



The *Great* Canadian
Catholic Hospital History Project

Documenting the legacy and contribution of the
Congregations of Religious Women in Canada,
their mission in health care, and the founding and operation of Catholic hospitals.



Projet de la *Grande* Histoire
des hôpitaux catholiques au Canada

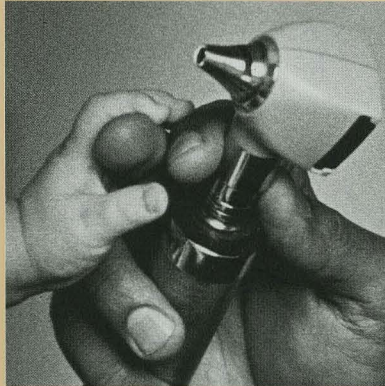
Retracer l'héritage et la contribution des
congrégations de religieuses au Canada,
leur mission en matière de soins de santé ainsi que la fondation et l'exploitation des hôpitaux catholiques.

**St. Josphe's Hospital
&
St. Joseph's Villa**

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ST. JOSEPH'S HOSPITAL & ST. JOSEPH'S VILLA



St. Joseph's

MIRACLES & MODERN MEDICINE



For over 100 years, St. Joseph's has been a beacon of comfort for individuals and their families through all the seasons of life — providing quality care and delivering it with the highest degree of compassion. We have been a model of hope for the future — exploring a world of possibilities and discovering new solutions through research; serving as one of Canada's most respected teaching institutions; and strengthening our partnerships with McMaster University and Mohawk College.

At a time when many health care facilities are being closed or merged, the Ontario government has determined that the future for St. Joseph's Hospital and St. Joseph's Villa be one of accelerated improvement and continued growth.

Through the years, St. Joseph's Hospital and St. Joseph's Villa have both been blessed with generous support from many individuals, community associations and businesses in the Hamilton-Wentworth and Halton Regions. This year's *Miracles & Modern Medicine* Fundraising Campaign marks our first-ever united appeal for support.

In order to carry out our combined plans we require \$161.5 million. While our needs are great, our faith in our community is even greater. As we embark upon the most important fundraising initiative in our long and proud histories, we have set what we believe is an achievable goal of \$25 million for our Capital Campaign. With your help we can reach it.

Government and local business are behind us in our efforts. Personal pledges from St. Joseph's family of board members, doctors, staff, volunteer association, and guild members already account for one-third of our target.

With your support, everything you're about to read will be possible.

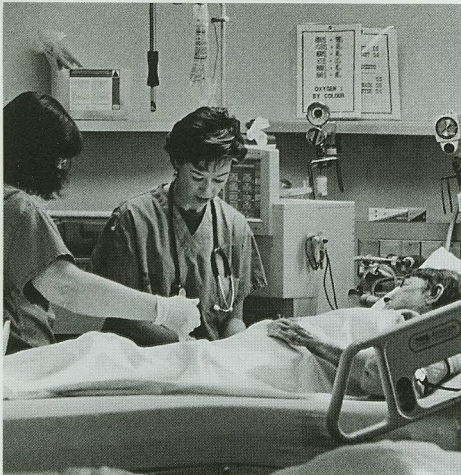
A handwritten signature in black ink that reads "Dave Borsellino". The signature is written in a cursive, flowing style.

Dave Borsellino, Campaign Chair
Vice-President, Manufacturing, Dofasco Inc.

St. Joseph's Hospital



St. Joseph's Hospital, with the advice of external consultants and in partnership with McMaster University, has produced a master plan that will improve St. Joseph's dramatically.



Kidney & Urinary

Cost: \$4 million

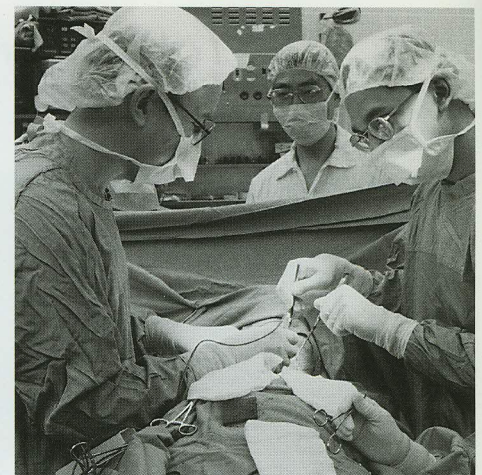
Last year alone, St. Joseph's Hospital was the site of 50,000 dialysis treatments and 80 kidney transplants. As startling as that may be, the number of people who will require dialysis and/or transplant due to kidney failure is expected to increase greatly over the next decade. As the Regional Centre for Kidney & Urinary disease, St. Joseph's must enlarge and improve the space devoted to these vital, life-saving services. Redevelopment of this department will include clinics, labs and offices, as well as the purchase of new equipment.



Nuclear Medicine

Cost: \$2.2 million

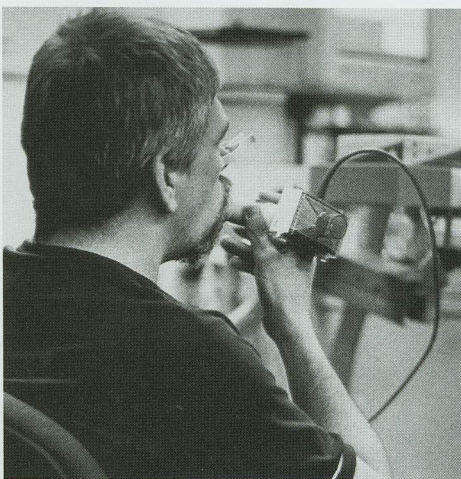
Nuclear Medicine refers to diagnostic techniques using radioactive substances to detect disease. It is a tool that is becoming increasingly vital for a growing number of cardiac applications. Nuclear Medicine will be relocated to enable this important department to realize its full potential.



Chest, Head & Neck

Cost: \$5 million

With the majority of cancer surgeries in this Region taking place at St. Joseph's, our nationally recognized Chest, Head & Neck Program has outgrown our present operating room and recovery capacity. Redevelopment and expansion of this area is vital.



Firestone Institute for Respiratory Health

Cost: \$32.6 million

Formerly known as the Firestone Regional Chest & Allergy Unit, the Firestone Institute for Respiratory Health has a long-standing record as a world leader in the area of respiratory disease, including clinical services, teaching and research. The key to this increased research is an eight-storey building, four floors of which

are dedicated to the Institute on the site of the existing Firestone Regional Chest & Allergy Unit. One of the many benefits of this new building is that the Faculty of Health Sciences at McMaster University, in partnership with the Institute, will become the only school in Canada to have a facility dedicated to investigating airway disease.



Rehabilitation

Cost: \$5.3 million

Rehabilitation is one of St. Joseph's new mandates. At the present time, too many patients are being forced to wait too long for rehabilitative care. Existing space will be redeveloped for the addition of 30 new short- and long-term rehabilitation beds, plus six regional respiratory beds.



Complex Continuing Care

Cost: \$20.5 million

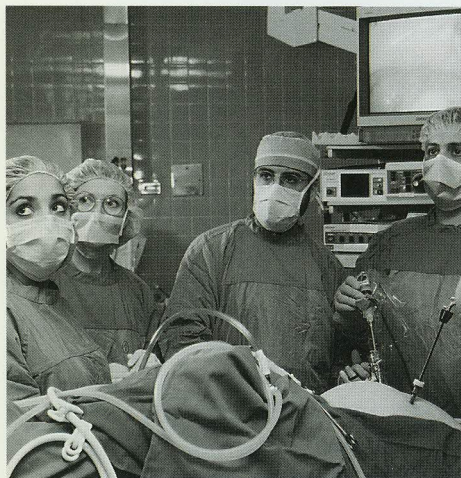
Another of St. Joseph's new mandates is the development of a large Complex Continuing Care Program. Patient rooms will allow for wheelchairs, walkers and lifts. Washrooms will be made larger for easier, safer access. Activity areas will be created, including a landscaped outdoor terrace. Space for ambulatory care, research and offices will also be made available.



Emergency & Ambulatory Care

Cost: \$6.3 million

With more than 46,000 patient visits annually, St. Joseph's Hospital's Emergency Department is already the city's busiest (90,000 if you include emergency visits to St. Joseph's Community Health Centre). A significant increase in space will enable E.R. staff to care for more patients and keep waiting times reasonably short. Plans also call for the development of a special pediatric section to assist children and their families when they need emergency care.



Surgical Training

Cost: \$1 million

St. Joseph's has the busiest Operating Rooms in Hamilton. As a result, there is an urgent need for redevelopment related to the new Centre for Minimal Access Surgery.

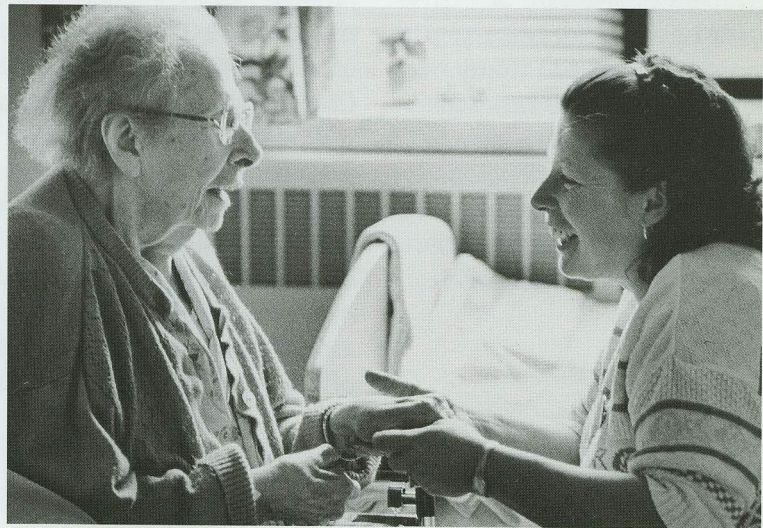
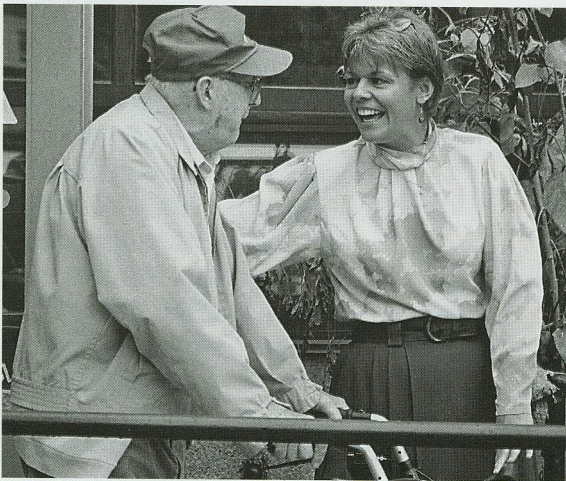
The Centre is becoming one of Canada's most technologically advanced telesurgery facilities. A teaching lab, separate from the operating rooms but wired

for video and sound, will allow students and visiting doctors to watch procedures while listening to the surgeon's commentary. In addition, pictures can be transmitted to doctors anywhere in Canada or around the world. The Centre will also feature computer simulations for teaching the skills needed to perform these delicate operations.

Completing The Picture

There are a number of extra costs associated with a building project such as ours. Some mechanical and electrical services must be upgraded. Hallways are needed to attach new facilities to existing ones. New equipment. Laboratories. Furniture. It all adds up. We have estimated a cost of \$30 million for this, part of which will be offset by financial support from the Ministry of Health.

Then and Now



Long-term care facilities in our communities are increasingly under stress to expand and improve their buildings and services. St. Joseph's Villa is no exception.

St. Joseph's Villa

Total Cost: \$32 million

St. Joseph's Villa has been proudly serving the physical and spiritual needs of the elderly for more than 120 years. A leader in quality care and innovative programs for seniors, the Villa offers an array of life-enhancing services that are available nowhere else in Canada. In fact, St. Joseph's recently received national recognition from the Donner Canadian Foundation and the Fraser Institute for excellence in the delivery of social services and care of seniors.

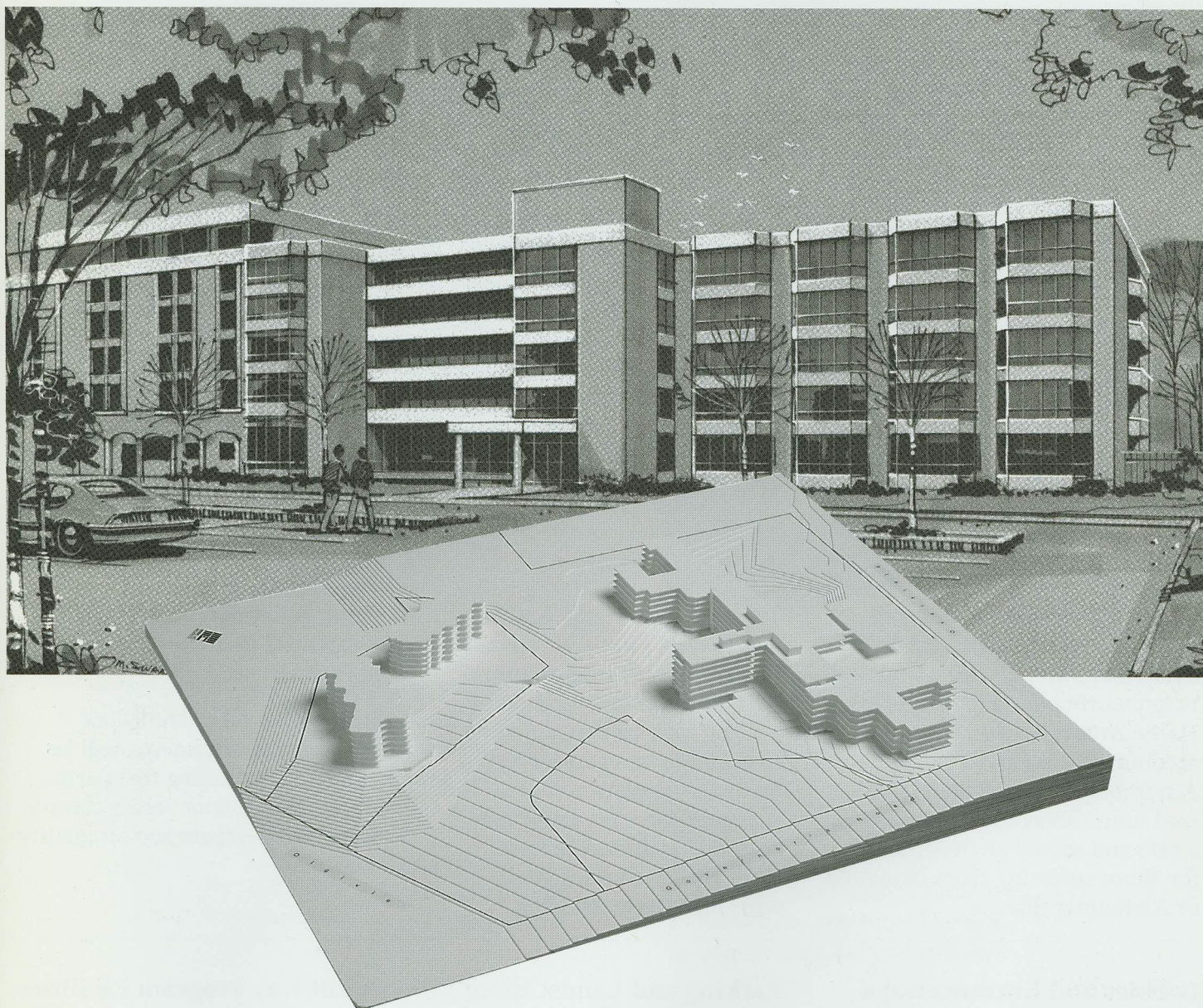
In order for St. Joseph's to continue to meet the needs and expectations of current and future residents, the Villa requires significant new construction and redevelopment.

When St. Joseph's Villa was designed and built, residents were typically younger and more mobile. They were generally able to make their own way to the communal dining room on the main floor. The need for specially

equipped washrooms and lifting devices was minimal. Health-related issues were not nearly as complex as they are now.

Today, the fastest growing age group in the Villa is the over-85s. Three hundred of our current 378 residents are in wheelchairs and require a great deal of assistance with everything they do, including bathing, dressing and eating.

St. Joseph's Villa



The other reality facing St. Joseph's Villa is one of supply and demand. At any given time there are approximately 350 people on the waiting list, and this number will certainly rise in the coming years. We must be prepared.

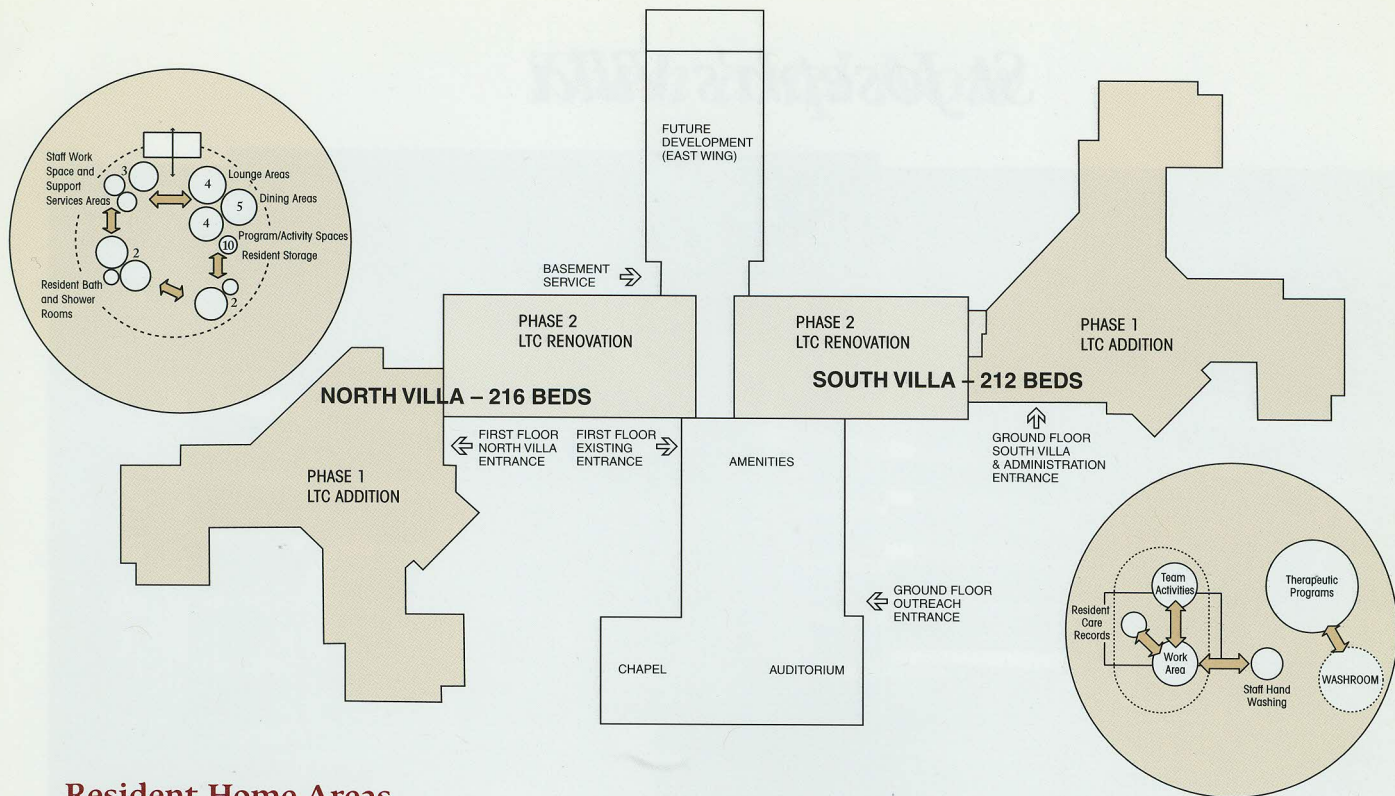
A place for the future

Rather than demolish and totally rebuild at a projected cost of \$52 million, St. Joseph's Villa has opted for a \$32 million alternative that involves a combination of

renovation and new construction. The most visible change being two fully integrated additions to the front and rear of the existing building.

St. Joseph's Villa has embraced the new "Design Guidelines" of the Ontario Ministry of Health. These guidelines recognize the important differences between long-term care and hospital care — long-term care being based upon a social model as well as a nursing model.

Completion of these plans will usher in a new era of excellence. St. Joseph's Villa will stand as a model of quality care for seniors well into the 21st century — a place where life can be lived comfortably, safely and with dignity. Our elderly deserve nothing less.



Resident Home Areas

Cost: \$1.3 million each

The Villa's most ambitious undertaking will be the construction of between 16 and 20 self-contained neighbourhoods called Resident Home Areas (RHAs), each accommodating 20 to 28 residents. A number of these will be specialized home areas that will provide a safe and secure environment for those suffering from dementia or Alzheimer disease.

The new RHAs will contain four private rooms with washrooms, eight standard rooms with semi-private washrooms, a living room, a den, a dining room, a kitchen and servery, a meditation and prayer area, and adequate space for caregivers, custodial staff and visitors. They will also be outfitted with mobility-enhancing

features to help people with disabilities maintain their independence.

In addition, all of the Villa's building safety systems will be upgraded, including fire alarms, nurse calling, door access control, water temperature and air quality control.

Lobbies and Entranceways

Cost: \$2.35 million

Lobbies and entranceways will get a much-needed facelift, providing residents and visitors with a warm St. Joseph's welcome in an environment that anyone would be proud to call "home".

Parking and Landscaping

Cost: \$2.8 million

The grounds of the Villa will also take on a wonderful new look. Gardens and outside spaces will be beautifully landscaped for the enjoyment of residents and their visitors. The parking area will also be upgraded and enlarged.

Adult Day Program Facilities

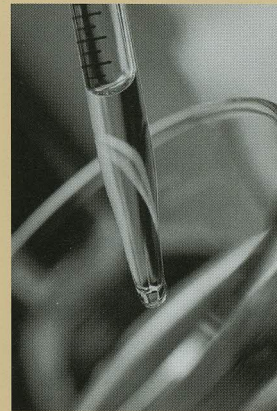
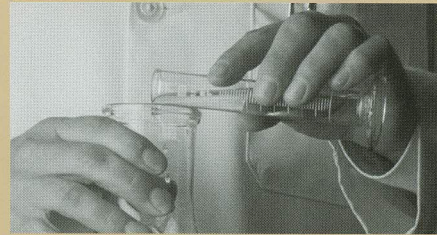
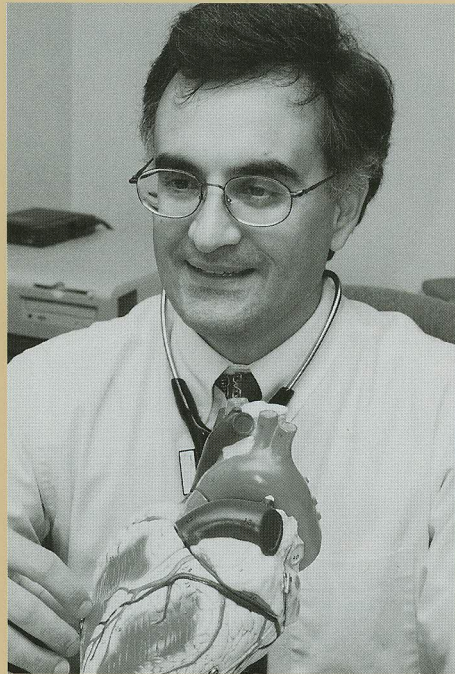
Cost: \$1 million

Lastly, with nearly 200 seniors participating on a weekly basis, facilities for the Villa's popular and highly valued Adult Day Program will undergo significant improvements, too. Space for clinics, activities and swimming pool therapy will be both renovated and expanded.

Completing The Picture

New construction and renovation inevitably carry additional — but not unforeseen — costs. Infrastructure. Mechanical. Electrical. Common-area amenities. Joining to existing facilities and services. The estimated cost for this work is \$10 million.

St. Joseph's Research



Father Sean O'Sullivan Research Centre

During the past six years, the value of research conducted annually at the Father Sean O'Sullivan Research Centre has grown to \$11.5 million from approximately \$2 million.

- Chest and lung disease
- Kidney and urinary disease
- Musculoskeletal disorders
- Mental health
- Research in gerontology

The Centre has made tremendous strides in its areas of excellence. Over 300 individuals are presently engaged in research programs under the umbrella of the Father Sean O'Sullivan Research Centre, making it one of Canada's most important brain trusts dedicated to the advancement of medical understanding and knowledge.

St. Joseph's Health Care System Research Network

A valuable part of the Father Sean O'Sullivan Research Centre is the St. Joseph's Health Care Research Network.

Network investigators located in Brantford, Dundas, Guelph, Kitchener and Hamilton collaborate with local researchers in communities across southern Ontario to develop projects that

reflect specific interests of various organizations.

Formed just two-and-a-half years ago, the Network has already made meaningful contributions in the area of gerontology, such as palliative and respite care, treatment of chronic pain, and evaluation of interventions used to treat respiratory disorders.



ST. JOSEPH'S HOSPITAL

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ST. JOSEPH'S VILLA

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