





The Sisters of St. Joseph have been engaged in various religious works in the Diocese of Hamilton for over 100 years. Since the days of the founding of the first orphanage in the City of Hamilton and up to our present day, the Sisters have also been found in our schools, looking after the sick in our hospitals, caring for the old and needy in Houses of Providence — in fact they have always evidenced an eager willingness to do whatever the Bishop of the Diocese commands them to do. This little booklet tells in detail the story of the Sisters and their various religious activities. It indicates also the great need of new subjects to meet the many calls of our own day and age.

May I express the fond hope that many young women, in the reading of this booklet, will find inspiration, courage and zeal to enter the Religious Community of the Sisters of St. Joseph!

I extend my cordial good wishes to the Sisters of St. Joseph in the Diocese of Hamilton and ask God's choicest blessings on all their labors for His greater honor and glory.

*+ Joseph F. Ryan*

BISHOP OF HAMILTON

## *Adveniat Regnum Tuum*



Today the needs of Christ's brethren, — the poor, the sick, the orphan, the untaught, are still the reiterations of His Own cry, "I thirst!" And still to those, for whom God might almost seem to have waited with special love from the unbeginning years, comes the Divine invitation, "Come, follow Me!" He wants them as they are, — eager, fun-loving, reaching out to life and all its glorious promise with high enthusiasm, anticipating joy in success. Did He not make them so? A world of souls, His Kingdom, He Personally, needs them. Leaving all things? — "Who serves the King must serve with perfect trust." — He knows that nothing less than the All which He offers in exchange can

satisfy those hearts destined for such high consecration. May they answer as did the humble Maid of Nazareth whose "Fiat!" God rewarded with the Gift of Himself and the redemption of a lost world!

## *Sign-Posts Along the Way*

The Call Comes

- (a) A strong personal love for Christ
- (b) A special love of Our Lady
- (c) Desire for great holiness
- (d) An urge to make reparation — to suffer with Christ
- (e) Zeal for the salvation of souls

Recruits For Christ

- (a) Must be at least fifteen years of age
- (b) Must have ordinary health
- (c) Must have ordinary common sense
- (d) Must have an extraordinary desire to further God's glory and be impelled to enter the religious life through a genuinely spiritual motive

Helpful Hints

- (a) Pray earnestly
- (b) Do some serious thinking and reading on the subject of vocation
- (c) Consult a priest
- (d) Make an appointment with Reverend Mother
- (e) If possible, make one of the retreats held at the Convent

Steps To The Goal

- (a) Postulancy of at least six months
- (b) Novitiate of two years
- (c) Temporary Vows for three years

## *Achievement — Union with Christ*

- (a) through the PERPETUAL VOWS of:
  - Poverty
  - Chastity
  - Obedience

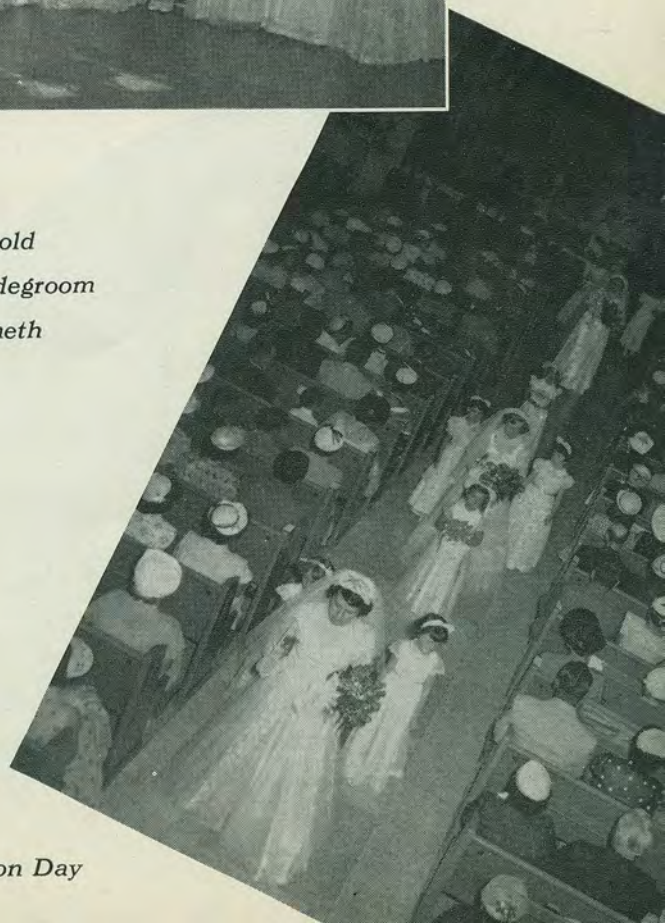
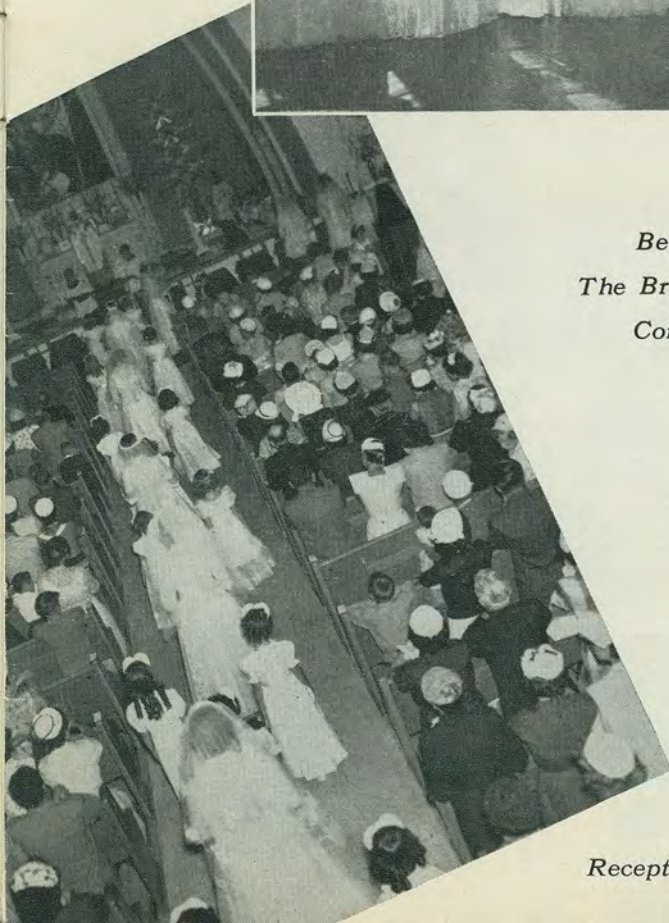


## *The Divine Romance*

*They answered His call.*



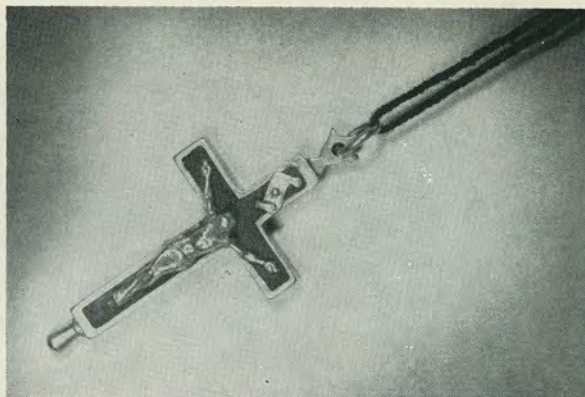
*Behold  
The Bridegroom  
Cometh*



*Reception Day*

## ~ The Cross of Christ ~

The Cross of Christ is a fitting emblem of the vocation of a Sister of Saint Joseph. The vertical beam represents prayer, personal holiness, and intimate union with Christ, through which her vocation reaches to the throne of the Triune God. The horizontal beam represents her apostolic labours, which embrace every form of charitable service to her neighbours.



Whatever talent you may possess can be used to the honour and glory of God within the framework of the vocation of a Sister of Saint Joseph.

Whether you have an aptitude for

cooking or sewing,

nursing or secretarial work,

music teaching or school teaching,

general housework or the duties of a sacristan,

the care of the aged or the care of pre-school children,

working in the Indian Missions or in a hospital laboratory,

visiting the sick or teaching Catechism in rural districts,

doing fine art or needlework or looking after a library,

the Sisters of Saint Joseph have a place for you, provided you have health, good sense, and the desire to live for God alone.



*Forever Thine!*



## *From the Pages of a Novice's Diary*

Postulancy: "Can you imagine the joy of being able to visit Him every time you have a minute during the day — sometimes only long enough to say: "Thank You for letting me be here" — And He's always home!"

First Year of Novitiate: "The rush and excitement of Reception Day was over and I emerged from it with a new habit and bearing a new name. The name gradually became familiar with usage as also did the habit . . . Outwardly there is little change. It is the interior, the spiritual life, that is to receive all possible attention this year, that we may learn to love God, to desire to serve Him, to respond to His compelling whisper, "Come, follow Me."

Junior Professed: "Active service at last! After two and one half years of training, the great moment has arrived, the precious Vows are pronounced, and I belong to God alone! Now I must make use of the lessons I have learned in Canonical classes, and in reading, and without ceasing to improve my own spiritual life, I must begin to work more directly for others . . . When my work distracts my prayers, when the needs of those near and dear to me, those in my charge, weigh upon my heart, I need only look up to the Tabernacle and say to Christ, "This is Your work, these are Your people, because we are one, You and I."



*Lighter moments*

~ Inside the Novitiate Doors ~



STUDYING THE DIVINE WISDOM



WATCHFUL ANTICIPATION



PRAYING WHILE WORKING



POSTULANTS CROWN  
OUR LADY

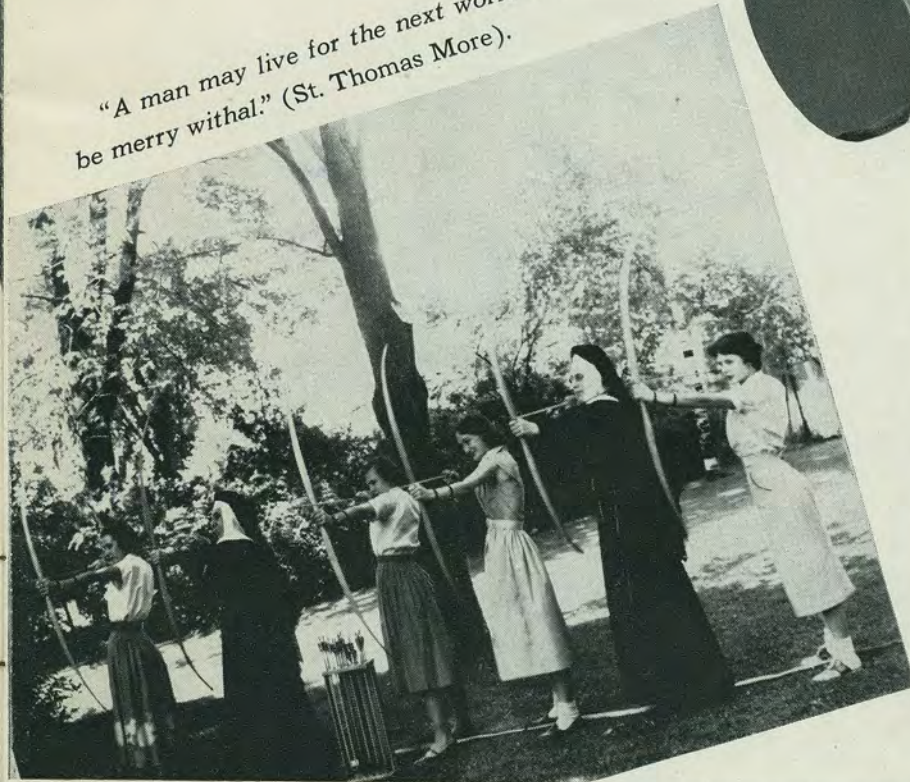


*Will I ever have any  
fun in the Convent?*

*"A man may live for the next world but  
be merry withal!" (St. Thomas More).*



*The  
Candid Camera  
says,  
"Yes"*





O God, who in Thine unspeakable Providence wast pleased to choose blessed Joseph for the Spouse of Thy Most Holy Mother: grant, we beseech Thee, that we may be worthy to have him for our intercessor in heaven whom we honour as our protector upon earth. Who livest and reignest world without end. Amen.

*St. Joseph, Pray For Us*

## *The Spirit of a Sister of St. Joseph*

**CHARITY** is the fundamental virtue of a true Sister of St. Joseph.

This **MEANS** that all our apostolic works must be done for Christ and in Christ.

When dealing with **THE** poor, the aged, the orphaned, the sick,

This **SUPERNATURAL** way of looking at their work unites our Sisters

To the **LOVE** of the Sacred Heart of Jesus

And the Immaculate Heart **OF** Mary and causes them

To see **GOD** in all those whom they serve.

Thus personal holiness **AND** the service of others

Are the glorious fruits of **OUR** realization that God accepts,

As done to Himself, whatsoever we do to our **NEIGHBOUR**.




*Charity Means the Supernatural Love of God  
and Our Neighbour.*

# *In the Vineyard*



COUNT: 1, 2, 3



KEEPING THE RECORDS




JOY IN THE SAC

*"Whatsoever He shall"*




AMATEUR LAUNDRESSES



SINGING DIVINE PRAISES



PONY RIDE



BENEDICTION TIME

WILL THEY G

# rd of the Lord



SACRED HEART



TEACHERS HAVE HOMEWORK, TOO!

*all tell you, do ye''*



PREPARING FOR MASS



VISITING THE SICK

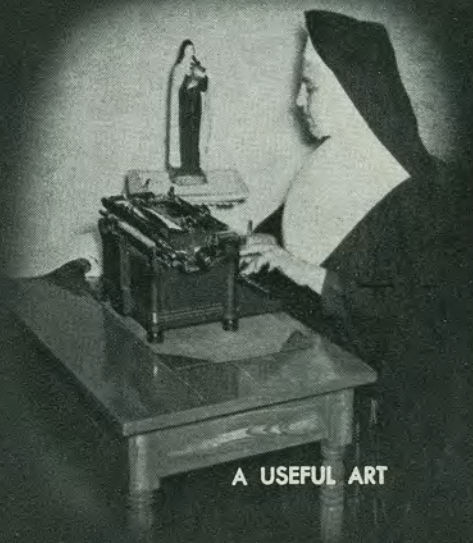


LEARNING TO COOK



GROW?

LAY RETREATANTS



A USEFUL ART

# — Care of the Orphans —



*The innocence of children  
reflects the infinite  
purity of God.*

*"Suffer the little children  
to come unto me . . ."*



## ~ The Sister Teacher ~

When the Sisters of Saint Joseph were formally established at Le Puy, France, in 1650, Bishop de Maupas stated that the primary object of their apostolic labours was the Christian education of youth. From that day to this the Sisters have zealously striven to form Christ in the souls of the little ones entrusted to their care.

Professionally, they meet the standards set by the secular authorities, but in addition they recognize that all true education must lead to God. Consequently, their philosophy of education is designed to form men and women whose purpose in life will be directed to the love of God and the love of their neighbour. In their elementary and secondary schools, they render valuable assistance to the Church in its divinely-appointed mission of teaching.



*"There can be no  
ideally perfect  
education  
which is not  
Christian  
Education".*

(Pope Pius XI)

~ ~ ~ *Scenes from*

*"They that instruct many  
to justice shall shine as  
stars for all eternity"*



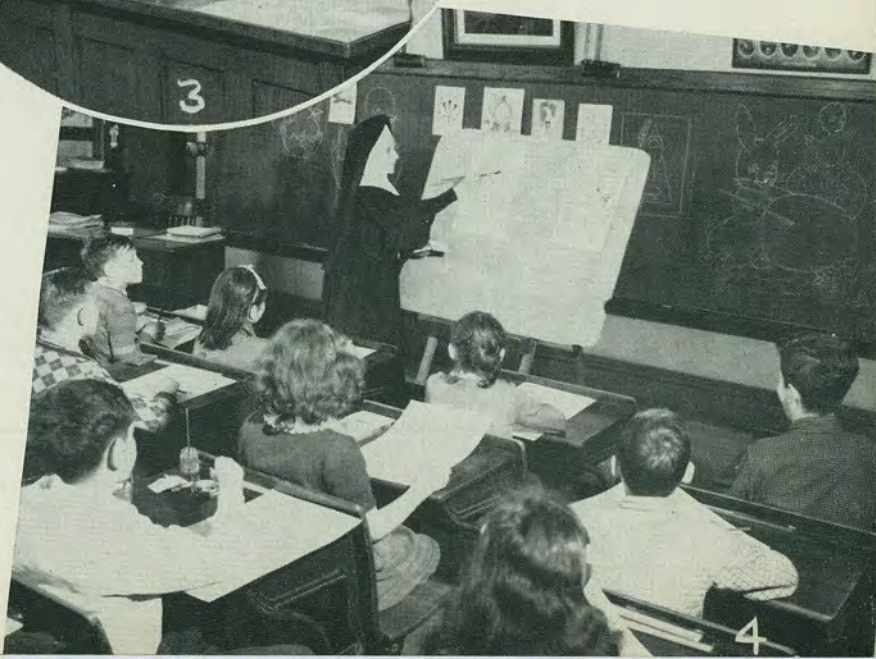
1. *Stenographers in  
the Making*



2. *Homemakers of  
To-morrow*



3. *We like our  
teacher*



4. *Budding Artists*



*the Classroom* ~ ~ ~



2. Story Hour



1. A Prize-winning Choir



3. The Student Council deliberates



4. "This way, Sister?"

— *With the Aged* —



*"To Thee I  
lift up my  
soul, O Lord".*

*Contentment and Peace in the  
Evening of Life.*



*— In Our Hospitals —*



# *The Hands of Mary*



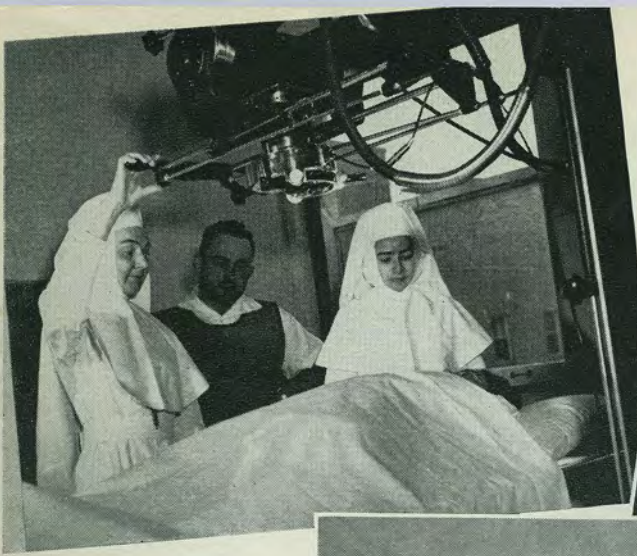
No one could soothe  
That bed of wood;  
Mary would have  
If she could.

No one to bathe  
the wounded hands  
With gentle touch  
That understands;  
No pillow on  
That fretful bed  
To ease the tortured  
Thorn-crowned head.



Sister Nurses on  
active duty  
dress in white





*Student Nurses  
come from far  
and near*

So every nurse  
Till day of doom  
In every white  
Hospital room

Must do for Him

With skilful touch

The little things

That mean so much;

The things that Mary

Wished that she

Might do, that day

On Calvary.

Sister Mary Jean Dorcy, O.P.

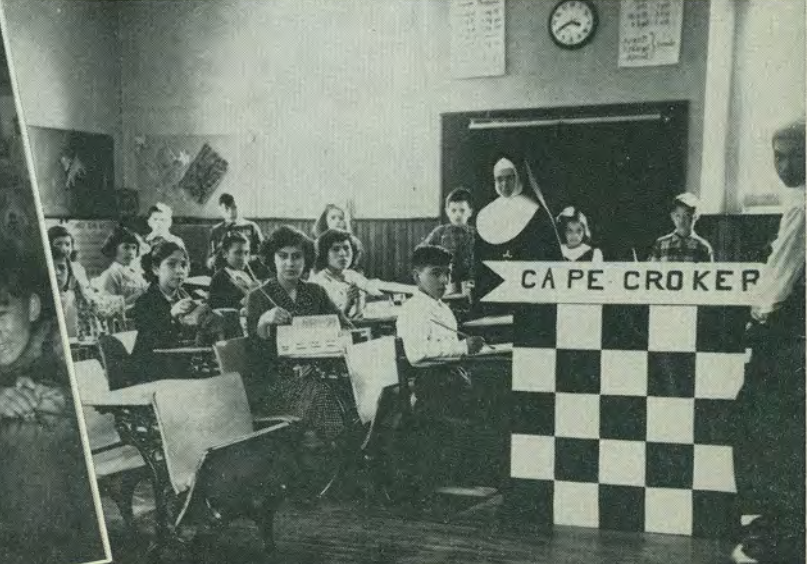
*Permission of St. Anthony Guild*



*Variety is the  
spice of life  
for the Hospital Sister*

*In the Mission Field*

FT. ST. JAMES INDIAN DAY SCHOOL





“One thing have I asked of Thee, O God, That I may  
dwell in the house of the Lord all  
the days of my life.”



# Motherhouse and Novitiate

Sisters of St. Joseph

Hamilton, Ont.