St. Joseph’s Health Care, Hamilton
Celebrating 125 years of Milestones, Miracles & Discoveries
2014-2015 DONOR IMPACT REPORT

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Co-Ordinator, St. Joseph’s School of Nursing Alumnae Association
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Celebrating 125 years of MILESTONES, MIRACLES & DISCOVERIES!

2014-2015 DONOR IMPACT REPORT

St. Joseph’s Healthcare Hamilton FOUNDATION
HOPE HEALING DISCOVERY
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Dear Friends,

In 2015, St. Joseph's Healthcare Hamilton is celebrating 125 years of caring for our region. As our Hospital honours its quasquicentennial anniversary, we're remembering the pivotal role each and every one of you, our donors, friends, sponsors, volunteers and grateful patients, have played in the growth and success of St. Joe's.

From donations that helped to build our Charlton, West 5th and King Campuses, to gifts that were used to purchase equipment and fund healthcare research; from sponsors and attendees at our signature events, to annual and major donors alike—our community has never wavered from their steadfast support of St. Joe's.

2014-2015 also marked an exceptional year at our Foundation. During our first year post-campaign, we exceeded forecasted revenues raising more than $11.5 million and securing almost $4 million in investment income. We were able to grant more than $7 million to the Hospital to support its greatest needs and priority projects, many of which are outlined in the following pages. We're also thrilled to announce an exciting new signature event for the 2016 calendar year...the full details of which are on page eight!

This donor impact report highlights gifts from the past fiscal year, and reflects on some of the most memorable moments during our Hospital's 125-year legacy of care. We hope these stories will remind you of the special milestones, miracles, and discoveries you've shared with St. Joe's over the years...and inspire you to consider what our next milestone may be.

Will it be unraveling the causes of mental illness and addiction? Discovering another application for robotic surgery? Or developing a new treatment for asthma? At St. Joe's, all of these and more are possible...thanks in large part to your generous support of our Hospital.

Thank you for 125 years of hope, healing and discovery. Happy reading!

Yours sincerely,

Mr. Paul Keast
Chair, Board of Directors
St. Joseph’s Healthcare Foundation

Ms. Sera Filice-Armenio
President & CEO
St. Joseph’s Healthcare Foundation

<table>
<thead>
<tr>
<th>1970</th>
<th>2004</th>
<th>2014</th>
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<tr>
<td>St. Joseph’s Healthcare Foundation was established with the motto of People Helping People</td>
<td>The Foundation becomes the first healthcare charity in the region to earn the Canadian Centre for Philanthropy’s Ethical Fundraising License</td>
<td>St. Joseph’s becomes one of only four hospital foundations in Canada to earn accreditation by Imagine Canada's Standards Program</td>
</tr>
</tbody>
</table>
On September 9, 2015, St. Joseph's Healthcare Foundation was pleased to announce the naming of the Pope Francis Library Resource Centre. The Roman Catholic Diocese of Hamilton wished to recognize the exemplary leadership of Pope Francis through this naming opportunity in recognition of their latest $640,000 contribution to the Hospital.
Over the past 125 years, a lot has changed at St. Joseph’s Healthcare Hamilton. Buildings, wings, and departments have grown and evolved. New treatments have been discovered and new technologies introduced. But one thing that has not changed is the intangible difference that a hand to hold or an ear to listen can make in the life of a patient or their loved ones while they’re visiting our Hospital.

The compassionate spirit that has long been the hallmark of our Hospital is often attributed to our strong Catholic roots. Established by three sisters from the Order of the Sisters of St. Joseph of Hamilton, the nurses, physicians and staff at St. Joe’s have always strived to deliver impeccable care with compassion, dignity and respect. Those very same values live on in the teachings of the Roman Catholic Diocese of Hamilton.

Perhaps that’s one of the reasons why the Diocese has long been a supporter of our Hospital’s healing mission. With gifts dating back to 1985 and totalling just over $2 million, the Diocese has supported every major campaign in our Foundation’s history.

Their donations have helped to build St. Joseph’s King Campus, the Iuravinski Innovation Tower at our Charlton Campus, and more recently the new Margaret & Charles Iuravinski Centre for Integrated Healthcare on our West 5th Campus. In recognition of the Diocese’s $1 million in support of the Timeless Care, Tomorrow’s Discoveries Campaign, St. Joseph’s Healthcare Foundation recently named the Pope Francis Library Resource Centre and the Roman Catholic Diocese of Hamilton Chapel Garden at the West 5th Campus.

At a blessing of the new library hosted on September 9, 2015, Bishop Crosby said “In his first Apostolic Exhortation, Pope Francis raised the question, “How can it be that it is not a news item when an elderly homeless person dies of exposure, but it is news when the stock market loses two points?” His Holiness’ focus on the need to help the most vulnerable in our society reminded me of St. Joseph’s Healthcare Hamilton’s age-old promise to serve the poor and marginalized in our community. Through the naming of the Pope Francis Library Resource Centre we are honouring our shared commitment to the spiritual, mental and physical health of every person who steps over the thresholds of our churches and hospitals.”
On October 8, 2014, The DiCenzo Family, founders of DiCenzo Homes, made a $1 million gift to St. Joseph's Healthcare Foundation. In a press release announcing his family's gift, Anthony DiCenzo said, "With all of the new homes that our family has built over the past few decades, come the needs of the individuals and families who will live in them. We're not just talking about things like roads, parks, and schools ... but healthcare above all else. You can have the best of everything, but without your health, you have nothing. That's why our family made this commitment to St. Joe's."

In recognition of the gift, St. Joseph's Healthcare Foundation was pleased to name the Antonio & Maria DiCenzo Diagnostic Imaging Centre. The Centre is located on

Ken and Rachel Flood made their first gift to St. Joe's in 1990. After 25 years, their philanthropy has touched many projects and people at our Hospital: from research to equipment, capital projects to disease prevention and more. The Floods' most recent gift was a $1 million contribution which was recognized through the naming of the Ken & Rachel Flood Surgical Suite.

On November 20, 2014, St. Joseph's Healthcare Foundation hosted the Flood family for a tour of St. Joseph's Healthcare Hamilton's new state-of-the-art surgical centre and a visit to their newly named surgical suite. More than 20,000 surgeries are performed annually at the Hospital, which is also the regional lead for surgeries of the head, neck, chest, lungs, and kidneys, as well urologic, specialized oncologic

A new $2 million gift from the Teresa Cascioli Charitable Foundation has been designated to support the health of women and children cared for at St. Joseph's Healthcare Hamilton.

On May 27, 2015, Ms. Cascioli announced that $1,550,000 of her donation will be used to create the Teresa Cascioli Charitable Foundation Research Award in Women's Health. The award will grant up to $100,000 annually to support promising research studies underway at St. Joe's which are related to a woman's life cycle, from puberty through to post-menopause.

The remaining $450,000 has been designated to support equipment purchases and the construction of the Teresa
THE DEPARTMENTS THEY SUPPORT

A Gift to Diagnostic Imaging

Level 0 of the Juravinski Innovation Tower at St. Joseph’s Charlton Avenue Campus and is one of the busiest departments at the Hospital, performing more than 200,000 procedures each year.

“Our family has shared a life-long relationship with St. Joe’s. My sisters and I were all born here. Any significant illness, injury or major medical event that I can recall, both happy and sad, has been healed, treated or cared for at this Hospital. From my grandmother’s cardiac care to the 18 stitches I needed after a tough day in kindergarten... St. Joe’s has always been there for the DiCenzo family. With our donation, we’re making sure St. Joe’s will be there for many more families in the future,” said Mr. DiCenzo.

Supporting Surgical Excellence

and bariatric procedures, too. St. Joseph’s has long been a leader in minimally invasive surgical techniques and is home to the only surgical robot in our Local Health Integration Network.

Ken and Rachel believe that philanthropy has a key role to play in ensuring local hospitals remain at the forefront of care. In a recent interview, Ken said, “There is a prevalent belief that healthcare is entirely funded by the province, but it’s simply not true. The government provides for the basics of healthcare, but if we want our local hospitals to acquire the latest technology; if we want to be cared for by the best and brightest professionals in the field; and if we want to benefit from the future of healthcare research, then it is incumbent upon all of us to support our hospitals.”

A Gift to the Health of Women & Infants

Cascioli Charitable Foundation Communication Station inside the Hospital’s Mother-Baby Unit. St. Joe’s is the busiest birthing centre in the region delivering more than 3,600 babies a year.

“As women, we tend to put everything and everyone ahead of ourselves and often our own well-being; whether it’s our jobs, our friends, our family or our children. It’s a demonstration of the strength and tenacity of women...and I know I’ve been guilty of it, too. I wanted this donation to support research studies and care programs at St. Joe’s that are uniquely focused on the health of women,” explained Ms. Cascioli on the day of her gift announcement.
Thousands of cyclists participate in the Paris to Ancaster Bike Race that now supports St. Joe's.

St. Joseph’s Healthcare Foundation is now the official charity partner of the Around the Bay Road Race AND the Paris to Ancaster Bike Race!

John Thorpe, a Founder of Burlington’s famous Ribfest and one of the organizers of the spring cycling classic says, “Over the past decade, we’ve watched with great interest the partnership between St. Joseph’s Healthcare Foundation and the Around the Bay Road Race…and it seems like a win-win for everyone. The race enjoys greater PR, profile and participation in the community, the Hospital receives generous funds raised by participants, and walkers and runners feel like they are doing good for their health…and the health of their area hospital, too.”

“We’re honoured to have the chance to bring our experience with the Around the Bay Road Race to the Paris to Ancaster Bike Race. We’ll be engaging a whole new demographic of novice and elite cyclists alike and encouraging them to consider riding and raising funds to support research at St. Joe’s. Our Hospital has consistently been ranked one of Canada’s Top 40 Research Hospitals for years now, and the discoveries happening here today will have a marked impact on the health of our patients tomorrow. We’re calling the Paris to Ancaster Bike Race our Ride for Research at St. Joe’s”, says Foundation President & CEO, Sera Filice-Armenio.

Now whether you like to run or ride, there’s an event for you that supports our Hospital too! To learn more or to register for Paris to Ancaster: A Ride for Research, visit www.parisancaster.com or www.stjoesfoundation.ca/P2A.

St. Joe’s is a Research Leader in Areas Like:

- Mental Health & Addiction
- Kidney & Urinary Disease
- Diseases of the Chest & Lungs
- Critical Care Medicine
- & Much more!
The 2015 Around the Bay Road Race saw a record-breaking $475,000 raised for St. Joseph’s Healthcare Foundation... thanks in part to more than 30 corporate fundraising teams representing virtually every sector of industry in Hamilton. Not to mention our own team of dedicated St. Joe’s staffers who raised $125,000 for the Hospital where they’re proud to work!

More than 1,820 individual participants fundraised through the Bay Race. Amongst the group of individual fundraisers was Michael Macaluso, a native Hamiltonian, Foundation Board Member and the President of CARSTAR Canada. Together with six of his contemporaries, Macaluso raised over $55,000 for St. Joe’s.

“It was inspiring to see how many people were happy to contribute to my efforts to support St. Joe’s through the Around the Bay Road Race,” says Macaluso. “My network of colleagues, friends, family and peers, have all had care experiences at the Hospital. Knowing that their donation would make a difference in the life of a patient at St. Joe’s was all the motivation they needed to give.”

Funds raised through this year’s race are helping the Hospital to purchase maternal and fetal heart monitors for our Women’s & Infants’ Program, a new water treatment system for Dialysis patients, and a laser for treating retinal disease at the King Campus’ Regional Eye Institute. Funds will also support various research projects underway at the Hospital.

While the past winter made for a chilly training season, next year’s race might see warmer temperatures as it falls on April 3, 2016. This is the first time the race has been run in April in over 20 years! Registration for the 2016 Bay Race is open now at www.bayrace.com.

2015 Bay Race Stats:

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Funds Raised:</td>
<td>$475,000</td>
</tr>
<tr>
<td>Number of Participants:</td>
<td>11,800</td>
</tr>
<tr>
<td>Number of Donors:</td>
<td>5,419</td>
</tr>
<tr>
<td>Number of Fundraisers:</td>
<td>1,820</td>
</tr>
<tr>
<td>Number of Fundraising Teams:</td>
<td>34</td>
</tr>
</tbody>
</table>

Since 2005 the Around the Bay Road Race has been a signature fundraiser for our Hospital.

Special thanks to Mike and Shelley Zajczenko for their lengthy leadership of the Around the Bay Road Race and warmest congratulations to Anna Lewis, too! Anna is the Foundation’s former Director of Special Events. She left St. Joe’s in June 2015 to become Mike’s successor and the new Director of the Bay Race!
STEELING THE SHOW:

THERE ARE TWO INDUSTRIES HAMILTON IS BEST-KNOWN FOR:

1. Steel
2. Healthcare

They’re two of the largest employers in the city, they’re both vital to our region’s growth, health and sustainability, and over the past few years, they’ve forged a partnership that’s as strong as...well...steel.

Similar to St. Joe’s, ArcelorMittal Dofasco has a century-long history in our community. Its roots date back 103 years to when Clifton W. Sherman founded the Dominion Steel Casting Company in 1912. Generations of families in Hamilton and its surrounding communities have built a livelihood while working at ArcelorMittal Dofasco and being cared for by St. Joseph’s Healthcare Hamilton.

About their philanthropy, company President and CEO, Sean Donnelly says, “We understand that in order for our business to be successful, we must have a successful and vibrant community. This relationship is symbiotic – and critical at many different levels, including healthcare. Hamilton is our company’s home and it has also been home for generations of ArcelorMittal Dofasco employees and their families. We have all faced illnesses and healthcare challenges with the confidence that we have world-class healthcare right here in Hamilton.”

Here are just a few of the ways the employees and leadership of ArcelorMittal Dofasco are supporting St. Joe’s through their volunteerism, sponsorship and philanthropy.

**Lead Sponsor: A Mental Health Morning**

For the past two years, ArcelorMittal Dofasco has been the lead sponsor of St. Joseph’s Healthcare Foundation’s A Mental Health Morning. This annual breakfast brings a notable speaker on mental illness and addiction to Hamilton during Mental Health Week in May. Attracting 400+ guests each year, the breakfast has raised almost $100,000 for St. Joseph’s Mental Health & Addiction Program since its inception.

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**A Mental Health Morning**

A breakfast to support the Mental Health & Addiction Program at St. Joseph’s Healthcare Hamilton

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**Table: ArcelorMittal Dofasco’s Support to St. Joe’s**

<table>
<thead>
<tr>
<th>Year</th>
<th>Action</th>
</tr>
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<tbody>
<tr>
<td>1984</td>
<td>Dofasco makes its first gift to St. Joe’s</td>
</tr>
<tr>
<td>1988</td>
<td>Dofasco makes a $57,000 gift to help build St. Joe’s King Campus</td>
</tr>
<tr>
<td>1996</td>
<td>Dofasco makes a $500,000 gift to support research at St. Joe’s</td>
</tr>
<tr>
<td>2000</td>
<td>Dofasco makes a $1,000,000 gift to the Miracles &amp; Modern Medicine Campaign</td>
</tr>
</tbody>
</table>
A Gift to the Mental Health of Many

In 2010, St. Joseph’s Healthcare Foundation was the grateful recipient of one of the largest philanthropic gifts in the history of ArcelorMittal Dofasco: a $1.5 million investment in the creation of St. Joseph’s new Margaret & Charles Juravinski Centre for Integrated Healthcare on the West 5th Campus. The new ArcelorMittal Dofasco Atrium (complete with a sign made of ArcelorMittal Dofasco’s own manufactured steel) welcomes all patients, visitors and families to an 850,000 square-foot facility designed to care for patients in mind, body and spirit. “There are a lot of misconceptions about mental illness. We believe our investment in the Margaret & Charles Juravinski Centre for Integrated Healthcare continues to deliver a strong message about the importance of fighting misconceptions with facts,” says Donnelly. “We continue to speak up for mental health in order to raise awareness and increase understanding about a serious health issue that affects so many.”

A Sea of Orange at the Bay Race

For three years “running”, employees from ArcelorMittal Dofasco have participated as a corporate fundraising team in the Around the Bay Road Race in support of St. Joe’s. “The Around the Bay Road Race has quickly become a tradition at ArcelorMittal Dofasco,” says Tony Valeri, Vice President of Corporate Affairs. “It’s a wonderful team building event for our employees, serves as a wellness goal in our annual Personal Best active living program and raises important funds for research. Our team has consistently been the largest in the event and we’re very proud of each member’s accomplishments on the day as well as the more than $60,000 the team has enthusiastically raised over three years.”
TELUS Ride For Dad

The 2014 Prostate Cancer Fight Foundation’s TELUS Ride For Dad raised more than $11,000 to support prostate cancer care at St. Joe’s. Our Hospital is one of the busiest prostate cancer surgery centres in the country.

Lina DeSantis Memorial Golf Tournament

The 2014 Lina DeSantis Memorial Golf Tournament raised an all time high of $117,000 thanks to a sold out roster of 144 golfers and the hard work of a dedicated planning committee. Pictured here from left to right are:

Angeline MacLeod, Jim Frenza, Sera Filice-Armenio, David DeSantis, Aldo DeSantis, Roma Mercanti, Anna Lewis, Sam Mercanti, and Robert Borg. Thanks to our host, the beautiful Glendale Golf & Country Club.

Feast for St. Joseph’s

From February 19 – March 19, 2015 twelve local restaurants donated 10% of proceeds to St. Joseph’s Healthcare Foundation in a promotion entitled Feast for St. Joseph’s. Sponsored by Valery Homes, the participating restaurants included The Augusta House, The Pheasant Plucker, The Powerhouse, Southcote 53 Tap & Grill, The Vicar’s Vice, Sarcoa Restaurant & Bar, Radius, Lo Presti’s at Maxwell’s, La Cantina, Claudio’s Ristorante, Cavallo Nero Trattoria, and Ancaster Mill.

Cup of Joe

This year, St. Joseph’s Healthcare Foundation launched a new fundraising program called Cup of Joe in partnership with local coffee shops including Colours Café, Mulberry Café, My Dog Joe, and Democracy. Every Monday a percentage of proceeds from coffee sales at these local shops will support St. Joe’s.

Fuel Up & Do Good!
Peter Boris Chair in Addictions Research

On October 1, 2015, Dr. James MacKillop was appointed the inaugural holder of the Peter Boris Chair in Addictions Research at St. Joseph's Healthcare Hamilton. The Chair was established as part of a $7.6 million investment by the Boris Family. Dr. MacKillop's research is already having an impact on the treatment of alcohol addiction.

Find out how by visiting: http://research.stjoes.ca/news-events

17th Annual St. Joseph's Healthcare Foundation Gala

The glitter and glamour of RIO Carnival lit up LIUNA Station on Saturday, November 8, 2014 at St. Joseph's Healthcare Foundation's 17th Annual Holiday Gala. Through ticket sales, sponsorships, live, silent and wine auction proceeds, the black tie affair raised $370,000 to support patient care and research at the Hospital. In addition, more than 40 gala-goers made generous bids (that were actually tax-receiptable donations) during an equipment auction that raised almost $75,000 to fund the purchase of three new incubators that help to keep our tiniest newborn patients warm and safe after delivery.

Thanks to our formidable gala co-chairs: Sarah Matthews & Michael Valente (centre) supported by Anna Lewis, Janice Pinto, Catherine Sennett (at left) and Lorna Kelly, Foundation President & CEO, Sera Filice-Armenio and Angeline MacLeod (on right).
Have you ever wondered how your annual or monthly donation to St. Joseph’s Healthcare Foundation makes a difference at our Hospital? Here are just a few ways that donations made by our grateful patients and community members have made a BIG impact!

A New Panda Infant Warming System
Thanks to Holiday Appeal Donors

Last Christmas, we invited our community of supporters to make a donation to help the Hospital purchase much needed equipment like a new Panda Infant Warming System. Thanks to the 777 gifts we received from donors just like you, our Hospital is now home to a new Panda Infant Warming System.

The Panda System is designed to be on hand in the birthing room during high-risk deliveries. It can be turned on well in advance so that it will be warm and ready to keep newborns comfortable while they are receiving the urgent medical attention they need. The Panda System features a built-in scale and everything required for resuscitation therapy and specialized care. On behalf of our tiniest patients, we just wanted to say "thanks"!

The Healing Garden

By making a gift to the healing garden you can celebrate a milestone event or honour and remember a loved one by naming a tree, dedicating a wrought iron bench, or engraving a pathway stone on our beautifully landscaped West 5th Campus. Not only will your gift be supporting patient care and research at our Hospital, but you’ll be helping to create a healing environment for all those who visit the Margaret & Charles Juravinski Centre for Integrated Healthcare seeking help for mental illness, addiction and more.
Gifts that Keep on Giving:
St. Joe's Gifts of Caring

What do you give the person who has everything? If you ask one of our donors, they’d likely say something from our St. Joe's Gifts of Caring Catalogue! From blankets to keep newborns cozy to disposable endo-wrist instruments for robotic surgeries, these symbolic gifts are a great way to celebrate birthdays, anniversaries, or milestone events while helping our Hospital too!

Last year 165 Gifts of Caring were purchased by our community of donors and friends! These included:

- 30 gifts helped to keep newborns cozy and warm
- 25 gifts helped patients get home safely through our Patient Transit Fund
- 25 gifts equipped our laboratories with beakers, test tubes, petri dishes and more
- 24 gifts helped to grant a wish to a patient in palliative care
- 22 gifts comforted patients in our dialysis program
- 19 donors supported childhood asthma research
- 16 gifts supported innovative mental health therapies
- 5 surgical carts were stocked with scalpels, clamps, sutures and gauze
- 1 vital sign monitor was purchased for the Urgent Care Centre at our King Campus
- 1 bench was dedicated in the Healing Garden at our West 5th Campus
- All told, more than $18,785 was raised in support of our Hospital through St. Joe's Gifts of Caring. Look for your catalogue in the mail this holiday season or visit: www.stjoesfoundation.ca/giftsofcaring

Did you know?

On average an annual fund donor gives just shy of

$200 PER YEAR

to St. Joseph's Healthcare Foundation.

That amounts to more than

$1.1 MILLION

in revenue to support hope, healing and discovery at our Hospital.

NOW THAT'S A BIG IMPACT!

Each and every day, we rely on the generosity of donors just like you who give what they can, when they can. It's your support that has helped us reach every milestone, miracle and discovery over the past 125 years, and with your help, we'll continue to care for our community for years to come.

THANKS FOR YOUR ONGOING SUPPORT.
Nora Finn Sheehan was one of the first graduates of St. Joseph's Hospital's School of Nursing. She's pictured on the front steps of her Dundas home on her graduation day.

Theresa Sheehan was a teacher in the Hamilton Wentworth Catholic District School Board for many years. Nissina Marchesano says, "Theresa was a trailblazer, a sports fanatic, a teacher and a friend...and giving back was something she did very, very well."

Sister Virginia from the Order of the Sisters of St. Joseph of Hamilton is pictured here instructing a class in the St. Joseph's School of Nursing. The Sisters trained many nurses to deliver care in a manner characterized by dignity and compassion. It's a legacy that lives on at our Hospital.

1911
St. Joseph's School of Nursing was established

1917-18
Nora Finn Sheehan graduated from St. Joseph's School of Nursing

1929
Nora gives birth to Theresa Sheehan at St. Joe's Hospital

1959
Nora Finn Sheehan passed away at St. Joseph's Hospital. Theresa would lose her father, Edward Sheehan, that same year
St. Joseph's Healthcare Hamilton is a hospital that was founded 125 years ago by three pioneering women from the order of the Sisters of St. Joseph of Hamilton. During a time when women were not even allowed to vote, these three formidable sisters formed the basis of today's modern healthcare system. It's a testament to the ingenuity of women...women like Theresa Sheehan and her mother, Nora Finn Sheehan.

Theresa Sheehan was born at St. Joseph's Hospital in 1929. She grew up in Dundas where her father, Edward Sheehan, was the founder of the Valley City Dairy and her mother, Nora Finn Sheehan, was one of very first women to graduate from St. Joseph's School of Nursing.

From her earliest days, Theresa was an independent woman with a thirst for travel and knowledge that could not be quenched. Upon graduating from Notre Dame Academy in Waterdown, Theresa worked at H.P. Ruggles for years, and on Saturdays in her father's dairy. After her parents both passed away in 1959, Theresa began what would become a lifetime passion of traveling the world. Beginning in 1962, she first visited her family's homeland of Ireland before landing in England where she worked as the Secretary to the Arts and Drama Adjudicator, Dame Madonna Pritchard.

In the following years, Theresa would travel through mainland Europe, to the Middle East, Australia, China and Japan. She returned to Dundas in 1965 and at the age of 36 decided to become a teacher. Told then that she was "too old to be a teacher" Theresa would not be deterred. Credited with bringing the arts of vocals and drama to Cathedral and St. Mary's High Schools, Theresa managed to complete her Bachelor of Arts and Master's Degree in Education during her tenure with the Hamilton Wentworth Catholic District School Board. She still traveled three times each year and managed to visit all 50 states, often to see her favourite major league teams, the Detroit Red Wings and the Miami Dolphins.

In 2002, Theresa was diagnosed with Leukemia. The next 11 years would be difficult, but her strong faith and unwavering tenacity carried her through her illness with dignity, strength and courage.

Near the end of her illness, Theresa was in an ambulance en-route to the Juravinski Cancer Centre when due to pressures in the Emergency Room, she was rerouted to St. Joseph's Healthcare Hamilton. It was at our Hospital that Theresa finally succumbed to her illness and passed away on April 18, 2013 at the age of 83.

Her long-time friend and travel companion, Inissina Marchesano, said "I think her mother and the Sisters called her home to St. Joseph's. This was the Hospital where Theresa was born, where her mother studied, worked, and passed away, too. It was a peaceful way for her to return to the arms of her mother whom she loved and admired so much."

In her estate, Theresa set aside a $50,000 donation to St. Joseph's Healthcare Foundation. The gift will support the greatest needs of the Hospital and is recognized through a plaque that honours the memory of her mother, Nora Finn Sheehan, for the pioneering example she set as a woman, mother and one of the first nurses trained by the Sisters of St. Joseph of Hamilton.

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**2007**

St. Joe's School of Nursing Alumni Association named a tree and bench in the Spiritual Garden to honour all graduates and nurses

**2013**

Theresa Sheehan passed away at St. Joe's after a long battle with Leukemia

**2015**

Theresa Sheehan's estate gift was received and her $50,000 donation will support the greatest needs of the Hospital
THANKS TO THE ORGANIZERS

Fear the Fighter - Charity Golf Classic
Paul Giordano (right) is pictured with Anne Howarth, Nurse Manager from the Nephrology Program at St. Joe’s. Paul’s golf tournament raised $7,600 to support kidney care at the Hospital.

Throughout the year, grateful patients, generous donors, and residents of our region alike often choose to host a variety of fundraising events, both large and small, to support St. Joe’s. From soccer tournaments to summer concerts, bake sales to bicycle rides across the country, there’s no limit to the creativity and kindness of our community event planners. Following is a listing of some of the community events that transpired in the 2014-2015 fiscal year. As we tip our hats to the organizers, we’re also pleased to report that not only were these events a whole lot of fun, they also helped to raise more than $150,000 to support hope, healing and discovery at our Hospital!

Ed Dunn Jr. Realty Commission
Local Real Estate Agent, Ed Dunn Jr. donates a percentage of his commission on every home he sells to support St. Joseph’s Mental Health & Addiction Program.

Chrysalis Yoga - Classes for a Cause
The community of yoga practitioner and teachers from Chrysalis Yoga hosted several “donate what you can” classes to support the Mental Health & Addiction Program at St. Joe’s.

Cops n’ Cats Basketball
Since 2010, St. Joseph’s Healthcare Foundation is proud to be one of the charity beneficiaries of Cops n’ Cats Basketball! Over the past five years more than $46,000 has been donated by local area highschool students, Hamilton Police Service and the Hamilton Tiger-Cats.

FEBRUARY
Host a Valentine’s Day bake sale for St. Joe’s

APRIL
A charity Easter egg hunt is sure to be eggs-citing!

JUNE
A lemonade stand is a fun way to introduce philanthropy to kids

JULY/AUGUST
Keep cool and raise funds with a charity car wash!

SEPTEMBER
Fall is a great time for concerts in the park to raise funds for St. Joe’s
OF OUR COMMUNITY EVENTS

List of Events | 2014

- 13th Annual Nursing Excellence Awards Dinner
- 3 on 3 Basketball Tournament
- Pottery Sale on the ALC Unit at St. Joe's
- All in Good Taste Winery Tour & Craft Show
- Barry Foster and Stephen Foster Memorial Golf Tournament
- Beams of Light Yoga Studio Fundraiser
- Benedetti Croquet Tournament
- Boston Pizza - Dine for a Cause
- Chrysalis Yoga – Classes for a Cause
- Cops n' Cats Basketball
- Craft Butcher & Beer Event
- Ed Dunn Jr. Realty Commission
- Fear the Fighter - Charity Golf Classic
- Food & Drink Festival
- Funding Innovation Art Easels
- Jesters Incognito Performance
- Lipstick, Courage and Inner Cleavage Gala
- Longpoint with Guests: A Benefit for Mental Health
- Mama Drama Performance
- Mental Health Awareness Night
- 2014 RBC Royal Bank Annual Golf Tournament
- Ride Away Stigma
- St. Joe's Softball Tournament
- TMS Mental Health Luncheon
- Zumbathon

Ride Away Stigma
Danielle Berman cycled across Canada to raise funds for mental health and suicide prevention in Hamilton and end the stigma that still surrounds mental illness.

St. Joe's Softball Tournament
From softball to dodgeball, soccer and more, third party sporting events are a great way to get involved with supporting St. Joe's while having some fun, too. Visit www.stjoesfoundation.ca/events to learn more.
On June 8, 2015 staff from St. Joe's assembled at our Clinical Teaching Unit West to celebrate the opening of the new special care suite. Not only does the suite provide a private and comforting space for our patients in palliative care to be with their families when it matters the most, it has also created valuable learning opportunities for staff to receive training in the latest palliative care practices.

A Medical Student Becomes an Angel Investor in St. Joe's

When Dr. Luke Witherspoon made his rounds through the hallways of our Hospital as a medical student last year, he recognized that there were a few areas that he wanted to leave just a little better than he found them.

As a learner, he saw the need for brighter, functional learning and collaboration spaces within our Hospital for students just like him. And as a care provider, he experienced firsthand how seemingly small changes or subtle renovations could bring great comfort to patients and their families as they receive care at our Hospital.

So Dr. Witherspoon approached his family's own private foundation, the Eric Baker Family Foundation, with a very special request to support the Hospital that was supporting him on his journey to become a new medical professional. The result was a $50,000 gift designated to fund three distinctly different projects at our Hospital.

First, a resident on-call room was renovated to ensure that learners had a space to rest during the long hours of medical residency, to study, and to exchange knowledge and best practices with their peers. Enhancements were also made to our endoscopy department. But the most significant project funded by the gift was the creation of a brand new special care suite that provides a home-like space for our patients requiring palliative and end-of-life care.

Like Dr. Witherspoon and so many other staff at St. Joe's, we understand that sometimes it's the little things that can make a big difference in the life of a patient. On behalf of our patients and staff, we're so thankful that the Eric Baker Family Foundation understands that too.
OUR DONORS MAKE IT POSSIBLE

HMECU – Connecting Youth Wellness with SMART Technologies

At a time when suicide is the second leading cause of death for young people in Canada, and 42% of Ontario students surveyed admit to using an illicit substance in the past 12 months, the need for greater access to youth mental health and addiction services is unquestionable.

That’s precisely the impetus behind the opening of St. Joseph’s Healthcare Hamilton’s new Youth Wellness Centre (YWC) in the core of downtown Hamilton. The Centre provides a safe environment for youth 17 to 25 to seek and receive expert care for mental illness and addiction. Its progressive approach to mental health care, as demonstrated by its youth-led #ReachOut social media campaign, encourages youth to speak up, reach out and seek the confidential one-on-one support and care they need if they’re experiencing the first signs of mental illness or substance use concerns.

“When we’re trying to connect with Hamilton’s youth, it’s vitally important that we speak to them in their language, using mediums and platforms that are attractive to them,” says Lisa Jeffs, Manager of the YWC. “Having ipads for a self-referral process on site, an accessible presence on social media and a SMART board in our boardroom were items we felt were essential to showing youth that this centre was built with them in mind.”

When the Healthcare and Municipal Employees Credit Union (HMECU), a long-time supporter of St. Joe’s and of Hamilton and its surrounding communities, learned that the YWC was in need of funds for a SMART Board, they quickly decided to donate $10,000 to fund it.

HMECU President & CEO, Doug Mann explains “The emotional and mental health of our community’s youth is so important to their future, and to the future of our city, its economy, and sustainability. If our donation has helped the team at St. Joseph’s Youth Wellness Centre to help more young people who are facing mental illness and addiction, then we believe we’ve made a very tangible difference...and that’s always the goal of our social responsibility efforts.”

With the help of community partners, like HMECU, St. Joseph’s Healthcare is empowering youth to become the first generation of people to be free from the stigma of seeking treatment for mental illness and addiction.

The HMECU-funded SMART Board is being used to enhance group education and therapy sessions, informational and social events and group activities for young people who are seeking the care and support of St. Joseph’s Youth Wellness Centre.
Over the past 125 years, some donations haven’t just changed the care we provide or the research we conduct, they’ve changed the physical space in which we deliver care. Below is a timeline showing just a few of the transformational gifts our Hospital has received and the spaces they’ve helped to create.

**2001 & 2008**

The Lewis & Ruth Sherman Foundation gives more than $2.4 million to create the Lewis & Ruth Sherman Library at the Charlton Campus and the Lewis & Ruth Sherman Conference Centre at the West 5th Campus.

**2006**

David Braley and Nancy Gordon make a $5 million gift to St. Joe’s to create the David Braley & Nancy Gordon Kidney & Urinary Inpatient Unit and the David Braley & Nancy Gordon Surgical Wing, both on the Charlton Campus.

**1995**

$1 million gift from the Sisters of St. Joseph of Hamilton helps to create the new lobby of St. Joseph’s Charlton Campus as well as the Spiritual Garden.

**2002–2005**

A $7 million gift from Margaret and Charles Juravinski results in the naming of the Juravinski Innovation Tower at St. Joseph’s Charlton Campus.

**2005 & 2009**

Frank Charles Miller makes a $2 million gift to create the Frank Charles Miller Amphitheatre and Academic Centre at the Charlton Campus. Mr. Miller once again demonstrated his support through a $1 million gift in 2009 to the construction of St. Joseph’s new West 5th Campus and the Frank Charles Miller Medical Outpatient Clinics.
2011
Margaret and Charles Juravinski make a $10 million gift to support the Timeless Care, Tomorrow's Discoveries Campaign. Their generosity is recognized through the naming of the Margaret & Charles Juravinski Centre for Integrated Healthcare on St. Joseph’s West 5th Campus.

2011-2013
Through a series of gifts from the Marta & Owen Boris Foundation and The Peter Foundation, the Boris Family contributes more than $17.6 million to St. Joseph’s Healthcare Foundation, establishing the Peter Boris Centre for Addictions Research, the Peter Boris Chair in Addictions Research, the Owen & Marta Boris Robotic Surgical Suites and the Boris Family Centre for Robotic Surgery.

2007
Clemente & Lucia Valeri honour the memory of their late son Edward, through a $1 million gift that would see the naming of the Edward Valeri Medical and Cardiac Care Wing.

2007-2014
Since 2007, Teresa Cascioli has donated more than $3.5 million through her namesake foundation, naming the Teresa Cascioli Charitable Foundation Surgical Suite, two Communication Stations, and the Breast Diagnostic Centre at St. Joe’s.
The Bond

OF TWO BROTHERS

You could say that research has always been in the genes of the Douketis family. St. Joe’s researcher and physician Dr. James Douketis, like his brother before him, has dedicated his life to the pursuit of scientific enquiry and research in the field of vascular medicine.

Perhaps that’s why it felt so natural for him to pledge $100,000 to St. Joseph’s Healthcare Foundation to create a research award in memory of his late brother, Constantine. The Constantine Douketis New Researcher Award will ensure that young, aspiring researchers at the cusp of their careers will have the opportunity to leave their mark on the exceptional scientific community at the Research Institute of St. Joe’s Hamilton.

Dr. Constantine Douketis was a physical chemist and researcher who passionately believed that curiosity, humility and, above all, integrity are essential to any research endeavour, irrespective of the field of study. After a 14-month battle with pancreatic cancer, Constantine passed away at St. Joseph’s Healthcare Hamilton in August 2008. Constantine received exceptional care from so many talented and truly compassionate physicians and nurses at the Hospital.

“Constantine was very appreciative of the care he received at this hospital...and so am I. I also realize that the Hospital has granted me so many opportunities during my career. Our combined appreciation for St. Joe’s compelled me to make this gift. It just seemed like the right thing to do, and it is a way that my brother and his vision of scientific research can be honoured and remembered,” Dr. Douketis explains.

He continues, “Being engaged in clinical research creates introspection by compelling you to think critically about decisions you are making for patients you’re treating today but also for patients around the world who may be impacted by the findings of your research. Research truly has the power to make you a better physician by fostering a more fulsome view of the care we provide every day. For me personally, engaging in research with the values embodied by my brother keeps his memory and what he stood for close to my heart.”

For me personally, engaging in research with the values embodied by my brother keeps his memory and what he stood for close to my heart.

Dr. James Douketis is a staff physician, researcher and Associate Director of the Clinical Teaching Unit at St. Joseph’s Healthcare in Hamilton and a Professor of Medicine at McMaster University.

Dr. Constantine Douketis (far right) is pictured with two colleagues in his laboratory at Indiana University circa 1990.
Two Year Financial Summary

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<tr>
<td>Funds Raised</td>
<td>$11,567,470</td>
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<tr>
<td>Investment Income</td>
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<td><strong>Total Revenue</strong></td>
<td><strong>$15,559,261</strong></td>
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<td>Total Grants to Hospital</td>
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<td>$8,551,963</td>
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Grants to the Hospital
- Capital, Equipment & Patient Care: $4,181,724
- Healthcare Research: $2,435,352
- Education & Teaching: $476,798

Funds Raised by Source
- Annual Fund: $1,291,311
- Special Events: $1,410,888
- Major & Estate Gifts: $8,384,678
- Other Programs: $480,593
- Investment Income: $3,991,791

SUMMARY

At St. Joseph's Healthcare Foundation, our mission is to raise and steward funds to support exemplary patient care, research, and education at St. Joseph's Healthcare Hamilton and in the communities we are honoured to serve. The following chart offers a summary of the Foundation's financial performance over the past two fiscal years.

After raising just over $11.5 million through the generous support of our community and an additional $3.9 million in investment income, the Foundation was pleased to grant $7 million to the Hospital to fund capital projects, support healthcare research, fund equipment purchases and patient care programs, and enhance the training and education of our caring staff.

Grants from the Foundation are disbursed according to a payment schedule and priority project list determined in collaboration with the Hospital.

Donations to St. Joseph's Healthcare Foundation are helping to make sure that St. Joseph's Healthcare Hamilton will be here, caring for you for another 125 years to come.

Full copies of the Foundation's financial statements (audited by KPMG LLP) are available online at www.stjoesfoundation.ca under the About Us section of the website or simply call us at 905.521.6036 and we'll mail you a copy.
After 125 years caring for you isn't a habit, it's a promise.

St. Joseph's Healthcare Hamilton + re-new the promise

www.stjoes.ca
A Message from our Hospital and Health System

This year, our Hospital is celebrating its Quasquicentennial...we’ve reached a milestone of 125 years of caring for the citizens of Hamilton and its surrounding areas. The 25-bed hospital that opened in 1890 is now a thriving 700+ bed, multi-campus, academic health sciences centre that continues to honour the legacy of our founders, the Sisters of St. Joseph of Hamilton. To read the Sisters’ annual message to our community of donors and friends, please visit www.stjoesfoundation.ca/SJHSmmessage.

Similarly, since its inception in 1970, St. Joseph’s Healthcare Foundation has grown with our healthcare system over the years to raise and steward essential funds to support research, fund life-saving equipment purchases and facility renewals, and enhance the work of our internationally-recognized programs and services. The gifts our Foundation receives from donors just like you, allow us to continue to improve the quality of life of our community and have resulted in the delivery of the very BEST healthcare possible for you and your family, friends, neighbours and loved ones.

As a donor and partner in caring, thank you for the many ways that you have supported our mission of hope, healing and discovery, year after year. Your philanthropy has made a lasting statement of care that has ensured we have the facilities and equipment, the programs and the people to renew the promise of universally accessible exceptional healthcare to more than two million people who live in the region served by St. Joe’s.

Dr. Kevin P.D. Smith
President & CEO
St. Joseph’s Health System

Dr. David Higgins
President
St. Joseph’s Healthcare Hamilton

Dr. Kevin P.D. Smith

Dr. David Higgins

St. Joseph’s Healthcare Hamilton

1980
The fire at St. Joseph’s Hospital

1991
Opening of the King Campus...an urgent care centre in Stoney Creek

2005
Opening of the Juravinski Innovation Tower

2011
A new surgical centre opens its doors at the Charlton Campus

2014
The Margaret & Charles Juravinski Centre for Integrated Healthcare on St. Joe’s West 5th Campus Opens
St. Joseph's Healthcare Foundation is governed by a Board of Directors comprised of business, industry and community leaders from across the region our Hospital serves. We'd like to express our thanks to the 2014-2015 Board for their support, guidance and leadership.

Mr. Bob Beckerson
Ms. Mary Lou Ciancone
Mr. Peter Cicchi
Dr. Mark Crowther
Mr. Tony De Luca
Mr. Ben De Rubeis (Second Vice-Chair)
Ms. Mary Dow
Mr. Don Fell
Dr. Rose Giammarco
Mr. Kieron Hayes
Mr. Paul Keast (Chair)
Mr. Michael Macaluso
Ms. Sarah F. Matthews (Vice-Chair)
Mr. Leo Perri
Ms. Virginia Selemidis
Mr. Walter (Ted) Stayshyn
Ms. Carmela Trombetta
Mr. Ted Valeri
Mr. Marco Visentini
Mr. William (Bill) Walker

Celebrate 125 Years of
Milestones, Miracles & Discoveries
with a gift to St. Joe’s.
www.stjoesfoundation.ca