



ASSOCIATION CATHOLIQUES
CANADIENNE DE LA SANTÉ

CATHOLIC HEALTH
ASSOCIATION OF CANADA

FOR IMMEDIATE RELEASE

Spirituality: a Value at the Core of Health and Healing

Ottawa — If we are to be a healthy society, we must expand our vision of health to include a spiritual dimension. The Catholic Health Association of Canada (CHAC) wanted to address this issue during its annual convention, to be held at the Banff Park Lodge Hotel in Banff (Alberta) from May 4-6, 1996.

The theme of this national convention, *Spirituality: a Core Value*, will allow participants to develop a clear understanding of what spirituality is and how it affects health and healing.

Various topics will be addressed by speakers from all around the world:

Dr. David Hilton, Consultant in international and congregation-based health programs. Former member of the Christian Medical Commission, World Council of Churches, Atlanta (Georgia, USA).

Back to the Future, a New Paradigm for Health – Dr. Hilton will look at how to incorporate spirituality into our health care system.

Dr. Mary Jo Leddy, Director of Romero House for refugees. Founding editor of *Catholic New Times*. Toronto (Ontario)

Spirit that Matters – Dr. Leddy will explore the questions of “meaning”, “purpose” and “happiness” in a materialistic culture, and the personal and institutional responses shaped by the gospel.

Dr. Richard Hardy, Professor of spirituality, Saint Paul University. Author of *Knowing the God of Compassion: Spirituality and Persons with AIDS*. Ottawa (Ontario)

Living Spirituality — The Essence of Being Human Dr. Hardy will explain how spirituality affects the lifestyle and growth potential of the individual and the community.

Reverend Gerry Arbuckle, Director of the Refounding and Pastoral Development Unit. Author of *Refounding the Church: Dissent for Leadership*. Sydney (Australia)

Letting Go in Hope: a Spirituality for Organizations in Profound Change – Rev. Arbuckle will explain what the spirituality of journeying is and why organizations need to rediscover it.

Bertrand Ouellet, Executive Director, Information Centre on New Religions. Montréal (Québec)

Alternative Therapies: a Spiritual Approach? – Mr Ouellet will highlight the spiritual needs that alternate therapies seek to answer.

Adding to informative and inspirational presentations from these renowned speakers, participants to the 1996 CHAC convention will be offered action-oriented workshops focused on personal and organiza-

tional integration. This is a great opportunity for all health care leaders, caregivers, volunteers, and parish representatives to come and network with their peers from across the country, and develop an understanding of the importance of spirituality.

So if you are among those who feel that spirituality is important for your personal and organizational lives, you will not want to miss this very interesting convention next May4-6.

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