- Four children
- Creston, B.C.

Sharon (Spitzer) Davis

- Three sons
- Langdon, Alta.

Noriko (Tokuda) Niven

- Two children
- Port Coquitlam, B.C.

Mary Jean (Van Bavel) Bennett

- One girl and one boy
- Calgary, Alta
- working part-time at Calgary General Hospital

Sandra (Welch) Hansen

- Inuvik, NWT

Darlene (Winter) Coyne

- One girl and one boy
- Lethbridge, Alta.

Marlene (Zachary) Lind

- Two sons
- Medicine hat, Alta.
- has BN
- working at Medicine Hat Health Unit

Charlotte (Zahn) Smith

- Three boys and two girls
- Sherwood Park, Alta.

ST. MICHAEL'S HOSPITAL SCHOOL OF NURSING

GRADUATING CLASS1969



Awards — General Proficiency — Coreen Southerton; Second Highest Standing in Theory (Provincially) — Linda Dziedzic; Highest Standing in Psychiatric Nursing — Marjory Trehub; Proficiency in Pediatrics — Sandra Lloyd (Crockford); Proficiency in Bedside Nursing — Coreen Southerton, Erika Izsak (Krol) and Barbara Muzyka; Proficiency in X-Ray Technology — Evelyn Vanden Berg; High Standing in Theory in X-Ray Technology — Evelyn Vanden Berg; Proficiency in Medical Laboratory Technology — Margaret Kolla

CLASS OF 1969

In September of 1966 forty-five young, naive girls entered the school of nursing and after 3 years of blood, sweat and tears, thirty-one of us graduated on October of 1969. In our three years we affiliated in the various areas as the classes did before us. We were the only class to have three directors of nursing: Sister Beatrice, Sister Anne Marie, and Sister Mary. Were we really that much of a handful? Come to think of it, we had three different Chaplains too: Father LeBel, Father Healy, and Father Field. One of the highlights of our three years was the Sweetheart ball which crowned Les Hirotsu as Queen. It was the first time that our event included the Lethbridge Junior College, the University of Lethbridge, and the Galt School of Nursing. We would like to share some of our most memorable events.

- Singing in the Kiwanis Music Festival versus the renowned Anne Campbell Singers. The adjudicator marvelled that we ever found time to practise with working shifts and all!!
- Tromping through the Brewery Gardens wearing bibs, aprons and capes singing Xmas carols. (We resembled the Klu-Klux Klan!)
- Endless numbers of dances where we were woo-ed by Tom, Dick, and Harry.
- Countless blind dates that ended up in wrestling matches with Sister Beatrice's words echoing in the back of our heads "Holding hands leads to pregnancy!"???
- Singing on Martin Brothers Sunday Hour on T.V. Paulette opened her mouth wide to sing "He" but nothing came out, for she forgot the words. We were mortified and Henry wasn't impressed. (She says she sings well in the shower ever since.)
- The hypnotist at Diane King's at our third year banding party.
- Marilyn and Les doing the polka down the halls in their bra and panties. Once in a while George played the accordion for special effects.
- Living out and eating bread and cheese, cutting the mold off it first — anything to save money. Cathy and Francie even made a tea bag last 2-3 days.
- Enjoying Ponoka, once we didn't feel like one of the patients.
- Ponoka — strawberry wine, lemon gin, Blue Coats, "Chickenman" dancing in the fire, dances at Morningside?, parties out at the farm, the cans at Jubilee Hall — was it really off limits?
- A few of us even remember Roger Habere. Did we really hitch-hike home from Ponoka and six rides later arrive home safely?
- Sheila losing her contact lens behind the sink and nearly ripping off the wall to retrieve it.
- The night before final exams Sheila, Coreen, Diane, and Jane found it too late to study so all fell asleep on one bed repeating the rosary! not bad for non-Catholics!
- Sister Anne Marie found Kelley and Pike in the closet?
- Who rode down 9th Ave. in a shopping cart with one shoe lost?
- A certain student barffing in a farmer's field and going back the next day to find her dentures. (She worked for the next three weeks with a sheepish and toothless grin!)
- The storm in '67 — we spent days shoveling snow from peoples driveways to earn money for FOOD.
- Waterton weekend — riding bikes, singing, drinking and trying to sleep.
- Trying to smuggle Mrs. Chase into the elevator and back into the classroom before Miss Wehlage realized she was missing.
- Willy putting a rinse in her hair — a green one.
- Coreen and Willy cutting Minty's hair at noon hour. Nutrition class got bumped up an hour and Lynn attended class with wet hair — one side short and one long.
- Coreen spent the first year waking up her roommate with "High on the hill stood a lonely goata..."
- Residence nite skits — Dr. Minty with her anaesthetic hammer and root beer jug I.V. bottle.
- Inserting our first suppository with the foil still on — giving strict orders to the patient — "Hold it as long as you can."
- Father McCann and his guitar...and all those chords...
- Our prize winning ice sculpture christened "Emesis"
- Standing in line while Mrs. Shaw sorted the mail.

- Mrs. Kipp's famous words "You have to be cruel to be kind." Remember her red sock?
- Erika passing out in the case room during a spinal and forcep delivery. "Tall" Trodden dragged her out.
- Honey or Saran on the toilet seats. Toilet papering rooms?
- Popcorn, boiled eggs and canned soup for energy.
- Tiny bottles of rum for medicinal purposes only.



First day in training — Sept. 1966

- Volleyball and basketball for the more athletic nursing students.
- Linda D. getting the second highest marks in the province in her R.N.'s.
- Practicing how to smoke...
- Les' ears turning red every time she indulged in Zing.
- Thinking that Libby Hend, Cheryl Rambo and Viv Alampi were crazier than we were — but great X-ray techs!



Halloween — 1966



Shoe shine day



Waterton Weekend



The famous Mrs. Chase



Banding Sept. 1967



2nd year banding party at Ponoka



Our last day in OR — a time to celebrate



15 Year Reunion

In summary, it was a memorable three years. About 20 girls returned to our 5th, 10th, and 15th year

reunion to reminisce. We dearly missed those who were not able to be with us.



1985-86 Update · Class of 1969

Sheila (Brenner) Way

Pincher Creek, Alberta

— Children: Megan and Greg

Marisa (Cozzi) Decoux

— works as OR staff nurse in Aurora, Colorado

— son, Mark is going to University of Calgary

Sandi (Crockford) Lloyd

— busy with bookkeeping and accounting for their hotel in Vancouver

— children: Jason and Jennifer

Marilyn (Doughty) Brown

— graduated from LCC although very much a part of our class

— works part time at Rockyview Emergency Department

— children: Lisa, Carrie, and Kim

Linda (Dziedzic) Ivie

— works at Lethbridge Regional Hospital as Nursing Care Coordinator Emergency/Day Surgery

— children: Chad and Tyler

Cathy (Foreman) Wood

— staff nurse recovery room Alberta Children's Hospital, Calgary

— children: Samantha and Shannon

Louise (Giffen) Deal

Residing at Vauxhall, Alberta

Margaret (Goddard) Clarke

— busy with her two boys

— presently living in Edmonton

Frances (Gourlay) Lockhart

Mississauga, Ontario

— worked in High River, later in Toronto

— retired in 1973 and now busy with children Kelly and Brendan

Rita (Hancock) Rushford

Sherwood Park, Alberta

— taking refresher course

— children: Jason and Cory

Leslie (Hirotzu) Gross

— has lived in Saudia Arabia, Trinidad, Norway, Scotland, and Nigeria — now residing in Rio de Janeiro

— children: Jodi and Tricia

Susan Ikeda

Abbotsford, B.C.

— nurse at Woodwards

Diane (Jones) Binda

— works part time nights at Holy Cross in ICN

— children: Terri Lynn and Matthew

Linda (Kelley) Ganske

Stony Plain, Alberta

— busy with her four children

Diane (King) Meszaros

— works relief at SMH and in Dr.'s office

— children: Jodi and Heidee

Erika (Krol) Izsak

— works full time at Lethbridge Auxiliary Hospital

— children: Michele, Michael, and Robbie

Margaret (Lubbers) Van Seters
Coaldale, Alberta
— very busy with Ian, Nicole, Angela, and Melanie

Janet (Mac Donald) Williams
Carstairs, Alberta
— busy looking after Craig, Scott, Dwayne, and Laura

Sandy (MacLachlin) Green
— works as an Industrial Nurse with an oil company in Calgary

Lynn Minty
— busy looking after husband Abe, Amanda, and son on their acreage at Kindersley, Sask.

Michaeleen (Mulhall) Smith
— relief nurse — Vulcan Hospital
— children: Debbie and David

Barb (Muzyka) Mercedi
— works as public health nurse in Fort Vermilion

Marcia (Neville) Jeffers
— works part time at High River Hospital
— rides for a couple of ranches and enjoys working with cattle
— children: Thomas and Lisa

Kathleen (Pike) Johnson
— staff nurse at Banff Mineral Springs Hospital
— busy skiing with Alison and Michael

Sharon (Pyne) Berezay
— children: two
— residing in Sterling

Rose Marie (Schimanski) Wenzel
— works full time at Picture Butte Hospital
— children: Christopher and Leah

Maureen (Skrukwa) Royer
— children: Shannon, David, and Kevin
— living in Calgary

Coreen (Southerton) Thacker
— full time supervisor at Bow Island Hospital
— children: Christie and Kim

Marjory (Trehub) Stockwell
— nursing supervisor
— children: Shanna and Kelly
— residing in Whitecourt, Alberta

Bertha (Van Laerhoven) Cvetko
— part time supervisor at Lethbridge Regional Hospital
— children: Pam, Teresa, and Kevin

Ria (Van Spronsen) Van Vliet
Surrey, British Columbia
— very busy with Jason, Chad, Tyler, Andrea and Kent

Paulette (Wetsch) Smith
Cold Lake, Alberta
— casual RN
— Children: Gregory, Jeremy, and Mauri

Linda (Williams) Brown
Monarch, Alberta
— nurses part time in Fort Macleod
— children: Stewart and Willow



TO A YOUNG NURSE

*Dear little nurse with your quizzical smile,
Wise head upon shoulders young,
You have chosen a calling well worthwhile,
Do you think you have reached the top rung?
Do you think that all you will have to do
Will be wear a bright medal and don a white dress
And get your diploma, and then you'll be through?
You will not, I'm bound to confess.
Let me tell you dear child, you'll never be through
As long as you live here below,
As long as there's sickness, and sorrow and pain,
To meet you wherever you go.
You may go to the North, you may go to the South,
You may go to the East or the West,
But wherever you go — and I think I should know —
You'll never get much of a rest.*

*But your life will be full of a number of things,
Glad things, and sad things, and some that are
funny.
You will win many joys that do not take wings,
And if you try hard you'll save money!
And when, at the last, at the close of life's day,
You look back o'er the years that have flown,
You will not regret one small act of love
Or the hard, trying tasks you have known.
For the "Great Superintendent" of all will come
And place His hand on your brow
And say: "Your work has been nobly done,
You may go off duty now."*

— Mary E. Stinson

ST. MICHAEL'S HOSPITAL SCHOOL OF NURSING

GRADUATING CLASS . . . 1970



ELIZABETH VANDERFLUIT



SHARON MOON



DIANE JONES



BEVERLY BAKER



MARGARET TAYLOR



DARLENE WALBURGER



SHANNON BROOKE



RUTH LAMOND



LAUREL-ANNE WARD



ENDA BYRNES



LORRAINE KETTLES



JOHANNE HILLEBRAND



PEGGY JOHNSON



RHONDA KING



SUSAN ELLERT



KAREN PENRY



JOANNA BOSTERS



BARBARA CAMPBELL



JEAN WRIGHT



JULIE WHITE



KAREN EZAKI



SHARON SOSICK



ELDA BARVA



DALYCE SWENNUMSON



MAUREEN SOYLE



HELEN JASIUKIEWICZ



GAIL TORRES



KATHLEEN SMITH



JUDITH MERLIN



DOREEN TOSZAK



CHERYL COMIN



SUZANNE HANSEN



KATHLEEN KOSLOWSKI



MARILYN VANDEN BERG



DARLENE KEIL



SHARON VANDEN HEUVEL

Awards — General Proficiency — Ruth Lamond; Proficiency in the Nursing Care of Children — Helen Jasiukiewicz; Proficiency in Bedside Nursing — Enda Byrnes and Marilyn Vanden Berg; Proficiency in Medical Laboratory Technology — Susan Ellert

CLASS OF 1970

One of the buzz words of 1985 is "individuality". Our society shuns stereotyping or labeling. It is interesting that labels are one of the first things that come to mind for some of us when we recall our three years of training from 1967 to 1970. The first day is so clear. The halls on fourth and fifth floors of the residence were lined with clothes trunks, each bearing identification of its owner. We knew the names well before we knew the faces.

Inside these trunks was an assortment of personal effects with a cloth name tag sewn into some discreet corner. Little wonder that some of us cringe when we are handed a name tag at a workshop today. Could it be that this stems from our early objections to having to wear our name on our underclothes?

There wasn't much room for individuality in dress either. Basically we lived in three uniforms: the blue and white on wards (remember the permanent red ring around our necks from the starched collars?), the gray skirt and navy blazer in the classrooms, and the housecoat and slippers for the residence (here we were permitted a marginal choice of colour, we must admit).



...in the classroom



...on the wards



...in residence

We were not lacking in formality in those days. On wards we had to address even our closest friend as "Miss" followed by the surname. We remember jumping up to stand at attention and offer our seat to each doctor who entered the nurses' station. In the cafeteria we always went to the back of the line to allow regular staff members to go first. Some days it seemed that we would never make our way to the food. And still most of us gained weight!

Nurses are still expected to be well-rounded and St. Michael's prepared us well for this. Of course we were expected to be specialists in each area in which we worked, from the operating room to psychiatry.



Operating Room Antics

Off the wards we tried our hand at:



...Acting.



...Beauty Queen competitions.



...Clowning.



...Singing on television.



...And of course, studying.

With special fondness we remember our housemothers. We sneaked past them and we tried to con them, but through it all they remained our friends.

One of our favourite "remember when" is the nightly gathering in the basement tea room to discuss the current boyfriends or our most recent experiences on the wards.

Another favourite that is always discussed at reunion time is the Waterton Retreat.

Of course no other day was quite like graduation day. Our diplomas were presented to us by Sister Mary of Calvary who was Director of the School of Nursing at that time, and by Judge F. T. Byrne.

Today each one of us has her own personal memories of our training days. For three years each of us affected the lives of the others and became affected by them. Perhaps this is what creates that

bond that we experience each time we see each other at reunion time — a bond that makes us instant friends.



Waterton Water Sport



Five Year Reunion



Ten Year Reunion



*Fifteen Year Reunion
Missing from picture but present at the reunion were Barb Price,
Jane Reese, Marg Werner*

1985-86 Update - Class of 1970

Lorraine (Anderson) Kettles

Lorraine and her husband Norm are living with their two children Stacey and Kyle in Pincher Creek where Lorraine is employed at the Pincher Creek Municipal Hospital as a full time staff nurse.

Joanne Bosters

Joanne and her husband are living in Calgary where Joanne is pursuing a BN degree.

Barb (Campbell) Price

Barb is a full time student at the University of Calgary. Previously she was employed as a nurse specialist in oncology at the Foothills Hospital for eight years. She has one daughter.

Cheryl (Depencier) Comin

Cheryl is living at Riding Mountain National Park where husband Low is Assistant Chief Park Warden. They have two boys: Wade and Ryan. Cheryl works part time at the rural hospital of Erickson and she is taking the Paramedic course. She has finished an Extended Care course and she is currently pursuing her degree.

Karen Ezaki

Karen is working in the Critical Care Unit at St. Michael's. She continues to travel — her most recent trip has been to Greece.

Ruth (Friesen) Hopp

Ruth is working part time in the operating room

at St. Michael's. She has two children: Christopher and Scott.

Joanne (Hildebrand) Brecka

Joanne is a homemaker and part time nurse at Picture Butte Municipal Hospital. She and husband Stan have two children: Bonnie and Alan.

Helen (Jasiukiewicz) Myndio

Helen and Joe are living in Lethbridge with their daughters Janis and Jackie. Helen is working part time at the Roy Clinic.

Darlene (Keil) Dobson

Darlene and husband Rick are living in Leduc with their children Shauna and Daniel. Darlene is keeping house and working as casual nurse at the Wetaskiwin General Hospital.

Kathy (Kosolofski) Forster

Kathy and Don and their two children are living in Red Deer. Kathy was employed in nursing until just recently.

Judy Merlin

Judy is living in Calgary and working for the Red Cross.

Peggy (Nikiwski) Johnson

Peggy and her family (one girl and one boy) are living in Oyen, Alberta where Peggy is working as a Home Care Nurse at Big Country Health Unit.

Dalyce (Simpson) Swennumson

Dalyce retired from nursing four years ago, after

which she worked as a school secretary for three years. She and her husband have three boys.

Sharon (Sosick) McKay

Sharon, her husband Bruce and two children Shawn and Ryan are living in Calgary. Sharon is currently employed at an emergency clinic.

Karen (Strand) Berry

Karen is working part time at the Brooks Health Centre Auxiliary. She and husband John have two children: Ryan and Alyssa.

Margaret (Taylor) Werner

Margaret and her husband live in Medicine Hat with their two girls: Stephanie and Melissa. Marg is working part time MHDH as evening Nursing Director.

Gail (Tipper) Johnson

Gail and her husband are living in Regina with their son Darcy Scott. Gail is employed in the operating room at the Regina General Hospital.

Doreen (Tosczak) Robertson

Doreen and husband Frankie live in Kingston, Ontario with their children Nancy and Scott. Doreen is a full time wife and mother.

Sharon (Tratch) Vandin Heuval

Sharon is working as head nurse in the operating room at St. Michael's. She has two children: Christy and Jamie.

Marilyn (Vandenberg) Thomas

Marilyn and her husband and three children are living in Warner. Marilyn is a full time wife and mom.

Ellie (Vanderfluit) Dudas

Ellie and Steve are living in Lethbridge with their children Steve Jr., Rob, and Jim. Ellie works part time at the Regional Hospital.

Elda (Vesnaver) Barva

Elda recently recieved a BN degree at the University of Lethbridge. She is employed at St. Micheal's Hospital full time as Clinical Coordinator. She and husband Allan have two children: Leanne and David.

Jane (Walburger) Reese

Jane is newly married and expecting her first child in August. She has been working with the Barons-Eureka Warner Health Unit on a part time basis.

Julie (White) Kettles

Julie is living with her three children — James, Jeff, and Andrea in Strathmore, Alberta. She is employed as nurse at the Strathmore Youth Development Centre.

Jean (Wright) Walker

At last communication, Jean was enjoying staying at home with her daughters Jennifer and Jocelyn. She and her family are living in Campbell River, B.C.

NIGHT NURSE

C. E. Berry

*She may not see the moon in silver flight,
Nor watch the stars ride down the sky,
No table set in gleaming candlelight,
Nor winding roads where shadows lie.
But she can ease the suffering of those
Whom pain has caught within its web,
Within her hands she holds the sacred power
Of guarding life when heartbeats ebb.
Until dawn has tinged the sky with light,
She keeps her vigil thro the long dark night.*



Awards — General Proficiency — Valerie Loewen; Proficiency in the Nursing Care of Children — Brenda Kenney; Proficiency in Bedside Nursing — Patricia Kenealey and Dianne McLean; Highest Standing in Theory — Deborah Henry; Proficiency in Medical Laboratory Technology — Cathryn White

CLASS OF 1971



Remember our instructors?





Remember gray skirts, white blouses, blazers, jackets, and bibs and aprons?





At least on the specialties our uniforms were a little more comfortable — Maternity, Pediatrics, O.R.





Smallest to the tallest



Practicing lifts



Henderson Lake picnic 1971, we're almost finished!



Who stole her clothes?



T.V. room gab session



Scavenger Hunt 1969



Halloween costumes?



Waterton Retreat no food left on day two!



Punk rocker 1969



Demonstrating Brotherly Love!



Tanning in the snow!



Remember the Lynch and Laurie ward?



Our Five Year Reunion



Ten Year Reunion

REMEMBER WHEN

- Mrs. Kipp calling Sheryl and Vickie — Zifield and Fiebert.
- Dianne and Debbie walking down the hall after a shower wearing their shower curtains. Guess why?
- Val, Chuck and Lynn Saunders hitch hiked home Thanksgiving with Chuck carrying a suitcase full of books to show her parents.
- The night Carol found her furniture in the elevator after her shower.
- Pat Hughes ended up in Emergency with stitches in her head after practicing evacuation techniques.
- The night Linda got the flu and Mrs. G. didn't know where anything was and Mrs. S. came to her rescue.
- Mr. McNeil and his experiments — the blue snake and writing our own exam.
- Our first attempt at wearing bibs and aprons — taking an hour — the pins, the starch, the neck burn, the creases after we sat down or bent over.
- Sister Mary making Dorothy change her short shorts when she was going to wash the car. Dorothy came down in her blazer and grey skirt!
- Andrew joined us on fourth floor at 11 o'clock at night (Police, Nuns, Sirens, HELP!! WHERE DID THAT MAN GO?)
- The pecking order in the cafeteria, the chicken wing revolt, the weight gains and losses due to the food.
- Mrs. Kipp's explanation about married sperm made us decide to stay away from married men.
- Chuck throwing stones at Valerie's window so she could get back into res.
- Moving Laurie Ward from res and her goldfish jumping out of the fishbowl.
- Dianne and Debbie taking "no Doz" pills to stay awake and cram for exams — but too busy giggling and going to the bathroom to study much.
- Roxie and Linda almost got caught taking food (two apples) from the Nun's cafeteria.
- Barb Burnett nude in the elevator and not allowed out on any floor except the lobby.
- Sister Mary questioning Lorraine's 4:00 a.m. flat tire.
- What happened in the Jack Dempsey Motel in Shelby, Montana?
- Saran wrap and honey on the toilet seats. Cereal in beds, that Beth has been at it again!
- Barb C. left the water in the sitz bath on First East and the Team Leader sat down to give report....
- All the places that our poor old skeleton showed up? No wonder he was getting a little worse for wear.
- The Ponoka dilemma "Where's Norma?"
- Raiding the Men's Residence at Ponoka.

Update 1985-86 - Class of 1971

Barbara (Cleland) Snow

Works in the C.S.R. in the Border Counties Hospital at Milk River. Children Benjamin, Daria & Erin.

Julia (Conrad) Farries

Works as Nurse Receptionist at Vauxhall Medical Centre. Children Allison, Greg. Julie has finished eight night courses at U of L towards a degree in nursing.

Roxie (Croteau) Smith,

Worked full time until four years ago when she started farming. One child Devon.

Corrine (Dahl) McKinnon

Works at home but has taken a refresher course and is now looking for part time work. Children Sheldon and Marlane.

Sheryl (Fifield) Chase

Worked one year at Brooks and for six in Social work in Lethbridge. She has been a casework supervisor and is presently working as Acting District Manager in Fort McMurray.

Bonnie Fuller

Works as Community Health Nurse for Medicine Hat Health Unit. Bonnie acquired her BN degree from U of L in 82.

Sandra (Heller) Price

Works part time nursing at the Crowsnest Pass Hospital. Children Danny and Ryan.

Pat (Hughes) Gillam

Works part time at S.M.H. O.R. Children Sean & Brad.

Pat (Kenealey) Jopling

Works as Home care Co-ordinator for the Fort Macleod Region. She's our first Grandmother and a very proud and happy one we hear.

Brenda (Kenny) Kollias

Working at S.M.H. O.R. full time. Children Kostak and Anna Maria.

Virginia (King) Fujita

Works half time at Taber General Hospital. Children Ryan & Danielle.

Kathy (Kwiczak) Pierzchala

Works as a housewife. Children Randi and Darren.

Valerie (Loewen) Bates

Works as Home Care Coordinator with South Peace Health Unit. Children Erin and Darren.

Barbara (Maki) Farries

Housewife and mother. Children Jennifer & B.J. She's kept busy farming, being a Brownie leader and working on Ladies Auxillary.

Carol (Mass) Koch

Works as a homemaker. Children Christian, Andrew and Kale.

Dianne (McLean) LeGrandeur

Since having the twins she has been at home busier than ever. Children David, Jane, Tim and Neil.

Cathy (Meheden) Handley

Works half time as a Community Health Nurse and half time as an Early Intervention Programmer. Children Mike and Brad.

Marilyn (Miller) Bouchard

Works as Unit Supervisor on Oncology Unit at Foothills Hospital, Calgary. Children Janine, Bradley & Mark.

Louise (Orton) Starke

Works as Community Health Nurse in Duncan, B.C. She planned to take a Nurse Practitioner Course in spring of 85. Children Donna and Steve.

Lorraine (Pennycook) Olson

Works about eight shifts per month at Medicine Hat Hospital. Children Aaron, Jay and Jared.

Debbie (Powesland) Henry

Works part time General Duty at Magrath Hospital and also part time as Home Care Nurse. Children Kandace, Marla and Gregory.

Linda (Robinson) Sudeikat

Works as Nursing Unit Supervisor on 2nd Main. She has worked full time since training on various units and in different positions. She plans to start her degree in 86.

Norma Sees

Norma got her degree in nursing and worked for the Health Unit for awhile, then she enrolled and convocated with a Bachelor of Management degree in May 1985. She is currently articling for a firm of Chartered Accountants in Calgary.

Barbara (Shaver) Burnett

Works as Night Supervisor at Pincher Creek Hospital. Children Ken, Sam & William. Barb has been busy as a Village Councillor, a member of the Economic Development Board and an alternate Member to the Oldman River Planning Commission.

Linda (Stevens) Wavrecan

Lives in Lethbridge and has worked almost full time since training at S.M.H. she is currently working on Pediatrics. Linda was our class rep for more than ten years. Thanks Linda!

Beth (Stewart) Ion

Full time RN on gynecology — surgical unit at Red Deer Hospital. One child — Dallas.

Mary (van Rhyn) Gockij

Works part time at the Southland Nursing Home. Children Elizabeth, Steven & Kevin.

Charlotte Voytechek

Lives in Toronto and works as a Staff Nurse in the Operating Room.

Cheryl Watts

Works as a Program Coordinator on a 17 bed Acute Psychiatric Care Unit.

Vickie (Ziebert) Baceda

Works relief at S.M.H. Children Marty, Melissa & Morgan.

Special thanks for pictures to: L. Olson, D. LeGrandeur, L. Wavrecan, B. Farries, L. Sudeikat and V. Baceda.

THE NURSE

*The world grows better year by year,
Because some nurse in her little sphere,
Puts on her apron and grins and sings,
And keeps on doing the same old things.*

*Taking the temperatures, giving the pills
To remedy mankind's numberless ills;
Feeding the baby, answering the bells
Being polite with a heart that rebels.*

*Longing for home and all the while
Wearing the same old professional smile
Blessing the new born babe's first breath
Closing the eyes that are still in death.*

*Taking the blame for the doctor's mistakes,
Oh Dear, what a lot of patience it takes;
Going off duty at seven o'clock
Tired, discouraged, and ready to drop.*

*But called back on special at seven fifteen
With woe in her heart, but it must not be seen,
Morning and evening, and noon and night,
Just doing it over and hoping it's right.*

*When we lay down our caps and cross the bar
Oh Lord, will you give us just one little star,
To wear in our crowns with our uniforms, new
In that city above, where the Head Nurse is you.*

ST. MICHAEL'S HOSPITAL SCHOOL OF NURSING

GRADUATING CLASS . . . 1972



GAIL GREENO



MARY FRANCES BEDARD



BEVERLY (BELL) BELL



TINA DE GROOT



CAROL AMELA



DIANNE (SMITH) FORBES



TRISH LYNCH



MARGARET FOLSOM



DIANE WOLTHUS



JULIA BUTCHER



JOYCE WITHAGE



MYRTLE MOSS



ANNE OLSON



ROBIN IRVINE



JUDY HOLE



JOAN JENSEN



PATRICIA BORGE



PATRICIA MACINTOSH



CLARA COLLINS



JEAN (DOROTHY) LARSON



MYRTLE SCHWARTZ



ANN KOSTER



COLLEEN TRAVIS



ANN KUBIK



LINDA DURY



BRIGITTE FEULER



CAROL TETTO



ROSALIND THOMAS



TRACY ELLIS



BARBARA GORMAN



JUDY KELLER



JUDY WEST



JACQUELINE ENNIS



KATHLEEN O'CONNOR



ANN (KAMIEITZ) BROWN



VALERIE SMITH

Awards — General Proficiency — Ann Kubik; Proficiency in the Nursing Care of Children — Linda Dury; Proficiency in Bedside Nursing — Dianne (Smith) Forbes; Proficiency in Medical Laboratory Technology — Jacqueline Ennis

CLASS OF 1972

The class of "72" arrived in Lethbridge in September of 1969 full of excitement and optimism. We travelled from far and near to embark on our three year journey to obtain our precious black bands. Those of us that achieved that goal had three wonderful, joyful, tearful and anything but dull years at SMH.



Arrival at St. Michael's Hospital.
L-R: Gail Greeno, Barb Gugala, Marilyn Moss, Sam Forrester.

Our Junior Year

Our first year was full and exciting. We spent the first six months in the class room. We learned much and we were filled with wonder — wondering if we would really learn enough to be out on the floors being the nurses we had hoped to be.

This was also a year of antics.

Remember the first week of initiation when we were marched downtown to polish shoes in some mad getups?



All dressed up for Initiation
Diane Wolthuis, Mary-Frances Kandel



Remember the mock wedding?
L-R: Shiela, Jean, Roz, Clara, Marylin

After six months of blazer and skirt we graduated to the official student nurses uniform of white and blue and we were given our precious white caps. A more proud group of girls you would not see. This was our first real landmark on our journey to that black band. The uniforms that we wore were the first of its kind for SMH. We went from starch to polyester.



The new polyester uniform and the blazer and skirt



L-R: Gail Greeno, Sister Mary of Calvary (Director of Nursing Students), Mary-Frances Kandel, Tina deGroot, Dana Dunn.

Our Intermediate Year

This was the year we received our yellow bands. One more proud step on our way to graduation. This also was the year we became big sisters and were able to initiate the greenhorns the way we had been the previous year. Oh that feeling of power!

In these 365 days we packed in our specialty training. This included Pediatrics and Maternity, Ponoka, Operating Room, Drs. offices, Day Care Centers, and Public Health.



Busy day in the OR

Although this was a busy time with every different specialty there was still time for fun.



Remember the basketball games?

Remember when you came back to Residence after a relaxing weekend at home and your clothes were in someone else's closet — but whose? Or, remember when you came back to find that there was furniture all over the hall — and it was yours?

Our Senior Year

This year we proudly wore our blue bands. Yes, one more step till the black bands were ours. This was our year for maturing; there was more responsibility given to us. More time was being spent on

wards and more exams were written. We were all feeling much more comfortable in our chosen profession.

In May 1972 Graduating Ceremonies were held at the Paramount Theater. Parents and relatives were there to witness our final step — we received our diplomas and our black bands. We really made it! It didn't even feel like 3 months let alone 3 years.



Graduation Day at the Paramount Theatre

Five Year Reunion

In June of 1977 we celebrated our 5 year reunion. It was wonderful to see the girls that we had laughed and cried with for three years. It didn't seem possible that 5 years had really passed. There was a coffee party in the morning, a luncheon at noon followed by a dance that night. We tried to pack 5 years of talking into just two days, ending the weekend with a B-B-Q on Sunday. Most of us were married now, with very few children but many on the way.



Coffee party at Res — 5 Year Reunion — 1977

Ten Year Reunion

In June of 1982 we celebrated our 10 year reunion. It was wonderful seeing everyone again and still impossible to believe that another 5 years had passed. A coffee party was attended followed by a luncheon, and, of course another dance with everyone trying to catch up on the last 5 years. The only way we really knew that a few years had passed was the multitude of children there seemed to be all around.



1982 — 10 Year Reunion

1985-86 Update - Class of 1972

Carol (Ankill) Holder

Is now living in Fernie with husband Pat and children Jennifer and Shawn. Carol is working part time at a nursing home.

Marlene (Bartz) Hubbard

Marlene and husband Bruce are living in Creston, B.C. with children Tara and Kambi. Marlene is assisting her husband with the Church and Christian School.

Mary Frances (Bedard) Kandel

Is working part time at SMH and has an accounting and bookkeeping business. Busy with husband Andy and two daughters Lisa and Michelle.

Beverly (Bell) Ball

Is living in Brooks with husband Ron and three children Tyler, Renee and Matthew. Bev is working part time in emergency.

Patricia (Boras) Petersen

Is working part time at SMH and is busy with two sons Scott and Ian, and husband Wayne.

Jean (Bradley) Larson

Jean is working at Lethbridge Regional Hospital. Jean and husband Bob have two daughters Karen and Sharon.

Julie (Butcher) Gyulai

Julie is at home with two children Patricia and John, and husband Norm.

Clara (Collins) Skauge

Clara is living in Fort St. John, B.C. with husband Neale and sons Scott and Derek, working in a medical office.

Tina (de Groot) Ainsworth

Is living in Calgary with husband Marvin and sons Darren and Kevin. Tina is working part time at Rockyview Hospital.

Linda (Duby) McAuley

Ranching near Rainier with husband Del and children Conner and Shannon. Linda is also working part time at Brooks Hospital.

Carol (Fettig) Bodnar

Is living in Taber with husband Fred and three children Brad, Craig, and Tammi. Carol is working half time at Taber Hospital.

Gita (Fiedler) Layton

Gita is working at Taber in the O.R. and busy with husband Gordon and children Trevor and Tracy.

Linda (Gejdos) Pedersen

Living in Lethbridge and busy with husband Bent and two children Tammy and Kent.

Gail (Greeno) Kiefiuk

Gail is working part time at Lethbridge Regional Hospital. She is also busy with two children Jeffrey and Kimberley and husband Brian.

Barbara (Gugala) Lea

Barb is living in Hinton, Alta with husband Steve and two children Angela and James.

Judy (Hale) MacDonald

Is living in Nelson, B.C. with husband Owen and two children.

Joan (Jensen) Hanna

Is living in Calgary with husband Grant and daughter Elaine. Joan is working part time at the Children's Hospital.

Ann (Koster) Suitor

Is living on a farm near Blackie with husband Wayne and sons Eric and Jason. Ann is working part time at High River, Alta.

Ann (Kubik) Baran

Is living on a farm near Turin with husband Jerry and three children Shelly, Nancy and David.

Trudy (Lewis) Abbott
Living in Blairmore, Alta. with husband Bob and son Kenny.

Pat (Mackintosh) Lomheim
Is living in Calgary with husband Clarence and children David and Deanna. Pat is working part time at Rockyview Hospital.

Marilyn (Moss) Peterson
Is living in Barnwell with husband Jay and four children Beckie, Andrea, Jordy, and Brock.

Hilda (Ovinge) Van't Land
Farming with husband Hans outside of Lethbridge. They have two sons Scott and Trevor.

Judy (Risler) Moraes
Living in Calgary with husband Ken and children Sean and Jaime. Judy is working part time at the Holy Cross Hospital.

Dianne (Smith) Forbes
Dianne and husband John and children Bryon and Rebecca are enjoying life at Fulford Harbour, B.C.

Roz (Thomas) Kranzler
Working full time at SMH in O.R. busy with two children Crystal and Kevin.

Margaret (Tolsma) Mazereeuw
Is farming near Coaldale with husband Rients and four children Michael, Cheryl, Dwayne and Loren. Margaret is busy working part time at Coaldale Hospital, farming and bookkeeping.

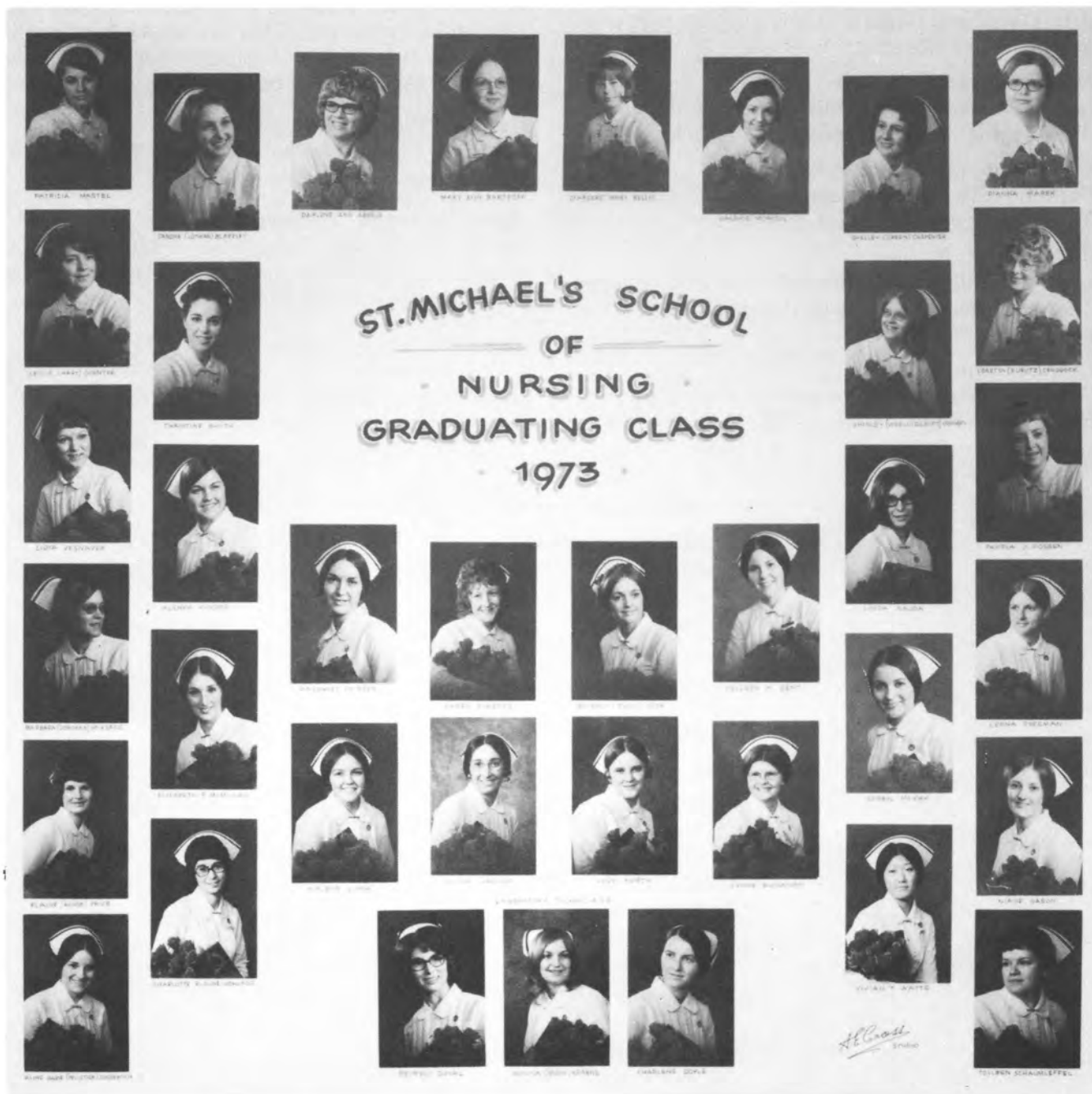
Colleen (Travis) Van Langen
Living in Claresholm with husband Ted and children Sherri and Kimberley.

Joyce (Withage) Thomas
Living on farm near Granum with husband and children Duane and Melaniee. Working full time at SMH emergency and ICU.

Diane (Wolthuis) Forbes
Living on Vancouver Island with husband Terry and two children Katherine and Matthew. Diane is working part time in a hospital.

NURSING IS AN ATTITUDE

*Nursing is an attitude —
A way you don't forsake,
A part of you that never dies
Though painfully you ache.
You look at life a different way
Than others seem to do
For after all this game of life
Is often played by you.
Little girls often dream
Of caps and capes and such
They dream of making people well,
But only by their touch.
Nursing is an attitude
Technique is only part
Communication, empathy and
Listening — its art.
The dreams that we as students
dream,
Are they so really wrong?
Someone must start to change this
world
And ease this massive throng.
Yes, nursing is an attitude
Though lofty it may be
At least we have a goal — a dream
A way that we can see.*



Awards — General Proficiency — Charlotte Wehlage; Proficiency in Bedside Nursing — Patricia Mastel and Vivian Watte; Proficiency in Pediatric Nursing — Elizabeth McMillan; Highest Standing in the Theory of Medical-Surgical Nursing — Lynne Buchanan; Proficiency in Medical Laboratory Technology — Monica Kearns

CLASS OF 1973

The Class of 1973 actually had its beginning in the spring of 1970. We hadn't even written our Grade Twelve finals, but on May 9th, 1970 — there we were — what seemed like quite a throng of eager girls — writing the entrance exams to St. Michael's School of Nursing.

For the most of us, we then had to write Grade XII Departmentals, wait for the results, submit the transcripts to the School of Nursing and then wait some more. Once you were accepted, navy blazers, white blouses, grey skirts and comfortable walking shoes would become the order of the day.

It wasn't long before we got to know one another, and it was then that we began to grow into the "Class of 1973." Our instructors began to tell us early in our sessions that we were a markedly different group. It was that very difference though, that made our class a very unique class.

Each of us had our own individuality — which sometimes got "both feet in hot water" as Leona was often heard to say. Whatever the event or misfortune that an individual would find herself involved in — the rest of our class stood united behind us.

And of course — we were each assigned a "Big Sister" to whom we could turn to during troubling times. Considering the fact that "troubling times" showed up quite soon, we got to know our seniors quite quickly once the following notice was posted:

"Initiation of Juniors — Sept. 14th to 18th."

1. Do not use elevators!
2. No make-up!
3. Polish Big Sisters' duty shoes once a day.
4. If in kitchen at the same time as a senior or intermediate, you must serve them coffee, tea, toast — as desired — then of course do the dishes.
5. In bed by 9 P.M. each evening.
6. No backcombing of hair.
7. Please stop and introduce yourself each time you meet a senior or intermediate.
8. No smoking in rooms; no chewing gum or hiding food in rooms.
9. Room inspection each evening at 7 P.M. — no dirt anywhere!!

Any and all offenders of these rules will be tried and sentenced at Kangaroo Court.

DOWNTOWN INITIATION TO FOLLOW!!!!

Being the last class we felt that we'd been cheated out of our bit of fun in not having had the oppor-

tunity to initiate anyone into the hallowed halls of St. Michael's School of Nursing.

After *hours* of sitting attempting to memorize all the bones, which muscles worked together and all else that Mrs. Kelly and her Book of Anatomy and Physiology could think of — we sometimes just had to let loose. Room decorating parties abounded. We went through boxes of cornflakes and the toilet paper bill must have been unreal!



Room decorating party

Then came the tough stuff — learning how to give injections — poor oranges, and POOR partners! Learning the correct method of mitred bed corners, giving each other bed baths and all the other interesting things that we would have to have down pat before we went on floors. Then we received our uniforms! (One of our classmates has a Thank You card addressed to her "Bluebird of Kindness.")

Our instructors tried to ease us into routine gradually, firstly, one patient for one-half shift.



First day on wards. L-R: Darlene Aberle, Linda Najda, Betty McMillan, Alenka Kreder, Judy Korth, Niane Nason, Lorretta Kurtz

When we were assigned to the floors and had to care for two people for a full shift — it seemed like a big step, but by the end of our first year, we *were* capable of giving care to six patients! Morning routine, medications and charting began to fall into place like magic.

First year memories come to mind readily and numerouslly:

- finding handmade birthday cards slipped under your door, from new friends who you didn't think even knew about it.
- Kathy Duke rounding us up for a relaxing walk around Henderson Lake.
- "Leona's List."
- attending a lot of "Sugar King" games.
- having a room on the north side of the residence so that you could see who was going out with whom.
- Linda Mead introducing us all to Apple Cider.
- the fact that knotting together six sheets, throwing them out the window at the far end of the hall, and voila — FREEDOM!!
- sitting in the hallway singing along with Karen and her trusty guitar.
- the phone calls from travelling salesmen who would invite the whole floor to parties.
- our "Class Meetings" which we had as often as possible at the Outrider.
- Our first experience of carolling throughout the hospital at Christmas is another memory which made a lasting impression on many of our class-mates. We were a large group that year — we had the seniors, the intermediates and of course us. We blended our voices together to entertain some, and to ease the suffering for others.



*Christmas carolling throughout the hospital — December 1970.
L-R: Linda Najda, Kathy Duke*

- there was our first Christmas party and how easy it was to choose a gift for someone we'd only known for such a short time.

After Christmas break, it was back to the books, and the beginning of our specialty rotations. Visiting patients, studying charts and kardexes and drawing up our nursing care plans was a continuance of our training.

In September the whole class showed up in Ponoka. Our psychiatric training began right after the Labor Day Holiday. We're sure we made our marks there — whether a heart-broken individual waving good-bye or a lousy grade. We're really not sure that Ponoka has recovered from *us* yet!



*Arrival of St. Michael's students — Alberta Hospital, Ponoka
September 1971*

You've heard of the Welcome Wagon, well there we were given a "Welcome Hearse" ride on our first evening



The "Welcome Hearse" — Alberta Hospital

Loretta remembers all the fun that we had, doing just about everything except studying.

While in Ponoka our "Class Meetings" took place at the Royal Hotel, where we were frequently entertained by the best band of the time — Buckstone Country.

But most of all, Ponoka meant learning about people, how to approach them on different levels, to put yourself in their shoes, to try and understand what they have experienced and how to help them in your own small way — whether it be a hug, buying them a cup of coffee, or just simply being there.



St. Michael's gang at Ponoka

Upon our return from Ponoka we received our yellow bands which signified that we had become intermediate students. We moved down a couple of floors in residence — finding the building a lot quieter with just us and our big sisters left.

It was nose to the grindstone of knowledge once again. The specialties-sections in rotation continued. O.R. — with all those instruments and dear Miss Koppenstein. Maternity — where Mrs. Kipp assigned the "Mat Mothers" whom we followed through their pregnancies, deliveries and of course postnatally. Nutrition — with Sister Monica was a treat — (Alenka got a free pair of insoles.) Pediatrics — with Miss Butler teaching us how to gently but firmly convince a sick child that everything will be all right. Miss Tada with her cheery "Hi!" first thing in the morning let you know that maybe — just maybe you'd have a good day. Mrs. Greene — not only do we have you to thank for our impeccable "sterile technique" but our lovely voices as well.

Christmas came quickly. Once again the Christmas decorations went up. This year the group of carolers was smaller.



Christmas — 1971



Decorating first floor of Residence

Shortly after Christmas we went to Mount St. Francis for a short retreat. It definitely was a very quiet time. It gave us time to think about ourselves and the commitments that we were making.



Retreat at Cochrane, Alberta — Mount St. Francis

Soon came a very special moment. We had finally reached the halfway point in our training. After being presented with our halfway pins, we celebrated with a tobogganing party out in the coulees. This was followed by hot chocolate and a cake at Judy's parents' place. We had a special candle lighting ceremony, and more celebrating followed.



Halfway Cake — Class of 1973

Second year was also the "Year of Resusci-Annie!" This event was followed by dire threats of expulsion, a lecture on the "becoming conduct" of student nurses in a serious situation, and the ice cold stares if you dared to smile.

We had an overnight visit to the Foothill's Hospital, sleeping in their nurses' residence, and the next day touring the different specialty areas which at that time were not available to us in Lethbridge.

In late March, Mrs. Greene brought out the best of our vocal talents with Flos' Follies. Only family and friends were invited.



Flos' Follies — March 1972 Classes 1972 and 1973

In May we eased our studies slightly, getting everything as ready as possible for the 14th of May. This would be the day that our "Big Sisters" would have their graduation ceremonies.

Making all the decorations and putting them up was a lot of fun. Not one of us were about to complain about all the extra male bodies we had around. These Mounties helped us out alot, right Alenka? Then came our field trip to Waterton — a fun filled day with nothing planned. Walks, a barbecue and lots of singing — especially on the bus ride.



Field trip to Waterton

Coming back that fall we received our blue bands for our caps. This was indicative of the fact that we were now seniors. We only filled the first two floors of residence.

At this point in our training we were divided into pairs and went through each individual specialty one more time.

Senior Year



We continued with our studies — Residence library



We worked on special projects



We gave presentations and demonstrations



We travelled through ALL departments including the O.R.

Another Christmas — our last carolling through the hospital — a much smaller group than ever before. The Sisters' treated us to supper then we gathered at Colleen G's place for our last Christmas as a class.



The last carolling of St. Michael's students through the hospital



Our last Christmas as a class

On Sunday, March 25th, 1973, we appeared on the Martin Bros. Funeral Chapel Sunday Hour.

On May 15th, we once again entertained our families and friends under Mrs. Green's direction. After that it was more work, and more study. We did manage to take a bit of time off to plan for the special days ahead. And of course — exercise — so that we would look good too!

This, the class of 1973, was nearing the end of its journey. We had a lot of fun. We had seen each other through some tough times. As we drew nearer to the end, we had some pretty special times awaiting us.



The Class of 1973

Our instructors organized a fun filled Scavenger Hunt which would lead us to Mrs. Greene's house. There waiting for us was a barbecue upon which we blew our diets. This was followed a few evenings later by a chinese food supper at the Golden-Bridge Restaurant.

Thursday May 31st found us totally involved in transforming the Exhibition Pavilion — what a task — what a result!

Friday, June 1st, found us eating again! A gorgeous supper with delightful company — Sister Beatrice was our guest of honor and Dr. J. Hunt was Guest Speaker.

Saturday, June 2nd, we attended a coffee party for the Reunion Classes and later a Wine and Cheese gathering. Then came the mad dash to get ready for the dance — and did we dance!

“The Children of Our Time”

Sunday, June 3rd. Mass was celebrated in the Chapel in the Residence. Then came a few quiet hours which we used to prepare for the Graduation Exercises at the Paramount Theatre. Niane was a marvelous Valedictorian — not a dry eye left in the place. Following this was a reception at Sven Ericksen's. It was a great weekend — many happy memories and pressed flowers.



Dr. John Hunt — guest speaker at the last nursing class banquet



Alumnae Banquet. L-R: Linda Najda, Betty McMillan modelling place card nursing cap souvenirs



Graduation Exercises at the Paramount Theatre

When we went back to work on the wards, we were in white and our caps bore the black band of the Registered Nurse.

Then it was off to the U. of L. We sat in one big room, together with the girls from the Galt School of Nursing, and wrote our exams. Afterwards we celebrated by touring the hospital, driving around honking horns and waving at everyone to let them know that we were finished.

We had one final get together.



Our final get together following R.N. examinations

What made it all worthwhile was reading in the Lethbridge Herald: "St. Michael's School of Nursing last graduating class received examination results which listed all 34 students as having successfully completed the test."

Our families, friends and Instructors, I am sure, were just as proud as we were to have been members of the last class. As you can see, here in 1983, we still have a lot to be proud of — ourselves and our families.



Children belonging to Class 1973



10 year reunion



ST MICHAEL'S GENERAL HOSPITAL SCHOOL OF MEDICAL LABORATORY TECHNOLOGY

The need for a training school for Laboratory Technologists was recognized in 1950 when an addition to the Hospital was completed. At that time the Laboratory consisted of two rooms, one for Chemistry, Haematology, Urinalysis, charting and wash up, the other for Bacteriology and Histology. The staff consisted of two registered technologists, one of whom was the supervisor.

In 1951 Dr. A.R. Bainborough joined the staff as Pathologist. Dr. Bainborough and Sister John de la Salle immediately began work on a training program for technologists. The program was presented to the Canadian Society of Laboratory Technologists in Hamilton and interim approval was received. Mr. J. Gorrie joined the staff as Bacteriologist in 1952. Final approval for the training of Laboratory Technologists was received in 1954.

An additional room was added to the Laboratory in 1957 to be used for Haematology and Blood Bank. With an increase in work load, it became apparent that a second Pathologist was needed. In 1960, Dr. S.H. Watson became the Associate Pathologist. Another room was added at this time as a Biochemistry Department. Up to this time Dr. Bainborough was Pathologist for both Hospitals. In 1962, at the request of Dr. Bainborough, Dr. Watson was appointed Pathologist for St. Michael's Hospital.

With the addition of a new wing in 1964, a new Laboratory was opened in the fall of 1964 with a work area of approximately 3,600 sq. ft. In September of 1965 Sister Mary Alexia Cameron joined the staff as Director of the Laboratory and is still employed in that capacity.

Up until 1964, the training consisted of a 2½ year course given entirely within the Hospital. In 1965 the Northern Alberta Institute of Technology (N.A.I.T.) in Edmonton began training students in the didactic portion of the course. The course was shortened to two years. The first year (10 months) was spent at N.A.I.T. where the student received most of the theory. The student had to be accepted by the hospital who sponsored their admission into the didactic portion of the course. The second year, 14 months, was spent at the sponsoring hospital. The student received a stipend from the Alberta Government in the second year of training.

In 1968, the Southern Alberta Institute of Technology (S.A.I.T.) began a Medical Laboratory Train-

ing course in Calgary and from 1968 on, students were sent to Calgary for the didactic portion of the course. After two years of training the students graduated with St. Michael's nursing students.

In 1973 the Laboratories of the two hospitals merged into a Regional Laboratory. This meant that all Biochemistry and Bacteriology tests for both hospitals were carried out at the Lethbridge Municipal Hospital Laboratory and the Hematology and Blood Bank tests for both hospitals were carried out at St. Michael's General Hospital Laboratory. This also meant the shifting of equipment and personnel.

We then became a Regional Laboratory known as: The Southern Alberta Regional Hospitals Laboratory. The training school then became the Southern Alberta Regional Hospitals School of Medical Laboratory Technology.

One class of students is trained each year between the two hospitals, as they rotate through the various departments, acquiring their practical training (second year), after spending the first year at S.A.I.T. Since the amalgamation, the students have their own graduation exercises at the end of their two year training. They write the National Certification examination of the Canadian Society of laboratory Technologists.



Dr. A.R. Bainborough



Sister John de la Salle



Mr. J. Gorrie



Dr. S.H. Watson



Sr. M. Alexia

The following is a list of students trained at St. Michael's Hospital from 1953 to 1973.

YEAR	STUDENT	MARRIED NAME	OBTAINED R.T.	PRESENT LOCATION
<i>2½ YEAR COURSE — HOSPITAL TRAINING</i>				
1954	Mary Jane Erickson	Wilde	1956	
1954	Kathy Robison	Wesley	1956	Lethbridge
1955	Maureen Ireton		1957	Calgary,
1957	Doreen Siska	Karusiuk	1960	
1957	Anita McClain	Atkinsin	1960	Nobleford
1958	Pat Harris	Bobey	1960	
1958	Elvira Schmidt	Hiebert	1961	
1958	Anne Nikkal	Remple	1961	
1959	Marguerite Reimer	Antonio	1961	Lethbridge
1959	Marilyn Sumanik	Mibley	1962	
1959	Kay Kamitakahara		1961	Calgary
1960	Janet Currie	McLeod	1962	
1960	Barbara Doyle	Turner	1962	Calgary
1960	Vivian Lee	Tang	1962	Lethbridge
1960	Karin Duff	Holt	1962	Deceased
1961	Sandra Manning	Brown	1963	Taber
1961	Joan MacKinnon	Whitford	1963	
1961	Lydia Vrskovy	Depellegrin	1963	Pincher Creek
1961	Betty Lowen	Giacchetta	1963	Readymeade
1962	Bonnie Knowlden	Babki	1965	Lethbridge
1962	Betty Teramura	Tomiyama	1965	Lethbridge
1963	Pat Lyall		1966	
1963	Lorraine Setter	Kemper	1966	
1963	Margaret Godfrey	Bodnaruk	1966	Red Deer
1964	Marilyn Kane	Shea	1967	Calgary
1964	Donna Witwicki	Rowntree	1967	Lethbridge
<i>2 YEAR PROGRAM AT N.A.I.T. AND ST. MICHAEL'S HOSPITAL</i>				
1965	Carliss Credico	Glover	1967	Lethbridge
1965	Bertha Hillebrand	Billets	1967	Salmon Arm, B.C.
1966	Joan McClelland		1968	Brooks
1966	Ruth Molcak	Derosier	1969	Whitehorse, Yukon
1966	Elizabeth Orosz	Sheer	1968	Lethbridge
1967	Margaret Kolla	Biletske	1969	Delta, B.C.
1967	Shirley Ross		1969	Edmonton
1967	Bonnie Everett	Muddle	1969	Saskatchewan
1967	Lynda Zobell	Bakkan	1969	Calgary
1967	Myrna Austring	Peterson	1969	U.S.A.
<i>2 YEAR PROGRAM S.A.I.T. AND ST. MICHAEL'S HOSPITAL</i>				
1968	Susan Ellert		1970	Deceased
1968	Beverly Johnson	Baker	1970	Foremost
1969	Joan Thielen	DeWeert	1971	Lethbridge
1969	Patricia Molyneux	Osborne	1971	Lethbridge
1969	Joyce Bosch	Chandler	1971	Calgary
1969	Cathryn White	Fisherman	1971	Calgary
1969	Maelin Quon	Kwok	1971	Calgary
1969	Linda Reich		1971	B.C.

1970	Valerie Stauth	Hart	1972	Vernon, B.C.
1970	Kathleen O'Conner	Stuchert	1972	Toronto
1970	Jacqueline Ennis		1972	
1970	Ann Kambeitz	Brown	1973	Okotoks
1970	Judy Wiest	Dunsmore	1972	Enchant
1971	Beverly Duval		1973	Kamloops
1971	Charlene Doyle	Ferman	1973	Fort MacLeod
1971	Monica Bodie	Kearns	1973	Lethbridge



Technologist's Pledge

In full knowledge of the obligations I am undertaking, and with God's help,

I PROMISE *to uphold and maintain the dignity and respect of our profession — considering reliability, courtesy, patience, tact, and personal integrity as fundamental attributes.*

I WILL *diligently apply my skill with honesty and reliability remembering that a patient's life may depend upon the accuracy of my work.*

I WILL *respect human life and be sympathetic towards all patients.*

I WILL *hold inviolate the confidence placed in me by both patient and doctor.*

I WILL *strive to improve my skill and knowledge and maintain an open mind to scientific advancement.*

I WILL *co-operate with all other members of the health team in our dedicated service to the sick.*



Laboratory staff — 1963.

L-R: Bonnie Knowlden, Yumi Saki, Ester Draker, Pat Kirby, Betty O'Sullivan, Betty Lowen, Mrs. Carter, Betty Teramura, Elvira Schmidt



Betty Teramura, Bonnie Knowlden — Banding 1965



Vivian Lee



Donna Witwicki



Betty Loewen, Sandra Manning, Margaret Godfrey



Marilyn Kane



Bertha Hillebrand



*Karen Duff, Kay Kamitakahara,
Betty O'Sullivan*



Carliss Credico



Laboratory Staff — 1966

*Back Row L-R: Barbara (Doyle) Turner, Lorraine Setter, Betty O'Sullivan, Marianne Giacchetta, Mary Hall, Yvonne Paul, Myrna Moulton, Dorothy McArady, Sister Alexia
Front Row L-R: Margaret Godfrey, Marjorie Wellwood, Donna (Witwicki) Rowntree, Betty (Teramura) Tomiyama*



Laboratory Staff — 1967

L-R: Betty (Teramura) Tomiyama, Pat Kirby, Barbara (Doyle) Turner, Sandra (Manning) Doolittle, Marilyn Kane, Sister Alexia, Darlene Knoch, Mary Hall, Myrna Moulton, Marianne Giacchetta, Betty O'Sullivan, Donna (Witwicki) Rowntree



Judy Wiest



L-R: Valerie Stauth, Kathleen O'Conner, Jacqueline Ennis



Janet Currie, Karen Duff

Barbara Doyle, Joan McKinnon



Ann (Kambeitz) Brown



1973 Graduates

L-R: Bev Duval, Charlene (Doyle) Furman, Monica (Bodie) Kearns



ST. MICHAEL'S SCHOOL OF X-RAY TECHNOLOGY

St. Michael's School of X-ray Technology began accepting students into the program in 1954, thus graduating the first Radiology student in 1956. Radiologist, Dr. Brian Black, FRCP (c) and Sister Rosalina McMahon, R.T., were the known founders and first instructors of the School. Dr. Brian Black taught Therapy and Radio-Protection and Sister Rosalina McMahon gave instruction on Radiography — Positioning, Procedures and Physics.

In 1959, Riet Scheffer R.T., a graduate of the School, returned as Clinical Instructor. She remained until 1967. In January, 1968, Audrey Van Leuken R.T., another graduate of St. Michael's Radiology assumed the Clinical Instructress position until the training school closed in 1969.

In 1960, Radiologist Dr. James McNally, joined the X-ray staff working part-time at St. Michael's Hospital and part-time at Lethbridge Municipal Hospital. Dr. James McNally was well known by former nursing, lab, and X-ray students for his lectures in Anatomy.

During the structured 2 year course the majority of the X-ray students lived in the nurse's residence, attended several joint classes with the student nurses, and participated in all school activities. Due to limited living quarters in the newly constructed nurses residence, students from 1954 — 1957 either lived at home or accomodation was provided for them in the old nurses residence on 12 Street and 7 Avenue South. With the exception of 3

months Didactic training, beginning in 1966, at NAIT in Edmonton all theory and practical training was provided in the hospital setting at St. Michael's.

At the completion of this two year course the students were eligible to write the examinations of the X-ray Society of Canada, and a yearly formal graduation was combined with the nursing and laboratory students.

During the 15 years of operation (1954 — 1969) 33 students graduated from St. Michael's School of X-ray Technology.

Prior to the introduction of the formal training school of X-ray technology several students were trained under the direction of Radiologist Dr. Stewart Mason Rose, and Sister John of the Cross R.T. During the era between 1940 — 1946, Sister John of the Cross recalls two students successfully writing the American X-ray Society examinations, those being Yolanda Corraini and Robert Barnhill. Other students who entered the training program from 1948 — 1955 under the then supervision of Dr. Brian Black, Radiologist, and Sr. Chrysostom, R.T., were Josephine Morkin from Claresholm, Kay Salmon (Mrs. Dale Martin) from Lethbridge, and Joanna Van Burren (Mrs. Germain Soenen) from Coalhurst. Joanna, who wrote the Canadian X-ray Society examination remained on staff at St. Michael's X-ray department — later becoming employed in the O.R. as the Unit Clerk.



Dr. Brian Black



Sister Rosalina McMahon



Dr. James McNally

Memories of X-ray Technology 1940-46 St. Michael's Hospital

The X-ray department at St. Michael's Hospital during 1940 - 1946 consisted of two rooms, a small bathroom and a smaller dark-room. One of these rooms served as an office, reading room with a large part of it which housed the transformer. Directly across from the X-ray was another room which was called the physiotherapy. The X-ray technologist was responsible for both departments. The staff consisted of one R.T. who manned the departments 24 hours a day — seven days a week.

Miss Helen Kamenka, R.T. a resident of Canmore, Alberta was in charge of the department. I had worked in Canmore the year before and knew the Kamenka family and so from time to time I would visit Helen (at the time I worked in the business office and operated the switchboard). Sometimes Helen would ask me to sit with a patient while a physiotherapy treatment was being given. Sometimes it would be ultra-violet, diathermy (short wave) or another treatment called Sinusoidal — galvanic used for electrical stimulation. Believe it or not many good results were obtained for facial paralysis, bowel stasis, etc. Looking back on it now I do not know if the good results were due to the treatment, good luck or prayer — Prayer was always a very active ingredient.

On one occasion of a visit from our Mother General, she interviewed Miss Kamenka about her department. Miss Kamenka said she found the job very demanding on her time and complained in a very respectful way (as was usual during those years) and would like to have some free time for herself. It was agreed that if I was interested Helen would teach me the techniques for extremities, and I could fill in for call-back. Needless to say, I was happy to do this — the mechanical devices fascinated me and it was always a challenge to see what developed in the dark room. After mastering the extremities, Helen thought it would be a good idea if I observed the gastro-intestinal examinations. After a month or two of this Miss Kamenka resigned and took a position at Colonel Belcher Hospital in Calgary. I was left in charge of the X-ray department.

The Radiologist at the time was Doctor Stewart Mason Rose, a very kindly man, and most understanding and helpful. Dr. Rose also looked after Galt Hospital.

The X-ray machine was a G.E. Victor with a transformer that actually filled half the room. The

odoriferous fumes of ozone (which was produced by the discharge of electricity through air) was most unpleasant. The equipment was non-shock-proof. High tension wires were attached somehow across the ceiling and were not insulated. In order to get the high tension wires connected to the X-ray tube a yard stick (wooden) brought the connection from the ceiling to the radiographic or fluoroscopic tubes. Eye accommodation was accomplished by spending 5-10 minutes in a darkened room. I am not certain whether we had the protection of lead rubber gloves and aprons. I remember distinctly the doctor's fingers which were badly scarred with keloids from radiation. About this time the "Nivea cream" came on the market and we each had a jar of this which we used on our hands.

The X-ray table was just a plain flat table — the bucky diaphragm was a separate unit and was lifted on and off the table as needed. It weighed about 100 lbs. When in use it occupied the center of the table and was filled in at the bottom and top of the table with two wooden box-like pieces. The one and only advantage of the separate buckey diaphragm was it gave you a bird's view of the construction. You could actually see the lead strips, interspaced with wood. A string was attached which when pulled set the mechanism in motion. The timer on the bucky synchronized with the timer on the machine.

After a year of initiation Doctor Rose suggested that I prepare to write my R.T. examinations. In the evenings after work he would come to the department dismantle the control stand and explain step-up, step-down transformers, the function of the rheostat, etc. etc. Never was there a more exacting and dedicated teacher. I wrote the American X-ray Society exam and was successful. You may ask why I wrote the American. The answer is that the Canadian Society was just in its infancy and we in Alberta were nearer the U.S.

In the course of my years in Lethbridge students were trained — One I remember well was Yolanda Corraini from Bow Island and Robert Barnhill from Blairmore, Alberta. Both were successful in obtaining their R.T.

During 1945 we thought it would be a good idea to organize a "Lethbridge Branch Society." Bert Welch (R.I.P.) and another gentleman who was active in X-ray affairs were invited to help us get established. At this time in Lethbridge it was quite common for R.T.'s to work in Doctors' clinics. Meetings were scheduled and we kept in touch with the latest developments throughout the western provinces.

A new member of the Medical team, cardiologist Dr. H.A. Arnold, came on staff at St. Michael's and with him came an E.K.G. machine and this too was placed in the X-ray Department. E.K.G.'s in these days were done on photographic paper and developed like X-ray film. It was a time consuming task. New X-ray equipment was installed at St. Michael's in 1945-46. In 1946 I was recalled to Antigonish

and assigned to St. Joseph's Hospital, Glace Bay, Nova Scotia.

Today, I look back with a great deal of gratitude and affection for the days spent in the X-ray Department at St. Michael's.

Sister John of the Cross



Left to Right

Mr. Rusk, Dr. B.O. Black, Sister Chrysostom, Mr. Don Higgins, Mr. Joe Lakie, Mother Immaculata, Myrtle Whitney. (Circa 1950).



Dept. of Radiology – St. Michael's General Hospital 1955 - 1969

When I arrived at St. Michael's in September 1955 the X-ray department was on Ground Floor of the Main building next to the small Emergency Room and opposite the Laboratory. It consisted of:

A small room with lavatory.

A G.E. 100 MA unit with Radiographic and Fluoroscopic control.

A smaller room with a Therapy unit which was not in use.

A multi purpose room:

- a) Film reading room.
- b) Film filing.
- c) Radiologist's office.

Radiologist, Dr. Brian Black, was able to dictate reports directly. After hours the filing was done.

Staff:

1 graduate and R.T. Joanne Soenen.

1 second year student — Delores Kostelnik.

In 1956 a formal training program for students was initiated.

In 1957 the Therapy unit was disposed of and a 300 MA Picker unit installed in that room. Lest I forget we had a small 15 MA Mobile unit which was stored in a small cupboard. We also had a small dark room which was also used for all film taken in the O.R. The following year the G.E. Machine was replaced by a 500 MA unit with spot film device and Reciprocating Bucky — no more setting the Bucky timer. Dr. Black worked full time and Dr. McNally part time with us and part time at Lethbridge Municipal. More doctors were joining staff and the work was increasing and the quarters getting closer. We now had a full time secretary, Miss Jean Campbell daughter of the late Dr. Peter Campbell.

From 1963-65 plans for the New Service Wing and a new department were underway. Meetings with our staff, Department Heads, and Government occurred — requisitions reviewed, blue prints reviewed and scrapped. Dr. J.A. McNally was a

great help — to us, I don't know if the architect felt so kindly to him. He checked every detail — even to the last outlet.

In 1966 we moved to the new Department. Four rooms all wired, etc., three in use, and the other used as a Classroom for the present. Automatic Processing!! We'll be eternally grateful to Kodak who came out with the first one. We now had 2 R.T.'s and an average of four students. In the O.R. we had 1 transformer and control which serviced two rooms — The Orthopedic room with a ceiling mounted tube and Urology with a tube suspended to the table.

The Department boasted of:

A Phillips unit with Image Intensification and TV.

1 Picker 500 MA.

1 Picker 300.

1 50 MA Mobile unit.

Inter-com to all rooms from the Sec. office.

Change rooms from each room as well as lavatories.

Sorting area.

Filing and a large filing room in the basement.

Radiologist's office.



Left to Right

Sister Rosalina McMahon, Dr. Brian Black, Joanna Soenen, Riet Scheffer, Delores Ryan

At this time we began to do Mammography.

In 1967 our training program was discontinued and all training in Alberta was centered at N.A.I.T.

In 1969 when I left St. Michael's we had 2 Radiologists, 4 R.T.'s and a typist.

I enjoyed my fourteen years at St. Michael's. The total hospital staff was happy, congenial and cooperative. It was a tremendous experience for me and I am proud to be part of St. Michael's history.

Sister Rosalina McMahon



St. Michael's Radiology Graduates

1956 — Delores (Kostelnik) Ryan. Living and working in England. Was back for a visit in 1984.

1957 — Riet (Van Roon) Scheffer, Lethbridge. Herman and Riet have 3 girls. Riet has recently completed her B.A.Science Degree in Psychology. Life membership in St. Michael's Alumnae.



L-R: Sister Rosalina, Joanna Van Burren, Riet Van Roon.



L-R: Joanna Van Burren, Delores Kostelnik, Riet Van Roon.



Phyllis Kuntz, Doreen Gossel, Sister Rosalina, Delores Kostelnik, Ivy Livingstone, Riet Van Roon, Dr. Brian Black.

1958 — Ivy (Livingstone) Gleeson. Living in British Columbia.

1959 — Gail (Carlson) Bourassa - Brooks. 2 children. Still works part time in X-ray.

— Audrey (Galts) Van Leuken - Lethbridge. 3 children - 4 grandchildren. Back working at St. Michael's X-ray Department 9 years.

— Doreen Gossel
— Phyllis Kuntz



L-R: Delores Kostelnik, Doreen Gossel, Ivy Livingstone, Phyllis Kuntz.



1959 Graduates with Sister Rosalina. L-R: Phyllis Kuntz, Gail Carlson, Audrey Galts.



X-ray Students and Staff. Farewell to Tina (sitting).

- 1960 — Darlene Blas - Kimberly, British Columbia. Darlene has worked in X-ray in Kimberly since 1960.
- Elaine (Heppler) Doram - Medicine Hat. Elaine stayed at St. Michael's 15 years. Was chief Technician when she left in 1975. Bob and Elaine have 2 daughters. Recently have opened "Fabricland" in Medicine Hat.



Elaine Heppler and friend.

- 1961 — Jean (Gaetz) Bonertz - Pincher Creek. Jean is still working in X-ray.
- Elaine (Schile) Homulus - Red Deer. Dennis and Elaine have 5 children.
 - Sharon (Wurzer) Koenen - Coaldale. Ray and Sharon have 3 daughters.



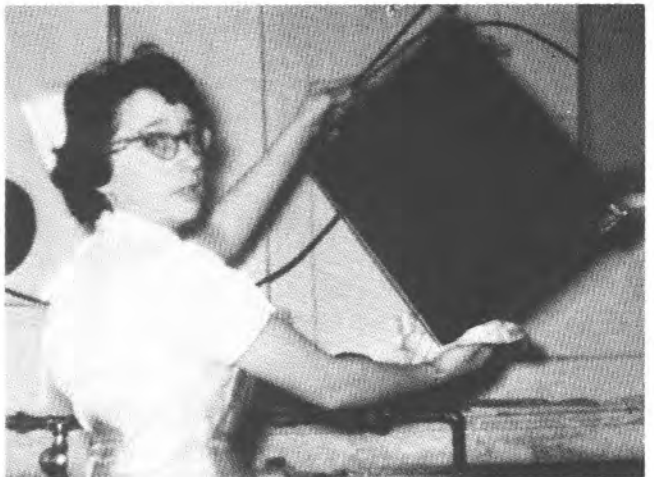
1961 Graduates L-R: J. Gaetz, E. Schile, S. Wurzer.

- 1962 — Mary Kado - Northern Alberta.



Back Row L-R: Janet Currie, Barbara Doyle, Karen Duff (Lab Students). Front Row L-R: Mary Kado, Jean Gaetz (X-ray Students), Vivian Lee (Lab Student).

- 1963 — Norma (Callaghan) Bust - Cardston. Norma works relief at Cardston as well as raising a family.



Norma Callaghan

- 1964 — Elizabeth Fedoruk.
 — Claudia Hayden
 — Maureen (Kresge) Bonertz - Pincher Creek. Works relief in Pincher Creek.



Top Row: Claudia Hayden
 Middle Row: Elizabeth Fedoruk, Maureen Kresge
 Front Row: Betty Teramura, Bonnie Knowlden (Lab Graduates)

- 1965 — Anita (Bonertz) Hawthorn - McLellan, Alberta. 3 girls. Anita works in McLellan.
 — Corrine (Finch) Bennett - Cardston. 6 children. Corrine still has time to do relief work in Cardston X-ray Department.
 — Lois (Stearns) Bertz - Edmonton.



Banding L-R: Lois Stearns, Anita Bonertz

- 1966 — Sharon (Ezaki) Tamura - Lethbridge. 3 children.
 — Louise (Thielen) Thompson - Milk River. 3 children. Busy on the farm.



L-R: Libby Hand, Sharon Ezaki.

- 1967 — Agnes Janz.
 — Cheryl Jarvis.
 — Bernadette (Materi) McNabb - Fort Macleod.
 1968 — Vivian Alampi - Calgary.
 — Arlie (Bowman) Taylor - Taber.
 — Libby (Hand) Hubman - Edmonton.
 — Sandra Kimmitt - Banff. Sandra is married, has a family and works relief at Banff Mineral Springs Hospital.
 — Gale Litz - Lives in British Columbia.
 — Sherril Rambo - Husband R.C.M.P. Travels Canada.
 — Amy Tanaka - Grande Prairie.



1967 and 1968 X-ray Students with Sister Rosalina.

1969 — Evelyn (Vandenberg) Johnson. Working at St. Michael's. 2 girls — Kristin and Tanya. St. Michael's last Graduate Technician.



1969 Graduate — Evelyn Vandenberg

Dr. Brian Black — Now retired. Spends 6 months in Florida and 6 months in Waterton and Lethbridge. He is in excellent health.

Sr. Rosalina McMahon — Has retired from X-ray work, but has just completed a years course in Counselling. She is presently at St. Martha's Hospital, Antigonish as a Counselor in Pastoral Care.

Dr. James McNally — Introduced to students of St. Michael's as an Instructor of Anatomy in 1953, while in General Practice with the Roy Clinic. In 1956 he moved to Minneapolis, returning to Lethbridge in 1960 as Radiologist with St. Michael's Radiology Department. He opened the diagnostic X-ray Services in Lethbridge and continues his association with St. Michael's Hospital.

Technologist's Pledge

I solemnly promise before God and in the presence of this assembly

TO *carry out the duties assigned to me faithfully and to the best of my ability.*

TO *keep the patients' welfare as my first consideration.*

TO *hold in confidence all personal information coming to my knowledge in the practice of my profession.*

TO *promote the art and science of radiological technique.*

TO *do all in my power to live up to and improve the highest traditions of my profession.*

So help me God.

*OUT OF THE BLUE — the blue ribbon category of
wonderful people to the gold medal
category of special people.*

ESPECIAL PEOPLE

A few people have been submitted as *Special* people. We feel ALL of St. Michael's Graduates are special people and would like to SING each one praises but that is impossible. The staff of St. Michael's are as special as its Graduates. We realize the specialness of St. Michael's comes from the Sisters of St. Martha who bring a quality of caring which cannot be surpassed.

Millie Lynch (Hagel 1956 A)

I left for Peru in 1968 to work as a volunteer public health nurse. The mission was started by the Canadian Franciscan priests. I stayed 2½ years. I worked in Ilo, which is located on the southern coast of Peru about 200 miles from the Chilean border, population about 10,000 people. Most of the people were very poor, living in cardboard or tin shacks. Most were unemployed, having come from the mountain areas in hope of finding a better life.

The Sisters of Charity of St. Louis from Medicine Hat worked with the Franciscans. There were four, two of which were nurses.

Our work was mostly in the *barriadas*, a term designating the area where the poor had their living quarters. In the nursing field we had a *Posta Medica* — a first aid station, also a *Cuna* — a day care centre. The mothers brought their children for the day, thus enabling the mothers to go to work without having to take their children with them or leaving them home alone.

The majority of my time was spent in the *barriadas*, doing preventive nursing programs of immunization. These were conducted through the Public Health Office. This was a good preventive communicable disease program. Much of my counselling was in the field of hygiene and nutrition and plain basics of life. This was rather amusing because it included simply everything from hygiene to fly control to dog control.

In my visits to one of the homes, I encountered a 12 year old girl who had a hare lip and cleft palate — the most extreme I had ever seen. She must have been sheltered from the public because I had been in the area many times and had never seen her. It was at this stage that St. Michael's Alumnae offered to help in our mission and help was gladly accepted. We made an appointment with a plastic surgeon in Lima at one of the best hospitals. We journeyed from Ilo to Lima by car about 700 miles. At the hospital we waited in long line ups for hours, before we could see the Doctor. I must say a heart felt thank you to a young Peruvian Social worker

who took us into her care and got us through sooner at each appointment. The child underwent surgery which completely transformed her looks and she returned to her family and to her community. The family was indeed very happy and thankful to St. Michael's Alumnae for their financial support. The family could never have financed the surgery. The Sisters and I say a "big" thank you too.



Millie Lynch

Agnes Mitchell (Hansen 1956 B)

AGNES MITCHELL who on September 21st, 1984 was given an award for outstanding service from the Alberta Heart Foundation. Agnes has been teaching C.P.R. and other related subjects for the Heart Foundation as well as working with St. John's Ambulance.



L-R: Ramona Hunt-Dixon CPR coordinator — Mount Royal College, Clare Johnson — President Alberta Heart Foundation and Agnes Mitchell.

Valerie Ayris (1959)

Valerie Ayris, a 1959 graduate of St. Michael's School of Nursing, became President of the Alberta Association of Registered Nurses for a two-year term in May, 1977. Valerie was elected by the South district AARN members to Provincial Council in 1973, and served a two-year term in that capacity before being selected by members of Provincial Council as President-Elect in 1975. At the time Valerie was on Faculty at the Lethbridge Community College, instructing in the two-year nursing program, and was motivated to more involvement in the professional organization by the need for better communication between faculty in the college programs and the general nursing membership.

A major issue facing the AARN during the period from 1977 to 1979 was the question of the Association's responsibility to provide collective bargaining services for part of the membership. An autonomous Collective Bargaining Division did exist within the structure of the AARN, but problems were developing indicating a conflict of philosophy between the professional and collective bargaining components. Members of the Collective Bargaining Division decided to separate from the AARN and form a separate organization, the United Nurses of Alberta. The AARN committed itself to retaining the bylaws on collective bargaining until the UNA was a viable organization, then the bylaws were deleted and the AARN no longer had any provision to provide for collective bargaining. This final action occurred in late 1977, and ultimately has allowed for considerable professional growth within the AARN, culminating in the Nursing Profession Act of 1983 which among other things provides for mandatory registration of all practicing nurses in Alberta. Had those people involved in the division between the AARN and the UNA in 1976-79 been able to see into the future then some of their decision making would not have been so very difficult.

A second issue during this period was the problem of dealing with the implications of the Report of the Task Force on Nursing Education in Alberta, and subsequent government responses to that report. This issue involved people on all levels of nursing in Alberta in discussions and decisions regarding aims of nursing education and qualifications required for entry into practice. These discussions continue still.

It is difficult to look at the two year period of a president's term and pinpoint specific achievements; the majority of activities within the AARN are ongoing attempts to improve nursing practice

and the nursing profession in Alberta. Any such time period is part of a continuum, beginning before 1916 and extending into the future, along which many nurses work for improvement in their profession. No one person can claim to have a great impact on this progress, it occurs only because so many members are willing to contribute their time, knowledge and skills. It is a considerable honor to be chosen to represent that membership as President of the Association.

Valerie has remained active in the AARN since completing her term of office. She served on the Staff Review committee as Past-President for two years, as Chairman of an Ad Hoc Committee to prepare a Statement of Philosophy, and as AARN representative on the Nursing Examinations Board, until the membership of that Board was revised.

Presently Valerie is a member of the Registration Review Committee, and Chairman of the Legislation Committee.

In recognition of her involvement with the AARN, Valerie was the recipient of a Provincial Council Scholarship for graduate studies. She has now completed the requirement for a Master of Arts in Curriculum and Administration from Gonzaga University, Spokane, Washington.



Valerie Ayris

Sharon Ramstad (Heemeryck 1962)

Sharon Ramstad was nominated for the Lifestyle Award by the Business and Professional Women's

Club of Camrose, Alberta, for her outstanding voluntary contributions to the development of health awareness in her community.

Mrs. Ramstad is a registered nurse who has devoted much of her leisure time to health education for the benefit of all. She initiated and led a family life education program, a pre-school kindergarten and health guidance clinics for young people. She has achieved remarkable success in recruiting and training adult and youth volunteer leaders.

Her example of concern, dedication and enthusiasm for a healthy lifestyle have earned her the admiration of all.



Sharon Ramstad accepting Operation Lifestyle Award, March 1980.

Dianne McLean (1971)

Dianne captured the title of "Miss Hope of Alberta" in January, 1971. She was a third year nursing student at the time of competition. During her year of reign Dianne represented the Cancer society in its educational programs. She travelled throughout the province of Alberta visiting schools, ad-

ressing meeting groups, appearing on television talk shows and speaking on radio programs.



Dianne McLean

Patricia Osborne (Molyneux 1971)

I applied to Canadian University Services Overseas in 1972 looking for a work experience that I knew I could never obtain here in Canada. My assignment to Montserrat turned out to be a great experience.

Montserrat is a small mountainous volcanic island located in the eastern Caribbean. The 32 square mile island was home to 13,000 people. The fifty-two bed hospital was located in the town of Plymouth, population 3,000. The hospital consisted of nine small buildings, some fifty years old or more. The main building was U-shaped with the mens ward and womens ward facing each other across a verandahed courtyard. Two semi-private rooms, the matrons office and the operating room formed the base of the U. The eight other small buildings included a cottage sized childrens ward,

a two roomed private patient pavillion, a small kitchen, dental office, mortuary, X-ray department, combined isolation and psychiatric ward and the laboratory where I worked. The laundry department consisted of a large metal tub over an open fire where they boiled and stirred the sheets. They then laid the laundry out to dry on the shrubs and bushes in the hospital yard.

All the rooms had bare wooden floors, cracked plaster walls and opened beamed ceilings. They did put new linoleum down two weeks before Princess Anne came. She toured the hospital and laid the cornerstone for a new hospital. The windows were always open to take advantage of the fresh trade winds.

My job was challenging. I was the only lab tech on the island and therefore on call 24 hours a day every day of the year. I had one assistant, a local student, who I was training to eventually take over my job. A week after I started work I was asked to hand in my order for all the supplies for the lab for the following year. We were only able to place an order once a year and all our supplies came from England by ship. Most of the reagents and sera for blood banking were outdated by the time I received them but they were better than nothing.

My first few weeks on the job I spent time cleaning the lab. There were numerous reagent bottles with no labels, some of them I'm sure had been

there for 20 years or more. The few pieces of lab equipment I had were old but functional. We used very few disposable items. I could never leave grease pencils sitting on the counter overnight, the cockroaches would eat the tips off. Any unstained blood smears left on the counter would dissappear as well, the slides were cleaned off completely by the cockroaches.

The doctors were great, patient, never rushing anyone and always very grateful for any lab tests I was able to do for them. Once for four months I was unable to do any chemistry tests, my spectrophotometer was broken and the parts I needed to fix it were not available. The doctors managed to do without blood sugars, BUN's etc. for awhile. The blood bank department consisted of a list of donors we could call in emergencies. If a patient needed blood they or their relatives were asked to bring in relatives and friends to donate. I donated blood myself many times during the three years I was there.

During my last year in Montserrat I spent a lot of time helping to plan a new laboratory. England was supplying the funds for a new hospital for the island, it was exciting and a wonderful experience helping plan the laboratory.

I didn't get to work in the new hospital but I am looking forward to returning there for a visit.



Main building of hospital, Plymouth, Montserrat



View of nurses home from laboratory - Plymouth, Montserrat

Iris Mossey (Nilsson)

Mrs. Iris Mossey, Director of Health Services in St. Michael's Hospital, a graduate of the Galt School of Nursing and an honorary Member of St. Michael's Alumnae was chosen Nurse of the Year by the Alberta Association of Registered Nurses in 1971. Iris got the Abe Miller Memorial Award for outstanding contributions to the Nursing profession, Community Services and humanitarian interests.



Iris Mossey



Inside laboratory

Sister Lucille

In August of 1936, Kathleen Lenora Brown made her profession of vows at the Motherhouse of the Sisters of St. Martha at Antigonish, Nova Scotia, taking the name of Sister Mary Lucille. Upon graduating in 1939 from St. Martha's Hospital School of Nursing in Antigonish, Nova Scotia, Sister Lucille became a staff member of St. Michael's Hospital in Lethbridge, Alberta until 1947. Transferring to St. Peter's Hospital, Melville, Saskatchewan, Sr. Lucille returned to Lethbridge in 1954.



Sister Lucille

Among her many duties, she was Charge Nurse of First New Wing (now called First East) and Night Supervisor.

In April 1964, illness necessitated a stay at Bethany Infirmary until September, when she returned to St. Michael's Hospital, returning to Antigonish August 1966, where she died on October 28th, 1966.

In tribute to Sister M. Lucille, the 1967 edition of the yearbook "Out of the Blue" was dedicated to her memory.

Sister Nora

Sister Nora, known to many of us as Sister Sylvester, was born and raised in Canso, Nova Scotia. She took her Normal School in Truro, N.S., and after three years of teaching, entered the Sister's of St. Martha at Bethany.

Following her Profession of Vows, she received her BSc. from St. Francis Xavier University.

After 3 years of teaching in Nova Scotia she came west in 1934. To fulfill provincial requirements she attended Normal School in Calgary, graduating in 1935. Sister Nora then came to Lethbridge where

she taught at St. Basil's (1936 - 1957) and Assumption Schools (1957 - 1968) retiring in 1968.

For the next nine years she worked in the business office at the hospital. Although she is now officially retired, she does the Sisters' monthly bookkeeping, a diary of hospital happenings, and keeps yearly archives.

We would like to say a SINCERE thank you to Sister for all the help she has given us in the publishing of this book.



Sister Nora Sullivan



In Memory of our fellow Alumnae and Sisters of St. Martha.

*"In the Lord's own house shall I dwell
forever and forever"*

Psalm 22

Irene Runge (Josza 1956 B)
Darlene Irvine (Hines 1956 B)
Rose Falwell (Gyorkos 1957)
Lorraine Bliss (Dirk 1957)
Julia McIntee (Klovansky 1960)
Karen Holt (Duff 1962)
Marion Spencer (Kinniburgh 1965)
Helen Borthwick (Newton 1965)

Bonnilynn Coppieters (Schologan 1967)
Lorraine Neiman (Grudecki 1968)
Susan Ellert (1968)
Louise Reive (Honorary)
Sister Mary Immaculata Fraser
Sister Mary Albert Gleeson
Sister Marie Monica Shaw
Sister M. Lucille

ST. MICHAEL'S ALUMNAE

St. Michael's Alumnae came into existence with the graduation of the first class in 1956. It has continued since that time to be active, not always as strong as one would hope but always active. The first meeting was held in May 1956. The first executive was:

President — Mary Kay Miller
 Vice President — Joanne Wishart
 Secretary — Marilyn Snider
 Treasurer — G. Swihart and M. Harty

Attendance at that meeting was a never-to-be-exceeded high of 43 persons. Compulsory attendance might have been the reason.

Although the Alumnae was to be made up of all graduates, X-ray, Lab., and Nursing, it has over the years consisted mainly of nurses. The nurses did much to persuade the other disciples to join and participate.

The objectives as set down in the constitution of 1957 were —

1. To encourage and maintain an interest in the Alma Mater and to advance the spirit of fellowship among members.
2. To unite the alumnae for the promotion and welfare of the school and hospital.
3. To keep members in touch and up to date with alumnae and hospital activities.
4. To stimulate leadership.
5. To contribute to professional growth.

Initially most of the activities the Alumnae participated in were in support of the students. Student assistance took many forms; yearly support to the Yearbook with a full page ad, annual Christmas food hampers, and provisions for an informal coffee party as well as a banquet for graduating students hosted by the Alumnae. Each honored guest at the banquet was presented with an engraved spoon and a free year membership to the Alumnae. A yearly donation was made available to a student for further studies. This was continued each year and later became known as the Sister Mary Beatrice Scholarship in 1967. As well as the Sister Mary Beatrice Award, monies have been granted to the Alumnae members for further study.

Recipients were:

1960 Val Ayris — B.Sc. Nursing
 1961 Deanna Perchinsky
 1966 Margaret Peddie
 1968 Joyce Chalmers
 1974 Candy Willis — Unit Administration
 1975 Jeannine Colling — Unit Administration

1979 Joanne Wishart — Infection Control
 1981 Elda Barva — B.Sc. Nursing
 Connie Watmough — Unit Administration
 1983 Marija Boh — B.Sc. Nursing
 Bev Gough

In recent years the Alumnae has awarded scholarships to the Lethbridge Community College. This award is specific to bedside nursing and has been awarded since 1981.

One of our class-mates, Millie Hagel, while working in Peru, involved us in several worthy endeavors. Millie informed us of a Peruvian girl with a hare lip and cleft palate who had no hope of obtaining the needed operation without assistance. The Alumnae provided funds to obtain corrective surgery.

We later had the privilege of assisting Norma Pacheco, a young Peruvian girl, to attend a nursing school and obtain a degree in nursing. We assisted her financially until she graduated in June 1974.



Norma Pacheco

Over the years old textbooks were sent to various missions and following the closure of St. Michael's School of Nursing in 1973, student uniforms were sent to a training school in Garoba, Papua, New Guinea.



St. Michael's student uniforms donated to students training at Garoba General Hospital

Closer to home — many of us will remember the great thrust by our Alumnae in 1961 to flouridate the water. Darlene Irvine was president at that time. Speaking on the radio, driving voters to the polls,



Organ presented to the Sisters of St. Martha on the occasion of their 75th Anniversary



Sister's of St. Martha



Funding projects, St. Michael's Nurses Alumnae, — Sale of Hospital plates, monogrammed playing cards, matches and napkins.

and baby sitting to enable young mothers to vote were examples of our participation. The plebiscite was defeated as flouridation was a controversial subject. Dr. Byrne, the Medical Officer of Health, did commend our involvement. Eventually another flouridation plebiscite was successful.

Substantial gifts and donations have been made to the hospital throughout the years. In 1974 a sum of \$2,000 was donated to the I.C.U. for monitoring equipment. Again in 1976 and 1983 \$1,000 was donated for hospital furnishings. Varying amounts have continued into the 80's.

On June 24th, 1975, in commemoration of their 75 Anniversary the Sisters of St. Martha were presented with an electric organ.

Over the years contributions to worth while organizations have been granted — Salvation Army, Cup of Milk Fund, Heart Fund, Cancer Fund and children with learning disabilities. Locally our recent endeavor was assistance to Sifton House and Harbour House.

In 1980 moral and financial support was given to the Committee for Two Active Hospitals, a group formed when the existence of St. Michael's Hospital was in jeopardy.

Since our inception, a variety of fund raising projects have been undertaken. Teas, bake sales, raffles, participation in Flea markets, selling of bandage scissors, Hospital charms and plates, as

well as the sale of baby pictures to mothers on Obstetrics.

Our recent sources of funding however, have changed. Sales of monogrammed napkins, matches and playing cards, membership fees of \$10 and the continuation of selling baby pictures, being our main projects.

There was a golden era in our Alumnae history when, in 1961, a chapter was formed in Edmonton. This chapter was short lived but was revitalized in 1971 when a chapter was formed in Calgary as well as Medicine Hat. In 1971-1972 three chapters exisited.

Twenty-one honorary members have been chosen since our existence and two Alumnae members, Riet Scheffer and Linda Wavrecan, have been awarded Lifetime Memberships for their consecutive years of service on the executive. Recent Lifetime Memberships were presented to Joanne Wishart, Irene Gruninger, Julia DeMaere and Mary Frances Kandel for their involvement with the publication of St. Michael's history book, "Out of the Blue."

Since the closure of St. Michael's School of Nursing in 1973 the Alumnae, through the assistance of class representatives, has continued to spirit a Reunion Weekend for classes divisible by five along with a formal luncheon provided for all graduates of St. Michael's School of Nursing, X-ray Technology and Laboratory Technology.



Alumnae Presidents

1956	— Mary Kay Miller
1957	— Marlene Rollag
1958-59	— Rochelle Moody
1960	— Pat Ruston
1961	— Darlene Irvine
1962-63	— Vera Koppenstein
1964	— Doreen Phillips
1965	— Barbara Turner
1966	— Linda Aneca
1967	— Delores French
1968	— Marian McCambly
1969	— Mary Anne Pawlowski
1970	— Helen Paulence

1971-72	— Joanne Wishart
1973	— Eileen Filthaut
1974	— Erika Iszak
1975	— Margaret Van Seters
1976	— Linda Sudeikat
1977	— Connie Watmough
1978	— Mary Frances Kandel
1979	— Pat Peterson
1980-81	— Pat Gillam
1982	— Julia DeMaere
1983-84-85	— Sandy Blakeley
1986	— Joanne Wishart



SISTER M BEATRICE



SISTER ANN MARIE



SISTER MARY OF CALVARY



SISTER CYRILLA



SISTER ROSELINA



LILLIAN CAMPBELL



MARGARET FILCHAK

ST. MICHAEL'S HONORARY MEMBERS



GERALDINE BRADLEY



INEZ KELLY



BERTHA KIPP



SISTER M ALEXIA



LOUISE REIVE



GERTRUDE MEECH



ELVERA LINDERS



HELEN ONTKIAN



SISTER MARY CLARISSA



MILDRED MEHEDEN



ROBINA DUNLOP



MYRTLE ALLISON



IRIS MOSSEY



DOROTHY SHAW

The Honorary Members of St. Michael's Nurses Alumnae

Since the beginning of our Alumnae the alumnae members have chosen persons that have helped and supported students throughout their training and nursing careers. These chosen few became Honorary Members of St. Michael's Alumnae.

MYRTLE ALLISON

Myrtle graduated from the Galt School of Nursing in 1947. She was employed at St. Michael's Hospital from 1949 — 1983. Throughout her years of service to St. Michael's, Myrtle held many hospital positions. From 1949 — 1960 she worked as staff nurse and relief nurse in class blocks. In 1960 Myrtle became Assistant Director of Nursing. The following year she became Director of Nursing and retained that position until 1969. She then became Librarian and part time Nursing Instructor. From 1972 — 1983 Myrtle's employment included that of Systems Analyst, Acting Assistant Director of Nursing, Acting Staff Development Co-ordinator and Personnel Director — retiring from that position in 1983.

Presently Myrtle is enjoying golfing, curling, and travelling to Victoria and Calgary to visit children and grandchildren

MAY BRADLEY

May graduated from the Holy Cross Hospital in 1939. Following graduation she became a stewardess with Trans Canada Air Lines (now known as Air Canada) until 1941. She married a pilot and was housewife and mom residing in Montreal until her husband's untimely death in an air crash in 1945. May then moved to Vancouver later returning to Lethbridge in 1950. For three years she worked at the Roy Clinic. At Sister Beatrice's request in 1953 May became involved with St. Michael's School of Nursing program. May remained at St. Michael's in varying capacities — first as Medical Clinical Instructor then as Medical Supervisor and lastly as Clinical Co-ordinator until her retirement in 1977. May continues to keep in touch with St. Michael's by doing Pastoral Care. The students respected and admired May for her fairness and dedication to the nursing profession. Her dynamic and witty personality prevails.

If our Alumnae requires any assistance we can always count on May.

SISTER MARY OF CALVARY (MACDONALD)

Sister graduated from St. Martha's School of Nursing, Antigonish, N.S. in 1936. Sister holds a

Master's degree in Nursing from St. Louis University, St. Louis, Mo. Sister became Director of Nursing Education at SMH in 1968 and left at the close of the school in 1973. She is presently at the Motherhouse of the Sisters of St. Martha and works in the business office as payroll clerk.

SISTER M. ALEXIA CAMERON

Sister graduated from St. Martha's Hospital School of Medical Laboratory Technology — in Antigonish, Nova Scotia, in 1959. After working at St. Martha's Hospital for one year, Sister went to St. Rita Hospital in Sydney, N.S. where she started a training school for Medical Lab. Technologists and became coordinator for this training program and Laboratory Supervisor until August 1965. Sister then ventured west after a 30 day retreat to prepare her for this foreign mission. Sister Alexia began working at SMH on September 1, 1965, as Laboratory Supervisor and Program coordinator for the Medical Lab. Training Program — a position she still holds today.

LILLIAN CAMPBELL

Lil graduated from St. Joseph's Hospital, Glace Bay, Nova Scotia, in 1947. She then came to St. Michael's Hospital, and except for a few months in 1949, spent at St. Joseph's Hospital, her entire career had been within the doors of St. Michael's. Lil worked for a short time on both 2nd Main and Maternity before transferring to the Operating Room Department. In June 1985, after 33 years of service in the Operating Room, 12 years in the supervisory capacity, Lil took an early retirement to spend more time with her husband Eric and granddaughter and grandson.

Her cheery "hello" and friendly smile will be missed in the O.R. and corridors of St. Michael's.

SISTER MARY CLARISSA CHISHOLM

Sister was Administrator of SMH from 1967 to 1980. Prior to accepting this position, Sister served as Administrator of St. Rita Hospital in Sydney, N.S. for eleven years and of Mineral Springs Hospital in Banff, Alberta for six years. Sister holds a Bachelor's degree from St. Francis Xavier University, Antigonish, N.S. and a Certificate in Hospital Administration and Management from the Canadian Hospital Association. She obtained her Fellowship in the American College of Hospital Administrators in 1957, and is presently a Life Fellow of that College. She is also a founding Member of the Canadian College of Health Service Executives, and since her retirement from hospital serv-

ice in 1980, is a Life Member of this organization. At present Sister is Administrator at the Motherhouse of the Sisters of St. Martha, in Antigonish, N.S., a position that she has held since 1981.

SISTER ANN MARIE CUMMINGS

Sister Ann Marie was born in Nova Scotia. After graduating from the New Waterford Hospital School of Nursing, she obtained her B.Sc. in Nursing from St. Francis Xavier University. Later she went to Boston and obtained her Masters in Nursing Education. Sister became Assistant Director of Nursing at St. Michael's Hospital in 1960 and held that position until 1967 becoming Director of St. Michael's School of Nursing from 1967 — 1968. Sister Ann Marie was instrumental in the establishing of the School of Nursing program at the Lethbridge Community College. Currently she resides in the new House in Calgary and is engaged in parish visitations.

ROBINA DUNLOP

Robina graduated from the Galt School of Nursing in 1949. She started work at St. Michael's Hospital in October of that year on Obstetrics and resumed working there — later holding the position of Head Nurse. In October 1984 Robina retired. She is now staying at home with her father, learning to cook and pursuing hobbies of needlework.

MARGARET FILCHAK

Margaret graduated from Medicine Hat General Hospital in 1937. Prior to getting married and raising two children she worked as general duty nurse at St. Michael's in different departments. These areas included Medical floor, relief in the Operating Room and on Surgical floor. Margaret returned to St. Michael's in 1953 as Head Nurse on 2nd Main Surgical unit, retiring from that position 20 years later.

Some students referred to Mrs. Filchak as "Sergeant Major" — she was strict — she was knowledgeable — she was efficient and she walked so straight and tall.

Margaret is presently enjoying her lifestyle as a part time housewife and part time grandmother.

SISTER CYRILLA (KATHLEEN GILLIS)

Sister M. Cyrilla obtained her R.N. at St. Martha's Hospital, Antigonish, Nova Scotia, taking a post graduate course in Operating Room Technique at St. Michael's Hospital in Toronto. In January of 1948, she arrived in Lethbridge to become Supervisor of the O.R. at St. Michael's Hospital and eventually Instructor in O.R. Technique for the School

of Nursing. In April 1974, after having minor surgery, Sister Cyrilla never fully recovered and currently resides at the Infirmary at Bethany in Antigonish, Nova Scotia.

INEZ KELLY

Inez graduated from Hotel Dieu Hospital in Chatham, N.B. in 1959. She worked night shifts on a medical unit while attending St. Thomas University acquiring her B.Sc. in 1960. In June of 1960 Inez was employed at St. Michael's Hospital as Science Instructor and in 1963 was appointed Assistant Director of Nursing Education. She held this position until 1970, at which time she was then appointed Director of Nursing — a position that she still holds.

Inez was married in 1962 and has three children. She was elected to the Catholic School Board in 1977 and served as chairperson for three years and is presently serving on the Separate School Board as a trustee.

BERTHA KIPP

Bertha graduated from the Galt School of Nursing in 1928. In 1958 Bertha states that she received a call from S.M.H. asking if she would relieve on Maternity for one week. This was quite a shock to Bertha as she had not nursed on Maternity for some years. At first she refused and then she thought if it's only for a week perhaps she could handle the situation. She arrived on the ward and found that she was catching on quite quickly and was very pleased with herself. Sister Beatrice then approached her to assume the clinical position. Bertha agreed with the understanding that if a satisfactory applicant applied she would leave without notice. As time went by Bertha attended various workshops pertaining to Obstetrics. Time passed and Bertha left St. Michael's Hospital, but not until 1973 when the School of Nursing closed its doors. How fortunate for the students of St. Michael's that Bertha agreed to come to SMH!

ELVERA LINDERS

Vera graduated from the Holy Cross Hospital in 1951. She did some Obstetrical and Surgical nursing in Powell River, Vancouver, and Hawaii before coming to St. Michael's Hospital. Vera has worked for twenty-six years in Recovery Room, becoming Head Nurse in 1959.

Vera states that there is no retirement in sight as she has two teenage daughters keeping life exciting, busy and expensive.

SISTER MARY BEATRICE MCMAHON

Sister graduated from St. Michael's School of Nursing, Toronto, Ontario in 1930. She obtained her

Bachelor of Arts degree from St. Francis Xavier University and later graduated from Normal School in Calgary. Sister Beatrice received a certificate from the American College of Hospital Administrators and a certificate in Clinical Pastoral Education. In 1937, Sister became Administrator of St. Michael's Hospital, a position she filled for seven years. She was the first Director of St. Michael's School of Nursing from 1956 — 1967.

SISTER ROSALINA MCMAHON

Sister Rosalina is a natural sister to Sister Beatrice and has been referred to as Sister Mary Beatrice's "noisy" sister. Cheerful and bright, she worked in St. Michael's X-ray Department from September 1955 to August 1969. She is now working at St. Martha's Hospital, Antigonish Nova Scotia, close to her sister who is at Bethany in the infirmary.

GERTRUDE MEECH

Gert graduated from the Royal Alexandra Hospital in 1945 and worked for two years at the Galt Hospital following graduation. She married in 1947 and didn't return to nursing until 1953 at which time she did private duty until 1965. Gert started work at St. Michael's in 1965 on 2nd Main, later transferring to 3rd Main and became Head Nurse in 1966. She remained in that position until her retirement in April 1983.

MILDRED MEHEDEN

Mildred graduated from St. Paul's Hospital in Saskatoon in May 1941. She came to St. Michael's Hospital as a general duty nurse in 1943 and worked on Obstetrics until 1946. Mildred left St. Michael's Hospital and worked at Kimberly B.C. for a year and a half only to return to St. Michael's in charge of Obstetrics. In 1948 Mildred married and retired from nursing for 9 years. She returned in 1957 to do relief on Obstetrics 2 days a week. This continued for 5 years at which time she was asked to relieve as Night Supervisor for 2 nights a week. This worked into 4 nights and sixteen years. In 1978 Mildred retired.

She is now kept busy fishing and camping with her husband Bill, enjoying her five grandchildren and doing volunteer work.

IRIS MOSSEY

Iris graduated from the Galt School of Nursing in 1947. She got her B.Sc. and worked a short time

at the Lethbridge Health Unit before her marriage and the birth of three children. After the untimely death of her husband, Iris returned to nursing at St. Michael's in August 1964, as Director of Health Services — responsible for students' health as well as the staff of St. Michael's Hospital. She later became Staff Inservice Co-ordinator and retained that position until her retirement on July 1st 1981.

HELEN ONTKEAN

Helen graduated from Vancouver General Hospital in 1942. She worked part time at St. Michael's Hospital from 1948 — 1960. In 1962 Helen returned to St. Michael's and started working full time general duty till July of 1963 when she was appointed Assistant Night Supervisor. In the latter part of that year she became Night Supervisor — a position Helen held until August 1965. After working 5 months in the O.R. Helen became Head Nurse in the Emergency Department — retiring from that position in 1972.

Presently Helen is enjoying curling in the winter and gardening in the summer. Helen has 5 grandchildren and 10 stepgrandchildren that keep her occupied and entertained.

LOUISE REIVE

Louise, a graduate from the Holy Cross Hospital in 1925, joined St. Michael's staff in 1959. She worked general duty on Second Main for 10 years. Louise's greatest contribution to nursing was her dedication to patient care. She was known to the students as "Mother Reive". At times her praise was scarce and her criticisms harsh but every student learned to care for their patient as a special individual — an example she portrayed. Louise was a strong supporter of St. Michael's Alumnae and was always willing to assist with alumnae projects. Until her death in 1980, Louise enjoyed travelling.

DOROTHY SHAW

Dorothy came to St. Michael's in 1960 as a part-time housemother. To this day she remembers most of the students and is eager for news about them. In 1967 Dorothy changed hours from evening to day shift, also part time, and when the school closed in 1973 became the Receptionist at the front desk in what is now the Office Building. Dorothy is a number one supporter of St. Michael's and St. Michael's Alumnae, helping in many ways. Typing, sewing, furniture moving and correcting spelling errors are only a few of her many tasks.

Graduates of St. Michael's 1956 - 1973

Class of 1956

Helen Bachlet
 Marjorie Bullock (Dunlop)
 Mary Kay Cantwell (Miller)
 Gretta Carlson (Jensen)
 Joanne Clennell (Wishart)
 Jean Coderre (MacLellan)
 Mildred Cox (Perry)
 Patricia Dahl (Holland)
 Beverley Deglow (Nelson)
 Audrey Erickson (Walker)
 Mary Jane Erickson (Wilde)
 Emelia Hagel (Lynch)
 Agnes Hansen (Mitchell)
 Martina Harty (Kozak)
 Darlene Hines (Irvine)
 Marion Hodgdon (McCambly)
 Hazel Hunter (Hoole)
 Joan Jessop (Ruckman)
 Irene Jozsa (Runge)
 Jeanine Kleist (Hansen)
 Vera Koppenstein
 Delores Kostelnik (Ryan)
 Irene LaRocque (Perlich)
 Mary MacDonald (Luini)
 Joyce Matheson (Dziedzic)
 Barbara McCarthy (Beddome)
 Lois McKay (Matters)
 Gertrude McMahon (Brown)
 Pauline Muddyman (Di Pasquale)
 Shirley Parkinson (Blain)
 Mary Paulisinec (Barton)
 Elaine Politeski (Petkau)
 Barbara Price (McNabb)
 Emilie Regier (Blazer)
 Kathleen Robinson (Wesley)
 Marlene Rollag (Peterson)
 Alberta Snell (McKintry)
 Marilyn Snider (Francis)
 Vivian Spence (Nelson)
 Mary Spilak (Sander)
 Phyllis Streukens
 Grace Swihart (Manley)
 Barbara Thielen (Giroux)
 Janette Train (Peterson)
 Marion Wilcox (Payne)
 Constance Yoshida (Gellany)
 Marion Zuback (Nielsen)

Class of 1957

Carol Askew (Mentanko)

Elaine Askew
 Lillian Bartlett (Colwill)
 Rose Bartlett (Rothwell)
 Annette Blas (Worobec)
 Beryldine Bly (Davis)
 Annette Bourassa (Seymour)
 Catherine Brennen (Hostin)
 Marlene Charlton
 Patricia Connaughty (Ruston)
 Lorraine Dirk (Bliss)
 Marie Droniuk (Jones)
 Corinne Garneau (Backman)
 Rose Gyorkos (Falwell)
 Joanne Halko (Sharun)
 Maureen Ireton
 Marlene Jones (Isnor)
 June Kilgannon (Sandgathe)
 Rochelle Moody (MacDonald)
 Helen Rohovie (Ferez)
 Grace Selman (Kubota)
 Eleanor Shannon (Murphy)
 Riet Van Roon (Scheffer)
 Eileen Watson (Habdas)
 Margaret Wesko (White)
 Wanda Yagos (Saloff)

Class of 1958

Constance Bolokoski (Jones)
 Violet Burkholder (Kleininger)
 Marlene Butler (Dyck)
 Darlene Dancoisne (Hranac)
 Helen Dyck (Baerg)
 Mary Ewach (Zesko)
 Lillian Giaccetta
 Rosemary Hruska (Bartosek)
 Margaret Jozsa (Pardoski)
 Ivy Livingstone (Gleeson)
 Marilyn MacNeil (Kraayvanger)
 Marjorie McIlveen
 Faye Morgan (Minnion)
 Sylvia Neufeld (Andres)
 Mary Orban (Moysychyn)
 Margaret Spilak (Ingalls)
 Adelene Stank (Vossbrinck)
 Catherine Tarasoff (Bleukens)
 Arlene Todd (Fritz)
 Sylvia Vernon (Schulz)
 Marlyn Wall
 Juanita Zasadny (Lingard)
 Theresa Zoratti (Lepp)

Class of 1959

Lois Mae Anderson (Alvera Smith)
Helen Dorothy Arndt
Valerie Ann Ayris
Geraldine Emily Blakey
Bernice Laura Bruzga (Zolynas)
Gail Carlson (Bourassa)
Norma Frances Coates (McKay)
Leona Joan Fischer
Klela Patricia Giesinger
Doreen Gossel
Darlene Beverly Horejsi (Jones)
Mabel Illuk (Merrick)
Gertrude Marie Johnson (Roberts)
Patricia Margaret Kaupp (Rouleau)
Phyllis Kuntz
Katherine Anne Miklos
Patricia Anna Nagel
Donna Tryphosa Patterson (Farkas)
Eleanor Helen Roth (Collins)
Darlene Marian Sava (Robinson)
Doreen Siska (Karusiuk)
Irene Eiko Teramura
Beverly Gay Thelin (Lowe)
Margaret Anne Thorburn (Quin)
Ione Arla Trautwein
Chiyoko Tsukishima (May)
Audrey Van Leuken (Galts)
Erika Helena Wall (Lyons)
Lillian Jean Walshe
Patricia Wells (Shpiel)
Margaret Cecelia Wukusich (La Valley)

Class of 1960

Darlene Blas
Sheila Brooke (Odenvald)
Jacqueline Evans (Huisman)
Clara Fraser (Crabb)
Patricia Harris (Bobey)
Elaine Heppler (Doram)
Martha King (Fester)
Julia Klovansky (McIntee)
Celeste Koskowich (Maufood)
Marilyn Mathers (McDonald)
Anita McClain (Atkinson)
Shirley McRae (Hinds)
Irene Molcak (Gruninger)
Emma Nemeth (Vander Kooi)
Anne Nikkel (Remple)
Doreen Nordli (Barber)
Sheila Penney (Tymchyna)
Linda Perry (Berthalette)
Ruth Peters (Balisky)
Iva Prlich
Evelyn Reimer

Elvira Schmidt (Hiebert)
Janice Selman (Stix)
Jeannette Stetar (Strobbe)
Agnes Wall (Janzen)
Helen Wavrecan (Peake)

Class of 1961

Sheila Dawn Arrowsmith (Bailey)
Arlene Mary Baumbach (Danglemaier)
Rose Marie Caswell (Ebey)
Marlene Lavon Court (Myers)
Jean Gaetz (Bonertz)
Marie Theresa Hagel (Myertkin)
Magdalena Florence Hammel (Grose)
Elizabeth Marie Hay (Martin)
Sheila Diane Hines (Halvorson)
Marjorie Kay Hirsche (Manderville)
Kay Kamitakahara
Suzie Mihoko Kanashiro
Katherine Elizabeth Kroeker (Chanakos)
Eileen Marie Lyon (Ferguson)
Marlene Cressa McLeod (McCallum)
Bernice Shirley Meier (Dalbroi)
Marjorie Agnes Niwa (Bigelow)
Beverley June O'Neil (Craig)
Marie Deanne Perchinsky (Fjordbotten)
Maureen Joan Peszat
Marguerite Reimer (Antonio)
Sharon Meta Robertson (Krause)
Elaine Schile (Homulos)
Lenora Helen Schlachter (Flynn)
Mary Eileen Sloat (Woods)
Marilyn Sumanik (Mibley)
Bonnie Belle Tilley (Sinclair)
Donna Oralie Tudor (Gregor)
Melba Louise Wright (Michelson)
Sharon Wurzer (Koenen)

Class of 1962

Margaret June Blakey (Kiely)
Caroline Caswell (Benson)
Janet Currie (McLeod)
Barbara Doyle (Turner)
Karen Duff (Holt)
Joyce Jo Anne Granberg (Manning)
Margaret Joan Hanley (Ascroft)
Sharon Ann Heemeryck (Ramstad)
Alice Isabel Holroyd (Cook)
Glennys Jean Housenga (Fisher)
Jennie Ethel Hunwick (Kambeitz)
Mary Isabel Johnston (Fletcher)
Mary Takako Kado
Julia Katherine Kambeitz (De Maere)
Sharon Marie Kilgannon (Turner)
Vivian Lee (Tang)

Adeline Martha Lippa (Stewart)
Gail Elizabeth Murray (McFadden)
Amelia Pavlovich (Kramer)
Phyllis Marie Rasmussen (Kambeitz)
Lylena Alice Scharf (Blythe)

Class of 1963

Marie Boh
Norma Callaghan (Bust)
Mary Cano (Koshney)
Marjorie Eleanor Davies (Gal)
Delores Vivian Erickson (French)
Dorothy May Evans (Matheson)
Geraldine Victoria Fantin (Shankland)
Patricia Louise Gerun (Lindman)
Betty Elaine Giles (Hribar)
Carole Anne Hancock (Sanford)
Bernice Johanne Harty (Nowicki)
Barbara Jean Heggie (Holt)
Margaret Anne Hereford (Whittacher)
Marilyn Katherine Kambeitz (Bell)
Betty Lowen (Giacchetta)
Joan MacKinnon (Whitford)
Sandra Manning (Brown)
Elinor Naidene McCulloch (Thompson)
Merle Marie Monkman (Nielsen)
Dorothy Diane Row (Gunn)
Sharon Vilda Short (Derrick)
Elena Stoochnoff (Nickel)
Jean Szasz (Kanngiesser)
Melita Threinen
Lydia Vrskovy (Depellegrin)
Frances Patricia Walshe (MacLellan)
Cecile Marie Wehlage (Poelzer)

Class of 1964

Linda Aneca (Johnson)
Carol Barber (Reiter)
Karen Beazer (Lacey)
Roselynn Boehme (Easter)
Agnes Dierker (Zubach)
Hazel Doan (Reeh)
Maureen Dunphy (Rouse)
Carole Evans (McDonald)
Elizabeth Fedoruk
Jeannine Ferre (Thompson)
Claudia Hayden
Sharon Hirsche (Smith)
Frayne Kotkas
Maureen Kresge (Bonertz)
Shona MacDonald (Baier)
Carol Magnuson (Prochaska)
Donna McNamar (Flitoff)
Irene Merkl (Fuzey)
Sharon Molcak

Barbara Nicol (Fekete)
Sharon Palmer (Paul)
Carol Preece (McGinty)
Patricia Rakos (Baumstark)
Doreen Sanders (Hendrigan)
Patricia Schinour (Wang)
Marilyn Sinclair (Rudelich)
Helen Smith (Paulence)
Cecilia Spilak (Bulva)

Class of 1965

Elaine Allen (Schill)
Anita Bonertz (Hawthorn)
Jeanne Caswell (Sluiter)
Mary Currie (Hyder)
Margaret Dahl (Hirsche)
Tillie Dorok (Krueger)
Susan Dunne (Dunne-Smith)
Sharon Eves (Erickson)
Patricia Farwell
Corrine Finch (Bennett)
Magdaline Frank (Moody)
Peggy Fredericks (Maduke)
Elfriede Fritz (Streu)
Sharon Georgeson (Kimery)
Marion Kinniburgh (Williams)
Bonnie Knowlden (Babki)
Vera Kubik (Mokowski)
Lorene Maguire (Todd)
Vivian Makel (Westwood)
Donna Meldrum (Clarke)
Ruth Meyer (Marsden)
Connie Watmough (Michaelis)
Evelyn Morrow (Okamura)
Marilyn Morrow
Helen Newton (Borthwick)
Gloria Obrigewich (Vair)
Mary Ann Pawlowski (Unrau)
Gordon Riggins
Irma Ryll (Kalau)
Tillie Schipper (Roberts)
Audrey Sestrap (Job)
Lois Stearns (Bertz)
Betty Teramura (Tomiya)
Faye Wooldridge (McMillan)

Class of 1966

Marlene Bachmeier (Praskach)
Valorie Bonertz (Archibald)
Noreen Gaye Coultry (Coulos)
Noel Dickson (Maughan)
Maria Dieser (Zalaski)
Sharon Ezaki (Tamura)
Marion Flett (Wright)
Deanna Friesen (Van Eldith)
Margaret Anne Godfrey (Bodnaruk)

Cheryl Greeno (Groves)
 Sharon Grisak (Fritz)
 Deanne Kambeitz (Christie)
 Judith Kramer (Jackson)
 Janet Krystoff (Bonertz)
 Patricia Ann Lyall
 Neila Martin (Horejsi)
 Gregory McCaughey
 Diane McGrath
 Eleanor McKay
 Joanne McNeely (Coulombe)
 Diane Morrison (Fomradas)
 Crystal Pearson (Cheshire)
 Margaret Peddie (Swedish)
 Joanne Ponech (Jackson)
 Sylvia Putici (Plesko)
 Eileen Sameshima (McKinley)
 Mereldine Schramm
 Lorna Scott
 Eileen Sees (Filthaut)
 Mary Ann Sera (Praskach)
 Lorraine Gaye Setter (Kemper)
 Murray Smith
 Ivy Spray (Farkas)
 Shirley Stauffer
 Helen Tamaki (Rosenthal)
 Louise Thielen (Thompson)
 Ivie Walden (Rose)

Class of 1967

Sophie Baruta (Sedgewick)
 Carol Bonertz (Weisberger)
 Helen Bourne (Cook)
 Priscilla Bowen (Morrical)
 Jeannine Colling
 Carliss Credico (Glover)
 Barbara DeWeert (Koopmans)
 Sharon Ekensteen (Van Den Hengel)
 Patricia Hatanaka (Yoshioka)
 Donna Herman (Martin)
 Bertha Hillebrand (Billets)
 Marlene Homulos (Rowles)
 Marion Hunwick (Rodzinyak)
 Agnes Janz
 Olga Jarczak (Willis)
 Cheryl Jarvis
 Marilyn Kane (Shea)
 Carole Kean (Poll)
 Hazel Maki (McGladdery)
 Bernadette Materi (McNabb)
 Sandra Miller (Staples)
 Yvonne Morris (McNeely)
 Maxine Murakami (Bruce)
 Elizabeth Nemecek (Nicol)
 Deanna Nessman (Johnson)

Bonnie Gae Nicolay (Strum)
 Evelyn Parama (Mazutinec)
 Gloria Rice (Baker)
 Bonnilynn Shologan (Coppieters)
 Margaret Simpson (Miller)
 Jean Southgate (Evans)
 Elizabeth Szucs (Brietkriecz)
 Joan Tatebe (Bielum)
 Beverley Thielen (Matisz)
 Carol Ann Trodden (Bedster)
 Hermina Vandervalk (Vaneer)
 Donna Witwicki (Rowntree)
 Ruth Wright (Morgan)
 Joanne Wyrostok (Nash)
 Irene Yamigishi (Rohrer)

Class of 1968

Vivia Alampi
 Christine Angyal (Barnhart)
 Beverly Berg (Carroll)
 Arlie Bowman (Taylor)
 Dixie Lee Burr (Bohnet)
 Joyce Chalmers (D'Andrea)
 Sharon Congdon (Wright)
 Gladys Ewashen
 Toshi Furukawa (Mitchell)
 June Good (Elliot)
 Lorraine Grudecki (Neiman)
 Sharon Gyuricza
 Elizabeth Hand (Hubman)
 Delores Johnson (McMurren)
 Susan Kanten (Penner)
 Charlotte Kimmitt (de Rudder)
 Sandra Kimmitt
 Sandra Kolesar (Wilson)
 Catherine Kucera (Edmundson)
 Barbara LaValley
 Cheryl Litz
 Gale Litz
 Kenneth Lord
 Patricia Matsumiya (Hales)
 Linda McLeary (McElgunn)
 Joan McLelland
 Elizabeth Meier (Dye)
 Ruth Molcak (Derosier)
 Linda Nagy (Kish)
 Mary O'Conner
 Elizabeth Orosz (Sheer)
 Gloria Pulvermacher (Hoeght)
 Sherril Rambo
 Donna Rypien (Stelmachovich)
 Sandra Sanderson (Kolysher)
 Sharon Scott (Terrill)
 Sharon Spitzer (Davis)
 Amy Tanaka
 Noriko Tokuda (Niven)

Mary Jean Van Bavel (Bennett)
Sandra Welch (Hansen)
Darlene Winter (Coyne)
Marlene Zachary (Lind)
Charlotte Zahn (Smith)

Class of 1969

Myrna Austring (Peterson)
Lynda Bakken (Zobell)
Sheila Brenner (Way)
Marissa Cozzi (Decoux)
Sandra Crockford (Lloyd)
Linda Dziedzic (Ivie)
Bonnie Everett (Muddle)
Catherine Foreman (Wood)
Louise Giffen (Deal)
Margaret Goddard (Clarke)
Frances Gourlay (Lockhart)
Ann Granlund (Travis)
Rita Hancock (Rushford)
Leslie Hirotzu (Gross)
Susan Ikeda
Diane Jones (Binda)
Linda Kelly (Ganske)
Diane King (Meszaros)
Margaret Kolla (Biletski)
Erika Krol (Izsak)
Margaret Lubbers (Van Seters)
Janet MacDonald (Williams)
Sandra McLachlan (Green)
Lynne Minty
Barbara Muzyka (Mercerdi)
Marcia Neville (Jeffers)
Kathleen Pike
Sharon Pyne (Berezay)
Shirley Ross
Rose Marie Schimanski (Wenzel)
Maureen Skrukwa (Royer)
Coreen Southerton (Thacker)
Majory Trehub (Stockwell)
Evelyn Vanden Berg (Johnson)
Bertha Van Laerhoven (Cvetko)
Arina Van Spronsen (Van Vliet)
Paulette Wetsch (Smith)
Linda Williams (Brown)
Linda Zobell (Bakkan)

Class of 1970

Lorraine Anderson (Kettles)
Joanna Bosters
Shannon Brooke (Larcombe)
Enda Byrnes (Arlest)
Diane Camber (Jones)
Barbara Campbell (Price)
Cheryl dePencier (Comin)

Sharon deRoaldes (Thurston)
Maureen Doyle (Boon)
Susan Ellert
Karen Ezaki
Ruth Friesen (Hopp)
Joheph Gorsalitz
Suzanne Hansen (Holgate)
Johanna Hildebrand (Brecka)
Helen Jasiukiewicz (Myndio)
Beverly Johnson (Baker)
Darlene Keil (Dobson)
Rhonda King (Blood)
Kathleen Kosolofski (Forster)
Judy Merlin
Peggy Nikiwski (Johnson)
Kathy Peterson (Stapleton)
Dalyce Simpson (Swennumson)
Michaleen Smith
Sharon Sosick (McKay)
Karen Strand (Berry)
Margaret Taylor (Werner)
Gail Tipper (Johnson)
Doreen Tosczak (Robertson)
Sharon Tratch (Vanden Heuvel)
Marilyn Vandenberg (Thomas)
Elizabeth Vanderfluit (Dudas)
Elda Vesnaver (Barva)
Jane Walburger (Reese)
Laurel-Anne Ward
Julie White (Kettles)
Jean Wright (Walker)

Class of 1971

Joyce Bosch (Chandler)
Barbara Cleland (Snow)
Julia Conrad (Farries)
Roxie Croteau (Smith)
Corrine Dahl (McKinnion)
Sheryl Fifield (Chase)
Bonnie Fuller
Sandra Heller (Price)
Patricia Hughes (Gilliam)
Patricia Kenealey (Jopling)
Brenda Kenny (Kollias)
Virginia King (Fujita)
Katherine Kwiczak (Pierzchala)
Valerie Loewen (Bates)
Barbara Maki (Farries)
Carol Mass (Koch)
Dianne McLean (Le Grandeur)
Catherine Meheden (Handley)
Marilyn Miller (Bouchard)
Patricia Molyneux (Osborne)
Louise Orton (Starke)
Lorraine Pennycook (Olson)
Deberah Powesland (Henry)

Maelin Quon (Kwok)
 Linda Reich
 Linda Robinson (Sudeikat)
 Norma Sees
 Barbara Shaver (Burnett)
 Linda Stevens (Wavrecan)
 Beth Stewart (Ion)
 Joan Thielen (DeWeert)
 Maria Van Rhyn (Gockij)
 Charlotte Voytechek
 Cheryl Watts (Reeder)
 Cathryn White (Fisherman)
 Victoria Ziebert (Baceda)

Class of 1972

Carol Ann Ankill (Holder)
 Marlene Bartz (Hubbard)
 Mary Frances Bedard (Kandel)
 Beverly Belle (Ball)
 Patricia Ann Boras (Petersen)
 Jean Bradley (Larson)
 Julia Susan Butcher (Gyulai)
 Clara Marie Collins (Skauge)
 Tina deGroot (Ainsworth)
 Linda Rose Duby (McAuley)
 Jacuqeline Ann Ennis
 Carol Anne Fettig (Bodnar)
 Brigitte Fiedler (Layton)
 Linda Mary Gejdos (Pedersen)
 Rhonda Gail Greeno (Kiefuik)
 Barbara Caroline Gugala (Lee)
 Judith Lynne Hale (MacDonald)
 Joan Jensen (Hanna)
 Ann Maurine Kambeitz (Brown)
 Ann Clara Koster (Suitor)
 Ann Valerie Kubik (Baran)
 Trudy Lewis (Abbott)
 Patricia Ann Lynch
 Patricia Ann Mackintosh (Lomkein)
 Marilyn Moss (Pederson)
 Kathleen O'Conner (Stuchert)
 Hilda Ovinge (Van't Land)
 Judy Colleen Risler (Moraes)
 Diane Smith (Forbes)
 Valerie Ann Stauth (Hart)

Rosalind Lee Thomas (Kranzler)
 Margaret Tolsma (Mazereeuw)
 Colleen Lynn Travis (Van Langan)
 Judy Ann Wiest (Dunsmore)
 Joyce Elaine Withage (Thomas)
 Diane Wolthuis (Forbes)

Class of 1973

Darlene Aberle
 Mary Ann Bartsoff (Myndio)
 Mary Bellis
 Monica Bodie (Kearns)
 Karen Bonertz (Tailleur)
 Lynn Buchanan (Kimberley)
 Barbara Donovan (McKeage)
 Charlene Doyle (Ferman)
 Beverly Duell (Dick)
 Beverly Duval
 Pamela Fossen (Mundell)
 Leona Freeman (Luini)
 Margaret Friesen (Brown)
 Colleen Gent (Rae)
 Arlene Gorda (Ritchie)
 Shelley Green (Sturrock)
 Leslie Hart (Guenther)
 Olivia Jacula
 Judy Korth (Shardlow)
 Loretta Kurutz (Craddock)
 Alenka Kveder (Hamilton)
 Sandra Lothian (Blakeley)
 Dianna Marek (McKelvey)
 Patricia Mastel (McMahon)
 Cherly McKay
 Elizabeth McMillan (Barrett)
 Valerie Morken (Nemeth)
 Linda Najda (Tamaki)
 Niane Nason (Weitz)
 Aline Pelletier (Stasiewich)
 Elaine Rowse (Price)
 Colleen Schaumleffel (Titsing)
 Christine Smith (Williams)
 Lidia Vesnaver (Shigemi)
 Vivian Watte (O'Hara)
 Charlotte Wehlage (Blust)
 Shirley Woolliscroft (Krampl)

"Into The Blue"

*Departing from our school we go
As does a friend who sails afar
To open seas and leaves behind
His heart, his home, his every thought
From long familiar ways and haunts
To other places, other tasks.
To newer friends and newer worlds,
We turn away and smiling go.
But smiles may tell a sadder thing
Than grieving or a look of pain.*

*Think of us and read of us,
As we, remembering, think of you.
Let others wear the wreath of fame,
'Tis fame enough to laud a name.
So with sad mein —
And hope in our hearts,
From joyous days we now depart,
As we walk on may our motto be
SCIENCE, SERVICE, SANCTITY!*

